

Menus for a Full Week With Interesting Variety On the Bill of Fare

Domestic Science Expert Features Potatoes. Notes Bargains at the Food Markets These Days. California and Florida Valencias are Reasonable. Menu for Each Day of the Week.

When you market this week and next, you will find that potatoes are being featured. Clean, firm potatoes of today are quite different from those which used to carry with them a goodly weight of native soil.

At the moment the California and Florida Valencias of small sizes are

gradually stir over a low fire until thick and smooth. Cut six trips of pimento and reserve for garnishing. Cut remaining pimento into small pieces and add to white sauce. Pour mixture into greased baking dish, arrange strips of pimento on top and bake in a moderate oven, 350 degrees Fahrenheit, fifteen minutes.

(Released by The Bell Syndicate, Inc.)

Business Girls' Club Holds Happy Christmas Social

With Attractive and Unique Gifts Featured

Members of the Porcupine Business Girls' Club met on Thursday evening in their clubroom to hold an enjoyable social evening.

Gay garlands of red and green, and small miniature wreaths of silver paper decorated the walls, while a tinsel bedecked Christmas tree trimmed with colored lights and varied shaped ornaments made an attractive table centerpiece. Crushed, silver paper as the base formed a background for the small, various shaped gifts which were arrayed around it. Such usable gifts were there as spicy bath salts in cardboard barrel-shaped containers, pastel shaded powder puffs in cellophane cases (wrapped to look like a little drum), toy doll with washcloth, dusting powder and cold cream, a medium-sized frame of fluffy-looking Persian kittens with gay ribbons around their necks, pale pink powder bowl with powder puff; also a splendid set containing cleansing face, neck, arm, pads treated with cooling, refreshing, lotion or cream, which, when applied to what would appear to be a clean face, the cloth or we pad came away quite soiled.

The members all experimented with this gift, and agreed it would be a boon on motor journeys, train trips, and even during office hours or at close of day when a hasty make-up was necessary. Another parcel disclosed what had once been a dusting powder box of a well-known make, but had been quite prettily concealed with silver and white colonial silhouettes and bordered with ribbon and narrow gold gummed strips. When opened the box contained a tiny jar of lavender bath oil. The outer wrapping of the box was white tissue with a handle and bars going around the box to resemble an old-fashioned biscuit container. . . and bore the recipient's name in gold letters.

Several other attractively shaped parcels done with the new adhesive green and gold and red and gold tape, with bright green holly-wreath circles and little candles in the centre, remained unopened, as the recipients were unable to attend. The members guessed that their contents were most likely "beauty" in some practical form. The girls had chosen names out of a hat the meeting before and agreed to buy some little gift valued at not more than 25 cents, and it was surprising the delightful things this sum purchased.

Following the serving of refreshments the girls left rather early, their duties for the coming day calling for an early rising, while others were feeling the strain of the extra work in the stores in connection with Christmas shopping.

All members who are taking the Home Nursing Class are asked to be at the home of P. M. Bardesson (side door for the Red Cross Department) on Thursday next at 7.30 o'clock, to attend the last class before Christmas.

No regular meeting will be held for the club members until after the beginning of the New Year, although the club privileges will be exercised as usual regarding use of the clubroom.

Members are asked to remember that the clubroom is an ideal place in which to make up Christmas card lists, address them and do other Christmas work, such as writing little notes and letters full of love and good wishes to friends so that they can be delivered in plenty of time before that happy Christmas day.

A Real Optimist

(From an Exchange)

"I am going to buy a raven," a householder informed his neighbor. "Really," rejoined the latter. "What for?" "I want to see if these birds really do live three hundred years, as people say."

A.Y.P.A. Delighted With Address on China by Mrs. Clark

Souvenirs of China Shown to Members.

The regular weekly meeting of the A.Y.P.A. of St. Matthew's Anglican Church was held Wednesday night in the parish hall. The meeting opened with the singing of "Breathe on me, Breath of God."

Three new members, Betty Lou Bowyer, Anthony Hardy, and Alex Bell were initiated.

Plans were completed for a hot supper to be served at the church from 5.30 to 7 p.m. on Wednesday, December 13th. This will be an event well worth attending, as the supper will be a tasty and delicious one.

Mrs. Clarke, deaconess of the Timmins United Church, gave a very interesting talk on China. Mrs. Clarke spent five years, 1929 to 1935, in the western province of China, Szechwan.

Although means of transportation has changed a great deal, and although modern machinery has replaced hand-work for the most part, the speaker was able to give an interesting and amusing account of the Chinese people and their customs.

Arriving at Shanghai, Mrs. Clarke had travelled up the Yangtze River, and as the Chinese counted their time by days, she noted that they travelled ten days before reaching her destination.

Mrs. Clarke brought some of her souvenirs of China to show the members, and while speaking of the Chinese ability for art work, she referred to a skirt embroidered in metallic thread. Although the skirt was a number of years old, the white material had not colored, and the metallic thread had not tarnished.

