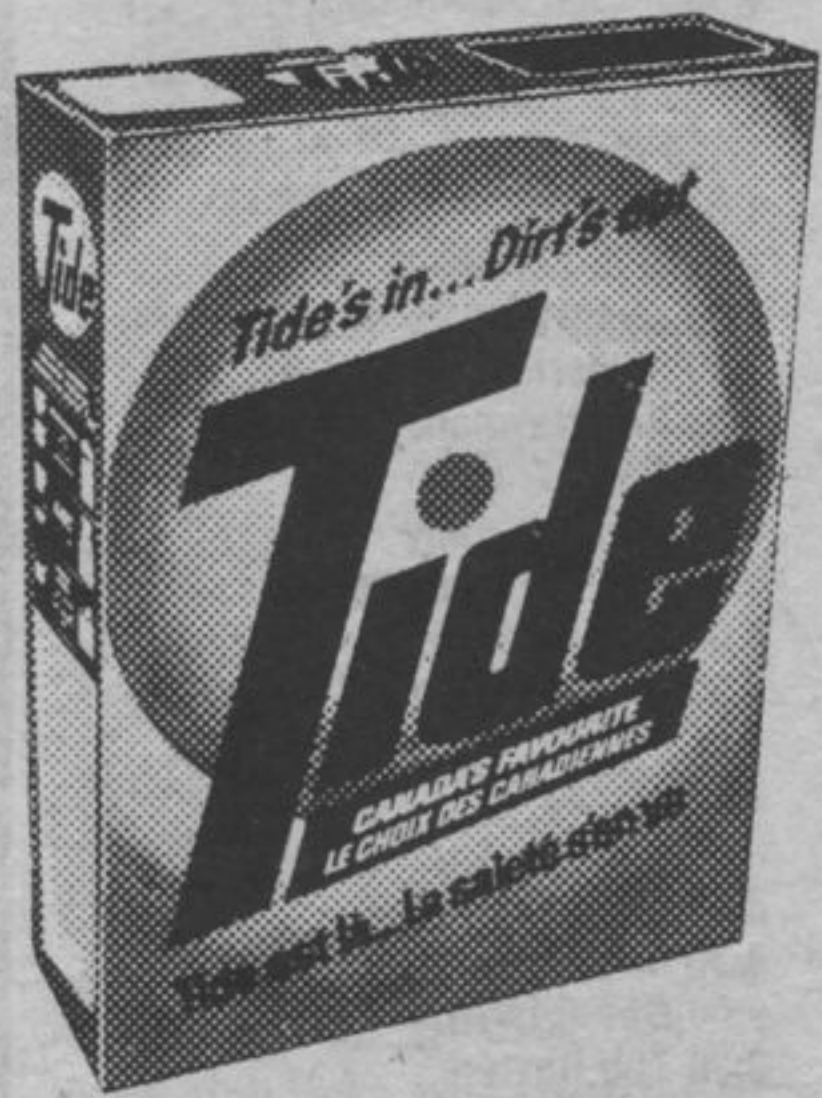


ELVES WE SELL AT the price to you



Heinz Jr. 213 ml. (not meat)
BABY FOOD
2 jars **1 09**



Detergent 6 litre box
TIDE
4 19

Kleenex 200's
FACIAL TISSUE
88¢



Grade "A" Large
EGGS..... **1 25** dozen

Shaw's white 24 oz.
BREAD..... **85¢**

40's, 60's, 100's pkg. of 2
LIGHT BULBS..... **1 39**

Pure Pork 12 oz. tin
KLIK..... **1 79**

Waveline pink 7 1/4 oz. tin
SALMON..... **1 09**

Brights 48 oz. tin
APPLE JUICE..... **1 09**



Libby's 398 ml.
Pork & Beans
3/1 99



Fabric Softner 3 litre
DOWNY
3 99

Kraft mini or regular
MARSHMALLOWS
2 pkg. **1 39**

"Match & Win"

is the newest, easiest, most exciting game around. No purchase necessary to play the game. Only Adults (16 yrs. & older) eligible. Starts Wednesday, April 6th. Drop into our store today & everyday and get your game ticket. (limit of 1 ticket per day.) Win from \$1.00 up to \$1,000.00. More details available in the store.

