



THE HOME MAKER'S PAGE



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Color of Shoes Can Now Blend With Every Costume

Todays exciting fashions bring our everyday shoes into almost startling focus. Shoe stylists are working hand in hand with top-flight fashion designers to obtain a balanced co-ordination in the costume ensemble, and this of course includes the shoe.

The present costumes silhouette with its long full skirt and variable hem-line brings shoes into the limelight with greater insistence. Color, style and fabric—whether leather, kid or other material—contribute to the picture.

Sports Style for Walking

For walking, you may choose a medium heel, closed-toe, sport type shoe with a side lace and a stitched extension leather sole. Afternoons inspire everything that is feminine; and with a dressmaker suit, there's nothing more pleasing than a slim pump, or perhaps a bow pump, or a classic black patent opera.

With a slightly more formal suit, high-heeled shoes move in confidently. And then again there is the cuffed boot, or a suede strap model with a high platform.

Individuality for Evening

Where evening is concerned, you can pretty well let your taste have a fling just as you play with your skirt lengths, choosing what pleases you best. Gold kid steps out in front as one of the season's favorites. These "golden slippers" are sometimes so light that there is little visible but a flat sole sandal and some very intricate straps; again they take on a more substantial aspect, as in the case of a smooth bronze kidskin mounted on a high leather-soled platform, or one of the same handled in a dark brown satin.

This is a season of color in shoe. You can get almost any shade you have set your heart on. Mocha, beige, and gray, once difficult to find—are now back in force. In suede pumps or sandals, they are good, but of course with the right clothes.

Black suede with gold or silver piping is interesting for dressy occasions. You find something new in a brilliant green leather with tan piping.

Slipcovers Drapes Bedspreads

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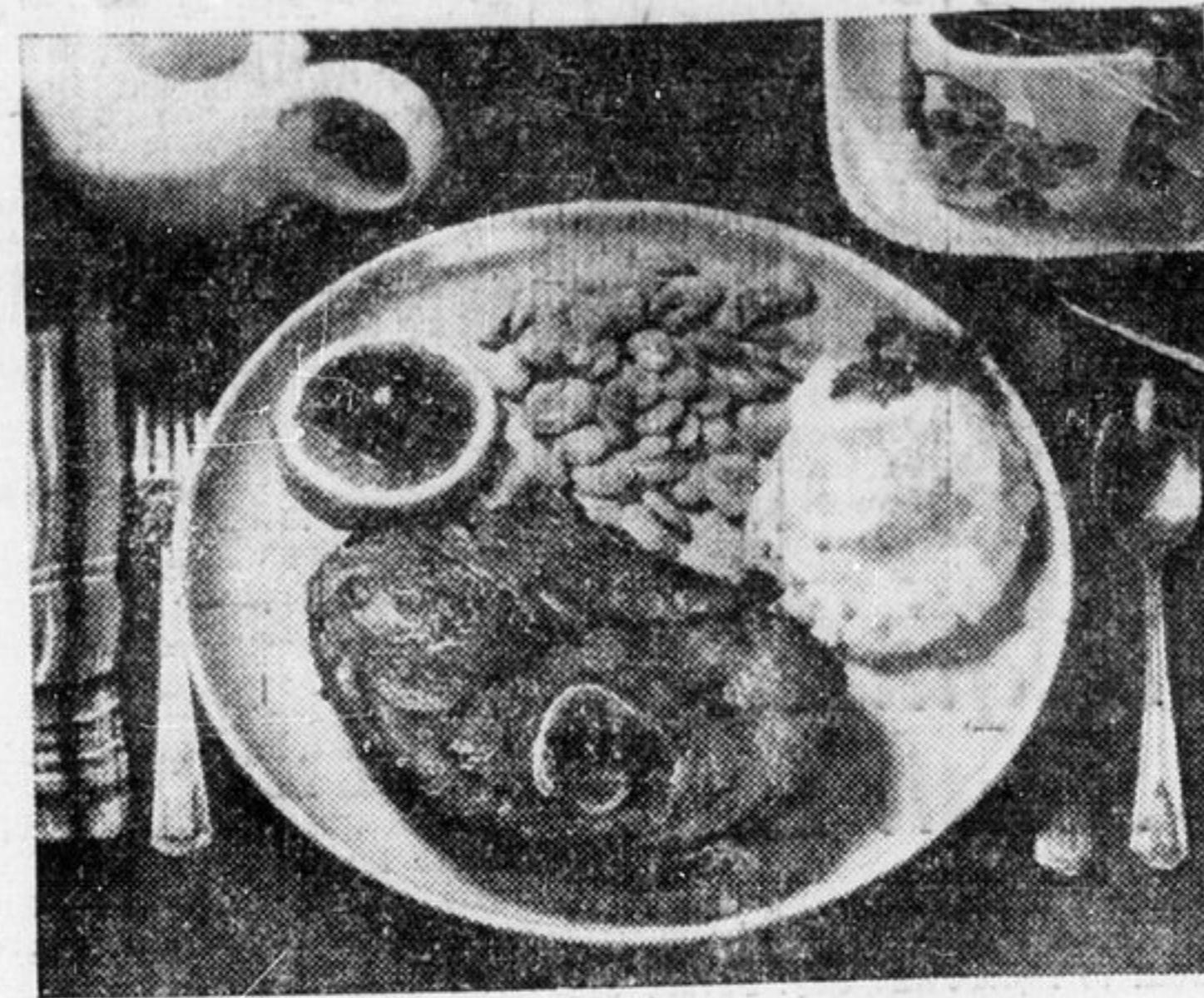
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"Food For Fun and Fitness"

Savory Lamb Shoulder Chops



Juicy and delightfully tasty, Savory Lamb Shoulder Chops come to the table dressed up with a lemon slice topped with mint jelly, fluffy mashed potatoes and lima beans. All of this is planned to satisfy the most discerning appetite and bring forth exclamations of approval from everyone at the table.

