

Church Directory

First United Church Timmins
Minister: REV. W. M. MUSTARD, M.A., B.D.
Morning Worship—10.45 a.m.
Evening Worship—7.00 p.m.
SUNDAY SCHOOL
For all 12 and over—12.15 p.m.
For all under 12—2.30 p.m.

Christian Science Society
Oddfellows' Hall, Spruce Street North
SUNDAY, MARCH 19, 1944
"MATTER"

The Golden Text—"Turn ye not unto idols, nor make to yourselves molten gods: I am the Lord your God." (Leviticus 19:4)
9.45 a.m.—Sunday School
11.00 a.m.—Sunday Service
Christian Science Reading Room, McGinnis Block, 13 Pine St. North. Open every weekday except Thursday and holidays from 12 noon to 5 p.m.

Mountjoy United Church
100 Mountjoy Street S.
Minister: REV. E. GILMOUR-SMITH, B.A.
11 a.m.—Morning Worship
7 p.m.—Evening Worship
Sunday School
12.15—for 9 years and over
2.00—for 8 years and under.

The Presbyterian Church in Canada
MACKAY PRESBYTERIAN CHURCH
113 ELM STREET SOUTH
Minister: Rev. Dr. Geo. Aitken, Th.D.
10 a.m.—Sunday School
11 a.m.—Morning Worship
7 p.m.—Evening Worship
You Are Welcome

B'nai Israel Synagogue
Cedar Street North
ISRAEL I. HALPERN, Rabbi
W. LINDER, Cantor

St. Matthew's Church
Sector: Rev. Canon Cushing, B.A., L. Th.
11.00 a.m.—Morning Prayer
3.00 p.m.—Sunday School
4.15 p.m.—Baptisms
7.00 p.m.—Evening Prayer
Holy Communion on 1st Sunday of month at 11 a.m., on 2nd and 5th Sundays at 8.30 a.m.; and on 3rd Sunday at 7 p.m.

Schumacher Anglican Church
BANK OF COMMERCE BLDG.
Captain Mitchell, C.A.
10.00 a.m.—Sunday School
11.00 a.m.—Morning Prayer

United Church
South Porcupine, Ont.
BLOOR AVENUE
REV. J. C. THOMPSON
11.00 a.m.—Morning Service
Evening Service—7.00 p.m.
SUNDAY SCHOOL
10.00 a.m.—For all 12 years and over
11.00 a.m.—Dome Sunday School
2.00 p.m.—For all below 12 years

The Salvation Army
CAPT. and MRS. DOUGLAS CHURCH
Services Sunday—11 a.m. and 7.00 p.m.
Wed. 2.30—Home League
Thurs. 8.00 p.m.—Public Meeting
You are invited to attend these Gospel Services.

Clean Rooms
BY
Day or Week
Very Reasonable Rates
Quiet Atmosphere

The King Edward Hotel
Cor. Spruce St. and Third Ave.
PHONE 324 TIMMINS

TEN YEARS AGO IN TIMMINS

From data in the Porcupine Advance Files

The following announcement appeared in The Advance ten years ago: "Word from Toronto is to the effect that in view of the sportsmen of Timmins and the North, guaranteeing a share of the cost of the new dam proposed for Frederickhouse Lake, the work will be taken up at an early date, the government to do its part in meeting the cost. The building of the dam will mean the preservation of the noted hunting ground at Frederickhouse Lake and it is hoped that an immediate start will be made to this end.

On Monday, March 12th, 1934, proceedings at the Ontario Legislature were of special interest and importance to the North Land. Three million dollars were to be set apart out of Ontario's consolidated revenue fund for Northern Ontario development, the Legislature decided in approving a resolution submitted to the House by Hon. Wm. Finlayson, Minister of Lands and Forests. The resolution, a routine one, was passed with little discussion, according to the despatches from Toronto. The money, the measure, said should be applied for the purposes set out in the Northern Development Act and the Returned Soldiers' and Sailors' Settlement Act, or any of them. In explaining the resolution, Mr. Finlayson said a lump sum had been voted each year since 1912, and in that time \$63,000,000 had been voted for the Northern districts. In 1933 the vote was cut from \$5,900,000 to \$3,000,000.

The tax rate for Timmins for 1934 as struck by the town council at their meeting Thursday, March 8th, 1934, was 60.68 mills for public school supporters and 76.16 mills for separate school supporters. The previous year the rate for public school supporters was 60.02 mills, while for separate school supporters it was 72.98 mills.

