

Schreiber Recreation News

Spring Brochure

The Schreiber Parks and Recreation Department Spring Brochure has been distributed to Schreiber residents. If however, you did not receive a copy, then drop in at the Recreation Office for your copy.

Fit Five

Schreiber residents have been actively involved in the Fitness, Ontario "Fit Five" program during the past 5 months. The Fit Five "personal fitness" program encompasses recording the amount of time you as an individual spends participating in your favorite fitness oriented activities. Should you be interested in enrolling in this "free" self administered program, please drop in at the Recreation Office and pick up your Level One brochure. The following lists those individuals having successfully completed levels within the program.

Level One - Joy Riley
Level Two - Gene Hartmann

Fitness Week

The Schreiber Parks and Recreation Department in conjunction with the North Shore Recreation Directors Association and the Canadian Parks and Recreation Association is hosting the Schreiber Fitness Week. This unique community event will be staged from May 16 to May 19, 1983 and includes an interesting variety of activities. The key is participation.

Monday, May 16, Fun Run

The Annual North Shore Fun Run will be staged from 7:00 to 8:00 p.m., starting at the Schreiber High School. Fun Run participants will walk, run or bike a 1 km. distance. Buttons will be provided for all participants, and children under ten years of age will receive treats as well. A reminder to Schreiber residents that the North Shore town with the greatest percentage of residents participating in their Fun Run wins a commemorative plaque. Come out and join the fun.

Tuesday, May 17 Food Nutrition Day

A combination of activities are scheduled at the Schreiber Complex. All activities are free and open to the general public.

Community Bake Sale - Local groups will be selling nutritional snacks in the community hall from 6:00 to 8:00 p.m.

Nutritional Information - a food-nutrition information display will be placed in the community hall. Tips on cooking, dieting and exercise will be available.

Nutrition Classes - Ministry of Agriculture and Food Home Economist Barbara Weese will be presenting two informative nutrition sessions in the Art Room from 6:00 to 8:00 p.m.

Wednesday, May 18 Fitness Day

Once again, the Department has been able to arrange for an evening of interesting and enjoyable activities, at the Recreation Complex.

Fitness Testing - Fitness Ontario representatives will be conducting a personal fitness testing session including a classroom session from 6:00 to 6:45 p.m. Meeting Room, and fitness testing in the Fitness Room from 7:00 to 8:30 p.m. All fitness room members and interested individuals are encouraged to take advantage of this valuable service.

Free Aerobic Dance - Bring a friend, husband, son or daughter to the Free Aerobic Dance class from 8:00 to 9:00 p.m. in the Community Hall. The activity promises to be an enjoyable outing for all participants.

Fitness Information - A variety of fitness material and information will be available at the Fitness Information Booth, Main Office Corridor.

Arena Activities - Junior Sports from 5:00 to 7:00 p.m., and Free Senior Ball Hockey from 7:00 to 9:00 p.m. are featured in the arena. Come out and join the fun.

Thursday May 19 Family Day

The Schreiber Parks and Recreation Committee in co-operation with the Schreiber Youth Group will be hosting a community spaghetti supper from 6:00 to 8:00 p.m. at the community hall. The meal will feature live entertainment, door prizes and good eating.

Senior Ball Hockey
Ages: 15 and over
Time: 7:00 to 9:00 p.m.
Days: Tuesday and Thursday

All males ages 15 and over are eligible to participate in this program. Should any local group be interested in forming a team to participate in this program.

Junior Ball Hockey
Ages: 11 to 14 years
Time: 6:00 to 8:00 p.m.
Days: Monday and Wednesday

All boys ages 11-14

are encouraged to come out and participate in this exciting program. You must bring your own hockey stick and gloves.

First Aid

A St. John's Ambulance First Aid Course will be offered during the evenings of June 5, 7, 8, 9, 1983. Course instructor Dennis John will be announcing specific times and course location within the next week. The last course proved to be a tremendous success, with all participants enjoying an educating and informative course. For additional information contact the recreation office or Dennis John.

