Schreiber Recreation News-

Ball Hockey News

On Tuesday, August 30, the Schreiber Senior Ball Hockey playoffs began. The under dog team captained by Frank Trichilo used quick passes, team work and solid defense in dropping the Rick Morgan team by a two game total score of 21 to 7.

The championship two game series pitted the Trichilo squad against the heavily favored Krause squad, winners of the regular season league. First game action was wide open end to end play, with a final score of 10 to 8 in favor of the Krause team. After a much needed rest the teams returned to the ice for the second and determining game. Solid defense and strong team play was demonstrated by both squads. This game was won by the Trichilo squad 6 to 5 but when combining with two game total goals the Krause squad won 15 to

Congratulations to the following players, Dan Krause, Mark Campbell, Doug Davis, Bruce Martin, Don O'Connor, Fred Figliomeni, Mike Holland, Kevin O'Driscoss, Kevin Duguay. Not present Dave Gillen and Dom Commisso.

Pre Season Hockey School

Attention area minor

FREE ESTIMATES

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as low as

hockey players and coaches. The Schreiber Parks and Recreation Department in conjunction with Confederation College, Fitness Ontario and Hockey Ontario are staging a preseason "Dry Land" Hockey School. This school has been designed for both coaches (parent volunteers) and players. The coach will have the opportunity of learning how to help his players get in better condition and improve their hockey skills. The player will enjoy going through a series of varied and interesting ses-

Date: September 9th, 7-10 p.m. Coaches September 10th, 9:00 a.m. to 4:00 p.m. Coaches and Player Ses-

sions.

Saturday sessions include weight training, circuit training, stretching ball hockey and fitness training. Registration is at the Schreiber Recreation Office by September 7, 1983. For additional information please contact the Recreation Office at 824-2317.

Broomball News

Attention Broomball players! Any Schreiber residents interested in playing broomball are encouraged to attend a broombal organizational meeting Monday, September 12, 7:00 p.m. at the Recreation Com-

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plex Meeting Room. Broomball times for the 1983-84 arena season are as follows:

Monday 8:45 to 9:45 Thursday 10:00 to 11:00 p.m

For further information contact either Richard Saindon 824-2605 or the Recreation Office.

Ringette News

Any girls ages 14 to 17 interested in playing Ringette are encouraged to contact Shannon Riley as soon as possible. Ringette ice times for the 1983/84 arena season are as follows: Monday 7:30 to 8:30, Sunday 11:30 to 12:30 p.m.

Arena Schedule Open-

Please note that there are still openings in the 1983/1984 arena schedule. Should any local group be interested in acquiring additional ice time, or should a group want ice time for recreational hockey please contact the recreation office. Calligraphy

This course has something to offer the beginners and more experienced student and includes practical working in writing, lettering and illuminating besides designing with varied styles of calligraphy. The student will be introduced to some art history and exciting colour work. Bring felt

FREE ESTIMATES

requiring replacement.

markers, coloured inks, and water colours. Calligraphy kits will be available at the workshop. The course runs Saturday, September 24, 1983 from 10:00 a.m. to 1:00 p.m., 2:00 p.m. to 5:00 p.m. Deadline to register is September 16. Please contact the Recreation Office for more information and to register.

Paper Tole Workshop for Beginners and Advanced Students

Paper Tole is an old art dating back to the 18th, 19th century Europe. It is a three dimensional picture created by cutting three or more identical prints and layering them together using silicone. The student will be cutting each print apart in a different manner and sculpting and layering to produce a dimensional effect. Materials for the workshop will be available at the course. Advanced students, if time allows will learn to feather an owl and also learn to paper tole florals. The course takes place Saturday, October 1, 1983 from 10:00 a.m. to 1:00 p.m., 2:00 to 4:00 p.m. Deadline to register is September 24, 1983. For more information please contact the recreation office at

824-2317. . Relaxation Workshop

Relaxation is the foundation for optimum physical, emotional and spiritual health. By attending this workshop you will learn simple relaxation techniques that can be used at home, at work or anywhere and at any time. Many new methods of relaxation will be presented and you can adapt them to suit your lifestyles. The instructions are stimulating, fun and very practical. Throughout the day you will know how to relax! You will feel confident that being a better person is within your grasp. The workshop takes place Saturday,

November 5 from 9:00 a.m. to 12:00 noon, 1:00 to 5:00 p.m. To register please contact the recreation office. Fall Program

The 1983 Fall Program will be finalized within this week. Should anyone have any further suggestions or recommendations,

please contact the recreation office at 824-2317 today!

Fall programs will be as follows: Youth Drop In, Tot Drop In, Youth Gymnastics, Ladies Aerobics, Mixed Aerobics, Jazz Ballet Dance, Youth Weight Training, Mom and Me, Women Weight Training, Basic Photography, Basic Sewing, Belly Dancing, Calligraphy, Paper Tole,

Relaxation Workshop, Badminton, Adult Volleyball, Bread Dough Art and much more. Make certain to receive your copy of the Fall Brochure.