The Timmins Kiwanis Club on Monday, March 12th, 1934, had the honour of entertaining a distinguished visitor in the person of Sir Arthur Balfour, head of the firm of Arthur Balfour, Limited, a branch of the famous English firm engaged in the steel and iron trade. Sir Arthur Balfour was one of the most outstanding industrial leaders in England, and was on the advisory research committee consulted by the British Government. Sir Arthur was in Timmins ten years ago in connection with business of his firm, being accompanied here by R. Bradburn, Canadian representative of

Trinity United Church
Schumacher
AND
Porcupine United Church
Minister: Rev. Lars W. Carlson, B.A.
Morning Worship—Schumacher 11 a.m.
Afternoon Service—Delnute 2.30 p.m.
Evening Service—Golden City—7.00 p.m.
SUNDAY SCHOOL
Golden City—11 a.m.
Delnute—1.30 p.m.
Schumacher—2.00 p.m.
Come to our friendly, inspirational Services
See that your children are at Sunday School

St. Paul's Church
South Porcupine, Ont.
Ven. J. E. Woodall, D.D., Minister
Sunday Services
10.00 a.m.—Sunday School
10.15 a.m.—Junior Bible Class
11.00 a.m.—Morning Prayer
7 p.m.—Evening Prayer
Holy Communion on 1st Sunday at 11 a.m.
2nd and 4th Sunday at 8 a.m.
3rd and 5th Sunday at 7 p.m.
Baptisms and Marriages by arrangement.

St. Luke's Evangelical Lutheran Church
South Porcupine, Ont.
(Missouri Synod)
Rev. E. Roth, Pastor
Divine Service at 8:30 p.m. in the Anglican Church, South Porcupine. All are welcome.

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the company, Sir Arthur Balfour talked on world conditions from new standpoints and suggested remedies with new inspiration.

With only two rehearsals, a fine choir gave a Scottish programme over the air on Monday evening, March 12th, 1934, from the local station. The choir was under the leadership of Jas. Geils and the programme throughout was heard with much interest.

The following appeared in The Advance ten years ago: "As announced in The Advance last week the annual classes of Prospectors, conducted under the auspices of the Ontario Dept. of Mines will be held this year in the Public School, Schumacher, commencing on Monday next week and continuing for eight days. The course will be under the direction of Dr. E. M. Burwash who has met with success in these classes in past years.

Five rinks from Kirkland Lake paid a visit to Timmins Curling club ten years ago and enjoyed games here. Two of the rinks played Timmins for the Englehart Cup and were successful in lifting that trophy. Two other rinks contested the T. & N. O. trophy, but the Timmins curlers were able to keep the trophy here. The fifth rink from Kirkland Lake played a friendly game with a Timmins rink.

The Ladies' Auxiliary of the Canadian Legion had an open social in the Oddfellows' Hall on March 5th, 1934, with about fifty being present. A very enjoyable time was passed in dancing and games. Jimmy Ormston provided music for the dancing, and a delightful lunch was served.

Among the local and personal items appearing in The Advance ten years ago were the following: "Rev. Father Austin Clinton, who has recently been ordained for the Archdiocese of Vancouver, and who has spent a few days in Timmins, visiting his aunt, Mrs. P. Lacroix left on Monday to take up his new duties. Father Clinton has many friends in Timmins who wish him every success in his new work." "Born—In Timmins on Friday, March 9th, 1934, to Mr. and Mrs. Eric Fleming, 166 Elm street north—a daughter." "Mrs. R. V. Nixon, Jr. (Formerly Miss Bessie Caldwell) who spent the previous week in town visiting her mother, Mrs. M. B. Caldwell, left on Saturday for her home in Cochrane." "When coming off shift at Hollinger on Tuesday, Andrew Jardna had the ill-fortune to slip on some ice and break his leg. He was taken to the hospital where he is making progress to recovery." "S. G. Fowler is attending the Legion convention at Ottawa this week as representative of the Timmins branch." "Born—In Timmins on Friday, March 9th, 1934, to Mr. and Mrs. Ken Fitzpatrick, Lake Shore Road—a son." "Mr. and Mrs. David Bough left on Tuesday for Toronto, owing to the serious illness of Mr. Bough's father." "Mr. and Mrs. James Aspin, of Kirkland Lake, spent the week-end with Mrs. Aspin's parents Mr. and Mrs. T. J. Lainsbury, Timmins." "Miss Julia Jemmett, of Orillia, returned home last week after being called here on account of the death and funeral of her father, the late John Jemmett." "Mrs. D. Martin is home again and is well on the road to recovery after her serious operation at St. Mary's hospital three weeks ago." "Friends in Timmins will be pleased to know that T. W. White, of Kirkland Lake, who has been seriously ill in St. Michael's hospital, Toronto, took a turn for the better on Friday of last week, and has been improving steadily since." "Sympathy will be extended from all to D. B. Curtis, in the recent death of his sister, Mrs. G. F. Spearin, who died at her home in Toronto. Mr. Curtis was at Georgetown last week attending the funeral." "The District Children's Aid this week received a very acceptable donation of \$79.80 from A. Laprairie, manager of the Timmins Charity Turkey Stag, this being the cheque received from the Treasury Dept. of the Ontario Government as a return of the amusement tax for the Charity Turkey Stag, the event being for charitable purposes."

