PLANNING A VACATION?

Be certain it won't be your last. Each year many people meet tragic deaths or suffer grie-vious bodily injury under conditions condercive to happiness and well-being.

Very little forethought is given to the possibility of being involved in an accident while holidaying because we tend to think very positively and many people feel "it would never happen to me". Many find brochures and phamplets are available on prechecking automobiles, trailer, boats, etc., but very few, if any, are available on prechecking the driver. Prepare yourself both mentally and physically before a vacation and plan an agenda which includes periodical rest stops, which will make you more aware of traffic around you. Don't become overtired or weary, and do not drive in a completely closed vehicle. Make certain there is adequate ventilation.

If you should get a summer cold and are taking medication of any kind read the instructions on the package and be sure it will not affect your driving ability, and be certain that all glass and wipers are in good condition so they will not impair your vision.

Have a happy vacation not one marred by an accident caused by driver error.

RECREATION NEWS

SWIMMING LESSONS:

Swimming lessons for the month of July started on Tuesday, July 3rd. All classes have been posted at the Pool and anyone requesting further information can simply refer to the sheets at the Pool. It is very important all swimmers attend their sessions on time. If the weather is bad, you are required to attend your lessons for dry land instruction. The Pool schedule is now posted at the swimming pool and there are specified hours for special age groups.

PLAYGROUND LEADERSHIP COURSE:

The summer Playground staff took part in a successful three-day Leadership Training Course held in Terrace Bay June 25th to the 27th. All the leaders felt they have benefited from the discussions and skill training sessions conducted by local resource people. Special thanks to Mrs. M. Middaugh, Mrs. S. Bulawka, Mr. Dave Currie, Mr. A. Boodhoo and Mrs. A. McGraph for their instruction in the various skills. The Playground staff hope to make use of these new ideas in their program this summer.

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TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Ken has had far too many changes in his 12 years with the result that he has begun to feel he doesn't belong anywhere.

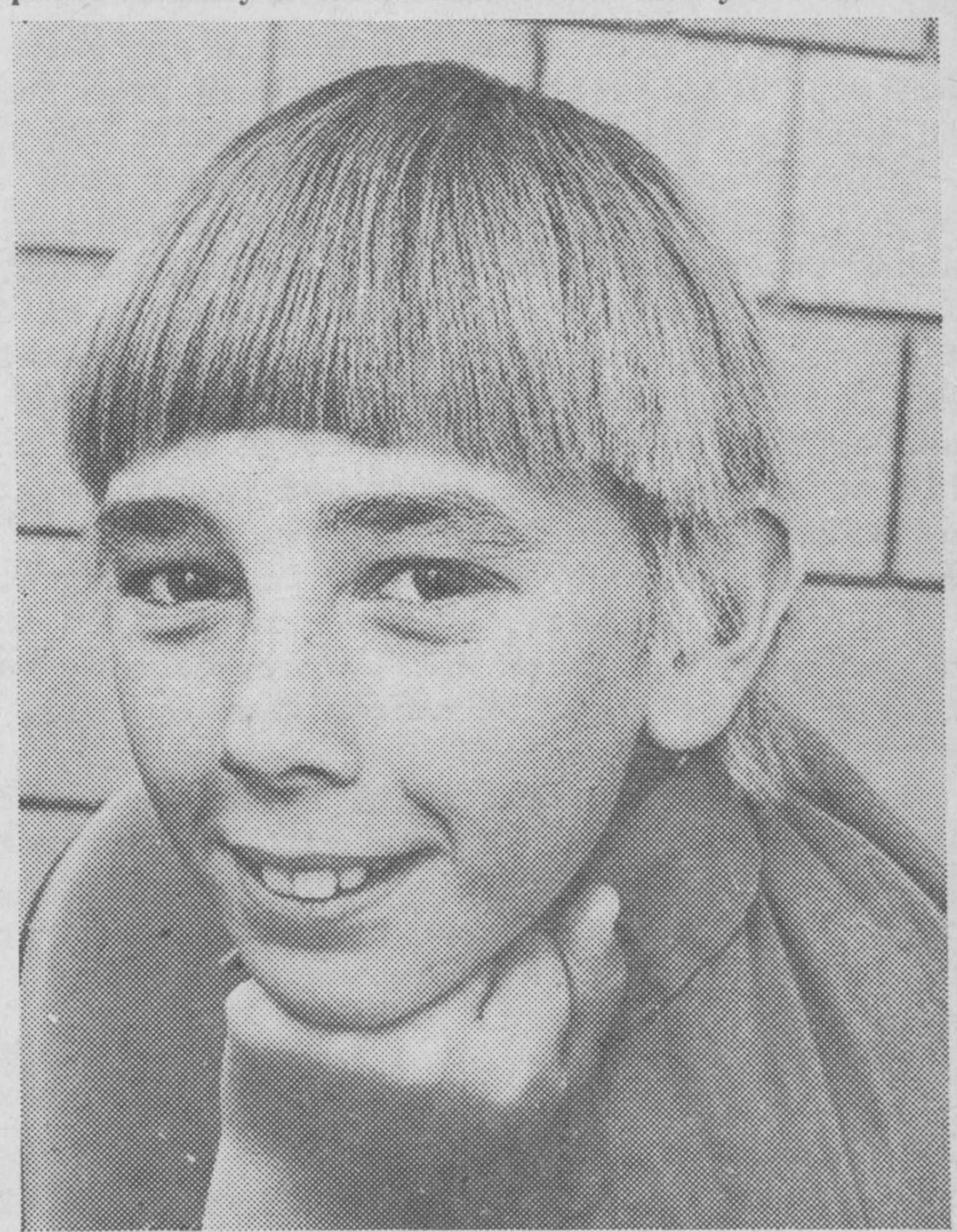
These experiences have not made him bitter but he is wary about giving his trust and affection.

Ken is an average student in Grade Six. Adults find him a most interesting boy because he is articulate and well-informed on a variety of topics — "a marvelous conversationalist," his Children's Aid Society social worker says.

The outdoors has a strong appeal for Ken. He enjoys farm life and is a camping enthusiast. He is also fond of music and is learning to play the guitar.

Anglo-Saxon in descent, Ken is slight and small-boned with light brown hair, blue eyes and fair freckled skin. His health is good.

To inquire about adopting Ken, please write to Today's Child, Box 888, Station K, Toronto. For general adoption information, please contact your local Children's Aid Society.



LOVES THE OUTDOORS

On May 9, 1973, the Schreiber Hydro-Electric Commission achieved an eleven year "No Compensable Accident Record", and was so recognized by the Electrical Utilities Safety Association of Ontario Incorporated.