



THE HOME MAKER'S PAGE



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Successful Parenthood

BY MRS. CATHERINE CONRAD EDWARDS

Associate Editor, Parents Magazine

Cooperation Keynote Of Family Happiness

Most of us agree that a spirit of cooperation is what is most needed to make family life harmonious, as well as to make the family an effective training unit for citizenship. But just what do we mean by cooperation? One of the dictionary definitions reads, "Collective action in the pursuit of common well being. But in actual practice in the home most of us act on the definition once given by an employer to a new assistant. The young man at the end of a trying day had made so bold as to explain that he was doing his best to cooperate. To which the older man bellowed in reply, "Young man, my definition of cooperation is for you to do exactly what I tell you to do, and do it quick!"

Of course, as parents we must prepare our boys and girls for just such situations as this young employee was up against in the person of a dominating executive. For that matter, there are plenty of situations in life where the safety of great numbers depends upon rigid discipline and exact obedience. But strangely enough potent as habit is in every other orbit of character formation, the habit of instant obedience to parents does not, as a rule, breed, obedience to authority in later life, even if that authority were in itself always desirable. For

some time, some where, the child who has been tyrannized over at home is going to take out his resentment on some other person or life in general. So let's go back to the dictionary meaning for the kind of cooperation we seek as parents. And let's begin when our children are babies to set them an example of striving for the common well being of the family.

To be sure all this is complicated by the fact that the instinct of self-preservation makes thinking of the rights of others a decidedly acquired trait. Fortunately this is offset by the baby's equally instinctive desire to win the approval of those about him. But from his extremely limited vantage point of the cradle, the infant has only one way of learning how to please us, and that is to imitate our attitudes.

I wonder if this isn't why you rarely find a girl being a "lone wolf" in the family, while the role is fairly common to boys. Girls, from baby-hood, see their mothers exerting most of their energies in caring for the family so it is natural for them to grow up with a sense of responsibility to the group. But boys, until they are old enough to appreciate the importance of money in the scheme of things, are apt to see their fathers as a little outside the family circle.

Wouldn't it be more logical for fathers to have to explain mothers to small boys? Why wait until manhood to share the camaraderie expressed in the phrase, "After all, son, your mother is a woman — she wouldn't quite understand!"

Seriously enough, if fathers would fit themselves into the warp and woof of the child's everyday existence with the same casualness that mothers do, the resultant tapestry of family life would make a pattern of mutual helpfulness which would be repeated in the child's character.

SUCH A LITTLE WAY

Such a little way together—
While travelling on life's way,
We must not cast a shadow
Where sunshine sends its ray.

We must not chafe a heartache
Where we might bring relief;
Such a little way together—
The time is all too brief.

Such a little way together—
Why should we spoil the day
With words that hurt or sadden
A heart that should be gay?

For flowers love the sunbeams
That gently kiss the dew;
And love responds to kindness
As nothing else can do.

Such a little way together—
Can we look back and say
That tears were changed to laughter
'Cause we passed by to-day?

What will be most remembered
Our lives will be the best—
Such a little way together,
Let us give our very best.

"Food For Fun and Fitness"



Frankfurt Casseroles Please Family

BY MARTHA LOGAN

Rosy, plump frankfurts are always a mealtime delight and particularly pleasing to the homemaker is the versatility of this popular meat. Long a favourite when simply heated and served with the "hot dog" bun, the frankfurt has established itself as a luncheon and dinner menu treat.

Newest service of the frank is in casserole combination with vegetables and other foods—the fine flavoured tender beef and juicy pork in the frank blends deliciously in these casseroles to produce dishes that are truly satisfying fare. The fine meats are the same as those in your finest meat loaves at home and they are blended with the same care with which you prepare your homemade product.

Quality of the product you buy is now assured by a convenient, sanitary cellophane wrapping which holds one pound of frankfurts. Between 3 and 10 frankfurts are contained in the new package and they arrive in the home in the same juicy condition in which they were packed, with their fine goodness savour-sealed. Further insurance of the quality of the product is the name of the packer on the label.

Frankfurts are a quick-meal selection, too, for they are thoroughly cooked and hence, need only be heated through before serving. They are a colourful and hearty addition to salads for their rosy colour and fine flavour lend special appeal to the dish. They need not be cooked before you slice the penny-wise slices over the salad.

Here are some quick frankfurt combinations which are truly flavour treats.

Savoury Frankfurts with Vegetables

(Yield: 4 servings)

- 6 frankfurts (1/2 pound)
 - 8 small new potatoes or 1-1/2 cups diced potatoes
 - 1-1/2 cups shelled or frozen peas
 - 2 to 4 tablespoons butter
 - 2-1/2 tablespoons flour
 - Vegetable water
 - 1-1/4 cups milk
 - 1/2 teaspoon Worcestershire sauce
- Wash and pare potatoes. If using large potatoes, cut into large slices. Cook in small amount of boiling, salted water. About 10 minutes before potatoes are done, add peas and cook until vegetables are tender. Remove vegetables from cooking water and keep hot while making sauce. Rapidly boil vegetable water until about one-fourth cup remains. Melt butter in heavy sauce pan. Add flour and salt and mix until smooth. Stir in milk and vegetable water and cook over direct heat, stirring constantly, until sauce boils and becomes smooth. Add Worcestershire sauce and frankfurts which have been cut in thirds diagonally. Cover sauce and frankfurts. Heat over very low heat until frankfurts are hot. Add vegetables and combine well.

