



# THE HOME MAKER'S PAGE

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## Successful Parenthood

MRS. CATHERINE CONRAD EDWARDS

Associate Editor, Parents Magazine

### USE OF SLANG BY TOTS NOT TO BE CONDEMNED

A radio man installed two new loud speakers in a friends radio last week. He explained that the smaller was for the high notes—the tweeter and the larger or the bass—the woofer. You can imagine how the children enjoyed this new vocabulary and told everyone about their woofer and tweeter. Children love slang, and savor its color and imagery.

Most slang makes for brighter speech. And a wide vocabulary, literary or slang means a more fluent child. Slang too, helps the youngster feel he is one of the gang. Being in the know, he uses "All right" today instead of yesterday's "Roger"—or our generations "Okay". There is the slang of five and of sports, of aviation, the sea, and radio. Borrowings from these jargons goes into everyday language gives a child a strong brisk vocabulary—and pleases him too because it indicates he is really in the know.

Two kinds of slang, though, are always a problem to parents. The famous four-letter words, Anglo-Saxon and otherwise, find their way onto many a toddler's tongue, shocking grandmothers and embarrassing mo-

thers. These shocks can be kept to a minimum by quietly censoring adult speech around our highly imitative children. If objectionable expressions are brought home from outside, tactful explanation will help far more than making children feel they've been either cute or naughty.

Another help will be to foster as substitutes some innocent blustering expletives, satisfying the need for occasional dramatics.

Another slang problem that parents have to be alert to catch is the word that hurts others. Racial and religious nicknames are rarely intended with ill-will, but almost everyone is sensitive when on the receiving end. Here again parents have the difficult assignment of setting a good example, and of calm patient explanation. Pointing out your children's own ancestral background, and the resulting epithets which might come their way, will probably halt this kind of name-calling.

Here is a real pruning job for parents: to take out the damaging slang both the vulgarities and the name-calling, and yet leave the picturesque patter which enriches a child's speech adds to his fun with words, and broadens his imaginative horizons.

## "Food For Fun and Fitness"



### Meats for Juniors Simplify Hurry-Up Twosome Meals

By Martha Logan

Preparing supper for a hungry husband after a day at work or shopping can become quite a problem for the homemaker who likes her meals on time. The problem is solved, however, by the tasty little cans of meat which were originally designed for feeding to juniors but are now gaining popularity for live-aloners and twosome families as well.

Diced beef, veal, pork, lamb, heart, and liver are available in cans of just the right size for one or two adult servings. To add to their attractiveness, they are also quickly prepared, making them doubly serviceable for the working wife. The flavourful pieces of meat are free from fat and connective tissue and are ready to use as taken from the can. It is a simple matter to combine them with other foods for satisfying meals which are nutritious as well as appetizing.

For an unusual omelet spread 1 can of diced liver for juniors over the surface of a two-egg French Omelet, fold it in half and turn onto a hot platter. Or for a mock chicken salad prepared without having to cook meat, substitute a can of diced pork in your favourite salad recipe. Imagine, too, simplicity itself — an elegantly rich beefheart and potato chip casserole which is made by alternating layers of finely crushed potato chips and 1 can of diced beef heart in a small casserole and pouring the broth from the meat and 1/2 a can of condensed cream of mushroom soup over the top before

baking in a moderate oven (350F.) for 20 minutes or until lightly browned on top.

Or you can try these!

#### Diced Pork Chop Suey

Yield: 3 servings

2 5-ounce cans diced pork

1/2 cup sliced onions

1/2 cup diced celery

1/2 cup sliced mushrooms

2 tablespoons fat

1/2 cup meat broth

1 tablespoon cornstarch

1 tablespoon water

1/2 teaspoon salt

1 1/2 teaspoons Worcestershire sauce

8 ounces canned bean sprouts

Soy sauce to taste

Brown onions, celery, and mushrooms in fat. Add meat broth. Cover and cook until vegetables are tender. Combine cornstarch and cold water and add to vegetables along with pork, seasonings, and bean sprouts. Continue cooking until chop suey has thickened, stirring gently. Add soy sauce to taste. Serve hot with fluffy rice or chow mein noodles.

