

Many Ways in Which to Use Chicken on Week's Menu in Summer Time

Menu for Seven Days Suggested by Miss Edith M. Barber. Featuring the Use of Chickens for the Sunday Dinner. Recipe for "Nut Cookies" Also Presented.

Broiling and frying chickens are coming into their season, so you will probably want to feature one of them in your menu this week. Now is the time to look for bargains in fruit for



(By EDITH M. BARBER)

those jams, jellies and conserves. Sour cherries and currants are plentiful.

- Sunday Breakfast**
Cantaloupes
Frittatas ham
English muffins, marmalade Coffee
- Dinner**
Crabmeat cocktail
Celery, ripe olives
Fried chicken, cream gravy
Hot biscuits. Buttered peas
Peach ice cream Coffee
Nut cookies
- Supper**
Cold corned beef, chile sauce
Cucumber salad
Chocolate cake. Iced tea
- Monday Breakfast**
Orange juice
Ready-to-eat cereal
Scrambled eggs. Toasted biscuits Coffee
- Luncheon**
Corned beef and cucumber sandwiches
Tomato salad
Cake Tea
- Dinner**
Veal cutlet
Buttered noodles
Carrots with brown butter
Chocolate pudding. Coffee
- Tuesday Breakfast**
Apricots
Ready-to-eat cereal
Bacon Toast Coffee
- Luncheon**
Devised egg salad
Brown bread sandwiches
Cookies Tea
- Dinner**
Pot roast of beef
Mashed potatoes Buttered spinach
Rice steamed in milk Raspberry sauce
- Wednesday Breakfast**
Tomato juice
Ready-to-eat cereal
Boiled eggs Hot rolls Coffee
- Luncheon**
Vichyssoise
Lettuce sandwiches
Blueberries Iced tea
- Dinner**
Lamb kabobs
Potatoes mashed in cream
Buttered string beans
Apricot Souffle Coffee
- Thursday Breakfast**
Orange juice
Ready-to-eat cereal
Bacon Toasted rolls Coffee
- Luncheon**
Mixed green salad
Cream cheese Toasted crackers
Tea
- Dinner**
Cold pot roast, Horseradish sauce
Baked potatoes Baked Tomatoes
Spanish cream Coffee
- Friday Breakfast**
Grapefruit
Ready-to-eat cereal
Poached eggs on toast Coffee
- Luncheon**
Raw carrot salad
Toasted peanut butter sandwiches
Cantaloupe Tea
- Dinner**
Sautéed filets, Cucumber sauce
Potatoes with parsley butter
Cauliflower with brown butter
Golden tapioca
Coffee
- Saturday Breakfast**
Orange juice
Ready-to-eat cereal
Bacon Bran muffins Coffee
- Luncheon**
Fish and potato chowder
Relishes Scallions
Sally Lunn Tea
- Dinner**
Baked picnic Ham
Baked acorn squash
Buttered cabbage
Cherry pie
Nut Cookies

1/2 cup butter
1 pound brown sugar
2 eggs well beaten
1 1/4 cups flour
2 teaspoons baking powder
1/2 teaspoon salt
1 1/2 cups chopped nut meats
Melt butter, stir in sugar and mix well. Stir in beaten eggs. Sift flour with baking powder and salt, add nut meats and stir into first mixture. Drop by teaspoonfuls onto a cookie sheet, greased with unsalted fat, and bake in a slow oven (325 degrees F.) about fifteen minutes. If cookies harden on

Croatians in Canada Express Loyalty to Canada and Empire

Resolution Couched in the Strongest and Most Loyal Tones.

"The Croatia Voice," the Croatia newspaper published at Winnipeg, printed last week an article in reference to the Croatia Peasant Party, an organization that has a branch with large membership at Schumacher. Mr. Peter Stankovic, the editor of The Croatia Voice, has visited Timmins on several occasions and has never failed to make the fact plain and clear beyond question that he is loyal to Canada and to the Empire, no matter what may befall. The Croatia Peasant Party branch at Schumacher has on numerous occasions given proof of their loyalty to Canada and the Empire and to good citizenship.

