#### CROSS COUNTRY SKI CLINIC

On Saturday, some cross country skiing enthusiasts attended the second part of a Cross Country Ski Clinic. It was a beautiful day with the clinic being held at the Aquasabon Golf course.

The first part of the clinic was held in November, 75 but due to bad weather the instructor, Jeff Kish of Thunder Bay only held the indoor lessons which included waxing and preparing ski equipment.

On Saturday, March 6, 1976 Al Maddox of Thunder Bay, a C.S.A. Certified coach and Instructor with the Canadian Ski Association, working through the Confederation College's Continuing Education Department gave the outdoor lessons. They were: the diagonal stride, double poling and double poling with a kick. The turns and uphill and down hill techniques were a real work out for all the participants. Both the men and women who entered had an absolutely marvellous day in the fresh air and sunshine. This succeeded in making a few spectators very envious and agreeing that Cross Country Skiing is really "In" in Northwestern Ontario.

#### POSTER CONTEST WINNERS

The Poster Contest sponsored by the Winter Carnival Committee was judged by the Terrace Bay Art Club. These are the owners of the winning posters that they picked: Primary A, Grades 1 and 2 - 1st - Lisa Heinrick, 2nd - Lorne McBride, 3rd - Paula Bouchard; Primary B, Grade 3 and 4 - 1st - Mark Houston, 2nd - Mindy Gorman, 3rd - Lisa Ann Fournier; Junior -Grade 5 and 6 - 1st - Michell Saless, 2nd - Wendy Borsa, 3rd - Carol Moore; Intermediate - Grade 7 and 8 - 1st - Leslie McBride, 2nd - Maureen Haas, 3rd - Carolea Kenny; Senior - High School - 1st - Joey Kosticki, 2nd - Patti Regis, 3rd - Tricia Pineault.

The winning posters have been on display in various stores on Simcoe Plaza and also in the Recreation center. During the Arts and Crafts show at the Public School these winning posters were on show. Prizes were awarded at the opening ceremonies of the Winter Carnival.

### ADULT DANCE

Featuring: M.V.'s Power Outlets
Saturday, March 20th
Moose Hall 9 - 1
\$4.00 couple,only
Limited amount of tickets. Ticket outletphone 825-3530.

#### STORK CLUB

Born to Catherine Bottomley of Schreiber, a girl on Saturday, March 6th.

Born to Mr. and Mrs. Warren Pearen of Terrace Bay, a girl on Friday, March 12th.



ARIES Mar. 21-Apr. 19

TAURUS Apr. 20-May 20

GEMINI May 21-June 20

MOONCHILD June 21-July 22

LEO July 23-Aug. 22

VIRGO Aug. 23-Sept. 22

LIBRA Sept. 23-Oct. 22

SCORPIO Oct. 23-Nov. 21

SAGITTARIUS Nov. 22-Dec. 21

CAPRICORN Dec. 22-Jan. 19

AQUARIUS Jan. 20-Feb. 18

PISCES Feb. 19-Mar. 20

# your week ahead

## BY DR. A.W. DAMIS

Forecast Period: March 21 to March 27

A disappointment blooms in full glory. Hold on! There's a surprising twist! A minor setback will prove to be a major advantage in the long run.

No question about it, those little expenditures are throwing your budget off balance. Avoid impulse buying. Begin, immediately, to improve your saving habits. Skip a "bargain."

An event of the past winter will have strong overtones on this week's activities. The important thing is: Don't repeat past mistakes with the opposite sex.

Don't let a friend of a friend involve you in their personal affairs. Becoming part of someone else's problems might be your downfall, this week!

Don't rely on receiving help from an old friend. Remember, your absence has been the ingredient for his friend to become involved in other things.

Mischief, this week, is on the march. It's highly probable that you'll be running up blind alleys—guided by half-truths and rumors. Try to avoid gossip.

There are times when you'll over value one thing and ignore another. This week, however, the looser you are with a buck—the greater will be the return. Strange, indeed!

According to your chart, a strong personality will attempt to overpower you. Incidentally, you'll be in touch with someone who is up to financial mischief.

Strange as it might sound, trivial things that happen during this cycle, occur once in a lifetime. Meaning? You have nothing to learn from the experience.

Indecision, on the part of a superior, will cause you to hold back on a few of you own plans. Incidentally, you might be a little unhappy about additional responsibilities.

By now you will have been told...you're about as tameable as a fly. Furthermore, you'll get the feeling that someone is about to let you know.

This week, your "super-sensitive feeling" could be a drawback. It seems as though you'll take things too personal—in your job, task or project.