

TEN YEARS AGO IN TIMMINS

From data in the Porcupine Advance Files

The new Timmins post office was duly opened for business on Monday, and though there were crowds in line all day Monday this was due to the changing over of boxes, or the securing of new boxes," said The Advance in its issue of Thursday, August 14th, 1930. "The postoffice was moved from its old quarters on Saturday evening and Sunday and was all ready for business Monday morning at 8 o'clock. There was practically no inconvenience for the public; and the postmaster and staff are to be congratulated on the expedition with which the move was made. Though there was some difficulty about the boxes and complaint accordingly this was no doubt unavoidable, as the postmaster did not know the actual moving was to take place last week-end until Thursday afternoon or Friday. The Advance is inclined to think that the move was made with less inconvenience and disarrangement than might well be expected."

There was much interest here ten years ago in the Northern Ontario Ladies' Golf Tournament at Sudbury, a number of ladies from Timmins Golf Club taking part in the event. The following despatch from Sudbury at the time, gave a review of the event:—Miss Beth Gordon, North Bay, was winner of the Northern Ontario Ladies' Golf Tournament held at the Idylwyld Golf and Country Club, Sudbury, on Wednesday, Thursday and Friday of this week. Miss Gordon has been champion twice and runner-up on another occasion, when she competed in this annual tournament and she is to be heartily congratulated upon her third victory. The Ferguson cup was presented to Miss Gordon at a delightful dinner-dance Friday evening, when prizes were presented to the other winners. The next annual tournament will be held at Iroquois Falls, Mrs. Morrisette being appointed president.

Michael Feldman, an old and highly-esteemed resident of the camp, died at the home of his daughter, Mrs. H. Finkelman, Schumacher, ten years ago. The late Mr. Feldman had reached the advanced age of eighty years and death was due to the natural results of increasing age. He had been ill for some four or five months. The late Mr. Michael Feldman was well-known to many in the camp. He had been a resident of the North Land for some twenty-three years, coming to this land in 1907. He had remained in the North during that time, most of his time being spent in Schumacher and Timmins. In The Advance ten years ago: "The

most remarkable coincidence in the matter of injuries from accidents seems to have visited the Langdon family. While Mrs. W. O. Langdon and children of Timmins, were in the south on holiday this year, Mrs. Langdon was driving the car one day some weeks ago, a bee was drawn in through the windshield and stung Mrs. Langdon on the knee. Although Mrs. Langdon is a very good driver, the bee sting distracted her attention for a minute and the car swerved into the ditch. Most motor drivers would sooner meet almost anything on the road than have a bee encounter them in a motor car. A number of accidents have occurred in the same way as the one that befell Mrs. Langdon. In the case of the accident to the Langdon car, the loss of control was only momentary and the car was not going at any speed, but the one youngster was thrown through the windshield and the other thrown heavily to the road. Mrs. Langdon escaped serious injury, though suffering from shock. The boy sustained many bruises and in addition had a bad cut on one leg. The little girl, however, was injured chiefly in the forehead where several stitches were required to close a wound over the right eye. This feature of the accident was a coincidence that would almost tempt to superstition. The little girl's father, W. O. Langdon, has a similar scar over the right eye as the result of an accident when he was a boy. His father in turn has a similar mark through a similar accident, and W. O.'s grandfather had also suffered similarly years before. The marks on W. O. Langdon and his father and grandfather, were each due to being kicked by a horse. The little girl's injury came from the successor of the horse, the automobile."

Among the local items in The Advance ten years ago were: "Jos. McGrath left last week by motor for a holiday in the South." "Miss Cora Pecore is visiting friends in New Liskeard this week." "Miss Marjorie Carriere is visiting friends in New Liskeard." "Mr. and Mrs. R. E. Swanson, of Belleville, were Timmins visitors this week." "Mr. and Mrs. D. Sutherland left on Saturday on a motor trip to the south." "Mrs. B. Shirk, of New Keard, is a visitor to Timmins this week." "Mrs. D. Fitzjohn left on Monday morning on a holiday trip to his home town, Pembroke, Ont." "Born—in Timmins, on Monday, August 11th, to Mr. and Mrs. Ed. Gilligan—a daughter (Dora Judith)." "Mrs. E. Robin-



Napoleon. "I got as far as this too, Adolf." From the London Daily Mail. (Not available for British Isles or U.S.A.)

District Golf Field Day at Cochrane at Week-end

Cochrane, Aug. 14—The Cochrane Golf Club is planning a district "field day" to be held here during the week-end of August 18. Prospects are that there will be some 50 golfers in town to compete. Representatives are expected from the clubs at Timmins, Iroquois Falls, Smooth Rock Falls and Kapuskasing.