Train Your Dog

This workshop is designed for the person interested in obedience training for his or her dog. It will include demonstrations, two training periods with the participant's dog, and information handouts. Step by Step procedures will be covered on training your dog to heel, sit, come when called, etc. Dogs should be at least six months old and need not be registered. Those who have already participated in a basic dog obedience course could begin intermediate work. The course takes place Saturday, May 28 from 10:00 a.m. to 5:00 p.m. To register contact the recreation office at 824-2317.

Mixed Adult Slowpitch

Want to enjoy a sociable evening, a "recreational slowpitch baseball"? Tired of competitive fastpitch softball? Well, the Schreiber Parks and Recreation Dept. is offering the program meeting these requirements and also of providing a new and exciting adult recre-

ational program; Mixed Adult Slowpitch Softball.

Age: 18 and over
Times: Friday evenings, 6:30 to 8:30
Starts: Friday, May 27, 1983

Location: Schreiber High School Baseball Diamond
Registration: Recreation Office

Women's Slowpitch Baseball

Attention all women softball enthusiasts! The Schreiber Parks and Recreation Dept. is offering a "recreational" (non-competitive) women's baseball program. It promises fun, exercise and an enjoyable social outing.

Age: 16 and over
Times: Tuesday evenings, 6:30 to 8:30
Starts: Tuesday, May 24, 1983

Location: Schreiber High School Baseball Diamond
Register: Recreation Office.

Schreiber Minor Baseball

The Schreiber Parks and Recreation Dept. will be offering a Minor Baseball program for local youth ages 5 to 16 years old. Registration forms have been circulated all to school children. A reminder that registration is from May 9 to May 18 at the Schreiber Recreation Office from 9:00 a.m. to 5:00 p.m. Also a baseball registration night has been set for Wednesday May 18, from 6:00 to 8:00 p.m. at the recreation complex.

The baseball program however requires volunteers for coaching and similar activities. A general meeting has been set for Wednesday May 11 from 7:00 to 8:30 p.m. at the recreation complex art room. All

parents and interested individuals are encouraged to attend. For additional information please contact the recreation office at 824-2317.

Township Hats

Official's Township Hats will soon be available. The Schreiber Parks and Recreation Committee is selling these attractive baseball hats for purpose of raising funds for the purchase of a multi-purpose wooden playground structure. The hats will be sold from the recreation office and at local stores.

Drummond Street Playground

During the weekend of May 20-23, 1983 the Schreiber Parks and Recreation Committee in co-operation with local groups will be constructing and officially opening the Drummond Street Playground. This municipal park will feature a multi-purpose wooden playground structure, picnic benches, a sandbox and other play areas. Come out and give us a hand. Your assistance and co-operation will be appreciated.

Schreiber Milers Club

Due to the success of last summer's 100 Mile Club, the Parks and Recreation Dept. is happy to announce the "Schreiber Milers Club". The concept of recording the distances you as an individual walks or jogs throughout the summer has not changed. However, the program has been expanded to allow individuals to apply miles jogged this summer for the 1984 summer and so forth.

The program is based on a self-administered approach, whereby you phone in or bring in weekly results every Friday at the recreation office (824-2317) we will supply you with a participation log.

The Schreiber Milers Club members progress will be announced in the Terrace Bay Schreiber News, and will be posted on the Club

Progress chart at the recreation complex. Fit Fivers can use their walking and/or jogging for their Fit Five levels.

Distance	Award
100 Miles	T-Shirt
200 Miles	Certificate
300 Miles	Certificate
500 Miles	Certificate
1000 Miles	Medal

For additional information please contact the recreation office at 824-2317.

Fabulous Foto Contest

Attention all local photographers. The Canadian Parks and Recreation Association is sponsoring a "Fabulous Fitnic Foto" contest in conjunction with the National Physical Activity Week of May 15 to 23, 1983. The Schreiber

Parks and Recreation Dept. is sponsoring a "Schreiber Fitness Week" from May 16 to 19, and furthermore will be constructing a playground at the Drummond Street Site from May 20-23. Photographers are encouraged to come out and catch Schreiber residents in action. Categories for this contest include: family fun, special moments, participation, picnics. Prizes to be awarded, compliments of CPRA to national winners.

