

PLEASANT HOMES

by Elizabeth MacRea Boykin

SPRING AT YOUR WINDOWS

New Curtains Suggest Ways of Refreshing the Home—Scene—The Sheers Have Permanent Finishes—Many Chintz—Like Florals—Lots of Trimming.

An elaborately draped window in an average house looks like Queen Elizabeth without a Buckingham Palace background. Her finery is all right at court but in an ordinary scene it usually seems too fussy and sometimes plain tacky. For the most part, the tailored simplicity of the Duchesses of Kent and Windsor have more style and distinction.

So with curtains. Over-dressed windows need a lot of living up to. If your room isn't really elaborate in a "Gone With the Wind" or a "Madame Pompadour" sort of way, then better keep the curtains classic in line, putting your extra enthusiasm on beautiful fabrics and fine tailoring. Within those limits you can still give your windows individuality and style, for fashion dictates the line, the silhouette and the detail of curtains as surely as it does the cut of a coat.

Keep Their Looks

The best news in sheer curtains is the permanent finish now available in many fabrics—no starching or ironing required, just wash them in mild soap suds. Another important improvement is the sanforizing of sheer curtains; this their full length and width, the deep ruffles and the size of the dots are just as pretty after washing as before—what a difference that makes in such fabrics as dotted swiss and dotted marquisette! The kind that used to get skippy and limp now keep their looks marvelously.

The embroidered muslin curtains are the smartest thing in the sheers; they are also pretty new curtains with eyelet embroidered ruffles or with scalloped edges in embroidery. All told, however, full ruffled organdy curtains are



In a room with dark walls and carpet, chintz draperies are used with a valance shaped at the top instead of the bottom as usual. The colors in this room are cocoa brown walls and carpet, chintz of a brown ground with gold and turquoise, turquoise velvet chairs.

delightful versions. Ninons as always have a classic beauty. Really fine white voile is exquisite and has a love-

ly "fall." There is an important trend toward the use of swags and jabots in the same sheer material as the sheer curtains. Often, sheer fabrics of contrasting tone are used for over-draperies. Glass and mirror hardware lends great distinction to windows hung only with sheer curtains; so do gilt rods and tie-backs.

As for draperies, there is a galaxy of lovely fabrics to select from. The prints as usual have the spotlight, lovely chintz-like florals on many practical weaves. Among the plain materials, satin, sateen, moire, sail cloth, taffeta, reps are favoured. Stripes are broad and very fashionable-looking. Trimmings are intricate and versatile. Specific window treatments that we've noted as new looking and smart include:

RUSTLES OF BUSTLES—White lace curtains generously full and topped with a mauve draped valance that could have been inspired by nothing less than a bustle.

WHITE WITH FLOWERS—White embroidered muslin with a swag valance of flowered chintz on a white ground lined with red sateen.

ORGANDY AND CHARTREUSE—White organdy with a valance made of chartreuse taffeta and tied back with chartreuse grosgrain ribbon.

NINON WITH CRYSTAL—Pale pink beige ninon curtains made criss-cross but with ruffles across the bottom only and tied back with large crystal beads.

BLUE WITH TASSELS—Powder blue satin draperies over cream net, the whole thing finished with an intricate swag top made of blue cords and tassels.

Original Confucius Did Not Believe in Making Wise-Cracks

Was a Serious Gentleman Who Led Chinese People to Better Life.

The present craze, "Confucius Says," has tempted many to ask, "Who was Confucius?" or "What's all this 'Confucius talk'?" It is difficult to understand just what started the present rage for "Confucius Says" gags and wise-cracks. One newspaper syndicate has a daily series of "wise-cracks" under the heading of "Confucius Says." Some of the best—or the worst—of these "sayings" could not be published in a family newspaper. If Confucius were alive he would disown all—good, bad and worse—as entirely opposed to his way of thinking or his slant on life. Many have been going to the encyclopedia to look up "Confucius" these days. An article now going the rounds of the press, however, gives the facts of the case in more interesting way than the usual look of reference, as well as putting modern "pep" into the story.

Confucius Didn't Say!

Already credited with being the originator of more gags than the heroic, legendary Joe Miller, Confucius and what he is supposed to have said have swept the nation.

"We all know what 'Confucius Says.' But who was this Oriental wise guy, this Chinese gadman, this Asiatic male Dorothy Parker?"

The answer is, he wasn't. That is, there never was a Confucius. Keep your dough in your pocket, boys; we're not betting. What was meant is that nobody in this lifetime was ever known or called "Confucius." The chap you and everybody had in mind was a great Chinese philosopher and moral teacher known as K'ung-Fu-Tze.

K'ung-Fu-Tze means the Master Kung or the Master Teacher. The name has been corrupted by Occidentals into what has now become the term, "Confucius."

Born 551 B.C.

