

# ladies column



## RECIPE OF THE WEEK

### SCALLOPED TUNA AND POTATO CASSEROLE

Makes 4 -6 Servings

Arrange in alternate layers in a greased 2-quart casserole:

4 cups sliced raw potatoes  
1 (7 ounce) can tuna, flaked

Melt in a saucepan:

1/4 cup butter or margarine

Blend in:

1/4 cup flour

Gradually stir in:

2 cups milk

Cook over low heat, stirring constantly 8-10 minutes, or until slightly thickened.

Then add:

1/3 cup finely chopped onion

1 tablespoon minced green pepper

1 teaspoon salt

1/4 teaspoon pepper

Pour over tuna-potato mixture. Bake in a slow oven (325 degrees F) 1 hour, or until potatoes are tender.

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## HERE'S HOW - - -

To insure an attractive design when hanging a series of small pictures on a wall, use sheets of close-printed newspaper. This method will also guarantee that the pictures will be hung in a straight line. First, spread out the papers on the floor. Attach them together with Scotch tape and arrange your pictures exactly the way you want them to hang on the wall. Trace around them with a pencil using the horizontal lines of the print and the vertical lines of the columns to assure straightness. Cut out the squares and oblongs. Next, attach the paper to the designated wall with Scotch tape, making sure it is parallel with the ceiling. If the arrangement looks attractive to you, trace around all the openings very lightly with a pencil. If you don't like the arrangement start over again with fresh

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## HERES HOW (cont.)

newspaper until you are satisfied. After you have marked the wall, remove all the newspapers and hang the pictures. Their frames will cover up the pencil marks. If the pictures ever hang crooked, you'll know right away, because the pencil marks will be exposed.

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## HOME AND SCHOOL ASSOCIATION

One of the largest groups to date attended the meeting Monday evening, of the Home and School Association in the Public School. In the absence of the President, Ron Faust, first Vice-President, presided over the meeting. Lois Hopper as acting secretary for the evening, read the minutes of the past meeting, and Jim Corrigan gave the Treasurer's report.

Lois Hopper read a letter from the Ontario Federation of Home and School Associations requesting a donation of Twenty five cents per member toward the new Home Office in Toronto. Ray Kenney reported his findings to date on arm bands and Sam Browne belts for the school patrols. Charlie Briggs mentioned there were still twenty five pairs of skates available at the Public School, from the last Skate Exchange.

Helen Van Stavern was the first speaker for the evening, and her subject "The basis of promotion" brought to light many points of interest to parents, regarding children with both low and high I.Q.'s. Charles Briggs spoke on Individual help for the pupil with the low I.Q. and especially asked parents to avoid keeping children home more than possible, even should they arrive late. Also he suggested the parents get homework for their child when it is necessary to keep them home through illness.

Ray Kenney's article on "Undesirable Literature" applies to far too many parents. He felt parents should use far more influence in the selection of reading material for their children. All the better types of comic books or children's books may be subscribed to, and this would eliminate a too free selection on the part of the child. He also pointed out that a child reading one comic book a month for one year, would read as many words contained in a school reader. The teachers could always see the result of such reading in the children's spelling and literature. A motion was made from the floor to write the Head Office of the Home and School Association and requesting they let our views be known on

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