The committee in charge reports that entries may be made by out-of-town golfers through their local secretaries or through N. R. McLeod at Cochrane. Post entries will be accepted at the tee. Entries will be accepted from players with handicaps of 1 to 10 from Northern Ontario and from players with handicaps 11 to 30 from the Cochrane district only.

son, of Orillia, visited with Mr. and Mrs. E. B. Price during the week." "Miss N. L. Mason of Montreal, is visiting with Mr. and Mrs. Ernie Price, 31 Bannerman avenue." "Mr. and Mrs. Surtees, of North Bay, are visiting Miss Coppins over the week-end." "Mrs. N. Coppins, and her son, Billie, left on a motor trip to her old home, Chatham, Ont., Wednesday." "Born—in Timmins, August 9th, 1930, to Mr. and Mrs. Fred Ladouceur—a daughter (Joan Helen)." "Mr. and Mrs. H. W. Hooker and family returned last week from a holiday visit to the south." "Misses Margaret and Rayburn Doherty, of North Bay, have been visiting in Timmins." "Mr. Wm. B. Rogers, of Three Rivers, Quebec, spent a few days in town this week." "Mr. Douglas Carriere is on a two weeks' vacation trip to southern and eastern Ontario points." "Miss Melva Newton left on Sunday morning for a holiday visit to the south." "Messrs R. T. Slocum, G. Abercrombie, and J. R. Jackson, of Auburn, N.Y., were visitors to the camp last week." "N. A. Timmins, president of the Hollinger Consolidated Gold Mines, was a visitor to town this week." "Mrs. McGowan and son, Frances, left this morning for Renfrew and Ottawa for a couple of weeks' visit." "J. E. Jacques, teller at the Bank of Montreal, is spending his holidays at Boston, New York, and his home city, Quebec." "Miss Margaret Sullivan, New Liskeard, returned home this week after visiting her sister, Mrs. C. Angus, for the past month." "Born—in St. Mary's Hospital, Timmins, on Sunday, August 3rd, to Mr. and Mrs. Thos. M. Henry Neill—a daughter (Jane)." "Mr. and Mrs. F. C. Smith and family are moving this week to Jacksonboro, Ont., where Mr. Smith has been transferred by the Abitibi Fibre Co." "Master Henry and Miss Lillie Sullivan, of New Liskeard, arrived Sunday to visit their sister, Mrs. C. Angus, Kirby avenue." "Born—in Mrs. Goulet's hospital, Timmins, on Friday, Aug. 8th, to Mr. and William Meanear, 179 Maple street north—a daughter (Beryl June)." "Mayor Drew and Mrs. Drew left this week for holiday visit to the south and east. They intend taking in the famous motor trip to the Gaspé Peninsula." "Born—at St. Mary's Hospital, Timmins, on Thursday, Aug. 7th, 1930, to Mr. and Mrs. John Giles Loader (nee Ida Leona Tamney) of Schumacher—a daughter (Mary Margaret)." "Mr. C. R. Murdoch, town engineer and townsite manager at Kapuskasing, was a visitor this week and warmly welcomed here again by hosts of old friends." "Masters Merton and Ronald Lake are visiting relatives and friends at Georgetown, Elmira and other southern centres. They expect to take in also the British Empire games next week at Hamilton." "Mr. P. Dougall, district manager of the Pioneer Stores, returned last week-end from his holiday visit to his old home in Scotland where Mrs. Dougall and young son have been for the past year or more. Mr. Dougall says the trip was a very enjoyable one." "W. Borland and daughter left last week by motor for Toronto and Buffalo. On their return they will be accompanied home by Mrs. Borland who has been in Toronto for some weeks where she has been visiting her sister, Mrs. C. Sheer, since the death of her father and her brother." "Rev. Bruce Millar and Mrs. Millar are in the south on their annual holidays. For the past two Sundays the services at the United Church have been taken by Rev. Mr. Lapala."



By James W. Barton, M.D.

That Body of Hours

Children Whose Overweight Is Due to Lack of Pituitary Extract

While parents like a plump baby, they dislike a growing boy or girl at or approaching teen age to be overweight. While this may be a natural condition and weight may reach normal limits at puberty, very often this excess weight is due to gland changes, usually in the pituitary gland lying on the floor of the skull. When the excess weight is on the abdomen, hips, buttocks, breasts, and shoulders, with no excess fat on forearms and lower legs, it is usually due to disturbance of the pituitary gland. Unfortunately this gland has a part in the development of the sex glands and the sex characteristics, so that if it is not doing its work properly, not giving the blood enough of its juice,

these children are late in reaching puberty.

These overweight children seem to grow at normal rate and size. However, the change of voice which should occur at the age of puberty in boys may be years late and these very fat boys with their high pitched or soprano voices are singled out among their fellows.

It is found that these children are unusually fond of candy and sweet foods. As the pituitary gland has much to do in controlling the use or burning up of sugar and starch foods in the body, if pituitary juice is not reaching the blood in sufficient quantities, this sugar and starch food will not be burned completely and will be stored in the body as fat.

Unfortunately, because it is known that when a gland condition is believed to be the cause of overweight, most parents and some physicians use thyroid extract because in gland cases of overweight the thyroid gland is more often at fault than is the pituitary or other glands. It is wise, therefore, that in all overweight cases in children, a metabolism test be made. This test will show a minus instead of a normal condition—that is, the burning processes of the body are minus or below normal. A thyroid that is not sufficiently active

allows fat to accumulate in all parts of the body instead of just in the "special" parts of the body mentioned above.

