

# Indian Pudding Has Been A New England Specialty For Some Generations

### Method of Making in the Colonial Days Was Different From the Recipe of To-day. Indian Pudding With Tapioca and Cornmeal. Recipes for Puddings.

INDIAN PUDDING — THEN AND NOW

BY EDITH M. BARBER

Method of Baking in Colonial Days Different From Recipe Used Today—With Tapioca and Cornmeal.

Indian pudding has been a New England specialty for generations. Colonial housewives certainly improved upon the original recipe, of it ever came from the first inhabitants of this country. Probably it was first cal-



led Indian corn pudding to describe the cornmeal, which furnishes the foundation.

The milk is another important ingredient was of course unknown in this country until cattle were brought over from the Old World. Maple sugar was probably used for sweetening for long years until molasses became a commodity.

When the Dutch oven was heated for many hours before the coals were raked from it, a pudding was put in to bake after the pies and loaves of bread had come out. The last remnants of heat were used for baking the beans and the pudding. Today we bake Indian pudding in an oven whose heat can be regulated merely by setting the temperature control.

A recipe for a type of Indian pudding which contains both tapioca and cornmeal was given to me by my friend Mrs. Edward Payson Jones of Winsted, Conn. This recipe came from Vermont and is known as Ascutney pudding, taking its title from the mountain of that name.

#### Indian Pudding

- 4 cups milk
  - 1/2 cup molasses
  - 1/2 cup sugar
  - 1-3 cup yellow cornmeal
  - 1/2 teaspoon salt
  - 1/2 teaspoon cinnamon
  - 1/2 teaspoon nutmeg
  - 2 tablespoon butter
- Heat three cups of the milk in top of double boiler. Add molasses, sugar, cornmeal, salt, spices and butter. Cook over hot water stirring occasionally about twenty minutes, or until mixture thickens. Pour 1 1/2 quart casserole and add remaining cold milk without stirring. Bake in a slow oven, 300 degrees F., two and one-half hours. Serve warm with plain cream or with small balls of ice cream.

#### Escutney Pudding

- 1 1/2 cup cold water
- 1/2 cup yellow cornmeal
- 1 cup scalded milk
- 1/2 cup sugar
- 1/2 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- 1/2 teaspoon ginger
- 1 teaspoon salt
- 1 egg, well beaten
- 1/2 cup cold milk
- 1-2 cup raisins.

Soak tapioca in cold water several hours. Scald milk in top of double boiler, sprinkle in cornmeal, stirring constantly and cook four to five minutes. Stir in tapioca and cook five minutes. Remove from heat add molasses, sugar, spices, salt and egg and blend well. Pour in 1 1/2 quart casserole set in pan of hot water and bake in a moderate oven, 30 degrees F. After ten minutes add cold milk and raisins, but do not stir. Bake two hours.

(Released by The Bell Syndicate, Inc.)

### Northern Reeve Seeking 25th Term in Twp. Council

Here is an item for the scrap book: Reeve Emile Martel of Brethour township, Temiskaming District, is seeking a twenty-fifth term in the Township council. He was a member of the first council after Brethour was incorporated some thirty-five years ago, and since then has been out of the council for only ten years. He has been a councillor for nine different years and has held the position of reeve for no less than sixteen terms. He is ready, he suggests to give anyone else a run for the reevehip. Apparently the "third term" bogey does not exist in Brethour.

#### THIS WAY, PLEASE

Teacher: "What would do for a sick duck?"  
Biology student: "Call a 'quack doctor.'  
Teacher: "And what would you do for a sick frog?"  
Biology student: "Nothing. Let him croak."  
—Sudbury Star

### Bride-to-be Honoured at Delightful Linen Shower

Miss Elsie Gallino, bride-to-be, was guest of honour on Thursday evening at a delightfully arranged linen shower at the home of Miss Eleanor Bertolotti of Pine street, south.  
About thirty friends of the guest of honour attended the event, and enjoyed bingo and other games during the evening. The hostess served a delicious lunch, and many lovely gifts were received by Miss Gallino, who becomes the bride of Mr. Romeo Spada on December 9th.

