

& Get It



Coast, bath size,
bundle of 3

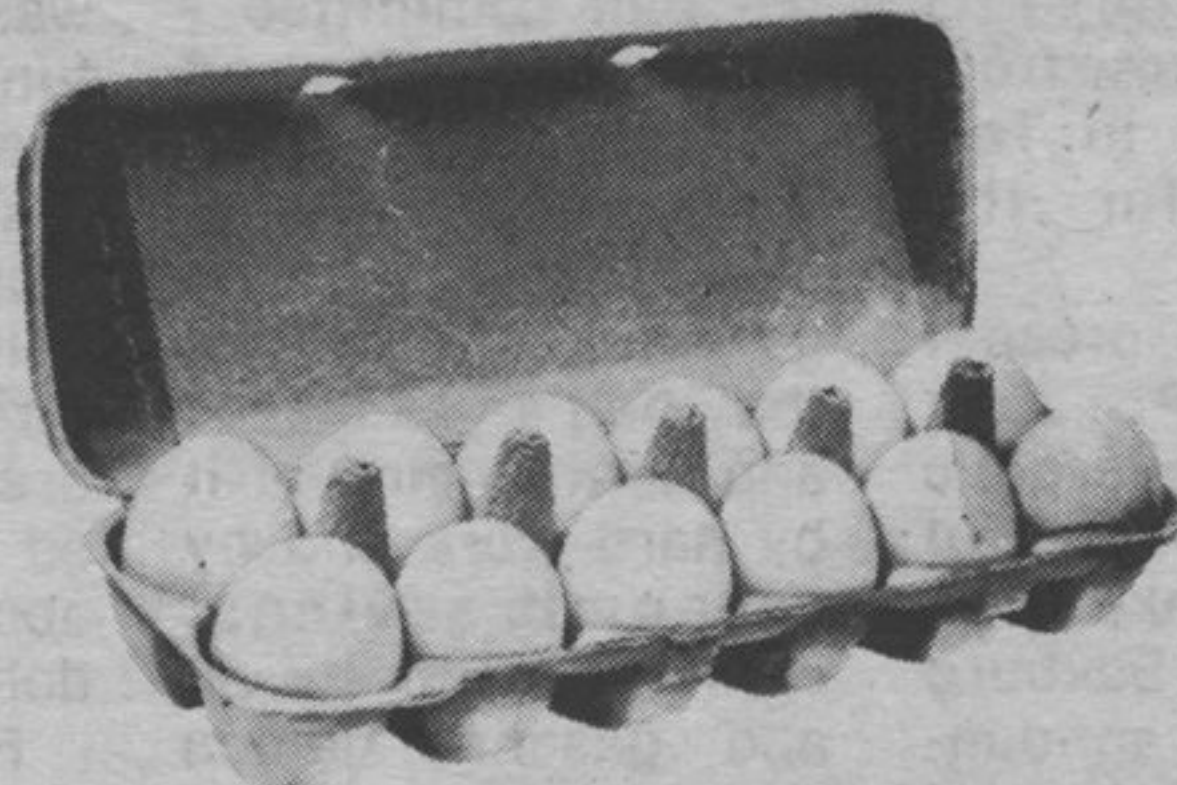
**DEODORANT
SOAP**

1.99

plus coupon worth 30¢
on Pert Shampoo



Libby's, 19 oz. tin
BEANS WITH PORK
99¢



Fresh, "A", large
EGGS
1.29 doz.

- Holsum 60%, 24 oz.
BROWN BREAD..... **79¢**
- Holsum old style
DONUTS..... **1.49** pkg.
- Lipton, pkg. of 2
CHICKEN NOODLE SOUP MIX..... **1.39**
- Primo, 900 gram
SPAGHETTI OR MACARONI PRODUCTS..... **1.39**
- Chubby or Reg., 100's 2 ply
KLEENEX FACIAL TISSUE..... **89¢**
- Blue Ribbon, 1 lb. pkg.
COFFEE..... **2.49**
- Hershey's, 750 gram tin
INSTANT CHOCOLATE..... **2.49**
- Bicks Salad Bar, 750 ml. jar
PICKLES BEETS AND ONIONS..... **1.49**
- Sunspun, 1.36 litre
TOMATO JUICE..... **99¢**
- Primo, plain, 200 gram box
BISCOTTI..... **2/1.00**
- Goodhost, 750 gram
ICE TEA MIX..... **2.99**
- Maple Leaf, lean & tender, 425 gram
CANNED HAM..... **3.99**

