

Hospital Budget - continued .....

patients or some unforeseen cost causes the hospital to be over the approved budget?

A. Additional cash flow is not received from the Ministry of Health and the hospital board must use its Working Capital or obtain additional working capital if it does not have enough at present.

Q. Who arranges for the additional working capital of a public hospital?

A. This is one of the functions of the Hospital Board.

Q. How is this done?

A. By requesting assistance from the municipalities serviced by the public hospital, receipt of donations or grants from private industry or community organizations and finally from fund raising campaigns to the general public.

Q. But what does the government provide?

A. As stated earlier, the hospital receives semi-monthly cash payments based on its approved Operating Budget. As part of this budget, annual depreciation for capital equipment is allowed.

Q. How does the Hospital Board accumulate any money to add to Working Capital or buy new equipment without help from outside?

A. The hospital is allowed to keep 50% of all differentials received for private and semi-private accommodations. It also receives membership fees each year from the members of the hospital corporation.

Q. What happens if the hospital is operating under the budget?

A. The Ministry of Health then reduces the amount of cash payments based on the hospital's operating costs to that date.

We hope we have given you some facts regarding hospital budgeting and hope that if you have any questions you contact a Board member or the Hospital Administrator.

Public Relations Committee,  
McCausland Hospital Board.

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### LEGION SHUFFLEBOARD TOURNAMENT

The Ladies Auxiliary to the Royal Canadian Legion Branch 223, Terrace Bay held a Shuffleboard Tournament with Schreiber Auxiliary on October 13th.

Winners were: A Event - Charlotte Miller and Brenda Harper; runners-up - Earline Johnston and Chris Dunham; B Event - Beth Neely and Adeline Daley; runners-up Lorraine Huard and Ann Didura.

The ladies would like to thank Mr. Harry Gusul for the prizes he donated.

Recent visitors with Mr. and Mrs. Norman McCuaig have been Mrs. Howard Reid (Alda McCuaig), Miss Pat Postans and Frank Wilcox of Espanola, Mr. and Mrs. Dave McKay (Jeanne McCuaig) of Sioux Lookout.

Mr. and Mrs. Claude Martin of Nipigon spent the holiday with Mr. and Mrs. Ivan Martin.

Mr. and Mrs. Dick Warder of Haywood, Wisc. and Norman Bottomley Jr. of Nipigon were with Mr. and Mrs. Norman Bottomley.

Mr. and Mrs. Tim Ross (Cathy LeBlanc) of Thunder Bay, are visiting Mr. and Mrs. Arthur LeBlanc.

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## ADELAIDE DANIELS



## SAYS

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### Help! I'm Running Away From Food!

I've got to get away from food, but how? I am surrounded by food, 24-hour restaurants, people constantly filling their faces. How about the catering trucks that honk their horns at construction sites and dispense a gooey range of sugary tooth decayers? It's got to stop! Stop the food, I want to get off!

It's not easy. You could try hiding in an art gallery, but they zap you with a load of popcorn outside the door. The Library is a great place to hide, but after it closes you are forced out on the street where you are bound to see at least one poster imploring you to buy the greatest edible garbage going — the new, exciting different Snackos, or Munchiez or whatever.

We enjoy culture in our lives, maybe the theatre. They get you in there too with the bar at intermission and food. How about the movies? Cinemas usually set aside a few rows for the non-smokers, but what about the non-munchers? There's no special seating for us. We have to sit surrounded by the popcorn people, the pop slurpers and the candy bar crunchers.

Are there social activities without food? Precious few. Visit a dear friend and she never leaves the kitchen, she's so busy preparing the latest snacks. Never mind, you can read all her food magazines while you wait! Visiting teacher includes coffee and cookies. Why can't she hand out those apples instead?

Try a museum — there's no food in there — you know that from all the skeletons. But beware the candy-apple man as you leave.

I think the only place to escape food is in church. You could stay there and pray you won't gain any more weight.

Food is synonymous with any occasion. We are obsessed with food. We used to be the "jet-set", now we've become the "T.V. set" where we munch ourselves into fat oblivion.

I don't want to end up in fat oblivion. I'm looking for the great escape, but where can I go to escape from food? Mars, maybe!

*Adelaide Daniels is the creator of the Canadian Family Meal Plan and author of the best seller, Adelaide Daniels Weight Watching Cookery.*