Can these cases of excess fat in children be treated successfully?

Research workers are now of the opinion that where the excess fat is due to eating too much food and resting or sleeping too much, or where the excess fat is a family characteristic, cutting down on the food intake and having the boy or girl play more and avoid sweets, is all the treatment necessary. The child is allowed to go toward the years of puberty without treatment by gland extract or extracts.

When the excess fat has been shown to be due to lack of thyroid juice, thyroid juice is given in some cases before the age of puberty or is withheld until puberty with the hope that the gland changes taking place at puberty will bring about the necessary changes in the thyroid that will keep the weight down to normal.

In the case of children whose overweight is known to be due to lack of pituitary juice, as shown by the excess fat on these special parts, most physicians believe that the pituitary extract should be given years before the age at which puberty occurs. It should be given before the age of 11 if possible.

It must be remembered, of course, that in all cases of overweight in children and adults, whether the overweight is due to eating too much food or to lack of sufficient gland juice—thyroid or pituitary—the amount of food must be reduced to get satisfactory results. Even if the amount of food eaten is not large, not as large as that eaten by those of normal weight, nevertheless it is more than the in-

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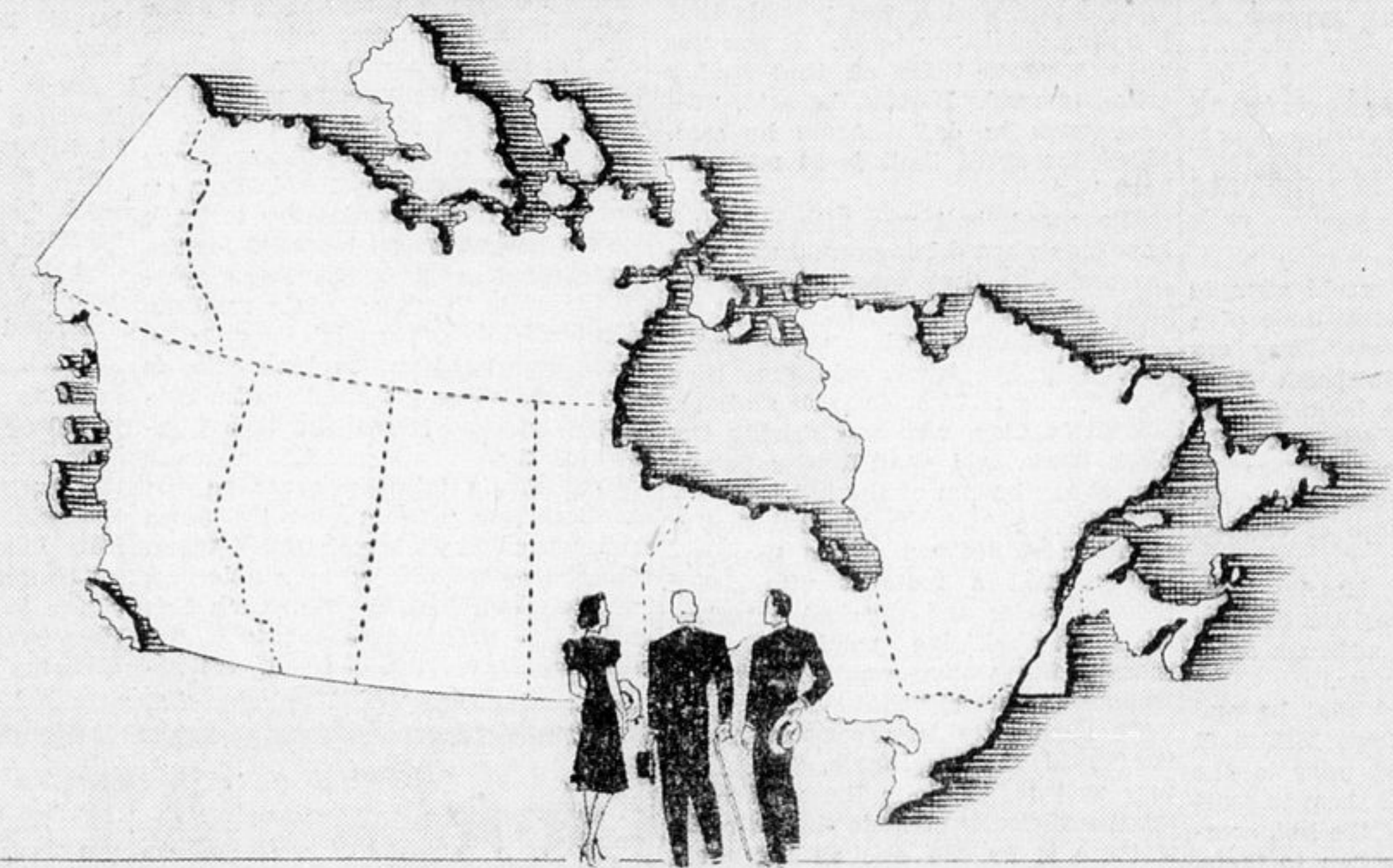
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