

THE CHOICE

by Reid Boutilier

Once upon my lifetime
I came upon a mountain
Rugged and seemingly hard to climb.
And the summit there was sublime;
But the clouds closed it in.

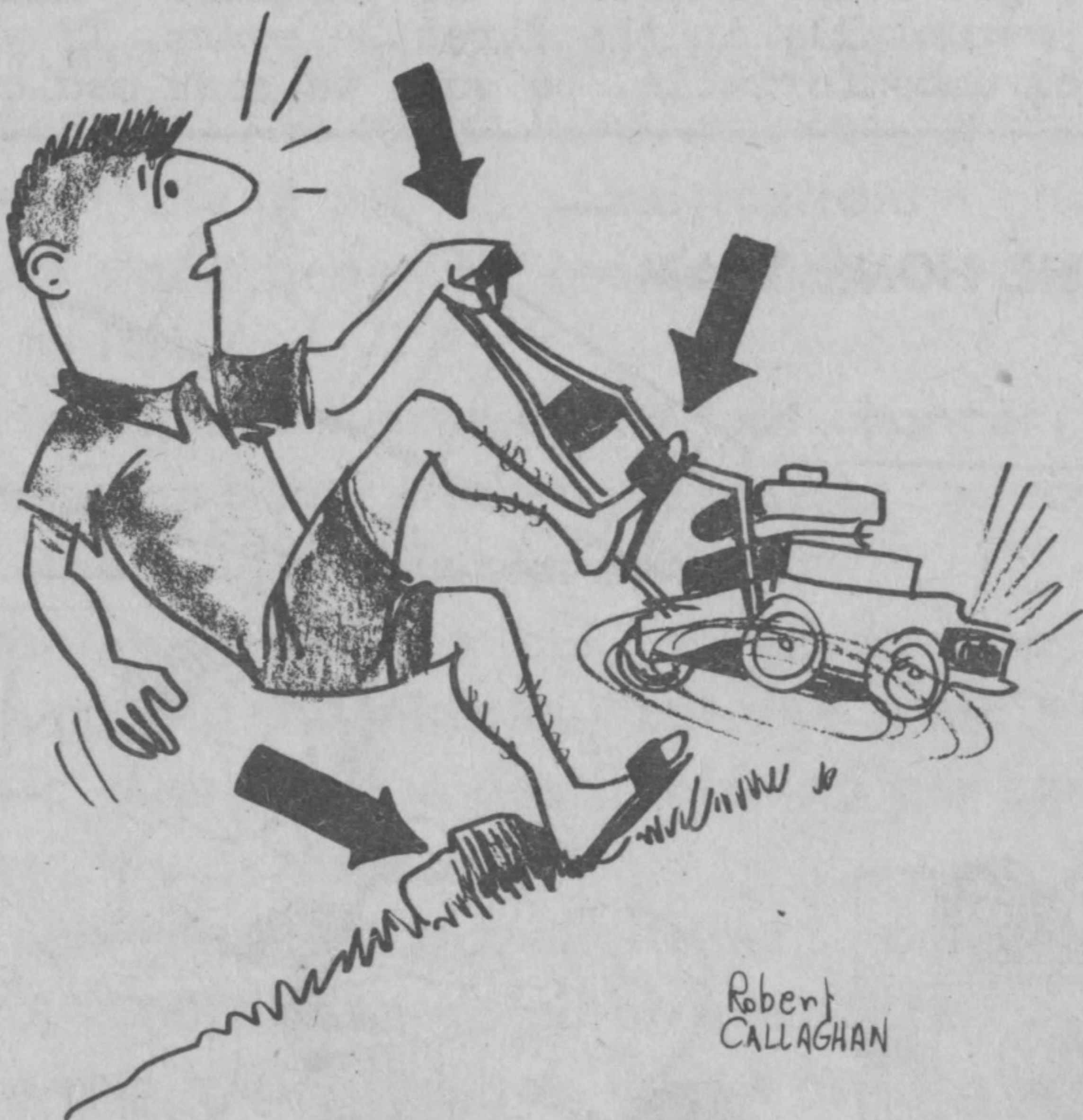
Two paths ran up the rocky side
Both as different as you and me.
Wondering what the clouds could hide
I decided to take one path in stride
But which path would it be?

One had the marks of rugged wear
While the other was forever smooth.
Which path would I bravely dare?
Oh yes! It took a breed so rare
But one path I had to choose.

I took the path rugged with wear
And til this day I don't know why.
Maybe it was that I didn't care
Or else it came in an instant flare;
But here I'll stay until I die.



Don't be distracted, stop the engine and let it cool before refueling.



Always push a mower-never pull it back toward your feet. Keep both hands on the handle, wear sturdy shoes preferably with safety toes.

Housewives fortunate enough to have bright new kitchens with laminated plastic counter tops and cupboard facings can ensure their long life and beauty with proper care.

There are limits to the abuse any material can take, say experts from Cyanamid of Canada Limited Building Products Department, manufacturers of FORMICA brand laminated plastics.

To ensure years of carefree enjoyment of cabinets, counters, etc., their recommendations to housewives include: Use a cutting board whenever knives are used. Though laminates are tough, they can be scratched by sharp-edged kitchen tools. Place a trivet or asbestos pad between counter tops and hot pots or pans. Laminates resist extremely hot temperatures, but sudden contact can mar the surface. Keep laminate surfaces dry beneath objects that rest on them for any length of time. Metal containers can cause discoloration if moist bases oxidize. Periodically wax a laminate's surface to build up a protective barrier against everyday cleaners, etc. Don't leave bleaches, sodium cleaners, bluing, iodine or other household liquids on surfaces for prolonged periods, since the chemicals they contain may cause stains. Avoid dropping heavy objects on the laminate.