### German Sailors Like the Woodchuck. Also There Are Italians

#### Frankness, A New World. Blind Fish, Etc.

Writing in his column in The Toronto Telegram, Thomas Richard Henry has the following this week:—

#### Vichy

Today Old Musso reviewed Italian military successes in Greece and Italian naval successes at Taranto.  
It looks as if Musso will have to pull down the old Roman slogan, which ran: "Veni, vidi, vici" and nail up the one immortalized by Joe Jacobs—"We won, robbed."  
Or maybe he could compromise on "Vichy, Vichy, Vichy," which doesn't mean conquer.

#### A New World

Editorially the Globe draws attention to the "superfluity" of Government explanation.  
It is a new word to us, but maybe they were just pointing out that these explanations were very much all wet. Why not use the French word "Allouette?"

#### Delayed Too Long

Rather unkindly one newspaper puts a caption over a picture of the backward invasion of Greece reading: "First Greek war picture shows Italians in flight."  
This is quite unnecessary. With rapid transportation and high-speed cameras it should have been possible to have caught one picture of the Italians before they started to retreat.

#### German Sailors

Those German boats that scooted back into Tampa bay when they sighted a U. S. neutrality patrol had better not try to sneak out on a sunny day either.  
They might get scared back into port by their own shadow like the February woodchuck.

#### Russia

We hope Russia and Germany fall out, but we hope that Stalin carries on his own quarrel with Hitler and doesn't identify himself with Britain's quarrel.  
Stalin's idea of the rights of other people differ very little from Hitler's. That is why they can make deals together—and that possibly, is why they will fall out in the long run.

#### Not Enough

Passengers of the Rangitiki sang Scottish songs while being attacked by a German raider.  
The raider apparently stayed quite a distance away from the Rangitiki—but these boats should carry bagpipes—that would really keep them away. (Having got all the Irishmen sore at us we might as well make the Scots sore too.)

#### Frankness

The lady on a radio programme Saturday night said that one of the characteristics of the present day was that people spoke quite frankly about things that would not be even whispered a decade ago.  
We turned up the radio.  
She said one of these was personal daintiness.  
We turned down the radio again.  
We did hear her use the word daintified however, and wondered if it was the feminine of "dandified".  
But her remarks made us think of a little incident that happened up country once that seemed to show that people in former days could speak quite frankly about personal daintiness when the occasion seemed to make it a good idea.

There was an old codger, known as "the Hermit" because he lived alone in a shack adjacent to his pig pen and it was a little hard to determine which was which unless the hermit or the pigs happened to be home. He was a great reader and his mind was shining bright despite the fact that his corporeal being sort of wallowed in unwashed ease.  
Occasionally he wandered into town and on one occasion he happened to occupy a store at the same time as two ladies.

Quite audibly and probably with malice aforethought one of the ladies said to her companion: "What smells so horribly?"  
"Madame, you smell and I stink," stated the old man mildly.

#### Darkness and Light

We have one of those silent electric light switches now, and we must admit that darkness now falls as softly as the feather wadded downward from the eagle in its flight and light comes as quietly as the breaking of dawn in a summer dell.

However, the boards on our stairway still creak and the doors persist in banging so what's the use.

We might as well stick to the old-style switch and let the light come on like a train of fire engines every day. It is rather nice however, getting the light without the click—but what we need is a switch that will give us light without heat.

Sometimes two or three A movie house shows this sign for this week:

### THE DOCTOR TAKES A WIFE A CHILD IS BORN Some Are Nice

Sort of a sidelight is given on the upper crust in our fair town.  
Some of them apparently help out at the Soldiers Club in downtown Toronto.

"I know a lot of them are young skunks when they gang up together, but they really act like nice people to know when they mix with ordinary people in doing their bit for the boys," declares one observer.

#### Abitibi

J.K. writes: "I wonder who foots the bill for a Royal Commission, etc., to settle an apparent squabble between bondholders and shareholders of Abitibi. Surely the taxpayer should not be saddled with a such a bill. The Ontario government has no moral right to have the public pay for this sort of thing and if the latter do have to I would think that the premier is a lot more apathetic about the taxpayers' money than he thinks the people are about the war which I don't believe we are."

#### Amblyopsis Speleus

The "not a row boat for the British Empire" editors of the Saturday Evening Post print a remarkably concise, yet comprehensive description of themselves in a current issue.

The characteristic sophisticated tone with which the Post mutters "Et Tu Britain" every time it discovers some indignation on the part of Germany, is an irritation to people who see in the United States and Britain the only two great peoples left in the world who still walk the path of political freedom.

