



# THE HOME MAKER'S PAGE

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## My Day

By Eleanor Roosevelt

HYDE PARK -- I was glad to read that Secretary Marshall, when questioned the other day, said that as far as he knew there are no Communist agents in this country under the shield of the United Nations.

When it was decided that the United Nations should establish its headquarters in this country, it must have been obvious to everyone that if there were Communist countries in the world, there would be not only Communists on the delegations that came from those countries, but there would be a percentage of employees and staff members in the UN Secretariat itself from Communist countries.

There are meetings of various UN commissions held in different parts of the world, and if every time these representatives are under suspicion of being spies, very little good is going to be accomplished.

It seems to me that the testimony which was given and which brought forth the remarks that Secretary Marshall later practically regulated, was just a sign of the general hysteria or hysterical way in which people are apt to express themselves when they speak of Communists of Communism today.

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No one, of course, can approve of the type of platform that Henry Wallace's Progressive party has written. Nor will many people join Mr. Wallace in his desire to see the Allies leave Berlin to the Russians.

For instance, it seems absurd that we are not trying to establish reciprocal visits in every possible field. It would be good to hold labor meetings in this country and have labor representatives from Communist nations visit us. We have nothing to lose. They are the ones who have been fooled and who may find that their government propaganda is not entirely trustworthy.

The only visitors that I can remember who have come from Russia during the last few years were a group of doctors and a few newspaper men. The flow should be much greater, and among the groups it would be well to have students in every category from high school to graduate students so that lawyers, doctors, scientists and engineers would have an opportunity to see life as it really is over here.

They would find many things they did not like. But, on the whole, it would not be the kind of life that has been presented to them in the movies, on the radio and through their press. Their criticisms might be useful and certainly these visitors from Communist countries would also find here the things that make up a free country.

## "Food For Fun and Fitness"



Hello homemakers! "The sky is the limit" when our folks talk about a picnic. (And I often wish it were literally so when a tribe of ants attack the lunch and me!) But a picnic is no picnic if you try to serve a three-course meal in the park. Plain fare such as hearty sandwiches and salad-burgers with whole fruit and cookies is a convenient handout.

Put half the diced egg-plant into a greased baking dish. Add tomato sauce and vegetable mixture and a layer of grated cheese. Add remainder of egg-plant and then the rest of tomato sauce. Top with grated cheese and bake in electric oven at 300 degrees for 1 1/2 hours.

Miss M. T. requests ingredients for a tasty potato salad.

**POTATO SALAD**  
6 medium-sized new potatoes, 1 medium onion minced, 1/2 tsp celery seed, 1 tsp salt, 2 tps. sugar, 1/4 tsp. pepper, 2 tps. chopped sweet pickle, 1/2 cup garlic French dressing, 1 1/2 cups diced celery, 1 1/2 cups thinly sliced radishes, 1/2 cup mayonnaise

**EGG PLANT WITH CHEESE**  
Dice 1 medium-sized onion, 1 green pepper from which the seeds have been removed and 4 slices of bacon. Add 2 tablespoons of flour and stir until browned.

**MARBLE CREAM**  
2 cups evaporated milk, 1 can sweetened condensed milk, 1 cup cold coffee beverage, 1 tsp. vanilla extract, 1/2 tsp salt, 1 chocolate bar, 3 tpsps. boiling water, 4 tpsps. milk

**RASPBERRY PUNCH**  
1 1/2 cups raspberry juice, 1/2 cup lemon juice, 1 cup orange juice, 2 tpsps. grated orange rind, 1/2 cup sugar, 1 quart carbonated water

**REQUESTED RECIPES**  
Mrs. J. M. asks for a baked egg plant recipe.

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## EASY DOES IT

Moulded Fruit and vegetable salads are delightful with fowl. For a change try cantaloupe balls in cherry or lime gelatin, or pineapple cubes and Queen Anne Cherries in lemon or lime gelatin.

Pastries and shortcakes are good foil when serving fowl. Use fruit in season if it is available to you. Pineapple, berries, apricots and peaches are good.

For the dinner with fowl is too filling for richer desserts, simply use a scoop of ice cream with refrigerator cookies, Peppermint, lemon, strawberry, tutti frutti, vanilla and chocolate chip ice creams are good ideas.

If you have a small family, buy chicken by the piece, or buy a half for roasting. In the latter case, place the stuffing underneath the bird.

Good vegetables to go with fowl: green peas, green beans, broccoli with hollandaise sauce, asparagus, brussels sprouts with browned butter and bread crumb sauce, or broiled tomatoes.