To prepare the Savory Shoulder Chops brown 4 chops thoroughly on both sides in a heavy frying pan. Then combine 1 teaspoon of salt, $\frac{1}{4}$ teaspoon pepper, $\frac{1}{2}$ teaspoon garlic salt, 1 teaspoon paprika, 1 tablespoon vinegar and 2 tablespoons water and pour the mixture over the chops. Turn the chops, cover them and simmer for 25 to 30 minutes, turning them once during the cooking. Serve very hot.

(by Martha Logan) Lamb is plentiful these days and that's mighty good news to the families who have saved their lamb meals for special company or family birthdays.

True it is that leg of lamb and thick loin chops are tops in party fare, but there are ten or more thrifty cuts that become family favorites. Cooks aiming for both economical and interesting meals will delight in the number of unusual dishes which the thrifty lamb cuts provide. Because lamb is tender and delicately flavored, nearly all cuts are well suited to roasting, broiling, or pan broiling. In this respect lamb differs from other meats which have less tender cuts requiring braising or stewing.

Well-brown 1-inch thick neck slices are rapidly achieving popularity with families who enjoy the flavor of broiler meals. Tender lamb ribs, which are cut from the lower portion of the rib section, readily lend themselves to broiling, pan broil or cooking in combination with other foods such as rice and tomatoes. They are flavorful and juicy and yet economical. Another sure-to-please meat dish is ground lamb, made into patties and served with generous amounts of gravy having that distinctive flavor.

Warning that scavengers are a menace to public health has been issued by the Department of National Health and Welfare, Ottawa. In a call on all householders to deposit their garbage only in substantial containers which can be kept covered, the health authorities point out that strays, including such notorious carriers of disease as rats, more easily attack loose garbage, or material discarded only in paper parcels or cardboard cartons.

COVER GARBAGE

Swiss Chalet Shirt



There are few liberties that one can take successfully with a classic outfit, functionally correct from inception. But the chalet ski shirt, ABOVE, is a natural departure from the usual, for it is borrowed from local peasant costume and adapted to ski purposes. Kay Arnold, its American adapter, makes it of water-proofed cotton, keeping the typical gentian, edelweiss and leaf embroidery motifs in their original colors, as decor which will look as gay at Sun Valley as it does at Klesters or Davos.

FOR A WINTER NIGHT

The color deepens, and the jay can blow

His showman summons on the curling leaf,

Calling: "Be quick, be quiet! The

sight is brief; December brings bare branches and

the snow."

You watch the proud crest and the

flashing wing,

Seek the bright shelter of a swamp

oak's red—

The glowing tree in transient beauty

spread,

Exhibit for a blue jay's trumpeting.

The wonder of an Autumn's Summer

day

Hangs in soft haze above the painted

wood,

Moves on the air, drifting stream of

light.

You listen to the bird; then, turn

away:

This splendor, now too flaming for

your mood,

Will warm your pages on a Winter

night.

Adin Ballou.

In the Christian Science Monitor.

When Cannon Balls Went
To College

Before the days of steam heat, every college has its own prized collection of cannon balls. They were considered a necessary item of student furniture. On cold Winter evenings the cannon balls would be heated red-hot in the fireplace and then carefully carried up to the students' rooms. Placed on metal stands, they radiated enough heat to enable the boys to study their lessons without freezing in their chairs.

"On warm evenings the cannon balls served still another student purpose. They were rolled downstairs in the middle of the night to disturb the rest of the sleeping professors.

HEALTH AT HOME

It's easier and cheaper in the long run to use care in buying and serving food, according to nutrition experts. From the Department of National Health and Welfare comes a warning that the home where meals consist of hopped-up foods and where some of the essential elements are overlooked is likely to house an irritable, ailing brood. Fresh fruits and vegetables, Canada Approved bread and other healthful foods, will help the housewife keep the family happy and healthy.

RECIPES

The Poet's Corner

DESIGNS IN NOVEMBER

It is not the same, not as it was last year

Nor the year before, Clearly I remember

The soft blue dusk; the silver laden pear,

The lengthening nights; the gold

noons of November.

It is not as it was (though I have said this before)

Something is different, seeming to intensify

The loveliness; another brush stroke—

always ours could touch more;

It has even expanded the over-

arching sky.

Fall after crimson fall the wonder returns,

But never the same, it is always marvellously strange.

The woods run afame, the golden maples burn.

The patterns are old, but the designs alter,

and blend and change—

Mae Winkler Goodinna.

In the Christian Science Monitor

SALVATION ARMY

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Fri. 6:30 p.m. Young Folks meeting
9:00 p.m. Youth Group.

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