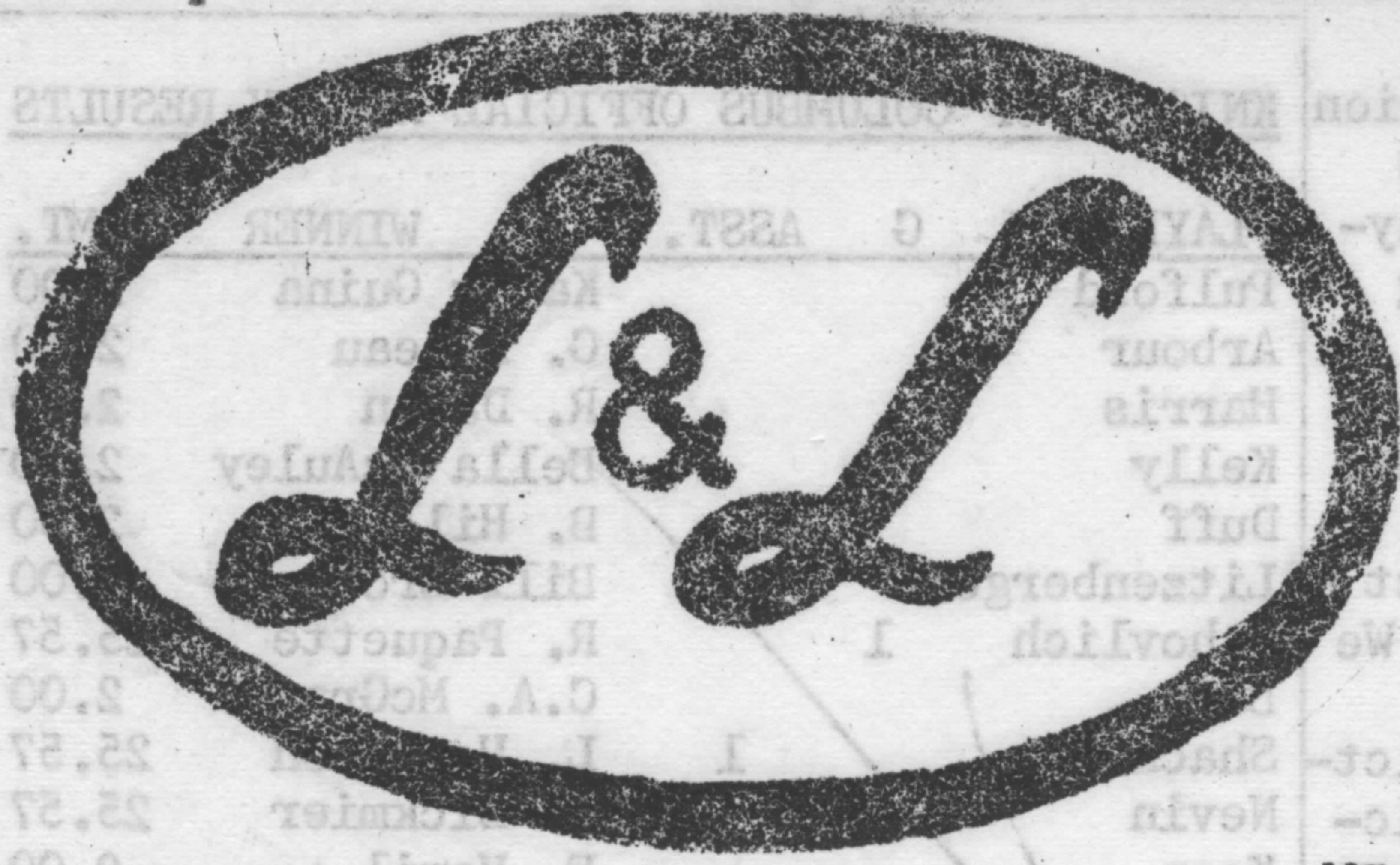


TERRACE BAY, ONTARIO -- PHONE 3224
 NIPIGON, ONTARIO -- -- -- PHONE 201



FOOD MARKETS

SPECIALS FOR MARCH 15 - 16 & 17TH

WE RESERVE THE RIGHT TO LIMIT QUANTITIES --
 NO DEALERS SUPPLIED.

BE AN "L & L" 'Customer of the Week'

WHEN YOU SHOP AT L & L YOU MAY RECEIVE ONE OF MANY
 VALUABLE GIFTS EACH AND EVERY WEEK.