Bread Doug Art A Bread Dough Art Course can be offered if sufficient interest is shown. The course will run sometime before the new year. Please contact the recreation office for

more information. Fit Five Update

Congratulations to the following Fit Five participants for successful completion of levels within the Fit Five program.

Coleen Glad - Level One Shannon Riley - Level

Linda Williamson -Level Three

BMX Results

On Friday, Sept. 2, the Schreiber Parks and Recreation Department and the Schreiber Green Staff staged a BMX race, only three participants entered due to the morning's sign of bad weather.

1st place - Aron Lemieux - 3 minutes 22

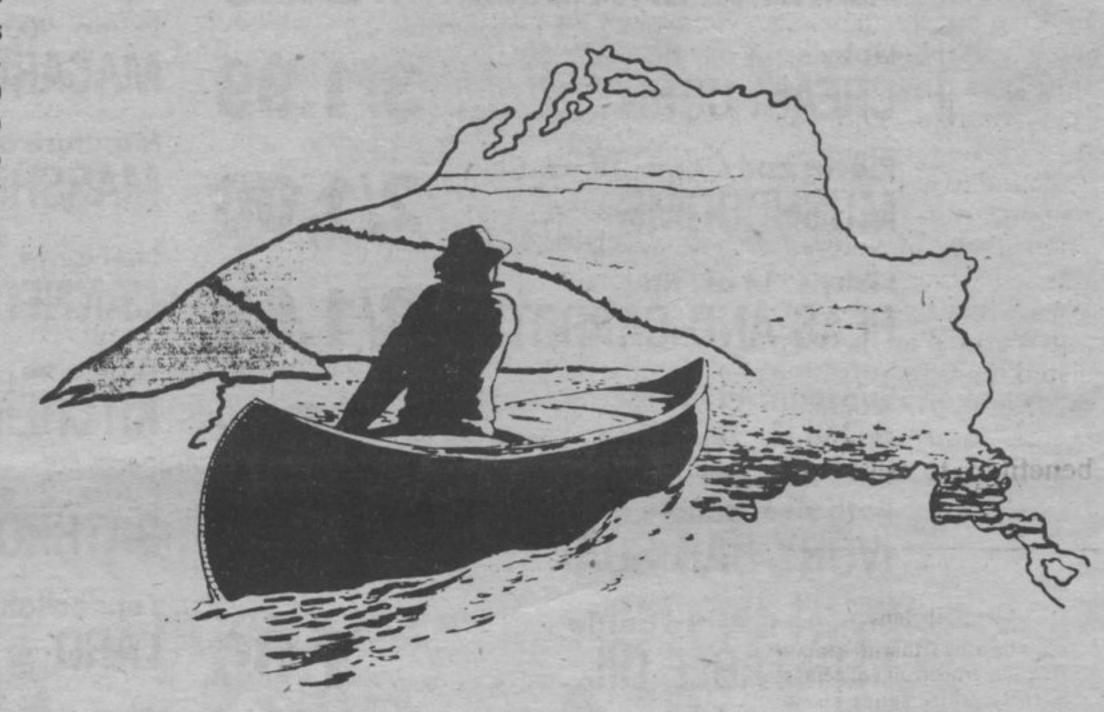
seconds 2nd place - Mark Figliomeni - 3 minutes 44 seconds

3rd Place - Mike Speziale - 4 minutes 2 seconds

The Department will stage another race Sunday, Sept. 11, 1983, stay tuned for more information.

WEEK: ARENA SCHEDULE, FALL PROGRAM UPDATE.

Off-season use in **Pukaskwa National Park**



Fall has many advantages for the campers, hikers, and canoeists of Pukaskwa National Park. Not only are fall colours spectacular and cool lake breezes refreshing, but the park is quiet. Off-season use is low; few people are in the campgrounds or hik-

ing the trails and canoeing the lake. It is a peaceful place to enjoy a fall day. An additional bonus is that there are usually fewer biting insects, as well as peo-

For those interested in viewing Pukaskwa National Park this fall and winter, here are a few things to note. The Kiosk and Visitor Centre close September 5. From September 5 to October 2, a self-registration system will be used in the campgrounds. There will be

no charge for day use. Backcountry users should register at the booth outside the Visitor Centre.

After October 2, camping will be free, but only minimal support facilities will be available. The campground road will not be plowed this winter, but Pukaskwa will be open to those interested in skiing, snowshoeing and winter camping.

Have a happy Off-Season visit!

Pukaskwa National Park Staff

REGISTRATION

FALL/WINTER 1983-84 OFF CAMPUS COURSES

in Terrace Bay

Time: 4:00 p.m. Date: Tuesday, September 13, 1983 Place: St. Martin School, Library

For further information please contact our Off-Campus Representative:

Mr. Brian Peters Tel. 824-2553 or 825-3255 (school) 825-3505 (home)

Proposed Course Offerings

(subject to minimum enrollment and availability of instructors)

Education 5535 - Politics in Education (Fall Term) Instructor: D. Deiseach

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