

About Making Biscuits That 'Melt in the Mouth'

They are Not Difficult to Make. Expert Says, and They Form the Best Supplement for Dinner or Lunch. Fruit and Cheese Variations. Recipe for Baking Powder Biscuits.

(By EDITH M. BARBER)

Can you make a good biscuit? Nothing is easier to make and nothing is better to supplement lunch or dinner which may otherwise be simple. If an unexpected guest arrives and you



with crushed or sliced fruit make good desserts and at the same time the dough may be baked, split and filled with creamed left-over meat or mushrooms which will furnish an interesting main course for a meal.

Baking Powder Biscuits

2 cups sifted flour
3 teaspoons baking powder
1/2 teaspoon salt
4 tablespoons shortening
2-3 cup milk (about)
Mix and sift dry ingredients. Cut in shortening with pastry blender, or with two knives, until the consistency of coarse cornmeal. Stir in milk to make a smooth dough. Turn out on slightly floured board, knead one-half minute and roll lightly to thickness of one-half inch. Cut in two-inch rounds with floured cutter. Bake on ungreased sheet in a hot oven (450 degrees F.) twelve to fifteen minutes. Yield: Fourteen to sixteen biscuits.

Variations of Baking Powder Biscuits

Fruit Biscuits: Add one-half cup cut raisins before milk is added.

Cheese Biscuits: Cut one-half cup grated cheese into flour with shortening.

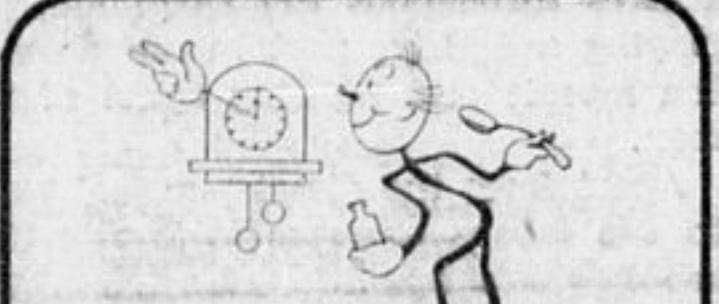
Orange Biscuits: Cut dough in one inch rounds. Press one-half lump of sugar. Dipped in orange juice, into top of each biscuit. Sprinkle with grated orange rind. Yield: About two and one-half dozen one-inch biscuits. (Released by The Bell Syndicate, Inc.)

feel that the family meal you had planned is not a sample of your best planning just mix up a batch of biscuits, serve them hot and every one will be satisfied.

Standards for biscuits differ, some like them smooth and some like them rough, but everybody likes plenty of shortening in them. This is the factor which makes them so tender; that they will almost "melt in the mouth." That is the phrase which really deserves to be used with good biscuits.

The shortening may be rubbed into the flour, salt and baking powder after they have been sifted together with a pastry blender or with the fingers if you like. The mixture should be as fine as coarse corn meal before the milk is added. Add just enough milk to mix the dough, then pat it out and cut it in rounds. If you have added too much milk drop the biscuits on the baking sheet instead of attempting to add more flour. Some people prefer drop biscuits in any case.

Biscuit dough is used as a foundation for quick cinnamon or fruit rolls or for dumplings and shortcakes. In this case be very generous with your measurement of shortening. Shortcakes



Just Two Minutes to Go

A real fighter against stubborn chest colds is Pasmore's. One dose proves its effectiveness, often giving relief in TWO MINUTES. Always have a bottle handy.



According to an economist, there is a lot to be said in favour of women having men's wages. And lots of wives say it. —Exchange

Recent Death of Talented Young Mining Engineer

The following is from The Rouyn-Noranda Press of Thursday last:

Walter Glyde Dixon, third son of Mr. and Mrs. G. W. Dixon, of Cobalt, graduate of Queen's University and a former hockey player in two leagues, was killed on Sunday while underground at the Mufilira Copper Corporation at Ndla, Northern Rhodesia, according to cables received by his parents yesterday. The funeral of the young engineer, for some time a member of the staff at the Noranda mine, was held on Tuesday, deceased being accorded full military honors. He was associated with a military unit in Africa. His untimely death ends a career that held much of promise.

