



- Holsum Fresh
HOVIS BREAD **89¢** ea.
- Granny's save 40¢
BUTTER TARTS **1.69**
- Shaw's regular 1.79 special
CAKE DONUTS **1.49**
- Shaw's white 24 oz. loaves
BREAD **85¢** ea.
- Klomp-Wakefield 250 ml.
WHIPPING CREAM **95¢**
- Klomp-Wakefield 500 gram
COTTAGE CHEESE **1.49**
- Beatrice 175 gram
FRUIT BOTTOM YOGURT **2/1.19**
- Tasters Choice 227 gram
COFFEE **5.99**
- Farm Fresh Large
EGGS **1.25** doz.
- Old Dutch 200 gram box
POTATO CHIPS **1.29**
- Primo 900 gram box
SPAGHETTI or MACARONI **1.29**
- General Mills 500 grams
CRISPY WHEAT & RAISINS **2.29**
- Plasmon plain 200 gram box
BISCOTTI **2/1.49**
- Lancia 500 gram
LASAGNA MACARONI **1.09**
- Better buy pkg. of 12
KITCHEN REFUSE BAGS **59¢**
- Bar Soap 100 gram bar bundle of 4
ZEST **1.89**
- Box of 40
BOUNCE SHEETS **2.99**
- Pkg. of 12
FORTUNE COOKIES **1.99**
- Toddlers 48's
PAMPERS **9.88**



Heavy Duty detergent
6 litre box
OXYDOL
4.69

- Harvest 1 lb. tub
SOFT MARGARINE **2** tubs **1.25**
- Singles Black Diamond 500 gram
CHEESE SLICES **2.99**
- Sunsun 206 gram
MACARONI & CHEESE DINNER **4** pkg. **1.00**
- Zing 24 10 oz. tins
CANNED POP **4.99** per case
2 cases with each 15.00 order
- Campbell's 284 ml.
MUSHROOM SOUP **2** tins **99¢**
- Kraft Fruit Basket 500 ml.
Strawberry, Raspberry, Apricot
JAMS **2.49**
- Aim 100 ml.
TOOTH PASTE **1.99**
- Green Giant French cut 398 ml.
GREEN BEANS **3** tins **1.99**
- Green Giant 341 ml.
CORN NIBLETS **2** tins **1.59**
- Chef Boy-Ardee 850 gram
ROLLER COASTERS, MINI-RAVIOLI, BEEF-A-RONI **1.79**



Maxwell House
369 gram
COFFEE
2.69

Heinz 1.25 litre
KETCHUP
2.99



FROZEN FOODS Specials

- Jello 12's
PUDDING POPS **2⁹⁹**
- Modern 4 litre pail
ICE CREAM **4³⁹**
- Sunsun 12 oz. tin
ORANGE JUICE **89¢**
- Rhodes white pkg. of 5
BREAD DOUGH **1⁵⁹**
- McCains 1 kg.
SUPER FRIES **1³⁹**

Back by popular demand!

MATCH & WIN

Pick up your card today and every day.

Some of our winners:
LIL PARENT \$50.00
MR. A BOLDYE \$100.00

And many, many more.

Looking Back

What was happening in the NEWS twelve years ago May 12, 1971.

Home ground has always been considered an advantage for the home team in any sport. Faced with the possibility of win or lose, whether it is the Schreiber Legion Auxiliary or the Terrace Bay Legion Auxiliary, the players gave their best in the shuffleboard tournament.

Congratulations go to Mrs. Jackie Calder and Mrs. Yvonne LeClair for winning the Harry Gusul Trophy and keeping it in Terrace Bay. Runners-up were June Dukes and Roberta Winters. The B event went to Bea St. Louis and Connie Cvitkovich and the Consolation event to Jeannette Gunter and Rosemary Thorpe.

On Thursday the Terrace Bay High School was host to a fine group of musicians, the Grimsby High School band from Grimsby in

southern Ontario. Mr. Rowsome thanked the director and the members of the band and complimented them in their excellent performance.

Mrs. R.T. Kenney was elected President of the St. Berchman's Altar Society Wednesday evening at their annual meeting. Other members of the Society's executive are Vice President Mrs. Herb Legault, Secretary Mrs. Mac Hubelit, and Treasurer Mrs. Charles Todesco.

Under the direction of Mr. Jon Fergusson the Outers Group of Terrace Bay High School left Friday morning on a survival trip to Fishnet Lake.

After a wet night, during which most of the shelters held up in a rainstorm, we broke camp and left for home about 9:00 a.m. The purpose of the trip was to teach us how to survive in the bush in an emergency situation.

NOTICE

Blue Cross "Pay Direct" Non-Group Coverage Available To All Ontario Residents Until May 15, 1983.

Blue Cross announces that it is making available to all Ontario residents during the period April 1 to May 15, 1983, a wide range of health benefits not included in the government sponsored Ontario Health Insurance Plan (OHIP).

Between April 1 and May 15, 1983, any Ontario resident, regardless of age or previous medical history can purchase Blue Cross coverage on a "pay-direct" basis for the major portion of the cost of such benefits as

- prescription drugs
- private duty registered nursing
- use of semi-private and private room in hospital; and others.

Ontario Blue Cross is a private, non-government organization.

If extra health coverage is not available to you through your place of employment, consider this Blue Cross "pay direct" opening.

Detailed brochure/application forms are available at the "Infocentre" at most Ontario supermarkets, at regional offices of the provincial Ministry of Northern Affairs, or by writing

1983 Pay Direct Opening
Ontario Blue Cross
150 Ferrand Drive
Don Mills, Ontario
M3C 1H6

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