Creole Frankfurts on Rice

(Yield: 6 servings)

- 6 frankfurts
 - 1/2 cup chopped green pepper
 - 1/2 cup chopped onion
 - 3 tablespoons fat
 - 3 cups cooked rice
 - 2 cups cooked tomatoes
 - 1-1/2 teaspoons salt
- Brown green pepper and onion in fat. Add rice, tomatoes, salt. Cover and simmer 30 minutes. Place frankfurts on rice. Return cover and simmer 5 minutes.

My Day

by Eleanor Roosevelt

HYDE PARK.—I came back to Hyde Park Friday night to find that all the rain and cold weather has kept the spring from moving along as fast as usual. My lilacs of the valley are out and my lilacs are beautiful, though when I shake them they fall to the ground. My tulips and azaleas are in full bloom. The azaleas came to me last autumn from Dr. Herman Baruch's nurseries and somehow I did not expect that they would bloom so luxuriantly this spring. When I went out and walked around yesterday morning they were an unbelievably lovely splash of color against the gray stone of the house and the dark evergreen hedge.

On a certain part of the road through the woods I saw my first little red lizards, tiny delicate things so small that I almost walked on them. The dogwood is not in full bloom, however, and many of the trees and shrubs are just breaking into leaf.

My two little dogs were glad to see me and we had a wonderful day, even

though at noon I had to desert them and go down to Vassar College to meet with the members of the Regional Conference of the North Atlantic States of the Association of American University Women. I was asked to tell them something of the work of the Human Rights Commission and I described some of the troubles of the draft Committee, which came to an end on Friday afternoon.

Now that we are finished discussing principles and are down to actual wording, every word and every shade of meaning has to be weighed with a view to expressing the same thought in five different languages, and to having the legal phraseology meet the requirements of all the legal systems represented around the table. What will happen when, instead of eight representatives, we have 18 is something I can not even imagine, and I look forward to the next few weeks with considerable anxiety. On Monday the full Human Rights Commission meets at Lake Success, and then there will be serious arguments!

There came to me from Kansas the other day a letter with a story about the St. Francis Boy's Home in Ellsworth, Kansas, which is run by an Episcopalian clergyman, the Rev. Robert H. Mize. The letter was sent because this column mentioned Wiltwyck school where youngsters between the ages of eight and 12 are sent from the New York City children's courts. St. Francis' is a home for delinquent boys which accepts them and lets them take part in the normal life of the town. The only difference is that at all times the St. Francis home knows just where its boys are. Apparently "Father Bob," as he is called, who runs this home, has a gift for boys and they are having a fair success, according to the account given in the Virginian Churchman.

Of course, our boys at Wiltwyck are probably a little bit harder to bring back to normal conditions because their home situations are usually so bad. I am encouraged, however, by the fact that there are so many things being done nowadays which show a realization on the part of more and more people that, when things go wrong with children and young people, it is the fault of the elder people and the society which we have built—and not the fault of the youngsters.

EASY DOES IT

BEFORE CLEANING YOUR RANGE don a pair of sturdy canvas gloves so that you will not injure hands and nails. Cleaning will be more pleasant if you know you don't have to ruin your hands.

Ranges that are wiped after every use and given a regular weekly cleaning will never need a major excavation job which you dislike approaching.

Badly burned spots on the range can be scraped off with abrasive pads and the smooth portions washed in water into which has been dissolved some common baking soda.

Use a long handled brush to get at those parts which hands can not reach readily.

Nickel portions of the range can be kept gleaming and bright by using silver polish.

OVENS SHOULD BE BRUSHED out after anything spilled has dried. Finish the job by wiping with a damp cloth.

An old cookie sheet is excellent to place on the bottom of the oven to catch juice from fruit and berry pies, it's much easier to remove and clean than trying to crawl into the oven.

FLOOR MOPS should be cleaned after each use, for a soiled mop will do your linoleum no good. Wash dust mops, too, as often as they become soiled. Mild soap suds, clear rinse water and drying in sun and air, as quickly as possible is good treatment for both types of mops.

Oil mops should be kept in their own boxes so that oil can be retained while mop is not in use.

The Poet's Corner

DON'T SAY IT

If you think that you are better
Than your neighbor 'cross the way,
Or that nature has endowed you
With a more perfect form of clay—
Don't say it!

If you know that you have talent
And your neighbor naught but gold;
Or that all his goods are mortgaged
If the truth were only told—
Don't say it!

If you know some dreadful scandal,
Such as gossips always court,
And could add a few words to it
When they call for your support—
Don't say it!

RENUNCIATION

Strange how we turn our back toward
The light
For all our grieving,
Leaving the winged things of night
To darkness cleaving.

Lost and embittered as we go,
By stark things haunted,
Enchanted music still may flow
From lips undaunted.

We learn to crush out the cold spark
As flame-warmth posess,
Closing out loneliness and dark
With a door's closing.
Sheila Barbour

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