- Sunspun, pieces and stems, 10 oz. tins
MUSHROOMS..... **2/1.00**
- Club House, stuffed, 375 ml.
OLIVES..... **1.99**
- Fabric softener, 3 litre
DOWNEY..... **3.99**
- Purina, 500 gram box
CAT CHOW..... **99¢**
- White granulated, 4 kg. bag
SUGAR..... **2.99**
- Maxi-ad, box of 30
NEW FREEDOM..... **3.79**
- 750 ml. bottle
COKE, SPRITE, ALE..... **49¢**
plus 30¢ dep.
- McCormicks, Strawberry, fruit, orange, cones and
peanuts, 270 gram bag
SUMMER CANDY..... **99¢**
- Dutch oven, 22 lb. bag
FLOUR..... **3.99**
- Sunspun, 796 ml. tin
TOMATOES..... **79¢**
- Sunspun, 398 ml. tin
KIDNEY BEANS..... **2/99¢**
- Pronto, 2 roll pak
PAPER TOWELS..... **1.19**

Pure Pork, 12 oz. tin
KLIK
1.69



FROZEN FOODS Specials



- Carnival, 4 litre pail
ICE CREAM..... **3.99**
- Generic, 12 1/2 oz. tin
LEMONADE..... **2/99¢**
- Jello, pkg of 12
PUDDING POPS..... **1.99**
- McCains, 340 gram
PIZZA SUBS..... **2.29**
- McCains, 355 ml.
REVIVE..... **1.19**

KLOMP-WAKEFIELD DAIRY PRODUCTS OF SALE



1 litre
CHOCOLATE MILK
99¢

Reg. or 2%,
500 gram tub
COTTAGE CHEESE
1.49

Royal Crest or
Beatrice/
FRUIT BOTTOM YOGURT
59¢

TOPS at Thunder Bay Rally

Local members of the TOPS Club gathered recently with 320 other members from Thunder Bay, Kenora-Rainy River and the north shore for their Annual Rally in Thunder Bay.

This year's theme was "It's a TOPS World - Yours to Discover." The delegates attended workshops on Saturday at the Airline Motor Hotel, and then had an evening of fun and fellowship at which everyone enjoyed a Gong Show. A banquet and recognition ceremonies were held on Sunday at the Da Vinci Centre.

Seven members of the Terrace Bay Club attended the Rally and included Frank

and Lillian Sechesky, Jennifer Gatz, Dorothy Coupal, Dolores Scott, Geraldine McColeman and Connie Bryson.

Approximately 4000 pounds have been lost by members honoured during the program. Special guests were Area Captains from Thunder Bay and Kenora-Rainy River and North Shore Captain Helen LeBlanc of Schreiber. The highlight of the event was the crowning of the 1982 King and Queen, Evelyn Hawryluk and Ray Syvitski of Thunder Bay. Lillian Sechesky of Terrace Bay was recognized for ten consecutive years of weight loss.

Hilda's Fixins

Oh Henry Chocolate Bars

Standard 13 x 9 x 2 inch cake pan.

- 1 cup corn syrup
- 1/2 cup sugar
- 1 cup peanut butter
- 1 teaspoon vanilla
- 2 cups corn flakes
- 2 cups rice krispies
- 1 cup shelled peanuts
- 6 squares semi-sweet chocolate
- 2 inch square parawax

Combine corn syrup and sugar in a 1-quart saucepan. Heat to melt. Add peanut butter and vanilla, mix. Combine corn flakes, rice krispies and shelled peanuts. Pour melted syrup over corn flake mixture. Press into cake pan. Cool and

cut into rectangles. Melt semi-sweet chocolate and parawax in double boiler over hot water. Dip rectangles into warm melted chocolate. Let cool and serve.

Household Tips

Toss freshly peeled bananas in lemon juice and they will not darken.

Use toothpaste to remove fish odors from your hands, it's cheaper than lemons and works much better.

To remove bloodstains from garments, wet the stained area and sprinkle with meat tenderizer. Rub in and let stand overnight. Then wash as usual.



The Township of Terrace Bay
is hosting a

SOCIAL EVENING

for all

Senior Citizens

on June 23rd, 1983
at the Legion Hall
from 7:00 p.m. to 10:00 p.m.

All Senior Citizens in Terrace Bay are invited to attend.

OWNED & OPERATED BY THE FIGLIOMENI FAMILY
SCHREIBER FOODMARKET LTD.

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