Much might have been said about Britain when the American colonies broke away. Something might have been said about Britain when she was fighting the Boers at the turn of the century. Many things might have been said about Britain in many periods of her long history.

But in 1940 only people who fit the Post's lucid description that so fully describes its own editors, can fail to recognize that Britain is the bulwark against oppression, and is fighting the battle of all people who do not want their life and property wrested from them by ruthless aggressor nations.  
It is a little untimely to stand behind a big cop risking his life to defend you and accuse him of having taken a banana from a fruit stand.

Anybody who does not recognize that the Axis powers must be stopped if freedom is to be saved, fits the terse description that the Post prints because the system of governments being fought for by Britain and still flourishing in Britain and the United States, despite its failings and its weakness, offers a greater measure of happiness and security for the average man than any system that has ever been invented.

So most of the people who have indicated that they are out to step with this magazine which refuses to recognize that U.S. contribution to Britain's victory is the greatest contribution the U.S. can make to its own security.

This magazine which was so sure that no man was indispensable has come to the conclusion that there is an indispensable metal to which money must be tied.

It probably arrives at this conclusion because it fits in with the idea of the United States trying to stay isolated from the rest of the world but still finding it necessary to do business with it.

It ridicules the statement of Doctor Funk that if Germany conquered the rest of the world she would immediately substitute something for gold as a basis of exchange because America had all the gold.

Gold has many physical and sentimental characteristics that make it attractive as a basis for money, but these attractive qualities would not weigh much in the balance if Germany controlled all those countries with which America must trade—and Germany couldn't get America's gold by force.

It would avail the Post very little to scream into the night that it is "nonsense that gold may become demonetized and sink to the value of a base metal."

The Germans are clever at providing substitutes. Providing a substitute for American gold would not be much of a strain on their ingenuity.

It seems likely that the Post's idea of the indispensability of gold would be treated with as little respect in a Nazi-dominated world as America ideas of the rights of men and of nations have been treated in nations small and weak enough to be trampled underfoot.

All in all the editors of the Saturday Evening Post printed a remarkably accurate description of themselves when they started an article about Amblyopsis Speleus which they say is a peculiar kind of blind fish.

#### OR HITCH-HIKE

At the end of the first week away from home on a new job the young husband wrote to his wife:

"Made foreman, feather in my cap."  
After the second week he wrote:

"Made manager—another feather in my cap."  
But after the third week he wired:

"Sacked—send money."  
His wife telegraphed: "Use feathers. Fly home."  
—Tatler

### LOST U.S. FLIERS IN R.C.A.F.



Recently Walter Pague (LEFT), and buddy, Ken Jarvis, were less than a week from graduating into the advanced U.S. army air corps training course, with commissions as officers. Now they are in the R.C.A.F., starting all over again at the bottom as AC2s. They explained they were expelled from the U.S. Air Force for infractions of rules—adding that infractions of the rules include going on a cross-country flying test, getting lost and turning up miles off your course. By coincidence, very close to your best girl's home.

### Should Husband Hold a Stop Watch on Another Man Kissing Friend Wife?

(From Dunnville Gazette)

One of the most asked questions in the love problems column is: "Should a married woman have dinner or cocktails with a man other than her husband?" The official answer seems to be, "If her husband consents." Lieut. Commander Ryland Tysdale, naval hero, consented—and then regretted. Anyway, the lieutenant commander with the aid of field glasses, spied on his wife and her male companion, and saw them kiss. "Their kiss lasted 40 seconds," he told the court in the divorce case. "How did you know?" asked the judge. "I timed them," said the lieutenant commander. Imagine holding the stop watch on another man kissing your wife. However, it isn't the length of the kiss that counts but the spirit of it—says you!

### Brakeman Hurt in Scuffle; His Son Dies the Next Day

(From New Liskeard Speaker)

A passenger in soldier's uniform who is alleged to have struck and injured a T. & N. O. Railway employee on a southbound train at Swastika Station on Monday afternoon, is being detained by the authorities and probably will be charged with assault, according to information available here last evening. Investigation into the affair is halted, temporarily because Roy Banks, the brakeman who was hurt in the scuffle was called to Muskoka the following day by news of the death there of a son.