Enquiries from a number of housewives: Why do some ration coupons have expiry dates, others not. The Consumer Branch of the Price Board explains that sugar, tea, coffee and preserve coupons have not a set expiry date because they offer little storage problem, can be kept well. Meat and butter coupons do expire because they are perishable and present storage and distribution problems. If there were no expiry dates for these, they explain, people could save up meat coupons for several months and buy large quantities all at once. This would cause considerable complications and suppliers would not be able to foresee demands which the presentation of saved-up coupons to bring. Perishable foods must move out on a steady basis in relation to production if proper distribution is to be maintained.

Owing to lack of accommodation, when a serving officer or soldier wants his family in Canada to move to Newfoundland he must not submit an application to N.D.H.Q. who in turn forward it to the Department of External Affairs for consideration. Plenty of our men are now serving in "Newfie" as they call it.

Highlights of the annual report of the Governor of the Bank of Canada: While the Dominion Government's domestic debt has quadrupled since the war, net interest charges increased only 52 per cent, and in relation to national income, burden of debt charges are now less than those of twenty years ago. The report stresses the magnitude of adjustments necessary to maintain high employment after the war, which will take bold planning by labour, farm and business organizations as well as government. Points out in 1939 about 4,000,000 Canadians were gainfully occupied and at least 300,000 available for work were not employed. By the end of 1943 gainfully occupied rose to about 5,100,000 but about 1,909,000 of these in the armed forces, war work or producing food required for special wartime exports. Number available to meet civilian needs fell to about 3,200,000, but at same time the average standard of living had risen considerably, higher than ever before. He concludes that after the war at least 4,700,000 workers will be available for employment in civilian jobs, or at least 1,500,000 more than number employed in that sector of the economy at present time.

Finnish Church Group Give \$20 to Red Cross

The Canadian Red Cross group of the Finnish United Church ladies held their regular work meeting at the home of Rev. and Mrs. A. I. Heinonen, 53 Rea street south, Thursday evening, March 9th. During a short business period Miss Ellie Heinonen, secretary-treasurer of the group, presented a short report on the financial condition of the treasury. It was agreed to donate the sum of \$20 to the current Canadian Red Cross drive. Many cards and letters received from the boys in the services overseas were read by Rev. Heinonen. The boys thanked the group for the parcels sent to them for Christmas and other times. The group has sent regularly parcels of cheer to the boys overseas. Contributions have also been made to the Canadian Red Cross, the Bomb Victims' Fund, to War Orphans of Britain, etc. At work meetings an offering is received for the treasury of the Group. From these monies donations are made for Canadian patriotic and war service organizations. Mrs. Rachel Leivo, President of the Group, presided at the business meeting. Rev. A. I. Heinonen conducted the devotional period. Mrs. A. I. Heinonen, assisted by her daughters, Ellie, Leah and Vera, served refreshments at the close of the meeting. It was decided to hold the next work meeting at the home of Mr. and Mrs. L. P. Punkari, 159 Charles



A WEEKLY EDITOR LOOKS AT Ottawa

Written specially for the weekly newspapers of Canada

By Jim Greenblat
One of the fine things being done by the Canadian Legion in Ottawa is the organized meeting of all trains carrying Canadian service folks coming back from overseas; refreshments, cigarettes and pretty girls make an appreciated welcome at the capital. The City Council is co-operating with the Legion in this work.