#### Jiffy Meat Loaf

Yield: 2 servings

1 can diced pork

1 can diced beef

1/2 cup bread crumbs

1 egg

1/2 teaspoon salt

2 tablespoons chili sauce

1 strip bacon

Mince meat fine. Combine with bread crumbs, egg, salt and chili sauce. Form into loaf. Top with bacon. Bake in oblong pan in a moderate oven (350F.) for 30 minutes.

## Lucille Patricia Plouffe Becomes Bride Of Andrew Theriault in Pretty Ceremony

Against a background of Spring flowers and lighted tapers one of the season's loveliest weddings took place on Wednesday morning last in St. Anthony's Cathedral when Lucille Patricia Plouffe, daughter of Mr. and Mrs. William Plouffe, 116 Mountjoy street North, exchanged nuptial vows with Andrew E. Theriault, son of Mr. and Mrs. Jos. Theriault, 5 Bannerman avenue. Father Brunette performed the ceremony and Miss Estelle Boutin was organist. During the signing of the register, Miss Agathe Chartrand sang Ave Maria.

The bride given in marriage by her father was radiantly lovely in a gown of white slipper satin. The basque had a cameo neckline with ruching of net caught with pearls and an net inset and long tight fitting sleeves with lily points over the wrists and a bouffant skirt. Her finger-tip veil of tulle illusion was held with a coronet of satin and net encrusted with pearls and she carried a cascade of white and pink ostrich plumes from which cascaded streamers of white satin entwined with lilies-of-the-valley.

Miss Rita Plouffe, was maid of honor, wearing jonquil yellow nylon marquisette with tight fitting bodice, dropped shoulder neckline with net inset and polonaise drape over the bodice extending over the hipline. The skirt was fully bouffant. A small pike bonnet of matching net trimmed with dainty sprays of blue and fuschia forget-me-nots tied with a bow under the chin and long streamers of fuschia velvet ribbon, yellow mittens and a muff ruffled net encrusted with fuschia and blue forget-me-nots completed the ensemble.

Miss Cecile Theriault as bridesmaid chose a gown of pale pink nylon and broadcated taffeta fashioned with fitted bodice of brocade, sweetheart neckline and cap sleeves and a billowing skirt of nylon net over bro-

cade. Her matching hat, mittens and muff were similar to that of the maid of honor.

Jerry Plouffe was groomsmen and Jerry Theriault ushered.

Following the ceremony a reception was held at the G.V. Hotel where several hundred guests were welcomed by the bride's mother wearing a gown of sentimental blue jersey, a picture hat of black lace trimmed with green velvet ribbon and fuschia colored flowers, black lace mittens, a corsage of Johanna Hill roses and a necklace, earrings and bracelet of gold, studded with blue stones. The groom's mother, also received, wearing a gown of dusty rose crepe styled with peplum, a black lace hat trimmed with pink flowers and misted in veiling, black lace mittens and corsage of yellow roses. She also wore a heirloom pendant and pin which belonged to her great grandmother. Later, the young couple left by

plane for a honeymoon trip to Temagami. On their return Mr. and Mrs. Theriault will reside at 40 Kent avenue.

### DO YOU SHUDDER?

According to an old superstition, it means that "someone is walking on your grave" when you shudder. The scientific fact is, of course, that a shudder, like a shiver, is not a good sign. It may be evidence of a "grave" chill, indeed, and chills aren't to be sneezed at. The chilled body is highly susceptible to infection. Parents are particularly warned to ensure that their children avoid chills.

### SALVATION ARMY

SUN. 11 a.m. 2.15 p.m. Young People's Company 7.00 p.m. Special Services for Cradles Roll Sunday. THURS. 2.30 p.m. Home League, 7 p.m. Corps Cadets, 8.00 p.m. Public Meeting.

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## Mrs. R. N. Jackson Presides At Meeting

In the church hall of St. Matthew's pro-Cathedral, on Friday evening, members of the Anglican Ladies Guild held a very successful work meeting. Mrs. R. N. Jackson presided.

A brief business session was also held and final plans were made for the holding of a rummage sale. This will be held Saturday morning. Prior to the ladies returning to their home tasty refreshments were served by Mrs. J. Cousintine and Mrs. J. Curtis.

