

1965 Canada Savings Bonds are on sale now.



Canada Savings Bonds are a great way to save. The new bonds pay you 4½% for each of the first 2 years, 5% for each of the next 6 years and 5½% for each of the remaining 4 years. This works out to an average annual yield of 5.03% when you hold them to maturity in 12 years.

You may buy any amount from \$50 up to a limit of \$10,000 per person in denominations of \$50, \$100, \$500, \$1,000 and \$5,000.

They are available for cash or on instalments at banks, investment dealers, stock brokers, trust and loan companies or on the Payroll Savings Plan where you work.

And you can cash them any time at your bank for their full face value plus earned interest.

Buy yours today!

The adult who has to watch his weight by carefully following a restricted diet, still needs milk. One half pint daily is the amount recommended in Canada's Food Guide.