

Terrace Bay Recreation News

Physical Activity Week

We are in the middle of the Terrace Bay Physical Activity Week and the remaining schedule is as follows:

Wednesday, May 18th

"Let's Get Involved". All activities at the Terrace Bay Recreation Centre from 7:00 to 9:00 p.m. are free to the public. Introduction, demonstration, rules and a chance to try the activity if desired, will be available during this time.

Resource persons will be available.

Squash Court beginning at 7:00 p.m. sessions will be held every half hour.

Racquetball Court beginning at 7:00 p.m. sessions will be held every half hour.

Bowling Alley sessions at 7:00 and at 8:00 p.m. learn how to score, rules, etc. and a chance to try the game.

Multi-Purpose Room 6:30 to 7:00 p.m. -

Aerobic Exercise with Lyn Black, 7:00 to 7:30 p.m. - Gymnastics with Betty Tate and guests; 7:30 to 8:00 p.m. - Judo with Eric Samp; 8:00 to 8:30 p.m. - Jazz and Ballet with Pamm Turner/Pankevicz and Cathy Dolph

Activity Lounge 7:00 to 9:00 p.m. Sport of Ping Pong, introduction, rules, etc.

Fitness Room 7:00 to 9:00 p.m. Introduction to Weight Training, use of universal, how to develop a program -

Joey Kostecki

Arena - 7:00 to 8:00 p.m. Volleyball, Basketball, Youth Lacrosse

Thursday, May 19th "Family Day" 6:30 to 9:30 p.m. at the High School Field.

Family Baseball - register at Recreation Office 825-3542

Tug of War - Family Event

Tennis Matches for couples

Bring your family out for a fun evening of group participation. If you have any questions on

any of the above activities, please call the Recreation Office at 3542.

Mixed Slow Pitch

The league is underway and we are still accepting names for adults who are willing to participate every week for 2 hours of fun softball. If you are interested please call the Recreation Office.

Men's Ball Hockey League

If you are interested in entering a team or

participating the Arena is booked every Thursday from 7:00 to 9:00 p.m. Your own equipment consisting of a stick and gloves is required. To participate you must be a recreation member.

Youth Ball Hockey

Every Tuesday from 7:00 to 9:00 p.m. for anyone between the ages of 10 to 15 years. Helmets are required in addition to sticks and gloves. This program is run on a drop in basis.

Men's Slow Pitch

Hilda's Fixins

Apple Bread (makes 2 loaves)

2 large juice oranges
1 cup raisins
2 cups applesauce
4 cups flour
4 teaspoons baking powder
2 teaspoons baking soda
3/4 teaspoon salt
1 1/2 cups sugar
1 cup walnuts, coarsely chopped
2 eggs, well beaten
1/2 cup melted butter or margarine

Grate orange rind and set aside. Juice oranges and combine juice with rind, raisins, and applesauce. Sift flour, baking powder, baking soda, and salt together into large bowl. Stir in sugar, then nuts. Add eggs and butter to applesauce mixture; stir

in flour mixture until just blended. Grease two 9" x 5" x 3" loaf pans. Divide batter between the two pans. Bake in preheated oven at 350 deg. F. for one hour and 10 minutes or until a toothpick inserted in centre of loaf comes out clean. Turn out of pans and cool on a wire rack before slicing.

Handy Tips

Icing on the Cake

You don't need food coloring or artificial flavoring to make a beautiful glaze for cakes and cookies. Just mix one part softened ice cream with three parts confectioner's sugar and spread. Allow to "set" for two hours. Strawberry ice cream makes

gorgeous "birthday pink" glaze. Chocolate is especially delicious.

Buttering up to Corn

Buttering corn on the cob can be a slippery, sloppy job, so I devised a new method: I take the heel pieces from a loaf of bread and place them in the butter dish, each person tears off a piece of the bread, smudges it into the soft butter, and rubs it over the corn. This doesn't have a whole lot of class - but then neither does eating corn on the cob.

Schreiber Rec....

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look forward to a skills clinic practice, games and best of all their own baseball jersey. Volunteers are required for coaching and umpiring the minor baseball (softball for girls, hardball for boys) program. Please give us a hand in making this a summer of baseball fun.

recruit assistance from adults to run the league had the following results: each division will have one contact persons whose responsibility will be to work with other coaches and the recruitment of Umpires. Teams will be selected by coaches and the players will be notified of the starting time.

Open Bowling

Bowling Alley will not close this summer as long as interest continues. Response to date for open bowling is excellent. Times for open bowling are Sunday 2:00 to 5:00 p.m. and Wednesday 7:00 to 10:00 p.m.

Squash and Racquetball Bookings

A reminder that Recreation Members have the privilege of booking court time one day in advance. Call 3542.

Tennis Court Notice

The Tennis Court is a Township Recreation Facility and participants must hold a valid 1983 Recreation Membership. Membership costs

for Tennis only is \$10.00 Tennis Club Members have the privilege of using the court during posted times. Memberships are available at the Recreation Office. Failure to purchase a membership if using the Tennis Court will result in your privilege to use the court removed for an extended period of time.

Roller Skating

Only 2 weeks away. Watch next week's column for details on times.

Ballfield Usage

Groups are reminded that bookings for use of the Texaco Field and the

High School Field are being co-ordinated through the Recreation Office.

