

BODY LUBRICATION

In warm weather the human body may need less food for fuel, but it requires more lubrication. And experts point out that the body is "water-cooled". If allowed to run dry it may "knock".

If people prefer drinks, as well as other things, "sugar coated" the health people suggest that there is variety as well as spice in fruit juices. These may be chilled, but should not be diluted with too much ice.

How strange that auto insurance rates jump at a time when a sedan the size of ours should begin to live off its annuity.

Try The Advance Want Ads

Counter Check Books

WE ARE AGENTS for

Counter Check Books
Printed Gummed Tape
MADE BY
Appleford Paper Products

Styles for every business. Various colors and designs. Samples, suggestions and prices without obligation.

PORCUPINE ADVANCE
Printers & Publishers
PHONE 26

21-DAY SPECIAL LOW RAIL FARES

This Summer To EASTERN QUEBEC and the MARITIMES

Take advantage of these low summer fares for your holiday in Eastern Canada... for a visit home or away with friends. Return limit 21 days, with stopovers permitted.

Effective JUNE 23rd to SEPTEMBER 1st
Consult nearest railway agent.

Canadian Pacific

New Bulletin On Home Canning, Free

With the canning and preserving season in full swing, a timely publication is now available from the Dominion Department of Agriculture. It is entitled "Home Canning of Fruits and Vegetables" and was prepared by the Consumer Service of the Department. It answers most of the questions likely to arise when canning fruits or vegetables, or making jams and jellies, pickles and relishes.

The section on canning indicates the equipment required, and explains every step to take until the fruit or vegetable is processed, sealed in the containers and ready to be stored for future use. The chance of error is reduced to a minimum by the inclusion of a processing timetable giving full instructions for the preparation of each kind of fruit and vegetable and the time required for processing.

The sections dealing with the preparation of jams and preserves, jellies, pickles and relishes are dealt with in similar way, and the reader can tell at a glance how to go about preparing and processing the product required. Recipes, which have been carefully tested, are also given for a number of jams and jellies made from a combination of different fruits, such as cantaloupe and peach jam, grape and pear jam, choke cherry and apple jelly, and several recipes appear for pickles and relishes.

Many of the problems which arise in canning and preserving are answered in the final section under the caption "Questions and Answer". A glance through this section before starting would well repay the housewife, for it contains suggestions which help in producing a first-class, long-keeping product and one of which the housewife can be justly proud, and of which the members of the household will doubtless show their approval.

A copy of the Bulletin may be obtained free on request to the Dominion Department of Agriculture, Ottawa. Ask for Publication 7889.

At 72, Churchill drinks and smokes too much, sits up all night, and feels fine. But what of it? Had he lived like Bernard Shaw, he might now be 100.

Our fruit dealer reports that the women are still in there pinching.

Clean Rooms BY Day or Week

Very Reasonable Rates
Quiet Atmosphere

The King Edward Hotel

Cor. Spruce St. and Third Ave.
PHONE 324 TIMMINS

The Largest Floating Dock In The World



A dock built by the British in Bombay intended for the use of the Royal Navy in Malta, was recently towed there by Admiralty tugs. It is also large (it can accommodate a 50,000 ton ship) that it had to be cut in two for passage through the Suez Canal.

This picture shows:— The first half of the dock being warped through the El Firdan Swing bridge while a R.A.F. spotter aircraft flies over the top. The second half of the dock can be seen approaching up the Canal in the distance.

TIME FOR DECISION

By George W. James

The Canadian Statesman, Bowmanville, Ont.

ARTICLE NO. 11

So far the articles in this series have dealt with the political situation by way of contrast between the Ottawa Liberal administration and the policies advocated by the Progressive Conservative Party led by John Bracken, for one or the other of these parties will form the next government. The position of agriculture is now being examined so that farmers, who will determine the issue, may be well informed before an election is called.

AGREEMENTS AND CONTROLS

Two previous articles have dealt with the British Food Agreements made without consulting parliament and the two arbitrary controls set up over farm producers; the Wheat Board Act and the Farm Products Marketing Act. Under these farmers lose all freedom over their surplus production. It has been shown that farmers are losing scores of millions by being forced to accept prices far under present world markets.

PARTIES CONCERNED

These British Agreements were later laid before parliament for ratification. The debates that ensued have revealed the attitude taken by the parties most interested. They will be discussed as we go along. These views will include those of the parties in the House, the British Ministry of Food, the Canadian Federation of Agriculture and probably the views of outside countries. A very fair picture will thus be achieved.

FAIR CONTRAST

But first it would be well to present the main factors in the agreements as they affect Canadian farmers generally in regard to the prices arranged for them, not by them, and the controls that now govern them. It should be considered fair to contrast the farm position in Canada at this with the position of farmers in the U.S.A.