**Biscuits with jam** are another good accompaniment to a dinner featuring fowl. Use baking powder biscuits with strawberry jam or currant jelly, or half white flour and half whole-wheat flour rolls, and serve with grape and cranapple jelly, grape jam or orange marmalade.

Sun, air and cleanliness will keep the moths away. Moths attack any uncleaned wo-lens, furs, slipcovers, furniture etc. Everything should be thoroughly cleaned regularly to prevent them.

Moths can be prevented by moth repellent sprays, naphthalene crystals, cedar chests, air tight storage bags and a white crystalline substance called paradichlorobenzene.

**Silverfish** which attack bookbindings feast also on starched clothing and laces especially where there is dampness. Keep stored things aired and in a cool dry place. Borax or insect powder scattered where silverfish are thickest will help get rid of them.

Green beetles, flour moths, weevils and other types of insects which come from factory, store or warehouse. The foods which become infested with them should be thrown away or burned. Keep food in tightly covered jars.

Mr. and Mrs. A. Blais and family have returned to their home in Sudbury after visiting Mrs. P. Blais, 63 Windsor and Mr. and Mrs. R. Munroe 63 Kent avenue.

Another asset you can build up in your home is a collection of books. It is impossible to avoid some contact with disease-breeding germs. If one tries too hard, the child's body may not gradually build up immunity to certain diseases. Then when illness does come, he is unable to fight it off as well as he might have.

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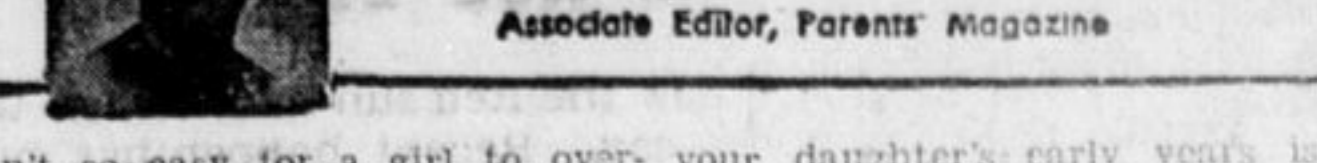
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## Successful Parenthood

BY MRS. CATHERINE CONRAD EDWARDS, Associate Editor, Parents Magazine



It isn't so easy for a girl to overcome the childhood blight of a mother's unspoken judgement. "You're not the type daughter I really wanted." For, despite honest efforts to hide their disappointment, too many mothers give it away in the lengths to which they go to make the girl over. Either that, or they show complete disinterest in how the child looks.

We advocate the middle of the road in this matter of improving on a daughter's looks. By that we mean, all the ardor and zeal you can muster for the task, but directed toward making the most of the girl's own particular type rather than in an attempt to pattern her on a set model.

For many a girl never realizes an iota of attractiveness until she is grown and discovers her own type, usually after floundering through imitations of everyone from her best friend to a favorite movie star.

Granted that during her early years she may be no more willing to accept her own type than her mother is for her. But dissatisfaction with one-self is one thing and a not very serious psychological hazard, while feeling that one's parents aren't pleased with one is something else and often creates lifelong personality ills.

So, begin by studying your child's possibilities and then accept them for what they are. Then, find out what manner of wearing the hair, what colors next to the skin will bring out the child's good points. Help her to achieve grace and good posture, a pleasing voice and considerate manners, all of which are usually acquired attributes and the teaching of them no more a reflection on a person's natural endowments than being taught to read.

As for actual attention to a child's looks, that should be centered on early instruction in the details of grooming without which the most radiant natural beauty is discounted today. But throughout all these years of training, casually but with conviction, show a child your pleasure in the appearance she is capable of making.

Haven't you bought clothes that were correct by all the rules of fashion and suitability for your type, and yet after wearing them a few times they seemed to lose their rightness? This frequently happens to those who are so little aware of their own possibilities that they live up to them only under the excitement of shopping or flattery.

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## The Family Scrabook



"There Are Germs On Everything"

In the old days when people knew little about germs there was a lot of unnecessary illness. Now almost everyone takes some precautions to see that cuts and scratches are kept clean and that food is not contaminated. Medical practice and health measures in the United States have extended life amazingly and we are all much healthier than we used to be.

But along with this advance we have developed some attitudes about illness and health that are not too desirable. Some of us are so concerned about the possibilities of infection that we spend a great part of our time trying to keep things hospital-clean. We may fret and worry, and get the children ar-

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