A particularly sad feature of the tragedy was the fact that at the time Mr. Dixon was killed, his wife the former Kathleen Macdonald, of Noranda, and their eight months' old daughter were holidaying at Durban, in Natal, and were unable to attend the funeral. Surviving relatives, in addition to his widow and child, Kathleen Jessie, include five brothers, Geoffrey, in Val d'Or, Cuthbert and Leonard, of Kirkland Lake Oscar at the Aunor mine in Porcupine, and Ernest in Ottawa. His death is the first break in the family circle.

Walter Dixon was born in Cobalt on April 13, 1911. He attended public school there, later went to Haileybury mining school. For a time he worked at Noranda hotel and went afterwards to Queen's university, from which he graduated in 1937 with the degree of bachelor of science. He went to Africa in July 1938, from Noranda and it is stated that he had introduced at Mufilira stopping methods he had learned at Noranda. Mrs. Dixon followed her husband to Northern Rhodesia in January, 1939. Their daughter was born on March 24th last.

Deceased was a member of N. O. H. A teams in Cobalt and later played intercollegiate hockey at Queen's. His widow is a daughter of Mr. and Mrs. Rod Macdonald of Noranda, who share with her the sympathy felt by local friends. The cable from the company gave few details of the fatality and subsequently another message, conveying further particulars came to the family in Cobalt from Alistair O'Connell, former Haileybury resident also at Mufilira. Mr. Dixon was one of two graduates of Queen's chosen to go to Africa.

Funeral of Mrs. Goranson Formerly Resident Here

Funeral services were held on November 7th, 1940, at Kipling, Ontario, for the late Mrs. Anne Goranson, who passed away at Gravenhurst on November 5th after an illness of about four years.

The Rev. A. J. Fugelson conducted the services at the Kipling Baptist Church, in the presence of relatives and friends. Pallbearers were Messrs. F. Anderson, H. Halvorsen, S. Akerland, G. Bakstrom, R. Bodin, W. Biscard, all of Kipling.

The late Mrs. Goranson was born at Porli, Finland, and was twenty-seven years of age. She was a popular resident of South Porcupine and Timmings for about two years, and has many friends here who will sympathize with the bereaved family in its loss.

Left to mourn her loss are her husband, Rajnar Goranson, of Timmings, two sons, Leo (7 years) and Roy (5 years) of Kipling, her mother and two sisters at Hamilton, Ont., and one brother in Winnipeg, Man., as well as other relatives.

Floral tributes were sent by the following:

Husband, Leo and Roy; Mother and sisters, Mr. and Mrs. W. Goranson, E. Bergland and family; Mr. and Mrs. G. Luopa, Mr. and Mrs. John Johnson; Girls at the sanitarium; Mr. and Mrs. A. Eloffson; Hilder and Leon Akerland; Mrs. E. Kivi and Mandy; Mr. and Mrs. P. Lohde; Mrs. J. West; Mr. and Mrs. H. Bekke; Mr. and Mrs. A. Buckley.

TO-DAY'S FASHIONS



PERFECT for winter town dates is this dark brown wool suit, which closes with a concealed slide fastener at the centre front, giving the slim-torso effect to the jacket. A pair of sables, or dyed martens, are drawn forward from the back to tie under the chin like an ascot, and are tucked into the pockets, which are in one with the band yoke (like an upturned V) coming from the side seams.

The skirt is rather slim, slightly flared in front with a slide fastener in back. A gold coloured crepe blouse with high neck and long sleeves is worn with it.

London Business Man Says: 'Buildings Dirty Anyway'

The spirit of the British people was thumbnailed in an eighteen-word cable received by Paul G. Hoffman and R. A. Hutchinson from Bertie Henly, Studebaker distributor of London, England.

Worried over the safety of their London associate, Mr. Hoffman, president of The Studebaker Corporation, and Mr. Hutchinson, vice-president and general manager of The Studebaker Export Corporation, cabled Mr. Henly inquiring as to how he and his family were withstanding the Hitler air raids.

Up until the outbreak of the war, Mr. Henly's company, besides being the largest distributor of automobiles in the world, owned and operated their own airport in conjunction with the sale of airplanes. However, the tone of the message indicated that property loss was a minor issue in the battle for Democracy. The cable read:

"We are all right thanks with chins right up. Lots of our buildings were dirty anyway. Love from everyone." It was signed, "Bertie Henly."

