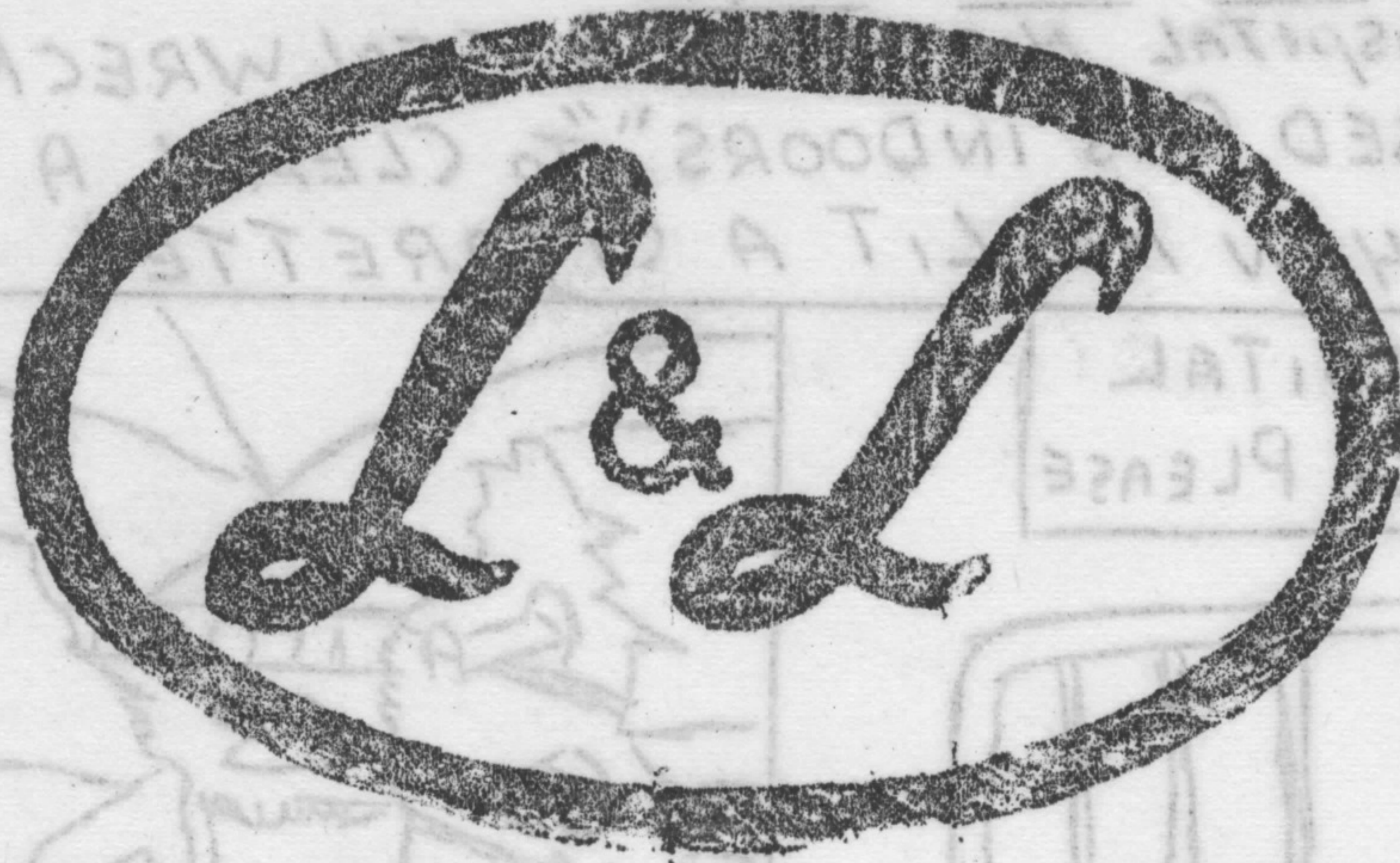


NIPIGON, ONT. -- PHONE 201

TERRACE BAY, ONT. -- PHONE 3221



FOOD MARKETS

SPECIALS FOR MARCH 8TH - 9TH - 10TH

note:-

DUE TO LIMITED ADVERTISING SPACE WE WERE NOT ABLE TO LIST ALL OUR SPECIALS FOR THIS WEEK.

L & L STORES HAVE SOME VERY GOOD BUYS ON CANNED GOODS. VISIT OUR STORE FOR MANY UNADVERTISED SPECIALS.

★ PANCAKES and WAFFLE SYRUP

16 oz. Aunt Jemima Pancake mix and 32 oz. bottle of Waffle Syrup - BOTH FOR **.59¢**

★ SHOPPING BASKETS

Very useful for picnics sewing, etc. EACH - **.69¢**

★ CHALLENGER RED COHOE SALMON

for sandwiches & salads 1/2 lb. tins - EACH **.39¢**

★ BALL POINT PENS

retractable - large ink supply EACH **.06¢**

★ CHALLENGER PINK SALMON

for salmon loaf 1 lb. tins - EACH **.59¢**

PARKAY MARGARINE - Reg. LB. PKGE - **.25¢**

KRAFT VELVEETA CHEESE - 1 lb. pkge **.59¢**

Join in the fun at "L & L"!!

EACH WEEK AT YOUR L & L STORE A

"customer of the week"

WILL BE CHOSEN. VISIT YOUR L & L TODAY AND SEE HOW EASY IT IS

TO BE THE WINNER OF A VALUABLE GIFT FOR BEING L & L'S CUSTOMER OF THE WEEK!!

BLUE PACIFIC FLAKED TUNA - 1/2 lb. tins - - **2/35¢**

L & L MARKETS WILL CARRY A WIDE VARIETY OF FRESH & FROZEN FISH DURING LENTEN SEASON.

FISH FOR LENTEN MEALS

WHITEFISH per lb.

whole - pan ready - headless - tailless - cryovac **.49¢**

WHITEFISH FILLETS per lb. **.55¢**
Cryovac wrapped

PICKEREL per lb. **.65¢**
whole - pan-ready - headless, tailless - cryovac wrapped

PCKEREL FILLETS per lb. **.95¢**
cryovac wrapped

SMOKED WHITEFISH per lb. **.69¢**
cryovac wrapped

SMOKED HERRING **.59¢**
cryovac wrapped - 3 in pkge - LB.

L & L STEAKETTES

delicious, tenderized STEAKS

per LB. - **.55¢**

INTRODUCTORY OFFER

This coupon worth

10¢

when presented with purchase of a pound of L & L

STEAKETTES !!!

LOIN PORK ROASTS

prepared the L & L way

per lb. - **.55¢**

SUNKIST ORANGES

family size

2 DOZEN - **.75¢**