PRICES AND COSTS

In Article 10 Canadian farm prices in almost all lines were shown to be about 45 per cent less than those obtained by U.S.A. farmers. At the same time, as disclosed in Senate debates, the U.S.A. farmer can buy a whole range of supplies for farm and home, tractors, farm implements, electrical equipment, cars and so forth, at a price about 30 per cent less than these cost the Canadian farmer, and the U.S.A. farmer retains his freedom in a free market.

BASIC EXCHANGE

Bringing the matter down to a concrete basis so that the position may be better understood by the hard working farmer of the back concessions we quote from Hansard debates, P.1742: "A tractor bought in Canada costs 1,225 bu. of good hard wheat; in the U.S.A. 710 bu. The same tractor costs 11 finished 1,000-lb. steers in Canada, only 6 in the U.S.A. For the same machine it takes 46 selected, 210 lb. Canadian hogs and only 26 in the U.S.A."

PARITY QUESTION

Later on the matter of parity in farm prices will be taken up for it entered into the House debates on these British agreements. Farmers across the border have won a parity position as the above figures indicate. That desired goal is still to be achieved in Canada. On the domestic level it will be seen, therefore, that the Canadian farmer as to both prices and costs is in an unfavorable position compared with his neighbor across the line.

MAIN FACTORS

Now in regard to the situation generally and the British agreements particularly, the question is, have the constantly changing policies of our present government led to the agricultural stability it will be of interest to quote the man commitments in these by-lateral country in world markets? The answer is found in Hansard, Feb. 3, in the address of John Bracken which will be quoted later.

DEALS CONFIRMED

Getting away from the domestic picture to again open up the question of the British agreements for further detailed discussion it will be of interest to quote the main commitments in these by-lateral arrangements. The Minister of Agriculture and the Minister of Trade and Commerce for Canada arranged with Mr. Strachey, the British Minister of Food, to supply the following quantities of Canadian foodstuffs for the periods mentioned.

MAIN CONTRACTS

Under the Wheat Board, a total of 600 million bushels of wheat for a tentative 4-year delivery. Under the Marketing Act, the following: 120 million lbs. of beef annually down to 1949; 10 million lbs. of mutton and lamb to 1947; 83 million dozen eggs for the next two years; 600,000 cases of processed milk products to 1948 and 125 million lbs. of cheese down to May, 1948. Discussion on these will continue as we go along.



Hello Homemakers! A cool atmosphere in a home is a relief on hot, muggy days. Better yet a tall, cool drink is certain to make one feel fine!

Untidiness, stale cooking odors, wilted flowers all seem to add to the intensity of the heat. Picture instead a tidy, airy living room with cool colors, bowls of fresh garden flowers and clean crisp curtains. Now if someone drops in you are ready to serve a summer drink in attractive glasses with lots of ice. Don't spend too much time on the preparation of refreshing beverages, but make one to enjoy and it is good policy to always have one on hand chilled and ready to serve. Here we list some tempters.

1 tsp. vanilla
1 pint ice cream.
Melt chocolate, add boiling water and boil until thick. Add sugar and milk and cook 5 minutes. Chill, add flavouring, salt and half the ice cream. Then beat with a rotary beater until well blended. Serve in tall glasses with a tablespoon of ice cream.

THE QUESTION BOX

Mrs. H. C. asks: Can raspberry vinegar be used for boiled salad dressing or just beverages?

Answer: It should have some milder-of-vinegar added and then aged for four months to make it good vinegar and then it may be used in French salad dressing. Raspberry vinegar may also be used in quantities of 1/4 cup juice with one cup water for beverage.

Mrs. T. C. asks: Can gelatin moulds be allowed to set again if they become watery in a warm place.

Answer: Yes, gelatin mixtures lose very little nutritive value. Mrs. M. J. asks: Would you wax a highly polished table to prevent plastic tablecloth from sticking to it.

Answer: Yes, although a cotton silence cloth is the ideal covering with the plastic over it.

Mr. T. F. asks: If milk is purchased from an accredited herd is it necessary to pasteurize it and if so, at what temperature.

Answer: Yes, pasteurization of milk

TEA TINKLE

1/2 cup water
1/4 cup granulated sugar
12 sprigs mint, chopped
1/2 cup grapefruit juice
1 1/2 cups freshly made tea
1/4 tsp. salt
Combine water and sugar; simmer 8 minutes. Pour over the chopped mint leaves. Cool, stir into fruit juice, salt and tea. Pour over ice in 4 tall glasses and stir. Serves 4. For extra flavour, add 1 tsp. currant jelly to each glass of Tea Tinkle.

PINK PARTY PUNCH

1 tin grapefruit juice
1/2 tin apple juice
3 tbsps. maraschino juice
1 cup gingerale.
Combine all ingredients; mix thoroughly and add 1/2 tray ice cubes. Chill until frosty. Serve with a cherry for each glass.