Recently a letter was sent by Hon. Mackenzie King's private secretary to the president of the Croatia Peasant Party for Canada, Mr. J. Restek, Crowland, Ont., thanking the Croatia people for their unwavering fidelity to Canada and the Empire. The letter read as follows:

Ottawa, June 27, 1940.
Z. Restek, Esq.,
President, the Croatia Peasant Party of Ontario,
P.O. Box 491,
Crowland, Ont.

I am directed by The Prime Minister to acknowledge your letter of June the 26th, enclosing a resolution passed by the Croatia Peasant Party of Ontario. Mr. King has asked me to tell you how much he and his colleagues appreciate this expression of loyalty and support for the war effort in which our country is engaged.

Mr. King is sure you will appreciate the urgent pressure of public business which makes it impossible, at the moment, for him to send a personal reply. Yours faithfully,

H. R. L. Heeney,
Private Secretary

The resolution to which the letter replies was as follows:—

PROCLAMATION
The Croatia Peasant Party of the Dominion of Canada, Chartered under the Laws of the Province of Ontario, hereby pledges its allegiance to the Government of the Dominion of Canada and the Empire of Great Britain, and PROCLAIMS that:

We, the people of Croatian descent, domiciled and residing in the Dominion of Canada, naturalized and unnaturalized, do hereby proclaim our loyalty and devotion to our homeland and the government of the Dominion of Canada and the Empire of Great Britain, and do hereby renounce and condemn the totalitarian governments, their system and doctrines of force.

We do furthermore pledge ourselves to defend the Dominion of Canada and the Empire of Great Britain against any and all invaders from within or without and are ready whenever we are called upon to take up arms in defence of the Dominion of Canada and the Empire of Great Britain which we love and in which we believe.

We are willing and ready at all times to give every possible assistance within our power to the government of the Dominion of Canada and the Empire of Great Britain to crush Nazism, Fascism, Communism and all subversive elements which are trying to undermine and overthrow our government by force and violence.

We therefore pledge our organization and entire membership to the Dominion of Canada and the Empire of Great Britain for whatever services and assistance we may be called upon to perform.

Dated at Welland, Ont., June 26, 1940.

ZVONIMIR RESTEK, Pres.
IVAN SKACAN, Sec'y.

It is pleasing to note that the Croatia Peasant Party did not wait to this date to place on record its loyalty and faith. At the very beginning of the war, Mr. Stankovic, wrote in his paper as follows:—

"This newspaper, speaking in the name of the Croatia population of Canada, advises its readers to face whatever issues may arise with calm and confidence. Among Poland's allies in its desperate struggle to retain its independence are the great democracies of France and Britain. It is well for us to understand clearly that when Britain is at War, so is Canada. In this Dominion, our people have found a land of privilege, opportunity and security, affording them at all times every scope for their material development and freedom to retain and enhance their cultural life. No people will appreciate the situation better than Croats, both here and in their dear Motherland. Quite recently they found themselves emerged from a position that was little less than serfdom.

"Now the ideas promulgated by that great patriot, Dr. Vladko Matchek, Croatia leader, have succeeded. The accord between ourselves and our racial brothers, the Serbs, was consummated on August 26th and a dictatorial Senate and Parliament have given way to a free Assembly of the people's representatives. The Concentration Government was organized with six Croats in the Cabinet with Dr. Matchek as Vice-Premier. Thus does the march of Freedom carry on despite dictators.

"A new world has opened up for our people and well do they deserve their peaceful victory. The duty of every Canadian Croat, while rejoicing in the good fortune of his Motherland, is to give unqualified allegiance to Canada, the land of his adoption and help those in authority in whatever capacity and

Beauty and You

by PATRICIA LINDSAY



JUDITH BARRETT'S strong, lovely eyes are partly responsible for her successful career!

Eyestrain Rids Woman of Beauty— Should be Avoided.

Without realizing it, perhaps the fatigue you feel during the day or at the end of the day, is either partly or entirely caused by eyestrain. And no woman can keep her beauty if her face is screwed up to see, and her body lags with fatigue.

The national Society for the Prevention of Blindness cautions one to take the necessary steps to eliminate straining the eyes, as such a condition can raise havoc with our health and beauty and may end in partial blindness.