K'ung-Fu-Tze, or Confucius, which is easier to write and say, was born away back in 551 B.C., in the village of Chueh, the state of Lu, which was part of what is now the province of Shantung, China.

That year, 551 B.C., is a heck of a long time ago. Away back then there weren't even Indians in this country (or so archaeologists say). Rome was just a little punk of an upstart state and the Greeks were still throwing their weight around. Big league names were Assyria, Babylonia, Phoenicia and Egypt.

Anyway, Confucius was born better than 24 centuries ago. He was smart as a tack right from the start. At 19 (when he was married), he was already custodian of the public stores of grain, and the public herds. He was a pretty smart politician, too.

At the age of 30 this Oriental combination of Orson Welles and Tom Dewey quit trying to make money (it was too easy, and besides, he was of very noble blood, being a descendant of the kings of the Yin dynasty). He turned to teaching and henceforth instruction became his life work.

Confucius travelled all over China, followed by a growing group of disciples, teaching the five virtues—truthfulness, politeness, integrity, kindness and sagacity. He spouted his countless maxims, many of which have been collected in his "Analects." He preached strict obedience of parents and veneration of ancestors.

Confucius also is credited with reforming Chinese music. If you have ever listened to Chinese music you naturally must be horrified at the thought of what ancient Chinese music sounded like before Confucius reformed it.

What makes Confucius' present joke vogue so absurd is that he himself must have been a particularly humorless sort of gent. He was too worried about the mess humanity had made of the world to be able to look on the brighter side of things.

Confucius finally died in 478 B.C., 73 years old, and more important to the Chinese people, to whom he had taught a righteous way of life, than any glittering yellow emperor or Mongol conqueror or Japanese generalissimo had ever been or ever will be.

There was a joke, though, connected with the life of Confucius. Virtually an atheist (he did not believe in a personal god), the fine teachings of the old philosopher were so effective with the myriads of his countrymen that they made them the foundation of a religion, known today as "Confucianism"—a belief born of an unbeliever, which has countless millions of Oriental followers!

Sudbury Star:—Maybe the wide Atlantic is a guarantee of complete safety from the foreign invader, but we would not know for sure. Ask any Indian.

muslin curtains hung straight to the floor. Across the top a glass pole with a length of Scotch plaid taffeta looped over the pole in three places and allowed to hang down a way at each side.

ALL TO MATCH—An all-over violet patterned chintz on a white ground made into simple tie-back curtains with ruffles all around for windows in a wall also covered in the same chintz. In the rest of the room miles of white organdy for bedspread canopy, dressing table and lamp shades.

A BEAU KNOT—Cream lace curtains finished at the top with a valance made of over-scale beading run through with broad brown grosgrain ribbon.

(Released by Consolidated News Features, Inc.)



(By James W. Barton, M.D.)

That Body of Hours

Cod Liver Oil For Ulcerative Colitis

I write often about mucous colitis—an inflamed condition of the lining of the colon or large intestine. In this condition there is loose stools, diarrhoea, and mucous coats the wastes from the intestine. The cause of mucous colitis is believed to be nervousness and emotional disturbances such as worry, anxiety, and mental conflicts. By trying to acquire calmness of spirit and eating soft foods that will not irritate the lining of the colon, many of these patients obtain relief from their symptoms.

What is called ulcerative colitis, where the lining of the colon is greatly inflamed and ulceration present, the symptoms may be so severe that surgery is necessary to obtain relief. For years, mild anti-toxic enemas have been used once or twice a day, and sometimes oil enemas, which were left in the colon overnight. What may prove of much help in severe cases is enemas of cod liver oil.

For years cod liver oil has been used as a body builder and to fight infection in the body. Lately it has been used with great success in deep wounds and also in infection of bones.

Dr. H. Gainsborough in The Lancet, London, reports his results of using cod liver oil enemas in six cases of ulcerative colitis. The patients were given foods rich in food value and containing little bulky waste or fibrous material. Meat and eggs are examples of these "high calorie, low residue" foods.

Before using the cod liver oil enemas patients were given complete rest in bed and starch and opium enemas to reduce the diarrhoea and irritability of the colon. These patients were able to hold the cod liver oil enemas in the colon all right. This gave the cod liver oil all these hours to help heal the ulcers and raw surfaces. At the beginning of the treatment the patient was able to hold the cod liver oil enemas only a short time and they were given during the day. Later they were given at bed time and held by the patient till morning. The beginning dose was 2 ounces at a time, gradually increasing up to 8 ounces.

Three of the six patients whose illness had lasted 3, 6, and 15 months respectively, were cured and have remained cured for past two years. One patient suffering for 12 years remained well 15 months and then relapsed; another suffering six years relapsed after 15 months but was cured after further use of the cod liver oil enemas. The sixth patient was not helped.

The cod liver oil enemas may not always cure but they shorten the length of illness and relieve pain.