Sunspun 540 ml. tin
TOMATOES..... **2/1 49**

Sunspun 400 gram bag
ASSORTED COOKIES..... **1 49**

Chung King 450 ml.
SOYA SAUCE..... **1 39**

Kraft double size 850 gram
CHEESE PIZZA..... **2 19**

225 ml.
HALO SHAMPOO..... **1 39**

General Mills 500 g
CRISPY WHEATS & RAISINS CEREAL..... **2 29**

10's
J-CLOTHS..... **1 69**

pkg. of 10 save 40¢
GRANNY'S BUTTER TARTS.... **1 69**

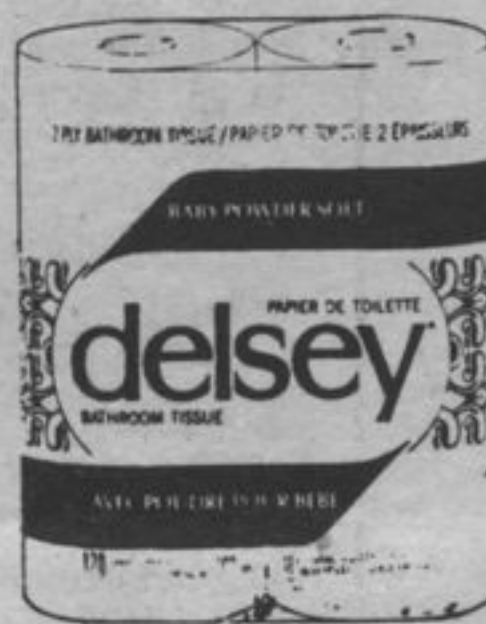
Supermoist Betty Crocker 510 gram
CAKE MIX..... **1 19**

Lancia 375 gram
EGG NOODLE..... **89¢**

Crosse & Blackwell 250 gram
SWEET MIXED PICKLES..... **1 29**

Medo-land pre-pack
MOZZARELLA CHEESE..... **6 35** kg.

Mirage 4 kg.
MARGARINE..... **10 95**



Delsey 4 roll pkg.
Toilet Tissue
1 69



Ready to serve Heinz
227 ml. tin
SOUPS
4/1 00



Old Dutch 200 gram box
POTATO CHIPS
1 29

Slow Pitch Baseball League

Terrace Bay Recreation Committee "Slow Pitch Baseball League"

The Winter season is finally leaving the North and peoples interests switch from Curling, hockey, broomball to golf, fishing and baseball. What is there for you? The sport of Slow Pitch Baseball will be added to the schedule if interest is sufficient. Slow Pitch allows the opportunity for all 10 team members on the field to be part of the game. There is no slow or dead position on the field. The game consists of 7 or 9 innings and the Rover (10th player) rule is used. The pitch is delivered underhand and must be arched higher than the batters head at the same time during the delivery.

There will be an open general meeting to discuss

the formation of the league on April 20th at 7:00 p.m. in the Conference room at the Recreation Centre. The league is open to any male 18 years of age or older who is not planning or participating in the Men's Fastball League. If you wish to enter a team or participate please attend this important meeting. Details on the exact rules, cost etc. will be available at the meeting.

Drop in to the recreation office and discuss the entry of a team with Terry Bryson if you are considering getting together with the guys for one or possible two night per week.

Let's hear from you, now is the time to make arrangements for the new Summer activities. **SLOW PITCH IN TERRACE BAY**

Hilda's Fixins

Cranberry-orange Glazed Cornish with Rice Cakes

4 Cornish game hens, thawed
1/2 cup marg., melted

Glaze
1/2 cup whole berry cranberry sauce
1/2 cup orange marmalade
1/2 cup mandarin orange segments
3 tbsp. lemon juice
1 tbsp. instant minced onion

Rice Cakes
2 cups cooked Riceland extra long grain rice
1/2 cup minced onion
2 eggs
3 tbsp flour
salt and pepper to taste
Rinse hens and pat dry. Coat inside and out with butter, sprinkle with salt and pepper. Place hens on rack in shallow roasting pan. Roast in preheated oven at 425 degrees for 15 minutes, reduce heat to 375 degrees and roast 45 minutes to 1 hour longer, basting occasionally with drippings. Mean-

while, combine glaze ingredients. During last 20 minutes of roasting, brush hens with glaze several times. Glaze again before serving. Meanwhile, in large bowl, combine rice cake mixture. Drop mixture by 1/4 cupfuls into hot oil in skillet. Fry on each side till golden brown and crispy. Sprinkle with Paprika or parsley flakes. - (makes 8 cakes)

Handy Tips

Prevent grubby fingertips on doorknobs, wall switchplates and the areas around such fixtures by spraying the areas with liquid wax polish or coating them with paste wax.

Never water plants with cold water. Use water at room temperature, to avoid shock to the roots. If you can, let the water stand overnight, so the chlorine will sink to the bottom. Chlorine may not hurt most plants, but it doesn't do them any good either.

ABUNDANT LIVING CRUSADE
with
EVANGELIST RALPH JUTHMAN
at
TERRACE BAY GOSPEL ASSEMBLY



Messages Include:
Fighting Fear, Curing Depression, Living Abundantly and more

Thurs., April 7 - Sat., April 9

at
7:00 p.m.

Sun., April 10 at 11:00 a.m.
Special music at each service
Something for children, too!
People of all faiths welcome.

OWNED & OPERATED BY THE FIGLIOMENI FAMILY
SCHREIBER FOODMARKET LTD.

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