

Shown in the photo above by L. Niiranen, is George Ramsay, Recreation Committee, presenting Stan Zwaresh (left) with an Award for Best Coach of the year. This Award is given this year for the first time and goes to the coach whom the Minor Hockey Executive felt had contributed the most in time, talent and patience.

### FRIEND OR THROW?

In case you haven't noticed it's almost time to drag out the power lawn mower and do battle with the grass.

This is the delightful little machine that in addition to making grass cutting easier, can shoot a piece of metal or stone 80' through the air at speeds up to 240 miles per hour.

Over 10,000 Canadians are injured each season from mower accidents according to an estimate by the Ontario Safety League. The injuries are caused, in order of frequency by small objects being thrown by the blade, and by hands and feet coming into contact with the moving blade.

Here are some practical tips to help you eliminate casualties.

Before you mow, check over your machine to see that it's in good running condition with no obvious faults. If you're not the mechanic type, take it into a service centre for a general check.

Read over your owners manual and follow the manufacturers instructions. This will undoubtedly tell you, among other things, to fill your tank with fresh gas before you mow and never refuel a not or running machine. It might give you the only 'bang' you'll ever get out of cutting the grass.

Clear the area of all non combatants such as

pets, adults and children. The easiest way to do this is ask them to help you pick up all objects that could be thrown.

Start the mower on a level area where your footing will be firm and the machine will be stable while you adjust the speed.

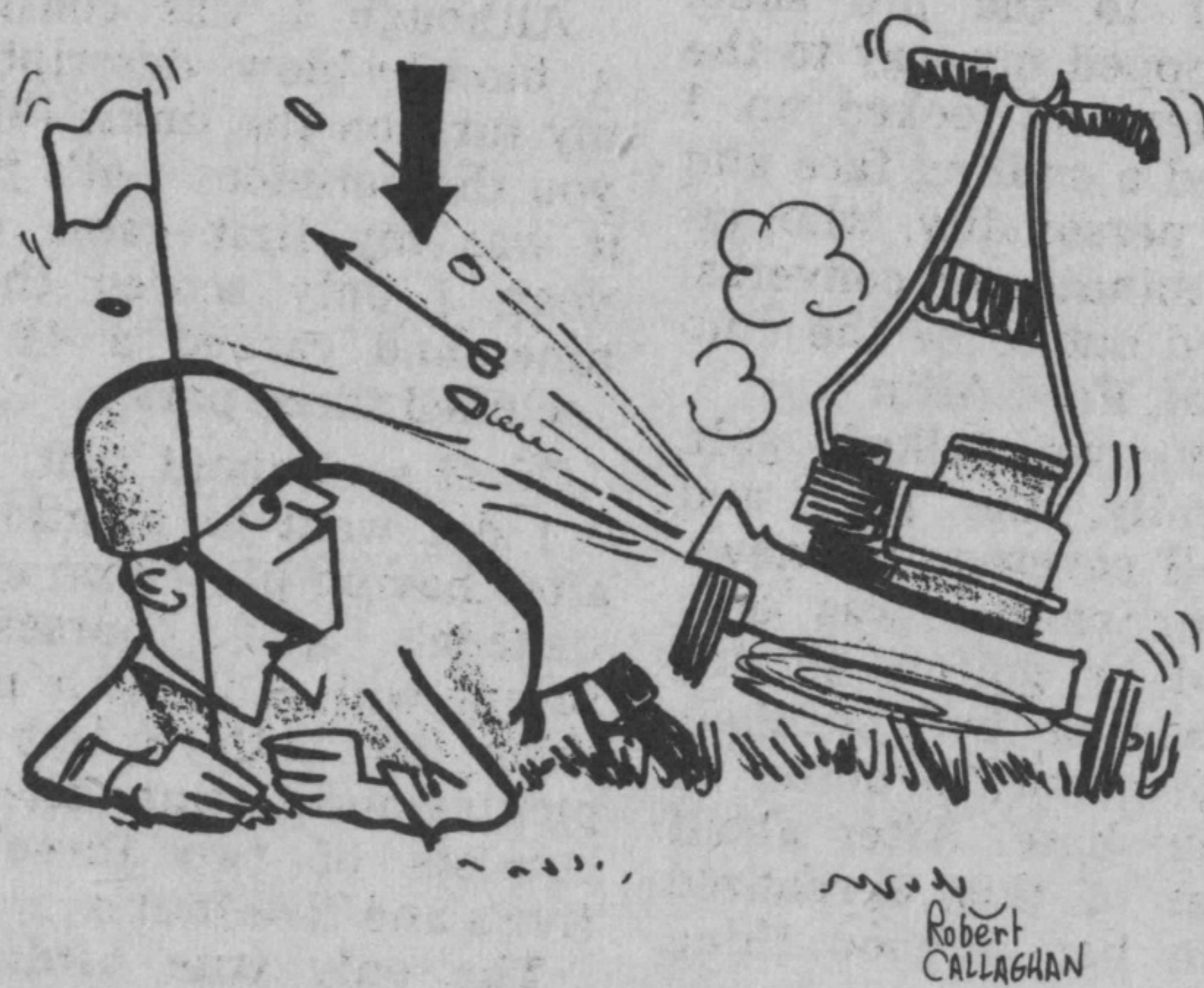
Once you've actually engaged the enemy remember to keep your feet clear at all times. Safety toe shoes or boots are a smart precaution.

Stay clear of the arc of fire, this is the discharge chute on the side of your mower. Also refrain from 'aiming' the discharge at the supervisors who might be admiring your effort from the patio, no matter how tempted you are.

When mowing an incline, always move along the face, never up and down. For very steep hills, have someone at the top hold the end of a rope that is tied to mower.

If you stop mowing for refreshment or to clear the machine of clogged grass, stop the engine and to be positive it doesn't fire one more time, remove the wire from spark plug.

After reading all this you're still determined to cut the grass instead of having a goat - - all I can say is good luck and Happy Mowing!



Power lawn mowers can shoot a stone or piece of metal over 80 feet at 240 miles an hour. Clear your lawn before mowing and keep away from the front of the discharge chute. This is the leading cause of injuries.

FOR SALE - one oil fired Furnace, complete with fan, controls and thermostat. Phone 3768 after 5 p.m.