Neurosis

Do you feel that you have some illness although medical tests do not reveal it? Do you sometimes feel "compelled" to do things you know to be foolish? Send for this interesting booklet on neurotic conditions entitled "Neurosis" (No. 103) enclosing Ten Cents to cover cost of handling, mention this paper, and send request to The Bell Library, P.O. Box 75, Station O, New York, N.Y.

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Lucky Victim

"Look here, officer, somebody has stolen my car!"

"Where did you leave it?"

"I parked it right here an hour ago."

"You did, hey? Well, brother, you're doggoned lucky it's stolen. This spot is no more than ten feet from a fire plug, on the wrong side of a one-way street, and right in front of that sign that says 'No Parking at Any Time'."

Fort-Saskatchewan Record.

Should Take Steps to Beautify Town

Timmins and the North Behind in Work of Beautifying Public Buildings and Town Generally.

One of the tasks to which the Kiwanis Club here should set itself was the beautifying of Timmins, said Arthur Sitch, of Fort William, well-known nursery man, who spoke at the regular meeting of the Kiwanis Club at the Empire Hotel on Monday noon.

Timmins and the North were behind in this work and should catch up immediately, thought Mr. Sitch. He advocated a general meeting of all clubs and said that he felt that such public buildings as schools could be considerably improved in appearance if shrubs and trees were planted.

Mr. Sitch was introduced and thanked by Fritz Woodbury. Another guest was F. S. Ward, North Bay. A. F. McDowell was in the chair, W. H. Wilson was at the piano and Fritz Woodbury directed the community singing.

Several of the past presidents were asked to give reasons why they were in Timmins and why they practiced their particular vocation or trade. The practice of asking these questions of members arose from citation of a remark by George Bernard Shaw to the effect that everybody ought to do something at least every five years to justify his existence.

To begin with, said Dr. Lee Honey, he had to practice dentistry in a civilized place where there were people with comparatively large incomes who over-indulged in rich foods and so, consequently, had trouble with their teeth. Bad teeth were hardly known among uncivilized people such as the Eskimos. William Rinn, in the clothing business, and Perc Molesley, a druggist, each gave short descriptions of their busi-

ness and both said they thought there was no better place to live than Timmins.

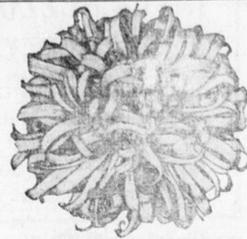
He was in Timmins, said the fourth past president, Ernest King, because during the war of 1914-1918 his father wanted to enlist, did so and stationed as chaplain at Kapuskasing. His father remained there after the war, he came to see him and subsequently arrived in Timmins.

Unanimous

Bride: "When you married me, I thought you were daring and courageous."

Groom: "That's nothing. Name one person who didn't.—Drumheller Review."

New York Times:—Noting an elderly lady standing at a busy New York street corner, a traffic cop piloted her across. She apologized for her age and the cop gently patted her back. "Forget it, lady," he said. "To me you're just 21 plus!"



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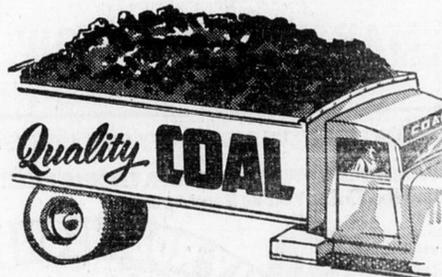
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probably the prettiest of all; or else coin dot organdy made full and straight. There are ever so many drawn thread white dimities and mulls that are made up with bands or ruffles of coloured chintz or calico. Needless to say, both fabrics combined this should be pre-shrunk. Novelty trimmings on sheer curtains include rick-rack braids, peasant braids and cotton fringes. The new lace curtains are versatile and charming, many with ruffling edges and embroidered net ruffles. Sheer seersuckers are seen in



A pretty bedroom for a young girl is this one with white walls and a grey-blue carpet. The curtain of organdy are finished with a triple swag valance of checked taffeta in blue, rose and yellow on a white ground. The same plaid taffeta is used for the flounce and bolster of the bed and the lamp shades. A flowered chintz of a grey-blue ground covers one chair.

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GOLD AND MIRROR—Pale gold rep, heavily lined to loop back in deep dignified folds, with mirror disc tie-backs and a mirror cornice.

STARCHED AND FLOWERED—White drawn thread dimity, very crisp and fresh, finished with double ruffles of flowered chintz down the sides and across the bottom. With shirred chintz across the top.

SATIN AND CHINTZ—Bedroom draperies of French blue satin made on a bias jabot cut, hanging luxuriously to the floor and lined with a flowered chintz predominating French blue, the design of which is revealed as the cascades droop gracefully downward.

WHITE AND PLAID—Full white

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