Weaving Course

We are offering an Advanced Weaving Course on June 17th (7 to 10 p.m.) June 18th and 19th (9:00 a.m. to 12 noon and 1:00 to 4:00 p.m.). Persons who take this course must have previously completed a beginners course in 4 Harness Loom Weaving or have a thorough knowledge of the 4 Harness Loom. If you are interested in this course, or require further information please call 3542.

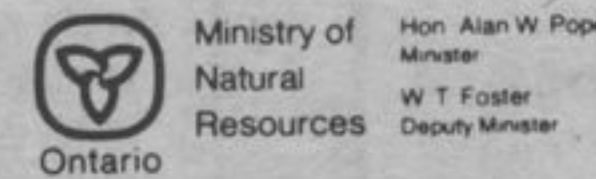
SCHREIBER FIGURE SKATING CLUB

Requires a Coach to teach group lessons for Advance NST. to preliminary skaters. (to work with senior pro.)

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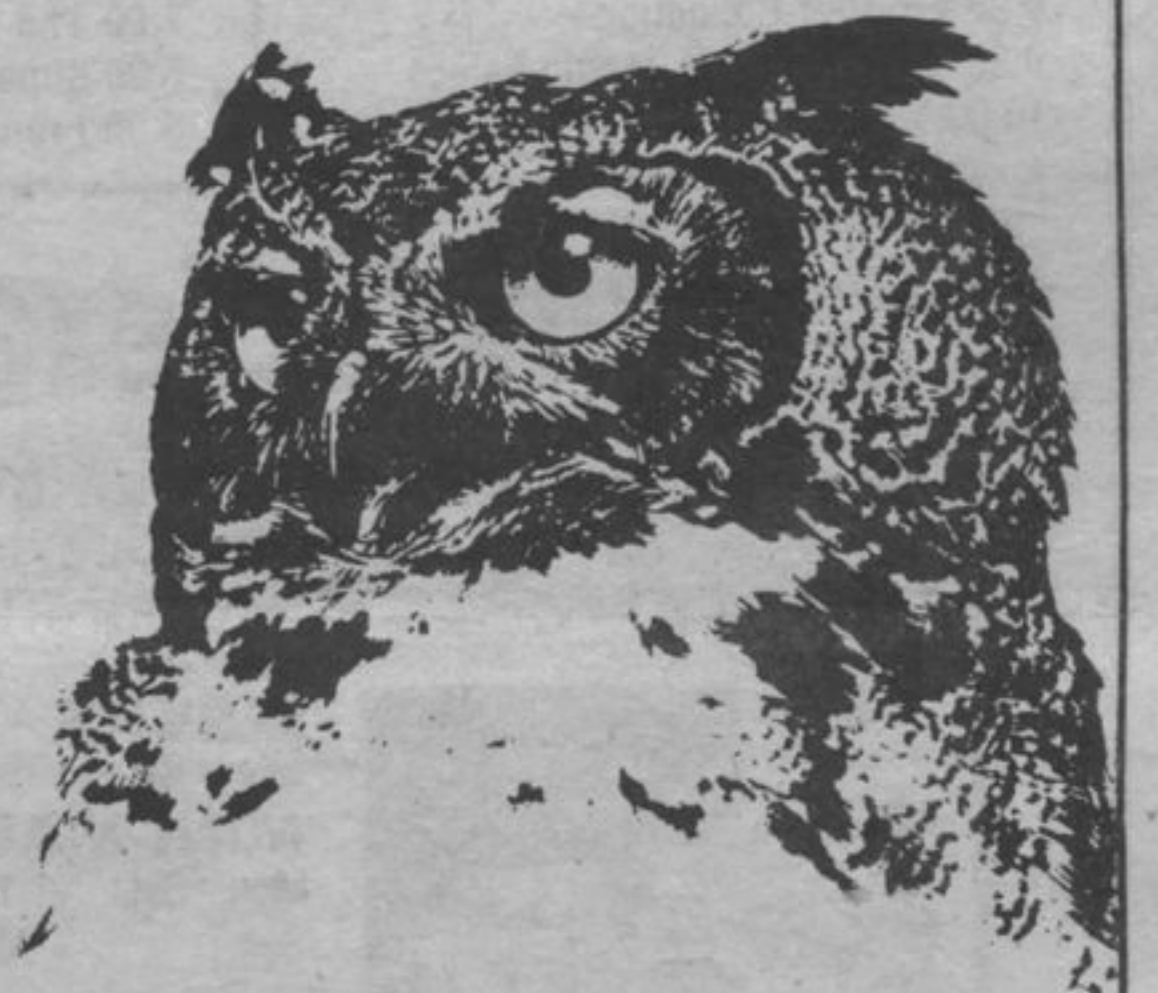
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NOTICE

Re: CLOSING OF THE KIMBERLY-CLARK PRIVATE AGUASABON ROAD

Due to deterioration of the Bridge over the Aguasabon River, at a point approximately 5 miles north of Terrace Bay, it has become necessary to close this road until modifications have been made and a temporary crossing installed.

Effective immediately, the road will be closed at Terrace Bay, and at the Mile 63 Catlonite gate, and the Mile 38 Goldfield gate. Construction of a new bridge should be completed by mid-October, 1983.



KIMBERLY-CLARK OF CANADA LIMITED