Beauty and You

by PATRICIA LINDSAY



FAY BAINTER steps out of her car meticulously and smartly groomed for autumn. Beige and brown and yellow are expertly harmonized. Here a buffet breakfast suggests a simple festive way to entertain on leisurely mornings. A silver chafing dish for the hot recipe, beautiful flatware and a silver platter for the rest—how little else one needs for gracious entertaining.

Women from Forty to Sixty Can and Should Look Fashionable

Of course there are many very young-looking women in the age group of forty to sixty, but there are some who look from ten to twenty years older than they need to. This is the consensus of several outstanding designers to whom I talked.

They lament that women begin to let themselves feel middle-aged once they pass the fortieth birthday. When they shop they look for something conservative, to wear well for a long time. They become indifferent about their appearance because of the resigned-to-age feeling and attempt to cover this indifference with drab clothes and horribly applied cosmetics.

One designer urged me to tell my readers of forty-plus that even extreme styles can be adapted to the thirty-eight or forty size figure if the woman will keep nicely proportioned, free of the tell-tale dowager's stoop and the all too prevalent broad hip-line. "There isn't a reason in the world why a woman in her fifties should not follow the current fashion modes and experience the enjoyment of being fashionably attractive. Even though she has borne children and worked hard a good part of her early life she can still be young looking at this age if she will conscientiously improve her proportions and strive to keep an alertness which keeps one feeling young as well as appearing young."

Some Pointers Gleaned

For the woman of the forty-to-sixty group, here are some basic suggestions which are invaluable when one starts out on a shopping tour and a body re-conditioning programme:

- 1—Limber your body through simple calisthenics so good posture may be attained don't walk like a kangaroo—throw back your neck and shoulders, pull your abdomen in and up which automatically tucks in your buttocks and provides a more pleasing hip-line.
- 2—Don't diet to "skinny" proportions. A nicely proportioned woman of normal weight is far more attractive and a woman past forty truly requires normal or near normal weight to be alert and healthy.
- 3—Don't be too conservative in dress. Wear your most becoming colours. Point up your simple, but beautifully cut daytime dresses, with costume jewelry, real jewels, dainty feminine touches or decorative sport scarves.
- 4—Learn to walk with ease and grace. Too many women "jerk" as they walk or dance. This comes after good posture as an unconscious habit.
- 5—Keep your hair dressed fashionably and wear hats that are jaunty instead of dull. Wear veils, flowers, leather and other ornaments just as the young women do, but select hats which are not meant for debs.
- 6—Take a conscious pride in the texture of your skin and the beauty of your hands. Even if it costs you money to be instructed learn how to

TOUGH DADDY

A gentleman cruising in the Mediterranean wrote home to his son: "I am now standing on the edge of the precipice from which the ancient Spartans flung their defective children: I am sorry you are not with me."—Montreal Star.

Sentenced in Illicit Spirits Case Yesterday

Victor Reil Receives Option of Heavy Fine or Jail Term.

Victor Reil, 41 1/2 Wilson avenue, received the alternative of a fine of \$100 and costs or three months in jail when convicted of being in possession of illicit spirits in police court on Wednesday morning.

It was necessary to try the Reil case and some others of a minor nature on Wednesday morning rather than during the regular court session on Tuesday afternoon because of the length of the docket.

Members of the party which raided Reil's place included Constable Gariepy of the Timmings police and R.C.M.P. Sergeant Kirk.

Police said that while they were making a search of an adjacent house, occupied by Henry Journeau, they saw Reil looking in the window. In his hands he had a bottle. When they moved toward him he dropped the bottle and ran. The bottle contained alcohol.

In Reil's house, police said further, they found more spirits.

Reil maintained that he did not own the house in which he had been living and that the liquor was not his. His story was not given much credit by the Magistrate, however.

RETURNED WITH THANKS

It was a very tense scene in the film. The audience sat enthralled. Suddenly the hero slapped the heroine in the face.

In the stunned silence which followed a little voice piped up.

"Mummy," it said, "why doesn't she slosh him back like you do?"

—Exchange

GLOOM EXPLAINED

Friend—If I may say it, you look rather glum. Mr. Prater. Business falling off?

Butcher—No, business is good; but that inspector of weights has just been here.

