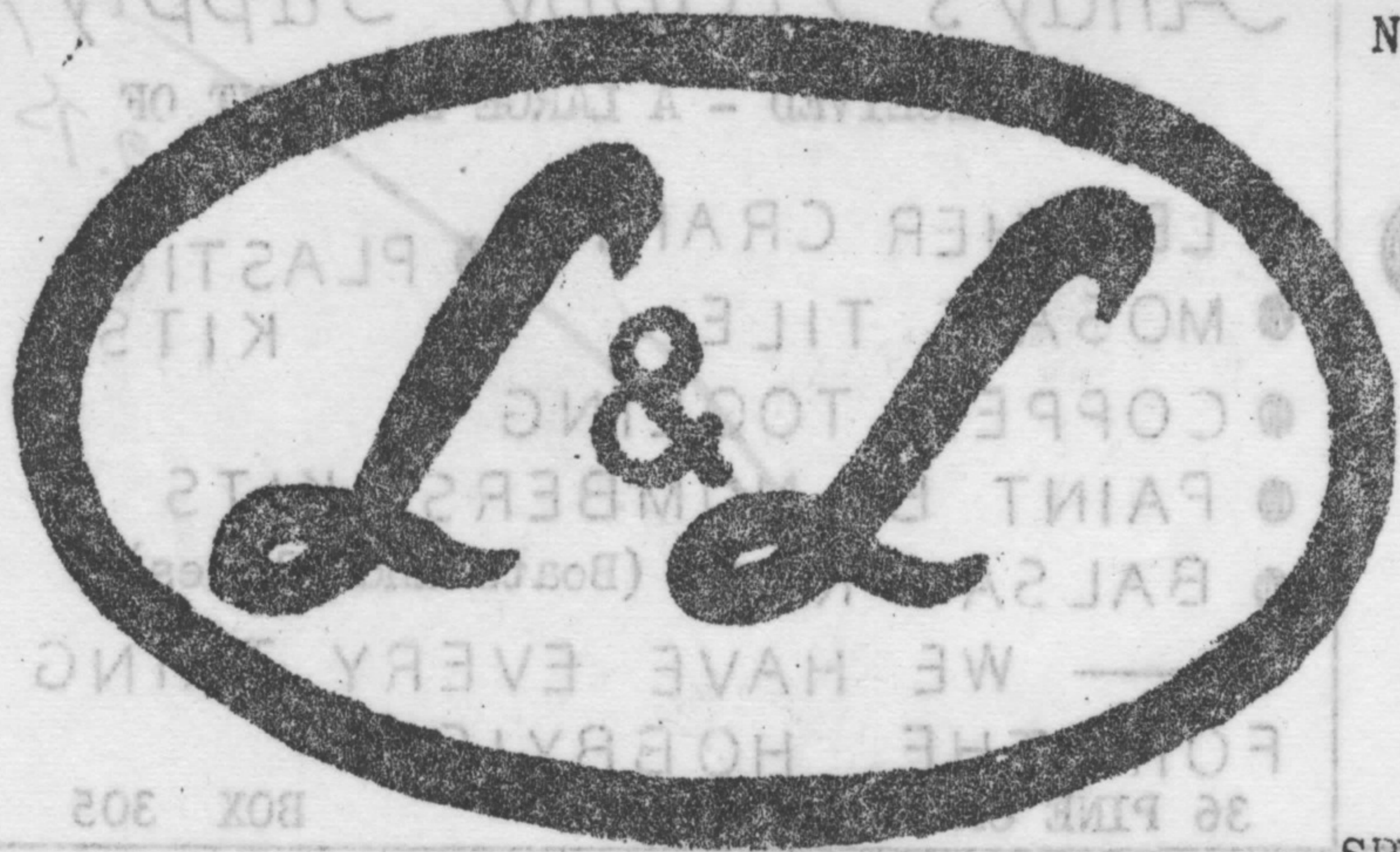


PHONE  
NIPIGON - 201

PHONE  
TERRACE BAY - 3221



# FOOD MARKETS

WE RESERVE THE RIGHT TO LIMIT  
QUANTITIES - NO DEALERS SUPPLIED.

SPECIALS FOR JANUARY 25, 26 and 27th.

"Quality is as important as price" — PRICE  
ALONE DOES NOT MAKE A "GOOD BUY", FOR WITHOUT QUALITY YOU MAY BE PAYING FAR MORE THAN THE  
ITEM IS WORTH AT ANY PRICE -----  
You get both quality and price at your L & L

FRESH  
PARSNIPS  
PKG. **.25¢**

**COMBINATION OFFER!**  
1 PKG. MONARCH PANCAKE & WAFFLE MIX  
1 JAR WAFFLE SYRUP (33 oz.)  
REGULAR VALUE .65¢  
**BOTH FOR 49¢**

SNOBOY  
CELLO  
CELERY  
PKG. **.39¢**

**EXTRA SPECIAL!** FORT GARRY COFFEE **LB. 59¢**  
FORT GARRY TEA BAGS-100'S **.69¢**  
FORT GARRY TEAS AND COFFEES ARE RENOWNED FOR THEIR FLAVOUR.

**CLOVERCREST**  
**1 LB. FOR .29¢**

**HONEY — PURE**  
**2 LB. FOR .49¢**

**SPARE RIBS**  
LEAN, MEATY — **LB. .49¢**

**BONELESS STEW BEEF** PER LB.  
— SELECT LEAN SHANK AND FLANK MEAT — **.59¢**

FEED YOUR FAMILY WELL --- SHOP L & L!

BLUE MOUNTAIN  
CRUSHED OR SLICED  
PINEAPPLE  
15 oz. tins  
**2/49¢**

**HAM PER LB.**  
**STEAKS .89¢**  
NO FUSS - NO MUSS - JUST HEAT AND SERVE -  
TENDER - JUICY

**SWEET POTATOES**  
per lb.  
**.15¢**

**SIRLOIN TIP — "TENDERIZED"** L.B.  
**STEAKS** ESPECIALLY PREPARED THE L & L WAY **.89¢**  
GUARANTEED FOR TASTE AND TENDERNESS,