Symptoms of eye strain are these: (1) Discomfort from use of the eyes for near vision. (2) Discomfort when looking sharply at any object either at work or when reading for a considerable length of time. (3) Dimness of vision coming on after much use of the eyes. (4) Confusion of lines of print. (5) Pain about the eyes. (6) Headaches. (7) Drowsiness or falling asleep while trying to read an hour or two, when one has slept well the night before. (8) An occasional trickle of tears over the eye lashes while reading or working. (9) Itching of the margin of the lids. (10) Burning sensation about the eye and sometimes redness along the margin of the lids.

In addition to these symptoms you may experience dizziness, sick stomach or nausea, a twitching of the muscles of the face, and nervousness.

What To Do
Any one, or all of these symptoms of eyestrain may appear in young children

Bride-to-be is Guest of Honour at S. Porcupine

South Porcupine, July 13th—(Special to The Advance)—Miss Betty Mitchell, bride-to-be of this month, was guest-of-honour at a personal shower given at the home of Mrs. H. R. Pryor, 164 Main St. on Thursday evening. Miss Lillian Belisle was joint hostess.

The house was beautifully decorated for the occasion with pink and white flowers and streamers, and the shower took the novel form of a treasure hunt. Streamers were attached to a central point and the guest-of-honour had to trace each streamer to its end where a "treasure" gift was hidden. This caused lots of fun and the evening passed pleasantly, the little bride-to-be finding many lovely little gifts at the streamers' ends.

Games were played, and prizes won by Betty Couch, Frances Cunningham and the guest-of-honour. Dancing and music completed a happy evening.

The hostesses served a dainty lunch to the sixteen guests.

Wedding Yesterday at the Notre Dame Church

A quiet wedding was solemnized at the Notre Dame des Lourdes Roman Catholic Church on Sunday when the Rev. Fr. Theriault united in marriage Miss Fernande Laurin, daughter of Mr. and Mrs. Felix Laurin and Mr. Edgar Godin, son of Mr. and Mrs. Samuel Godin.

The bride, who was charmingly attired in a white bridal gown with matching accessories and bouquet of roses, was given in marriage by Mr. Hubert Bond, while Mr. Samuel Godin acted as groomsmen for his son.

Mr. and Mrs. Godin will reside in Timmins.

TOO SUGGESTIVE

A man in court said that a quarrel with his wife began when he fell down the cellar steps with some coal. What hurt him most was her remark that it was just like him to scuttle himself.—Monreal Star.

Exchange: We all can't make airplane parts or munitions but we all can purchase war savings stamps and certificates.

In every way he can.

"The civilization of the world and the freedom of its people is worth striving for at this troubled hour, yes and worth fighting for unless we are prepared to spend days under the tyrant's heel. No nation is safe that permits the monster of dictatorship to gain a footing on its soil. We have steadfast confidence that right will prevail however great the sacrifice. So again we say to ourselves and our readers—be calm, strong and ready for all eventualities and always worthy of the rock from whence ye were hewn."

Pretty Wedding at the United Church at South Porcupine

Miss Pauline Millus and Mr. Fred Jakes Married.

South Porcupine, July 13th—(Special to The Advance)—A pretty wedding took place on Wednesday evening, the 17th, in the United Church, Rev. J. A. Lyttle performing the ceremony, between Fred Jakes, only son of Mr. and Mrs. Ernie Jakes of Gallagher Ave., and Pauline Millus, of Kirkland Lake.

The bride looked very pretty in an afternoon dress of queen's blue chiffon, with white turban and small veil and white accessories, with a corsage bouquet of talisman roses.

She was attended by Mrs. C. Nitsche who was attired in rosewood crepe with white accessories, wearing a corsage of butterfly roses. Mr. C. Nitsche acted in the capacity of best man.

After the ceremony the wedding party repaired to the home of the bridegroom's parents, and later in the evening a reception was held at which several friends of the young people were present to wish them happiness. Mr. and Mrs. F. Jakes will reside in South Porcupine.

Try The Advance Want Advertisement.

NOT A SUBJECT

An Englishman and an American were presented to the dusky monarch of an Eastern kingdom.

Turning to the Englishman, the potentate remarked: "I understand that you are a British subject?"

"I am," replied the Englishman proudly.