Friend—Well? Butcher—He found that I have been giving eighteen ounces to the pound. Exchange

FAMOUS FOR HEALTH and FLAVOUR



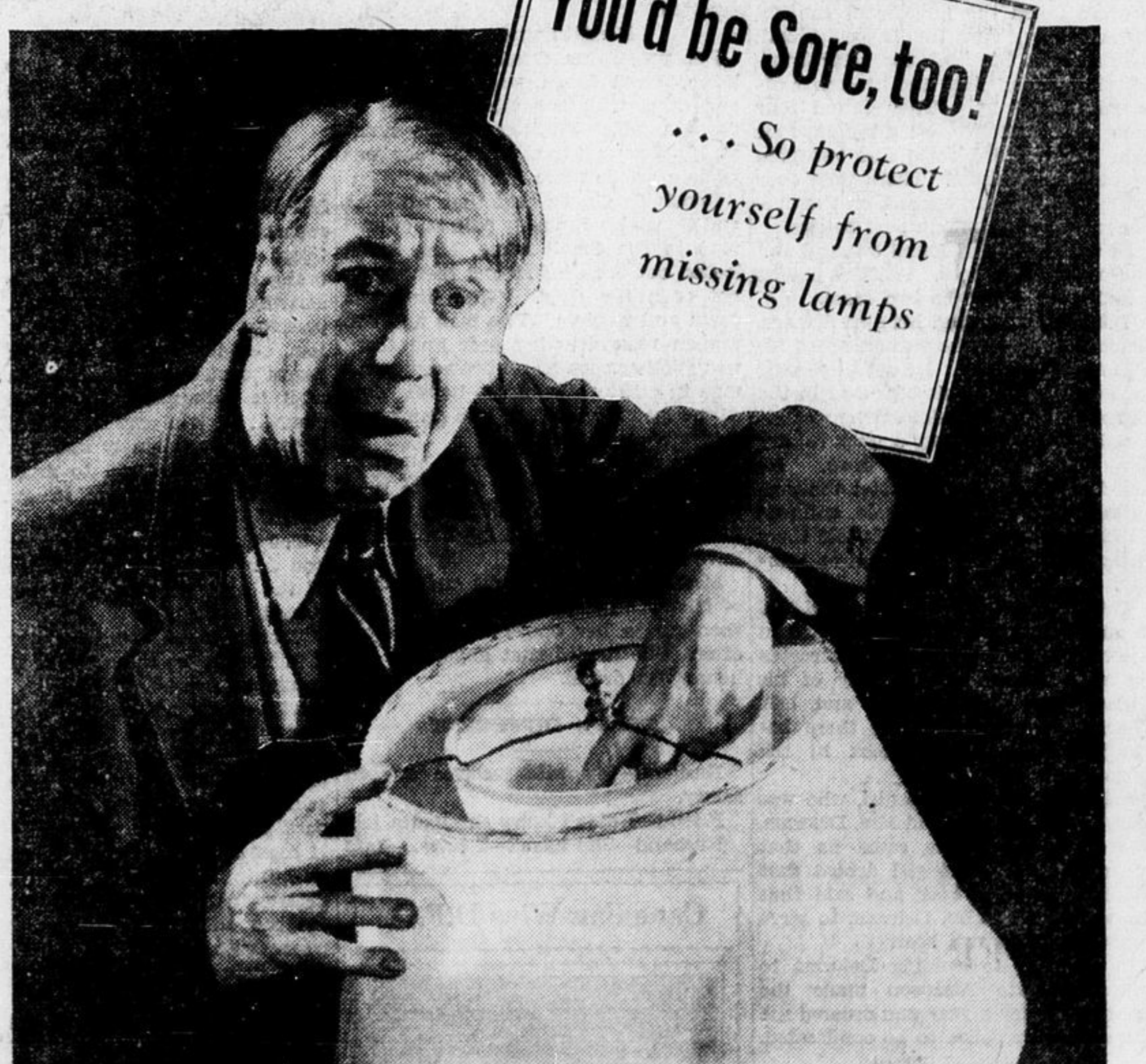
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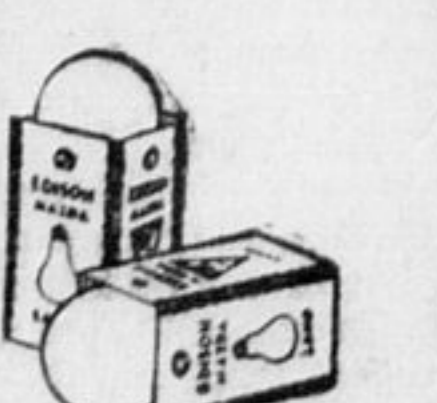
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