It was decided that the next business meeting, which is generally held in the afternoon would be postponed until evening. Those present were Mrs. R. N. Jackson, Mrs. J. Cousintine, Mrs. J. Curtis, Mrs. J. Webb, Mrs. W. Kevan, Mrs. T. Glaister, Mrs. N. Gridley, Mrs. J. H. Knell, Mrs. J. S. Maxwell, Mrs. F. Melville, Miss M. Paynter, Mrs. F. Reid, Mrs. Les Mason, Mrs. P. Reid, Mrs. T. Richards and Miss Ivy Thomas.

## Mrs. Alphonse Monette Feted at Stork Shower

A delightfully arranged stork shower was held in honor of Mrs. Alphonse Monette on Tuesday evening. Hostesses for the occasion were Mrs. L. Mainville, Mrs. J. Mousseau, Mrs. T. Vezina, Mrs. H. Monette, Mrs. Art Monette and Mrs. M. Landers.

Entertainment for the evening consisted of playing bingo with a attractive prizes given the many winners. Mrs. R. Vezina won the door prize.

The honoree was presented with a bassinet piled high with many lovely and serviceable gifts. A tasty lunch brought an enjoyable evening to a close.

Those present were Mrs. C. Tucker, Mrs. E. Lafontaine, Mrs. O. Briand, Mrs. R. Vezina, Mrs. Ted Vezina, Mrs. L. Vaillancourt, Mrs. Tom Vezina, Mrs. L. Porer, Mrs. M. Landers, Mrs. C. Chaput, Mrs. R. Maisonneuve, Mrs. L. Mousseau, Mrs. Ed. Mousseau, Mrs. P. Mousseau, Mrs. R. Lefleur, Mrs. J. Mousseau, Mrs. Em. Mousseau, Mrs. H. McKinnon, Mrs. R. Menard, Mrs. L. Quinn, Mrs. W. Monette, Mrs. E. Poulin, Mrs. Art Monette, Mrs. L. Mainville, Mrs. D. Hoffman, Miss J. Lafontaine, Miss G. Pitre, Miss O. Lucyk.

Unable to attend but sending lovely gifts were Mrs. C. Pitre, Mrs. E. Morissette and Mrs. N. Morrisette.



By HELEN HALE

Shred Or Chop raw cabbage and other raw, leafy vegetables only shortly before using. Exposed cut surfaces lose vitamin C quickly. Pare, or scrape root vegetables such as carrots and potatoes as thinly as possible so that you don't lose their precious nutrients.

Leafy vegetables should be handled as little as possible to prevent bruising which in turn destroys vitamin C.

It's not safe to freeze any frozen food after it has thawed. Cook and use immediately or cook and use shortly later.

Be wise and save meat drippings for soups, gravies and sauces. They contain not only meat flavour but also fat for energy and important vitamins and minerals.

A Delicious Glaze for baked ham can be made by mixing 1/2 cup of maraschino juice, apple cider or sweet pickle juice mixed with 1 cup of sugar.

After glaze is applied on baked ham set the oven at 400F. and bake for 15 minutes or until the desired shade of brown is reached.

Combine a slice of ripe banana with shreds of fluffy coconut and a tiny sprinkling of grated orange rind. Cover with chilled apricot whole fruit nectar and serve for dessert with chocolate covered graham crackers.

You'll Like Cooked Broccoli if it's topped with a hot French dressing and a sprinkling of chopped roasted almonds.

You'll find that a slice of ham and one of cheese between two slices of bread dipped in milk and eggs, then fried like French toast, make a perfect sandwich.

### RECIPE OF THE WEEK

#### Frozen Fruit Dessert

(Serves 8)

- 2 egg yolks
  - 2 teaspoons sugar
  - 2 teaspoons lemon juice
  - 6 marshmallows, cut
  - 1 cup chopped pears
  - 1 cup fruit salad
  - 1/2 cup toasted almonds
  - 1 cup heavy cream, whipped
- Cook yolks, sugar and lemon juice in double boiler until thick and smooth. Add marshmallows. Cool and chill. Add fruit and nuts, then fold in whipped cream. Pour into freezer tray and chill until firm.

Miss Jennie Maxim has returned after spending the last ten days with relatives and friends in Winnipeg, Ontario.

George Darling attended the wedding of Rosemary Laprairie in Toronto.

## FASHION for today

BY PATRICIA DOW



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