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NRECIPE OF THE WEEKTUNA BAKE WITH CHEESE SWIRLS

A tasty casserole topped with cheese flavoured biscuit swirls.

3 tablespoons chopped onions
 1/3 cup diced green pepper
 3 tablespoons butter or margarine
 1/2 cup flour
 1 teaspoon salt
 1-1/4 cups condensed chicken broth
 1-1/2 cups milk
 2 cups (2 small cans) tuna fish, flaked
 1 tablespoon lemon juice

Cheese Biscuit Topping:

1/2 cup ready-to-eat bran
 3/4 cup milk
 1-1/2 cups sifted bread flour
 3 Teaspoons baking powder
 1/2 teaspoon salt
 1/3 cup shortening
 2/3 cup grated cheddar cheese

Cook onions and pepper in heated butter about 3 minutes, Stir in flour and salt.

Slowly add broth and milk, stirring until thickened.

Fold in tuna and lemon juice. Transfer to 1 1/2-quart casserole and top with cheese biscuit swirls.

To make topping, combine bran and milk and let stand until all moisture is taken up.

Sift flour, baking powder and salt into mixing bowl. Cut in shortening until mixture resembles coarse meal.

Add soaked bran and stir only until combined to make a soft biscuit dough.

(Cont. on next col.)

RECIPE OF THE WEEK (Cont.)Tuna Bake with Cheese Swirls

Knead dough a few times on lightly floured board. Roll into a rectangle about 1/4-inch thick. Sprinkle with cheese. Roll like a jelly roll, sealing edges.

Cut in 1/2-inch slices. Place cut sides up and down on hot tuna mixture.

Bake in a very hot oven of 450 deg. F. for 20 to 25 minutes.

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STORK CLUB NEWS

Congratulations this week go to Mr. and Mrs. Joseph Desaulniers on the birth of a son, on February 24th, and,

Mr. and Mrs. William Sernesky on the birth of a son, on February 27th, and

Mr. and Mrs. Alphonse Theriault on the birth of a daughter, on March 1st.

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AROUND THE TOWN

Helen and Bob Hales returned on February 14th from a very enjoyable three week vacation which took them to New Orleans, San Antonio, Mexico City and Cuernavac in Mexico.

Mr. Charles J. Faust of Madison, Wisconsin is visiting for two weeks with his son Ron Faust and family.

Mrs. H. Atwill arrived from Montreal last Friday to visit for two weeks with her niece June Schritt and family.

Kae and Bill Louk, along with Bill's father, returned Sunday from their vacation in California visiting with Bill's sister, Mrs. L. V. Loughnane of Los Angeles, California, also sight-seeing in Las Vegas, Palm Springs and San Francisco.

Mrs. Paul Sernesky of Port Arthur with grandson Ronny spent the weekend with son Bill Sernesky.

Alex Chisholm, Ted Brown and Pete Romaniuk spent the past week in Dryden, attending the Ontario and Manitoba Council of Pulp and Paper Mill Union Eighth Annual Convention.

Mr. Angus Cockburn of Sturgeon Falls, Ontario, who had been attending the Conference in Dryden, stopped off to visit with his sister Lois Hopper for the weekend.

Mrs. E. Montey of Eagle River spent a few days last week visiting her daughter, Marg Larson, Elsie Berndtsson and Doris Gerlach.

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