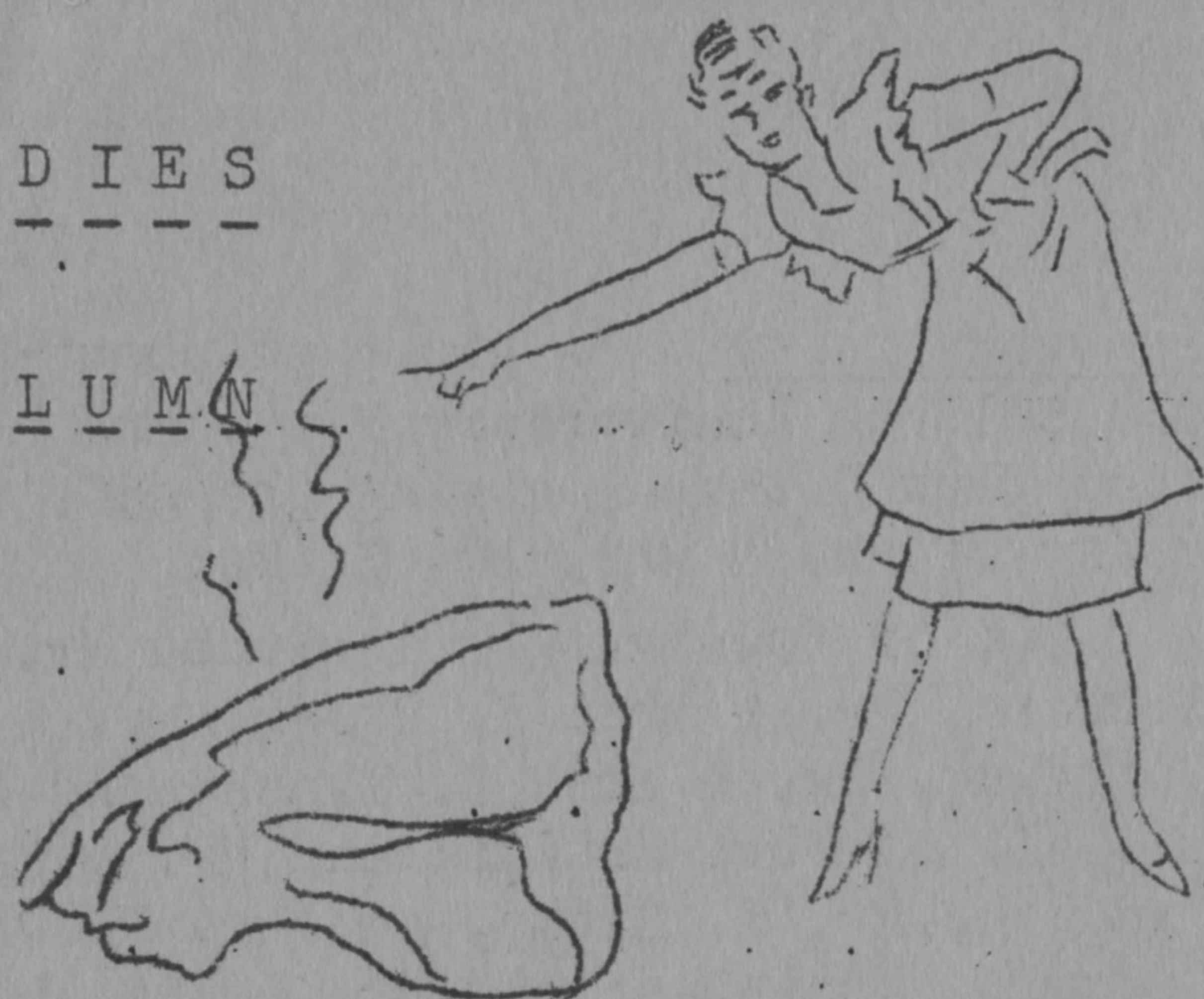


LADIES

COLUMN



From New York's famous Steak. Row come these tips modified for the perfect home cooking of S T E A K.

"Both the steak and the skillet must be large and heavy. For 4 people choose a 2-inch-thick porterhouse weighing about 5 pounds. If using sirloin, remove enough of the less choice portion to make it skillet size. Quickly brown steak on each side, then lower heat and cook it on each side about the following times: For rare, 8 minutes; medium rare, 10 minutes; medium, 12 minutes; and at least 14 minutes for well done. A slit cut into the side can give an unsure cook a peek to check on doneness."

1. Take steak from refrigerator and trim off a little of its fat. Put steak into hot large ungreased skillet. Be sure to stick fork into fat only.
2. Brown steak on both sides. Lower heat and cook 8 to 14 minutes on each side, depending on desired doneness. Pour off fat as it collects.
3. Lift cooked steak to warm platter leaving the seasoning to each person at the table. Serve at once or keep warm in oven for brief time.

"For carving cut first around the bone, then slice meat with the grain. Everyone gets some of choicest part this way."

SHOWER IDEA - "Duplicate Shower"

- Way to increase the gifts for a small bridal shower - ask the guests to bring

(cont'd next col.)

Duplicate Shower (cont'd)

anything useful, and in good condition, that they do not need or want. First hold the regular shower, and after the gifts are opened (new gifts) bring out the gifts of duplicates. This will about triple the shower for, as you look around your home you will find many things to give - measuring cups, bowls, knives, flour sifters, vases, teapots, towels, tablecloths, pans, candy dishes, etc. The bride will be thrilled with the idea.



S T O R K

C L U B

Congratulations to Mr. & Mrs. R. Gerlach on the birth of a son June 14th, and

Congratulations to Mr. & Mrs. S. Cormier on the birth of a son June 17th.

The Nurses' North Shore Group will meet on Thursday, June 20th and not the 29th as previously reported. The guest speaker will be W. T. Allen who will talk on the latest drugs.

All nurses of Schreiber, Terrace Bay and Marathon are urged to attend this meeting held in the First Aid Room of the Terrace Bay Mill, 8 p.m. Thursday, June 20th.

Brownies of the 1st and 3rd Packs of Terrace Bay are reminded of the Weiner Roast at the Mouth of the River on Saturday, June 22nd from 11 to 2 p.m.

The Terrace Bay Girl Guide Association wishes to express it's sincere thanks to the Women of the Moose Lodge for their very generous donation of Twenty-five Dollars toward the purchase of a record player. This will greatly help the Brownies and Guides in the singing of their special songs and we are deeply indebted to the members of this Lodge.

The monthly meeting of the Girl Guide Association will be held on Monday, June 24th at 8 o'clock in the small meeting room of the Recreation Centre.