Some idea of the great cost of government is revealed in one seemingly insignificant item. Do you know that window cleaning in the government buildings in Ottawa during 1943 cost \$33,223.15. In 1938 it cost \$16,160.05, which gives one some conception of the many new temporary buildings which have been necessary to the war economy.

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An incentive for civilians to "give" to the Red Cross current campaign for funds, is knowledge of the fact that men of our Army, Navy and Air Force will not contribute directly to more nutritious parcels for Canadian prisoners-of-war. Rations scale amendment for the armed services gives them 1 1-3 ounces butter instead of 1 1/4 each day, and the cheese ration is cut from half an ounce to three-eighths. But jam and lard are being increased for them to keep the calories stable. The change in food content, slight as it appears, will enrich 30,000 parcels a week for Commonwealth prisoners in the Far East and 80,000 parcels a week for Allied prisoners of war in Europe. Our cash donations to the Red Cross won't hurt either.

Here's a point the Department of Agriculture wants cleared up. Under permit from the Agricultural Food Board, milk distributors and manufacturers may buy from additional milk producers. But no permits are granted without sharp consideration. Purpose of the stabilization order is to prevent diversion of milk from urgently needed manufactured dairy products. After all most people agree that milk should be distributed fairly, thus some form of control is needed. From October 1st to early in February, the board issued 1,500 permits. As each permit bears on an average the name of 4 to 6 producers, six to one thousand producers were allowed to change their sales outlet since October 1.

In a speech, Navy Minister Angus Macdonald said that a hundred million tons of food, fuel and war supplies have been transported across the Atlantic since the war began by merchant seamen of Canada and other United Nations. Some achievement! These men

are the salt of the earth, not only of the sea.

All provinces reported a higher income when the cash income of Canadian farmers reached a new high level in the year just gone by. The estimated returns from the sale of farm products reached \$1,397,020,000, an increase of \$282 million over 1942.

Relatives who haven't received Fifth Victory Loan bonds yet as bought by our troops overseas, will get them soon according to National Defence Headquarters at Ottawa. Application forms were, of course, originally completed in the field, a large number from the Mediterranean area. Delivery of the bonds will be hastened when the application forms reach Ottawa from Canadian Military Headquarters in London.

Another boost for the Red Cross. Recently 290 English wives of Canadian soldiers and 83 babies born of the marriages, reached this country, part of the 16,000 brides Canucks have taken in the United Kingdom. Representatives of the Canadian Red Cross met them at point of embarkation, accompanied them to Montreal and Toronto, giving them the low down on our money, rationing, customs and geography.

In the proposal of the United States to buy 175 million bushels of wheat from Canada in 1944, the plan is that the buyers will move 40 million bushels direct from western country points in U.S. railways cars; 39 million via ship from Vancouver and other Pacific ports and 105 million by lake ship during the current season of navigation.

Reduction of the butter ration by eight ounces starting this month, until further notice, has been brought about by decreased production in November, December and January—5,400,000 lbs. below that of a year ago. An important factor in the decline was the 1943-44 winter subsidy payments which diverted milk from butter to cheese production.

Odds and ends: Soldiers and CWAC's on furlough hereafter may wear civilian clothes, but they must leave their stations and return in uniform. . . . the Bureau of Statistics announces that Canada's national income rocketed 17.3 per cent during 1943, a new high of \$3,800,000,000 from \$7,500,000,000 in 1942. . . . stocks of our wheat in store or transit on February 1 totalled 344,435,378 bushels. The visible supply that date last year was 456,722,851 bushels. . . . Profit from Bank of Canada operations in 1943 was \$15,911,478. . . . Entire capital is held by the Dominion Government.

Recent Bride Honoured at Shower Thursday

Mrs. R. L. Heath is Guest of Honour at Home of Miss J. Ralph.

Miss Janet Ralph and Miss Ruby Neilson were co-hostesses at the former's home, 84 Maple street south, on Thursday evening last, at a lovely cup and saucer shower in honour of Mrs. R. L. Heath. Mrs. Heath is the former Miss Jean Barr of Schumacher, who became the bride of L.A.C. Heath, the latter part of February.