SWEET BUSCUITS
 ASSORTED VARIETIES

3/\$1.00

★ 'MIX 'EM OR MATCH 'EM!' ★

ALLENS APPLE JUICE

ALLENS ORANGE JUICE

ALLENS GRAPE JUICE

ALPHA PINEAPPLE JUICE

LIBBYS TOMATO JUICE

LARGE

3/.99¢

48 OZ. TINS

HALF GALLON

ICE CREAM

.79¢

KRAFT

MILD CHEESE

fresh cut
 per lb. 49¢

ROBINSONS
CAKE CONES

Make your own ice
 cream cones
 20 in a
 pkg. --- 19¢

KRAFT DINNER

meal in a hurry

2 pkgs. 25¢

CHICKEN

LEGS & BREASTS

per lb. 49¢

L & L'S CUSTOMER OF
 THE WEEK IS: --

NIPIGON -- Mrs. Pearl Lumsden
 who won a clothes basket filled
 with groceries.
 TERRACE BAY -- Mrs. Bob Williams
 whose gift was a Revere Ware
 Aluminum Copper Bottom Saucepan.

SWIFT'S

Picnic hams

READY - TO - EAT
 per lb. 49¢



MAPLE LEAF

MAPLE LEAF

BOLOGNA CHUBS

2 LBS. ea. 69¢

FRAZERVILLE LARGE 24 OZ. PKG.
 FISH & CHIPS .59¢ ea.

VISIT OUR STORES FOR YOUR SELECTION OF
 FRESH AND FROZEN FISH FLOWN IN FOR L & L
 FROM CANADA'S FAR NORTHERN LAKES -- --

LEAVERS

3 tins for

★ Mushrooms
 STEMS AND PIECES

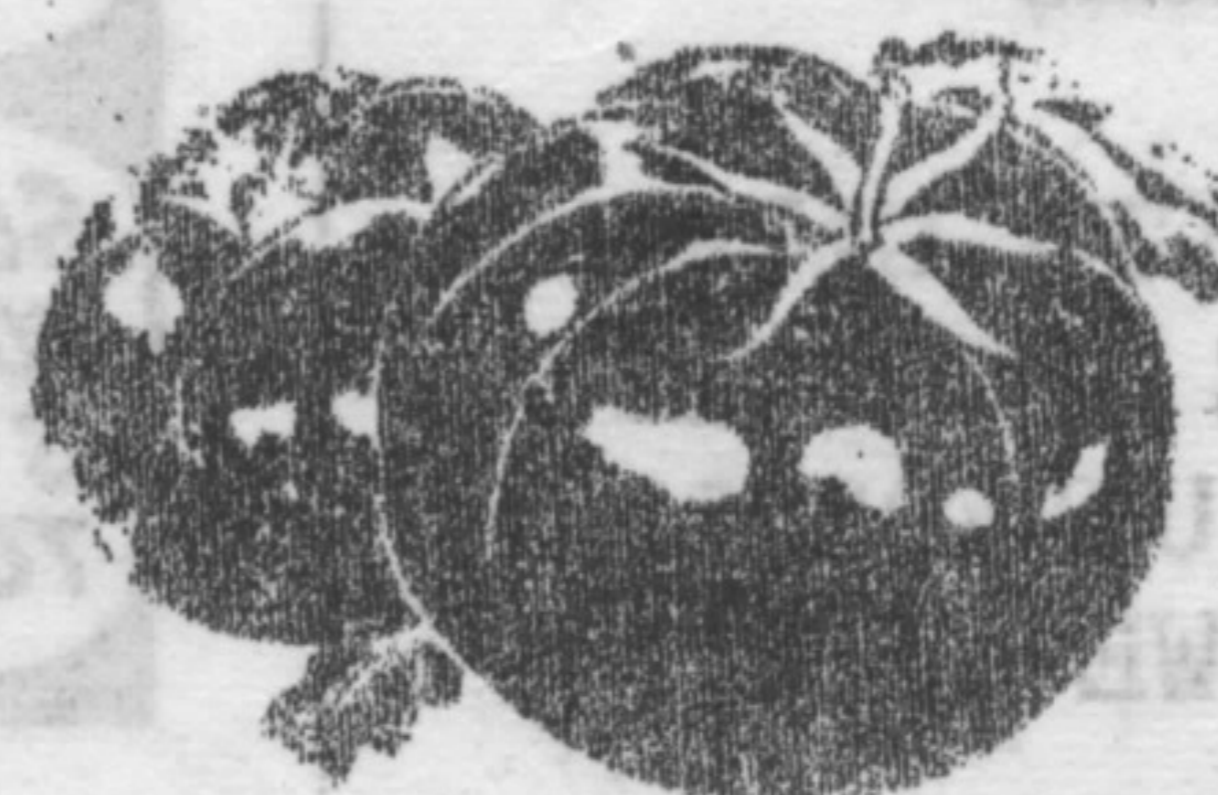
.99¢

★ Macaroni

5 lb. boxes

★ Spaghetti
 Vermicelli

.49¢



TOMATOES

FRESH, FIRM, RIPE

2 CARTONS -- 45¢

CALIFORNIA NEW CABBAGE

2 LBS. -- 25¢

FEED YOUR FAMILY WELL -- SHOP L & L!