

Danish Feta

Denmark produces many high-quality cheeses. Among its best is Danish Feta — sold in small, one-pound cans or in bulk. Feta is made from cow's milk and has a salty, tart taste.

Brazilian Import

Brazilian Shrimp Balls: Starts with bread, milk and diced shrimp spiced with onion and garlic powders, coriander and black pepper. Roll into small balls and deep fry. Serve as a tasty, fancy appetizer.

Prevent Bruising

Use a sharp knife when cutting vegetables to prevent bruising. Bruising leads to a loss of Vitamin C which should be retained in vegetables. Nutrients can also be easily lost during rapid boiling as the cut surfaces of vegetables agitate against each other. Reduce heat after vegetables begin to boil.

Psychic Pain?

A psychiatrist recently reported that half his patients went to him because they weren't married — while the other half went to him because they were!

Bull Moral

Once upon a time, it is reported, a lion ate a bull. He then felt so good that he roared and roared. A hunter heard the lion and killed him with one shot. Moral: When you are full of bull, keep your mouth shut!

Easy To Tell

It's easy to pick out the persons who haven't had much experience with civic committee work. They're the ones who always get to the meetings on time.

G. FIGLIOMENI

& SONS

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3 %