

# The Terrace Bay News

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Serving the District

July 16, 1964



Anyone can be the other kind !!

Swimming and summer go together,

Learn to swim (the more the better),

Keep "WATER SAFETY"

always in mind,

## SWIMMING POOL NEWS

Due to the large number of swimming classes, new pool hours have had to be arranged, effective Monday, July 13th.

**MONDAYS TO FRIDAYS** - Free swimming 2:00 p.m. to 5:00 p.m. and

7:00 p.m. to 9:00 p.m. (15 yrs. and over).

**WEEKENDS** - 1:00 p.m. to 6:00 p.m. and 6:30 p.m. to 10:00 p.m. (15 years and over)

The Red Cross have given us permission to conduct a Senior Leader Course at our pool. The dates allowed are August 3rd to August 8th, with the test date on August 9th. The requirement for the course is the Red Cross Senior Swimmer; however, any interested persons may enquire for exceptions can be made.

Anyone interested in taking the course please give your name to: Wendy Duncan, Marilyn Marsh, Gary Gresdal or Marvin Steen at the pool by July 26th.

## PLAYGROUND NEWS

Last Friday's special event was "Fire Day". The children gathered together to hear stories and play games and then were taken to the Fire Hall to see the fire truck, where Fire Chief Hofland gave a short talk on fire prevention. To the children's delight, he even sounded the siren for them. The children were instructed on fire prevention and found that even the smallest could play a part in preserving our beautiful country.

Next Friday's special event will be "International Day", from 1:00 to 3:00 p.m., at which time there will be costume judging, games, etc.

## LOST AND FOUND ARTICLES

Any articles not claimed from the Lost and Found at the Swimming Pool by Friday, July 17th, will be packed and sent away to the needy.

## INDIAN LEGENDS OF THE DISTRICT

(by A.J. McGoey - Pays Plat - Dept. of Lands & Forests.)

Just across the Big Pic River from Heron Bay Indian Mission is a small rocky hill called "She She Gwa Wabick". Wabick means a rock or something solid and Gwa means a woman. She She is the name of a spirited people, perhaps friends who, they believed, returned from the hereafter. They could be compared to our modern "little green men".

At the foot of the rocky hill at water level is a cave. The legend goes that anyone passing this cave at night by canoe would hear rattling and they would drop some token--a trap, hatchet or food. If they did not, the She She woman would put a curse on them.

On a steep cliff at the narrows of Big Santoy Lake, between the creek to Prospect Lake and the crumbling cliff is a spot called "Windigo Wigwam". The wind blowing through this nook actually howls.

Windigo has several meanings, but in general it means giant or some mighty chief or god who is always active. The story goes that a famous Indian chief was drowned here and the howling is his spirit. Anyone passing by would leave tobacco or some token to appease him. When they returned, they noted that anything left had been picked up. The practice of giving tokens has been traditional with Indians since time immemorial.

## CAR STICKERS FOR BLOOD DONORS

Car drivers who are also blood donors will in future receive from the Red Cross a gold and red sticker for the windshield of their car. In the event of an accident this will indicate that the driver is a blood donor, and that he carries a donor card giving precious information on his blood group.

Many times this fast identification has contributed to saving a driver's life. It enables the police or ambulance attendant to telephone this information to the nearest hospital ahead of arrival. This will insure that the blood supplies are ready and no time is lost finding the right blood group before commencing treatment.

The Canadian Red Cross blood transfusion service, aware of the value of such identification, urges all drivers to consider this sticker a must. Car owners are invited to have their blood typed by donating at a Red Cross clinic. They will then be issued with a card identifying their blood group and a sticker to indicate that they carry this information.

The blood donor windshield sticker has been proven most valuable. Its use should be regarded as an essential highway safety rule.