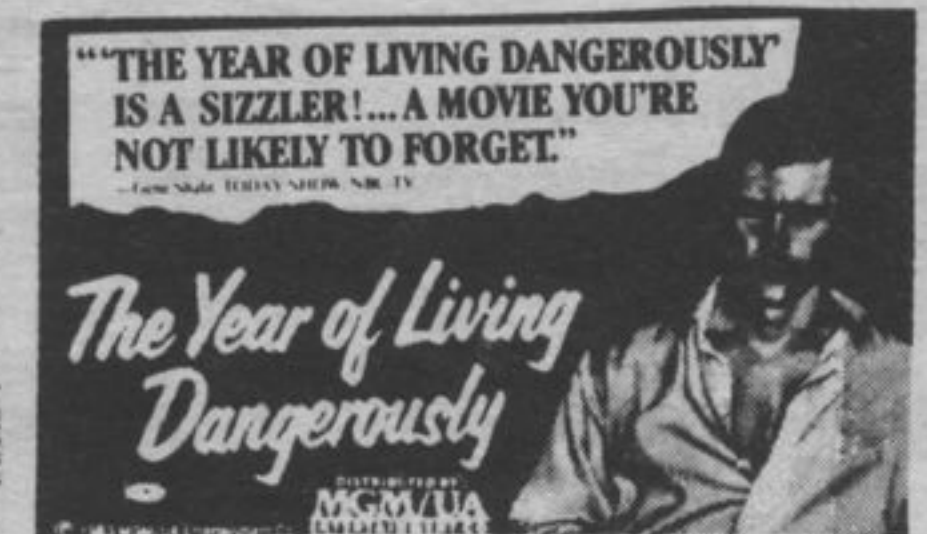
For entry forms and additional information please contact the recreation co-ordinator at 824-2317.

Towne Cinema

Terrace Bay

825-3771

Tue.10 Wed.11 Thu.12



"THE YEAR OF LIVING DANGEROUSLY" IS A SIZZLER... A MOVIE YOU'RE NOT LIKELY TO FORGET.

The Year of Living Dangerously

Fri.13 Sat.14

ONE SHOWING NIGHTLY
SHOWTIME: 7:00 p.m.

WALT DISNEY'S full-length animated classic
THE SWORD IN THE STONE
and a new all cartoon featurette
WINNIE THE POOH
and all other Disney characters
by EYORE

Sun.15 Mon.16 Tue.17

THE LORDS OF DISCIPLINE

THE ACADEMY:
It's graduates are among the leaders in Government, the Military and Industry.

THE CODE:
No cadet will cheat, steal or dishonor the school.

THE TRUTH:
IT WAS ALL A LIE.

There is one cadet about to expose the system... and there is a risk.

Showtimes ...

Sunday 8:30 p.m.

Mon. - Thurs. 8:00 p.m.

Fri. 7:00 & 9:00

Sat. 8:00 p.m.

NOTICE TO PUBLIC UNDER THE FOREST FIRE PREVENTION ACT

The period from April 1 to October 31 in each year shall be a fire season. Fire Permits are required in a fire district for all outdoor burning except cooking or obtaining warmth.

Every person who starts a fire or causes a fire to be started out of doors shall:

- take all reasonable steps to keep the fire under control;
- ensure that a responsible person tends the fire;
- extinguish the fire before quitting the site of the fire; and
- where the fire is started under a fire permit, extinguish the fire or cause the fire to be extinguished on or before the expiration of the permit.

No person shall smoke while walking or working in a forest or woodland during the fire season.

Except under the authority of a work permit, no person shall, in or within 300 metres of a forest or woodland:

- carry on any logging, mining or industrial operation;
- clear lands;
- construct a dam, bridge or camp;
- operate a mill for the purpose of manufacturing timber; or
- carry on any operation liable to cause the accumulation of slash or debris.

Work Permits and Fire Permits may be obtained from local Ministry offices in Manitowadge or Terrace Bay.

Fire Permits are also available in Marathon at Ministry of Northern Affairs office.



Ontario

Ministry of
Natural
Resources

Hon. Alan W. Pope
Minister
W. T. Foster
Deputy Minister

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WHOLE LOT MORE.



SPORTS world
Schreiber 824-2506

WHERE THE FUN BEGINS