

COMMUNITY CHURCH LADIES AUXILIARY The regular monthly meeting of the Ladies' Auxiliary of Terrace Bay Community Church will be held in the Recreation Centre on Monday, November 1st at 2:30 p.m. Attention is also drawn to the fact that the Fall Bazaar to be sponsored by this organization will be held on November 24th.

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XMAS CATALOGUES AVAILABLE Postmaster Ed Cavanaugh has requested that we bring to the attention of Terrace Bay residents the fact that the Post Office has a supply of Xmas Catalogues on hand from one of Canada's large mail order houses. Copies will be handed out as long as the supply lasts.

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OF INTEREST TO PARENTS During recent days, members of the Ontario Provincial Police force stationed at Terrace Bay have been confronted with the same problem a number of times, a problem which has been intensified by the influx of new families to this fast growing community. Actually the problem is not too serious, but it is one that might cause many anxious moments on the part of those directly involved. Briefly, the problem is simply the fact that tiny tots who as yet have not reached the "talking stage", and who are unable to identify themselves, and who are not known yet by people in the Townsite, have been found some distance from their homes.

This problem might readily be solved if parents of very young children would use some means of sewing an identification tab on the outer clothing of the youngsters, indicating the name and house number. The information thus supplied would do much to eliminate those "anxious moments".

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BUY CANADA SAVINGS BONDS By the time this appears in print the majority of LongLac employees will have been approached by a fellow employee with regard to the purchase of Third Series Canada Savings Bonds. These bonds may be purchased by cash or on the payroll savings plan, with payments spread over a six or twelve month period. While no "pressure methods" have been used to encourage bond buying, it should be obvious to all that regular saving is a powerful factor in the financial stability of any individual and should therefore be encouraged. While bond sales are going well at Terrace Bay, final figures will not be available for some days. For those who will be doing last minute purchasing the following facts may be important: the bonds pay interest for a ten year period at $2\frac{3}{4}\%$; they may be cashed at any bank, at any time for the full face value plus interest to date; the bonds must be registered in the name of one individual only. Total purchases may not exceed \$1000.00 in any one name, although each member of a family is entitled to hold up to the \$1000.00 limit. The bonds come in convenient amounts of \$50.00, \$100.00, \$500.00 and \$1000.00.

For any further information, LongLac employees should contact a canvasser in their department or visit the Personnel Department.

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CLASSIFIED ADVERTISING

For Sale Gate Leg Table - \$15.00. Please contact J. Jeanneret, Administration Office.

For Sale Parka - Boy's size 36 - slightly used. \$8.00 apply 76 Hudson Drive.

Wanted One Gladstone or Travelling Bag (Gents) Box 142, Terrace Bay.

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THE COMMON COLD You can't "cure" a cold, but you can do a lot to prevent one! Avoid getting chilled, but don't "bundle." 72 degrees in the home is adequate if the air is moist. When colds are common, keep your hands clean and away from your face. Eat moderately, including vegetables, eggs, milk and fruit. Avoid constipation, but not with strong laxatives. Drink at least 8 glasses of water daily. Avoid crowds. Go to bed and call a doctor if you feel feverish.