PRUNE PICK UP

1 cup prune juice
2 tbsps. lemon juice
1 tsp. honey syrup
Few grains cinnamon.
Chill thoroughly in electric refrigerator. Serve over crushed ice in fruit juice glasses. Top with lemon slices.

FROST MINT CHOCOLATE

2 squares chocolate
1/4 tsp. salt
1/2 tsp. peppermint extract
1 quart milk
1/2 cup sugar

Money To Loan

National Housing Act Loans 4 1/2%
Commercial Loans 5 to 6%

You'll Like Our Efficient Service

J.V. Bonhomme

REAL ESTATE—INSURANCE—MORTGAGES

Room 3 Gordon Block, Pine St. N. Phone 2250

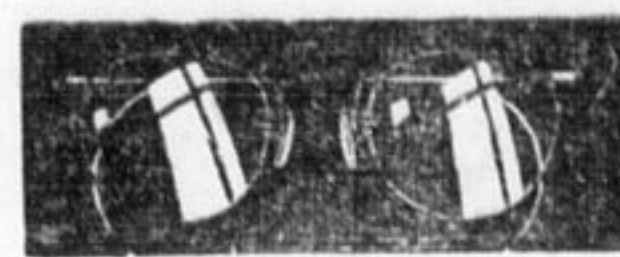
COLORFUL FOODS

The gay table can be the good table, according to nutrition experts. Green and red and yellow and orange are favourite colors with the people who know their food values. "Something crisp — something colored" for summer, they say.

At this time of the year the specialists in dietary suggest that tables should be loaded with glistening leaves of lettuce, ice-cold celery, tall glasses of chilled orange juice, bowls of golden carrots, tender green peas, beans and leafy vegetables, and red tomato juice.

is cheap health insurance on the farm. A thermometer reading of 130 degrees should be used for 3 minutes.

Ann Allan invites you to write to her (c-o The Porcupine Advance). Send in your suggestions on home-making problems and watch this column for replies.



EYES EXAMINED GLASSES FITTED

WITH SCIENTIFIC ACCURACY

BY

Irvin Rosner, R.O.

EYESIGHT SPECIALIST

For Appointment Phone 1877

13-A PINE ST. NORTH

(Ostrosser Bldg.)

Timmins

BUSINESS DIRECTORY

SMITH & ELSTON LIMITED

Plumbing and Heating
Sheet Metal
Air Conditioning
Contractors

Phone 327

71 Third Ave., Timmins

MUSICAL INSTRUMENTS



R.C.A. Record Players \$19.95

MUSIC BOX

76 1/2 Third Ave.

PHONE 3525

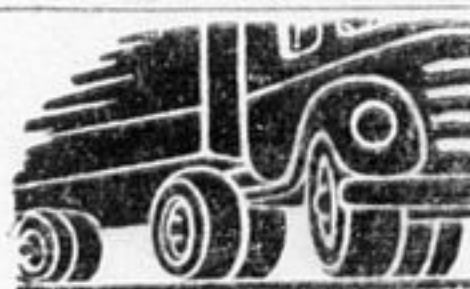
"EVERYTHING IN MUSIC"



Wedding Invitations
Personal Stationery
receive careful attention at

The Porcupine Advance

219 Algonquin Blvd., East



MOVING and STORAGE

Don't Make A Move... without consulting us! We make moving pleasant and simple, with expert service.

United Movers

Phone 510 83 Third Ave.

Night Phone 1733

WASHER and MOTOR Service

Fast, reliable service on any make electric or engine-drive washer, vacuum cleaner, floor polisher or ironer.

Full Stock of Parts
Cycle Changed -- Any Make.

Beatty

J. F. PARKER

33A THIRD AVE., PHONE 391

MONEY

Quick, Confidential LOAN SERVICE

On property anywhere in the Porcupine Camp, to build or buy other property or finance business. Pay back in monthly payments up to six years.

— All lines of insurance —

J.J. McKAY

PHONE 1125 32 THIRD AVE.

Dependability



You can depend on having your milk at the front door when you order from

TIMMINS DAIRY

57 KIRBY

PHONE 935

PICK a PEPSI

BIGGER!

BETTER!



Pepsi-Cola hits the spot anytime! There's twice as much in the big 12-ounce bottle!

"Pepsi-Cola" is the registered trade mark in Canada of the Pepsi-Cola Company of Canada Limited

Radio House



ALL MAKES OF RADIOS CHECKED AND REPAIRED

For Quick Pick-Up

Phone 3690

103 PINE ST., SOUTH

PAUL'S

Furniture Exchange

36 Wilson Ave. Phone 3825



We Buy Sell & Trade

Phone Today

Also

MASSEY HARRIS AGENT

TIMMINS' LEADING STYLE CENTRE



SMART SET DRESS SHOPPE

EMPIRE BLOCK TIMMINS