

THE HOME MAKER'S PAGE



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HOUSEHOLD HINTS

Sweaters
Sweaters and sweater suits will keep their shapes much better if folded and laid in drawer after wearing. They will lose their shapes if hung on the ordinary hangers such as other clothing is hung.

Screw Tops
A small piece of sandpaper kept in the drawer of the kitchen table can be used to good advantage in loosening stubborn screw tops.

Turpentine
A spoonful of turpentine added to the boiler of clothes will bleach them, and is also excellent for cutting the grease and dirt.

Tan Shoes
Sweet cream is excellent for cleaning white or tan shoes. Put it on a cloth and rub in thoroughly.



Washing machines kept in a cold place, such as an outside porch, should be brought into a warm room several hours before using. Otherwise, the oil or grease in the machine may be so stiff that the starting load will be heavy enough to blow a fuse in the circuit.

Clothes that freeze on the lines suffer more wear and tear from whipping in the wind than soft clothes. It's better to hang all clothing indoors on very cold days. If lines are rubbed with vinegar before hanging clothes, fabric is less likely to stick to them. If clothes do stick, pull gently from the line to prevent tearing.

IF YOU WARM CLOTHES PINS near the radiator or the oven for a few minutes before you hang clothes outdoors in cool weather, the pins will help keep your hands warmer.

WOOLEN CLOTHING or blankets should never be hung out-of-doors on cold days. Wool is sensitive to temperature and is easily damaged. Hang woollens where the temperature is moderate.

To get better service from your wringer, never overload it. Clothes should be put through evenly rather than in bunches.

BUTTONS AND ZIPPERS will last longer on clothes put through the wringer if they are always turned inside of the garment.

Make certain the pressure on the rolls is released after you finish with wringing. If left together too long, the wringer may stick and be damaged.

IRON GARMENTS with the grain of the fabric rather than against it. This prevents the garment from sagging and coming out of shape.

When you dampen and roll clothes for ironing, it's best not to make tight rolls. Fold loosely instead and you'll find there are less wrinkles and this will save ironing time.
Keep a needle and thread at the ironing board to do small snatches of mending as you iron.

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"Food For Fun and Fitness"

"Boiling Beef is a homey dish. Just ask Grandfather and he will tell you about the wonderful boiled beef dinners that his mother used to serve on cold February days.

Grandfather will still ask for boiled beef dinners, if he is at all typical of grandfathers in general. The rest of the family will like it, too, if it's cooked properly. And cooking properly is the catch because boiling beef isn't boiled at all... or anyway if it is to be most tender it shouldn't be boiled. Simmering for a long time over a low heat is the method to use to soften the connective tissue and make the meat tender.

There are several cuts suitable for this purpose, including neck, plate, shank, brisket and chuck, but ask the meat dealer for boiling beef so that you can take advantage of price fluctuations and buy the most economical cut. The dealer is happy to help his customers with their meat-case shopping so that they will do the best possible job of managing the family budget.

Managing money isn't the only management job facing today's homemaker. Managing time is also of importance, so when you prepare boiling beef, arrange to have enough for three meals. The first day serve it with horseradish sauce. The second day use it in a flavourful beet short-cake, and the third day make it into Spanish Rice with Beef. Following are the recipes for three days.

"Boiling Beef for Three Meals"
Yield: 12 servings
4-5 pounds "boiling beef"
4 teaspoons salt
2 cups water

Simmer meat in salted water in a covered kettle for 4 hours or until meat is tender. Remove bones from cooked meat. Slice off enough for 4 servings to serve hot with horseradish sauce and reserve the remainder for later use.

Horseradish Sauce
Yield: 1 1/2 cups

1 tablespoon butter
1 tablespoon flour
1 cup milk
1/2 teaspoon salt
2 tablespoons lemon juice
3/4 to 1 cup horseradish.

Melt butter in a saucepan. Blend in flour, mixing well. Add milk slowly, and stir constantly until mixture boils and thickens. Cook about 3 minutes longer. Add the remaining ingredients. Cook over low heat until sauce is heated through.

Beef Shortcake
Yield: 4 servings

1 1/2 cups diced cooked beef
3 tablespoons fat
3 tablespoons flour
1 1/2 cups broth
1/4 cup sliced stuffed olives
1/4 teaspoon garlic powder
1/4 teaspoon Worcestershire sauce
Melt fat in saucepan. Stir in flour. Add broth and seasonings. Cook, stirring constantly, until mixture boils and thickens. Add remaining ingredients. Heat thoroughly. Serve on baking powder biscuits.