A very pleasant evening was spent, the guests joining in the game of bingo and Anne Sullivan and Elizabeth Romiscen both carrying the prizes. Miss Neilson wheeled the gifts, very prettily arranged on a tea wagon into the room. A novel idea was that of having a very useful recipe attached to each gift. Mrs. Heath thanked each of her friends very appropriately for their lovely gifts and kind wishes. Following the delightful social even-

Beauty and You

by PATRICIA LINDSAY

Believe It or Not, Underweights Require an Exercise Routine

A widely known authority on corrective gymnastics for girls and women makes this statement: "I have yet to find a woman underweight who has adopted a balanced regime of diet and exercise who did not at once begin to gain weight. It is easier to reduce than to gain weight, but in no normal instance (where no chronic or acute illness prevails) is adding weight an impossibility."



Photo courtesy of Shulton. Follow your nightly exercise period with a warm bubble bath refreshingly scented with pine. Knit while you relax in the pleasing aroma.

She advises underweights: Have a doctor's examination; speak to him about your diet; follow his advice; rest after each meal if possible for ten or fifteen minutes. And tone up your flaccid muscles and quiet nerve strain. Here are three exercises which Miss Dorothy Nye suggests for underweights:

- 1—Lie at on back, arms stretched toward ceiling or raised overhead. Stretch the whole body, pushing heels downward and pulling head and shoulders upward from middle. Then, keeping the body stretched, twist and turn as follows: Raise right hip while shoulder remain flat. Then the left hip. Next let hips remain flat and roll up and over first the right shoulder, and then the left shoulder. Then go limp. Repeat each step of stretching and complete relaxation five times. The alternate stretching and relaxing quickens the circulation of the blood all through the body and so reduces stiffness and tension.
- 2—Lie on back, arms at side. Lift right arm and let fall over head relaxed, and at the same time pull left knee back to chest. Let arm and leg fall back in place. Alternate, using left arm and right knee. Be sure there is absolute relaxation in the neck muscles through the exercises. Repeat thirty times, resting after each ten.
- 3—Lie on back with arms out to side. Pull right knee back to chest, swing it across to left side of body, then straight down to first position. Repeat with left knee, alternating each time. Six times. Rest. Twelve to eighteen times a day.

(Released by The Bell Syndicate, Inc.)

ing, the hostesses served an especially dainty and delicious lunch. Present at the shower were: Mrs. W. A. Barr, Miss Anne Sullivan, Miss Kathleen Christopher, Miss Elizabeth Romiscen, Mrs. James Ralph, the guest of honour, Mrs. Heath, and the hostesses, Misses Janet Ralph and Ruby Neilson.

Unable to attend but sending gifts were: Mrs. Roy Heath, Miss Mary Adams and Miss Lois Phillips.

Huntingdon Gleaner: Men with a new spirit will do more for the new world than men with only a new plan can ever do.

OUCH! Having told all his friends that he was going to retire, Sandy excited some comment by continuing to catch the 8.45 to the city. At last one of them tackled him. "Here, Sandy," he said, "didn't you tell us that you had retired?" "Ay, and I have," replied Sandy; "but I must work out my season ticket, ye ken." — North Bay Nugget.

Dominion Giant Zinnias 4 Pkts for 15¢
Four Best Colors: SCARLET, YELLOW, LAVENDER, ROSE.
Dominion Superb Seeds, 4 Giant Zinnias in 4 regular full size packets of each color (value 40¢) sent postpaid for only 15¢. Don't miss this remarkable offer. FREE—Our Big 1944 Seed and Nursery Book. Best yet. Send today. 22 DOMINION SEED HOUSE, GEORGETOWN, ONT.

KEEPS STOVES BLACK AND BRIGHT
ZEBRA LIQUID or PASTE STOVE POLISH

Fire Insurance Automobile Insurance
ENQUIRE ABOUT OUR NEW LOW RATES
REAL ESTATE
SULLIVAN & NEWTON
SECURITY (Est 1912) SERVICE
21 PINE STREET NORTH TIMMINS, ONT.

HELP!
YOUR TIMMINS RED CROSS DRIVE
\$22,600 has been Subscribed to date, \$12,400 still needed to meet the quota of \$35,000 for Timmins.
If the canvasser has not called on you, send or bring your subscription to Red Cross Headquarters—Bank of Commerce Building—PHONE 630
DRIVE ENDS SATURDAY



Mother's

If you want your youngsters to be strong and healthy start them to-day drinking Timmins Dairy Milk, because of its richness, purity and health-giving ingredients.

Timmins Dairy
Telephone 935