

RECREATION REPORT: Cont'd from page 2
LADIES FITNESS CLASS

Because of lack of participation in the Track and Field programme, this activity has been cancelled. In its place, however, a physical fitness class for housewives will commence on Thursday, July 21st, at 2 p.m. in the Public School gym and will run on Tuesdays and Thursdays for the duration of the summer at the same time. It is not necessary to register at the Recreation Office - just drop in to the gym on the Tuesdays and Thursdays. Wearing apparel should be running shoes and slacks or shorts.

OUTDOOR PROGRAMME:

Since there is a confliction with swim instruction, the Outers Programme will be held commencing at 2 p.m. on Friday afternoons for the duration of the summer. All participants are to meet in the large meeting room of the Recreation Centre. This programme is for boys and girls 9 years of age and over and comprises of hiking, nature study, canoeing skills, orienteering, etc. All activities will be centered around Terrace Bay with the exception of a canoe trip which is planned for

the latter part of August.

POSSIBLE CHANGES IN SUMMER PROGRAMME:

As there will be no Terrace Bay News published until August 10th, all programme changes or announcements will be posted on the bulletin board in the main lobby of the Recreation Centre. Also, information will be available by calling the Recreation Office at 3542 and asking for Dave Fitzpatrick, the Summer Programmer.

COMING EVENTS:

Thursday, July 21st - Ladies Physical Fitness programme, 2 p.m., Public School Gym.

Monday, July 25th - "You're a Good Man, Charlie Brown", Terrace Bay High School auditorium.

Tuesday, July 26th - Deadline date for August swim instruction.

BALL HOCKEY - Boys 7 - 18 years, Monday and Wednesdays from 8:00 p.m. - 9:00 p.m. - in the arena.

TENNIS - (instructional) Adults - Monday and Thursday, 6 to 7 p.m. at the Tennis Courts.

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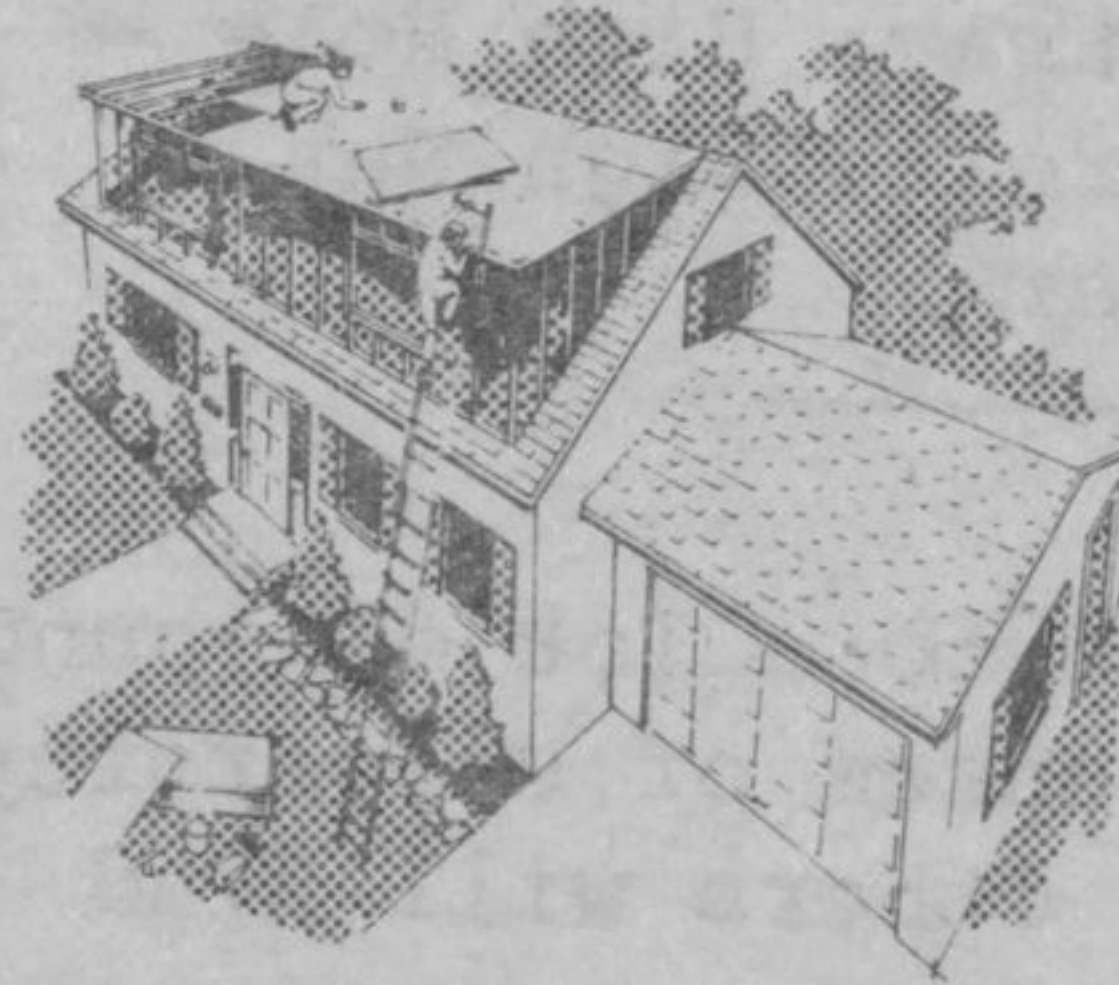
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