Mr. Banks, well-known to travellers on the main line, was performing his regular duties on Train No. 46 when he was set upon, allegedly by a man whose name was given as Maurice Bastien, and who had come from Timmings. It was reported that the

### Canadian Marconi Company Making Large Extensions

Montreal, November 23 — To meet rapidly increasing demands for radio communication equipment for war purposes and peace-time uses, Canadian Marconi Company has at present under construction an addition to its factory premises which will provide more than 25,000 square feet of new floor space.

Although Marconi Company has been in the manufacturing business for more than thirty-six years, the first factory building on the present site was erected in 1930 to provide for increased space not available in the quarters used previously. The building then erected provided 45,000 square feet of manufacturing floor space. In 1937, a second-storey wing was added which practically doubled this area. Due to continued expansion of business, in April 1940 another floor was added to the wing erected in 1937. With the completion of this extension the original building was increased to a total of more than 100,000 square feet of floor space.

The new extension is being constructed to harmonize with the existing buildings, it is expected that these premises will be ready for use early in January 1941.

During peak production periods, the Company employs between 1000 and 1200 people, representing an annual pay-roll well in excess of one and a half million dollars, and contributes more than a quarter of a million dollars annually in municipal, provincial, federal and miscellaneous taxes.

Toronto Telegram:— The kind of thinking most people do is the wishful variety.

### Algonquin Regt. Planning Sports For the Winter

Port Arthur, Nov. 23—The Algonquin Regiment has plunged into its sport programme with vim and vigor. Bowling got under way this week and games will be played regularly from on.

Hockey practice for Company teams will begin this week-end at the Port Arthur Arena, through the co-operation of the rink directors; and the Thunder Bay Hockey Association. The league opens this week of December 15 and games will be played in the mornings.

Battalion boxers are rapidly rounding into shape for the tournament which the Battalion plans for December 3. Among the "B" Company boys taking part are Lionel "Scoop" Lalonde, C. Lesbvre, F. Lucenti and C. Allen. Jim Cottrell is lending training assistance at the work-outs, which are held every Monday, Wednesday and Friday night.

Globe and Mail:— Not only are the Nazis trying to destroy England; they are trying to destroy English history. But the defenders are making it faster than the Huns can wipe out its great memorials.

**Come & Get It Bread 4 for 25c**  
10 WILSON AVENUE

### OWN YOUR HOME

Built under National Housing Act. Small Down Payment. Balance easy monthly payments. See

**SULLIVAN & NEWTON**  
INSURANCE REAL ESTATE

Phone 104 21 Pine Street North  
TIMMINS, ONTARIO

Try The Advance Want Advertisements.



"Perhaps I am fussy . . ."

"But I do believe that absolute cleanliness is important to health. That is one reason I send all my things to the laundry. A friend of mine, a nurse, tells me that clothes leave the Timmins New Method Laundry as clean and sterile as fresh bandages at the hospital yet strong disinfectants are never used. Home washing couldn't possibly get clothes that clean."

Phone 153 Timmins or 388 South Porcupine

### TIMMINS New Method LAUNDRY

Phone 153 Timmins or 388 South Porcupine

LIMITED

## IT'S TIME TO Light Up FOR CHRISTMAS!



### Electric Candle Wreaths

Home decoration is made easy with these pretty wreaths of artificial holly glowing with an electric candle. Plenty of light helps to spread the holiday spirit. See our selection of Christmas lighting effects now.

### CHRISTMAS TREE LIGHTS for Indoors or Outdoors

Strings of multi-colored lights for outdoor illumination are becoming increasingly popular. Get yours now and give your neighbourhood the Christmas spirit. Also Christmas Tree Lights for indoor use.

### BUY LAMPS by the CARTON We Sell only Genuine EDISON MAZDA LAMPS



Don't be forced to hunt for a spare lamp when an old one burns out. See that all your empty sockets are filled with genuine Mazda Lamps. And keep a spare supply in the cupboard. 40, 60 or 100 watts now only 20c each.



### A TRILITE MAKES A

Let your Christmas Light be "Better Light". Give your home or someone else's home the gift of good, sight-saving light. These scientifically designed

### WONDERFUL PRESENT

trilites combine beauty with modern lighting. Get one of these Better Sight lamps that provide 100, 200 or 300 watts at the turn of a switch.

PRICES ARE SURPRISINGLY LOW.

EASY TERMS AVAILABLE.

## NORTHERN ONTARIO POWER COMPANY LIMITED