"And you," continued the monarch, "are a subject of the United States?"

"Subject—nothing," retorted the American. "I own part of it.—Canada Lumberman.

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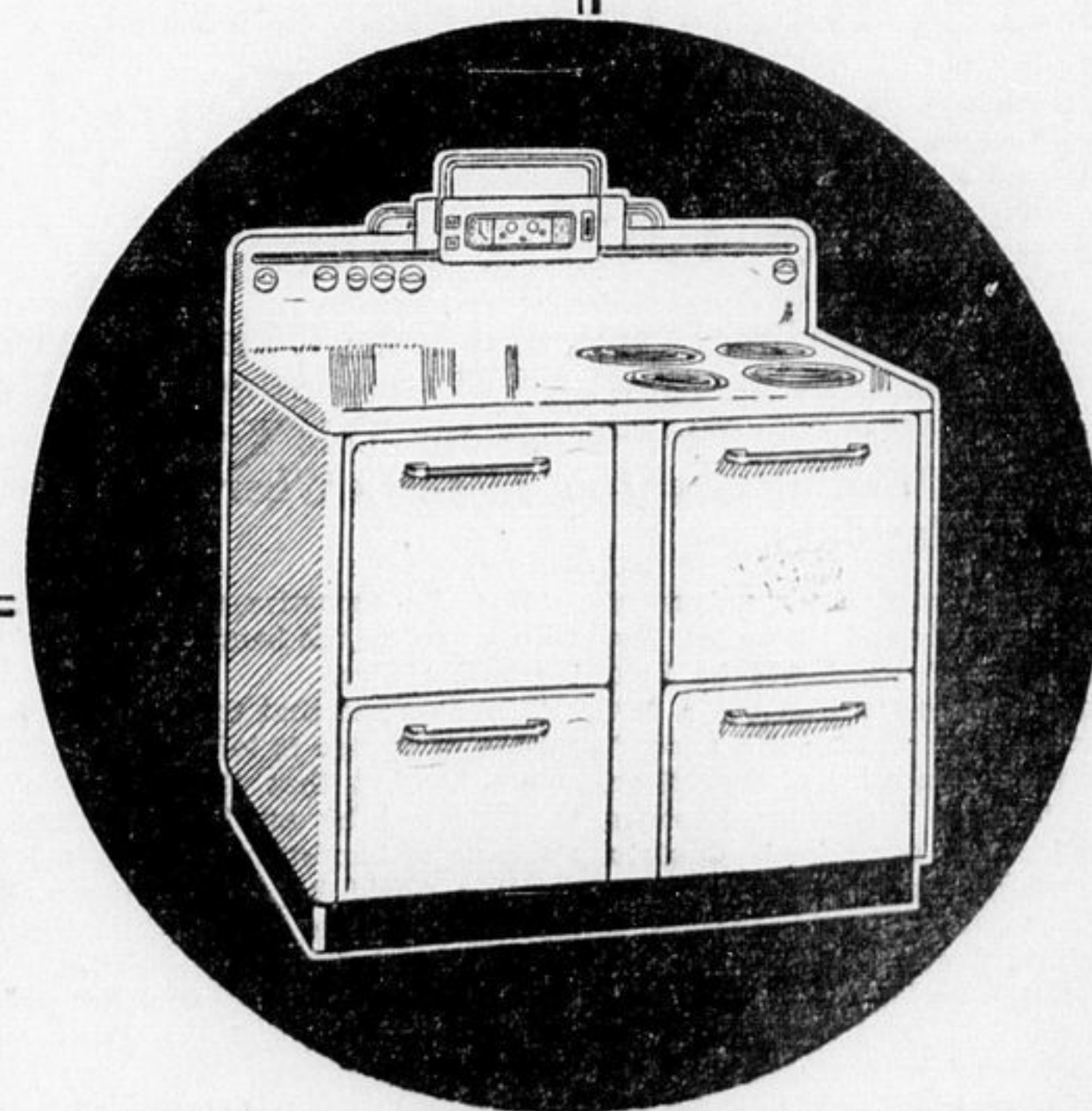
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Electric cooking is clean cook-

ing because there is no soot or smoke to dirty your walls or curtains. Electric ranges are easy to keep clean.

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