



## LADIES COLUMN

### RECIPE OF THE WEEK

#### FISHERMAN'S CHOWDER

Brighten up bowls of this soup with thin green pepper rings and paprika.

- 1 qt. milk
- 2 chicken bouillon cubes
- 1 bay leaf
- 1 tsp. salt
- 1/8 tsp. pepper
- 1 6-oz. can crabmeat or lobster to be flaked.
- 1/2 cup cooked or canned codfish, to be flaked.

Place the milk, bouillon cubes and seasonings in a saucepan. Heat, stirring frequently, till the bouillon cubes dissolve. Flake sea food and add to hot liquid. Simmer 5 minutes. Remove the bay leaf. Makes 5 cups.

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### MRS. HOW-TO-DO MAKES A LAMP

Using a lamp-wiring unit, any amateur can make an efficient lamp from a favorite old lamp, a graceful bottle or a striking piece of wood.

Wood-base lamps - besides being easy to make and handsome - are practical too for they can be stained to match furniture, painted or wallpapered. Here are simple step-by-step directions for making a base. Materials - harp, socket with wire, plug - which all come in a unit - and a finial, base and pipe.

1. First step is to select a seasoned wood column 15" to 17" high for best light. Have a hole 3/8" in diameter drilled up through center of wood - for the metal pipe and for the wire cord to run through - and a narrow groove cut on the bottom for the cord so that your lamp will stand firm.
2. Screw a 3" by 3/8" threaded metal pipe down into the top of the hole, leaving 1/4" extended at top so socket can be threaded onto it. Run cord down through the pipe; then screw socket onto the pipe and tighten the small screw at the side of the socket.

### MRS. HOW-TO-DO MAKES A LAMP (cont.)

3. Pull cord firmly through at base. Then insert the end of the cord into the side of the plug and force the clamp shut. Your lamp is now ready to be finished.
4. First sandpaper the base; then finish it with a clear or stained lacquer, paint or wallpaper.
5. You can buy a ready-made lamp shade or cover a wire frame with raffia. Simply tie long strands of fireproof raffia together and wind raffia around the frame, making sure knots are on inside. To protect the finished shade from dust spray it with plastic. For best light choose a shade that is at least 16" in diameter at the bottom.

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### AROUND THE TOWN

Dr. and Mrs. A.B. King left Wednesday to continue their motor trip home to Vermilion, Alberta following a week's visit with Joan and Mason Dixon.

Mrs. Molly Price of Winnipeg, Manitoba arrived Sunday to visit with her daughter and son-in-law, Molly and John Gross.

Mrs. Aggie Sinkins returned home Sunday from a week spent at McKenzie Island with her son, Alex Sinkins and family. Mrs. Sinkins took her Grandson Donald home following his visit in Terrace Bay.

Mrs. Dorothy Clifford of Neenah, Wisconsin has been visiting with her son and daughter-in-law, Mr. and Mrs. G. Clifford for the past three weeks.

Mr. and Mrs. T. Sloan of Oake Lake, Manitoba visited with Mr. and Mrs. A.F. Ginn over the weekend on their return from a visit to Toronto.

Mrs. A. McCallum of Port Arthur arrived Tuesday to visit with her daughter and son-in-law, Betty and Don Ollen-Bittle for the coming two weeks.

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### LONGLAC PULP AND PAPER WIN SAFETY AWARD

In the recently conducted Safety Contest between the eleven Pulp and Paper Companies in Northern Ontario, the LongLac Pulp and Paper Company came out on top with a frequency of 2.74 during the six month contest period. The contest is operated by the Northwest Ontario Branch of the Pulp and Paper Makers Safety Association.

At the Association's meeting in Port Arthur in January F.O. Soughton accepted the Shield, indicating the best mill safety (cont. on page 11)