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Spanish Rice with Beef
Yield 4 to 5 servings

1 1/2 cups ground coked beef
2 tablespoons fat
5/8 cup rice
2 tablespoons chopped onion
3 tablespoons chopped celery.
1 teaspoon salt
2 1/2 cups tomatoes
1/2 cup broth
1/2 teaspoon soy sauce
1 teaspoon sugar.

Melt fat in heavy frying pan. Wash rice and brown slowly in fat, stirring constantly. Add onion and celery and continue browning. Add salt, tomatoes, broth, soy sauce and sugar. Cover and simmer 45 minutes or until rice is tender. Add meat and heat thoroughly.

Spring's "New Look" Features Gay Prints

This season the fashion spotlight turns on prints, and Spring will see some of the loveliest ever—the bright est colours, the gayest motifs. Of course, the "new look" has had its effect on prints, as on anything else, and the new designs will show many large flowing bayaderes, large florals and abstract patterns, widely spaced to flatter the longer silhouette.

Dry brush pattern will be popular, and the very wearable conversational print is here again, with an attractive, subtle background interest. Look for lovely "penline" patterns, the very small "all-overs", and abstracts with intriguing modernistic designs. Splashes of brilliant colour that seem to be lifted from Van Gogh and Picasso, and the warmth of clay reds, soft blues, earth browns, sunny golds, will light up complementary backgrounds.

Dark backgrounds of navy, black, brown and gray are very popular, and later you'll see lots of blues, aquas, rosy pinks and taffy tones. Of course the new "amberlight" tones will be much in evidence. The glowing warmth of amberlight comes in four shades—the pale tone of highlighted amber, the glow of its golden loveliness, the rich reddish orange, and the brown nuance that gives it added glamour.

One of the nicest things about the charming new prints is that they don't need to be expensive. Some of the loveliest are printed on shimmering rayon crepe—which gives you more beauty at less cost. Rayon fabrics that have been pre-tested for colour fastness and durability promise you lasting brightness in gay colours. You'll bemoan feminine loveliness in next spring's prints.

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For A Gay Closet Use Wallpaper

Going over a closet is fun, and inexpensive fun at that. A woebegone closet can easily perk up when given a dose of wallpaper treatment. Since it is a relatively small space, the paper can be as gay, as fancy as you desire. Floral papers or bright stripes that harmonize or contrast with the rest of the room are good, while for a man's room a good choice might be one of those new tweedy-surfaced papers.

For the closet, the ready-pasted wallpapers are a cinch, since the area is small enough to permit easy application. Get fabric edgings to tie in with the design and there you are.

Splurge on garment bags and storage boxes. This outlay pays dividends in the form of longer-wearing, better looking clothes and accessories. If you have an odd assortment of shoe, storage and hat boxes, match them up by covering them with the closet wallpaper or choose a contrasting design.

An assortment of different hangers is no delight, and it is not a difficult job at all to cover them nicely in one fabric or color with the added charm of little sachet bags to hold a favorite perfume, either powder or cotton saturated in scent.

For a nice touch, especially if a closet is shared, initial each garment bag with nice big initials, easily applied by hand or the sewing machine. If a closet is small, use the back of the closet door for shelves or holders for hats, ties, belts, bags and such.

If you can spare it, dedicate a special closet to the children. Rods and shelves sevis ychreaciw d11111111wa shelves easily reached will help them to grow up with sense of personal tidiness and daintiness. After all, if rods and shelves are too high, what else can they do but place their possessions on the big shelf—the floor?

The Poet's Corner

WALK GREEN MORNING

Treading a winter scene, snow at our feet,
The hills and valleys were most subtly sweet
With green of coloring—not green of spring and summer:
There was no sound, not even liquid murmur
Of brooks, except that we surmised their Flow
Under the chill ice-covering; below
The swamp stretched like a smoke into the Sallow,
Cool tide of tincture at the wood's hard Elbow;
The chickadees were raucous in the trees;
Heads capped in black, chirping against the breeze,
They voiced their welcome; they too, sensed the green,
The sap of life emblazoned on this screen.
Marguerite Janvyn Adams
In the Christian Science Monitor

He sits and whittles hours away,
And as the day diminishes
He finds at sunset he has carved
A simple flute, and finishes
The day with melody,
Fashioning from a twig of time
The music of a stinging rhyme.
Laura Roper
In the Christian Science Monitor

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