

How to cut the high cost of garbage

the garbage book

HOW TO SAVE ENERGY AND MONEY BY THROWING OUT LESS

Each one of us discards an average of 4 pounds of garbage a day — 1,500 pounds a year. **That's energy we're throwing away!**

By avoiding unnecessary products, and reusing and recycling the rest of them, we can save a tremendous amount of energy for Canada. And money for ourselves.

The Garbage Book shows you how to reduce your garbage. It's new and free. Separate chapters deal with packaging, consumer products, food waste, yard waste, composting and setting up a recycling program in your community.

Mail the coupon today for your free copy of **The Garbage Book**.

All you've got to lose is your garbage!

Please send me a free copy of **The Garbage Book**.


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The Garbage Book
Box 3516, Station C, Ottawa, Ontario K1Y 4G1

Energy conservation: be part of the solution.

 Energy, Mines and Resources Canada / Énergie, Mines et Ressources Canada



Energy, Mines and Resources Canada
Office of Energy Conservation
Hon. Alastair Gillespie
Minister

Énergie, Mines et Ressources Canada
Bureau de la conservation de l'énergie
L'Hon. Alastair Gillespie
Ministre