For your listening pleasure:

NOR-SHORE FOUR

MUSIC FOR ALL OCCASIONS

For bookings contact: Rick Harty 824-2157

Terrace Bay Municipal and Hydro Office summer hours will be 8 A.M. to 4 P.M. May 1st to September 30th.

CANADA MANPOWER SERVICES

Representatives of the Thunder Bay Canada Manpower Centre and Unemployment Insurance Commission will be visiting the communities of Schreiber, Terrace Bay, Marathon and Manitouwadge during the week of the 25th of April 1977.

Anyone requiring information on employment or unemployment insurance are invited to contact them at the time and place listed below:

Schreiber, Terrace Bay area - 27th April 1977 at the Recreation Centre, Terrace Bay from 10:00 a.m. to 4:00 p.m.

FAMILY GENTRED MATERNITY GARE

What is it? It is maternity care which permits parents to share the child bearing experience and to have access to their baby after delivery to the extent they desire.

This is a matter to be discussed with your doctor. The couple wishing to be together must have the doctor's permission. Husbands are invited to prenatal classes, are involved in the preparation for labor and delivery, and their presence and active participation in labor and delivery is encouraged.

The following policies have been developed:

- 1. At her doctor's discretion, Rooming-In is available to any mother who desires it. A private room is not necessary.
- 2. The baby can be moved to the mother's room, when the mother has rested and feels.
- 3. With the doctor's permission, after first 24 hours, the baby may remain, as desired, during day.
- 4. All babies returned to nursery during visiting hours.
- 5. All babies returned to nursery after 2200 hours.
- 6. Visitors must be restricted at all times to two per patient at any one time, between 2:30 - 4:30 p.m. and 7:00 - 8:30 p.m.
- 7. The father will not be considered a visitor and may come at any time from 0800 - 2200 hours.
- 8. Before handling baby, hands and forearms must be washed thoroughly and a gown must be worn.
- 9. When a cold or other infection is suspected, visiting should be curtailed or a mask must be worn by visitors.
- 10. Visiting should be for short periods only, to enable the mother to get her rest.

Rooming-In offers a unique opportunity for you to observe your baby's habits and learn to care for him/her.

Please discuss Rooming-In with your doctor, or the Public Health Nurse at prenatal classes, and feel free to ask any questions.