The Chinese language, said Mrs. Clarke, is made up of sounds, and explained how the sounds of such words as potatoes and coal oil, in Chinese, were so much alike that a foreigner would often find difficulty in telling them apart.

During her five years in China, Mrs. Clarke had not travelled a great deal, but had found much of interest where she had been stationed.

Capt. Butler thanked Mrs. Clarke on behalf of the members, and during a general discussion, Mrs. Clarke gave accounts of the various uses of articles which she displayed.

Beautiful Christmas Number of "The War Cry"

The Christmas number of The War Cry is always worthy of special note. This year it is issued in standard magazine size and has thirty-two pages of beautifully printed matter. It is a very attractive sample of the best in colour printing. On the front cover is a striking seven-colour picture, "There Was No Room for Them in the Inn," and on the back cover a similar sample of the printer's art illustrating the telling of the Christmas Story. Inside are many notable illustrations, some of them in charming colour combinations. For instance, there is: "A Golden Sunset on a Winter Day"; "At the Outposts of the Empire," showing a fur trader's log cabin in the Canadian Northland. The artistic and appropriate illustrations to the various articles in the number will also prove of special interest and pleasure to all who peruse the pages of the 1939 Christmas War Cry.

Among the special articles in the issue may be mentioned:—"Let Us Now Go," by General George L. Carpenter, head of the Salvation Army in the world, who visited Timmins last year and made many friends here; "Good Tidings of Great Joy," by Mrs. General Carpenter, who visited here last year and also delighted all with her talent and earnestness; "His Star in the East," by Col. G. W. Peacock; "Burning Abyss," by Gladstone Faraday; "Christmas in Palestine," by Kirk O'Ferral; "Power to Become," by Adjutant C. D. Wiseman; "Forgive Us Our Christmases," by Henry F. Milans; "Surprise," by Angel Lane; "How Biddy O'Halloran Celebrated Christmas," by Alice M. Lydall; "Miracles in Cho-Sen," by Major A. Irwin, Korea; "The Army Founder's Favourite Carol," "The Man Who Would Not Know Defeat," "John Bright's Old Ragged Coat," "Christmas in Honey Court," by Hugh Redwood, president of Goodwill League.

Not only will the Christmas War Cry appeal to those who wish attractive and interesting reading for the season, but it will also prove a very acceptable souvenir gift to friends at this season.

BRITISH GET THREE SUBS IN PAST TWENTY-FOUR HOURS

Although the British admiralty admitted that the destroyer, Jersey, had been injured by a submarine torpedo, British ships extracted terrible vengeance. They report that three submarines have been sunk in twenty-four hours. No member of any of the crews was saved.

Beauty and You

by PATRICIA LINDSAY



BARBARA STANWYCK experiments with a special lip brush which many Hollywood stars use. She outlines her lips first and then fills in with lipstick.

Designing Pretty Lips Has Become Specific Feminine Art.

Yes—there is fashion in lips just as there is in gowns and hats. But how to achieve something new, distinctive and correct without smeary edges or downright distortion, has baffled many a woman.

Various innovations have come to our aid. First the camel's hair brush and rouge pot with which we outlined our lips (if our hand was steady) and later filled them in with lipstick. Then lip liners in the form of soft, colored pencils which seemed a bit easier for unexpert hands to handle than the old brush technique. But still these were not the answer to our lip problem. We still sighed over lack of lip symmetry and edges which seemed bound and determined to smear even though we took the greatest of pains.

At last a lipstick manufacturer has gotten together with a movie make-up artist and a very definite lip rouging aid seems to be the result. Lip stencils—they are called, which fit comfortably between the teeth while you simply fit in the cut-out, you know, just as you played stencils when you were a child—

the firm paper edges keep your shaking hand from leaving the lip line you desire to have.

Each stencil is the perfect shape of its type. You just try them over your lips until you find the ideal shape for your mouth. Both a lip liner and a lipstick (of any four shades) come with the set, and it is hoped that this amusing assemblage will help many a girl to flaunt flawless lips of alluring shape!

Another Lip Gadget

Another lip helper is a gadget which is literally a fountain lip brush. As you draw it around your lip line with a steady hand it automatically gives cream lip color through a stiff little brush. With the same brush you fill in the outline. When you have used it to slip on its tiny cap and tuck it in your bag as you would an ordinary lipstick. Refills in various shades are available and you have a choice of containers. This is particularly helpful to girls who have dry lips and find many a lipstick too hard for easy and quick coloring.

Of course, many of you will still be

November One of Busiest Months for Town Nurses

Completed Diphtheria Clinics. Tuberculin Testing Clinics Have Begun.

Report of the Public Health nurse, presented at a meeting of the Board of Health on Thursday night, indicated that November was one of the busiest months of 1939.

Two diphtheria toxoid clinics were held and three pre-school clinics, one in Notre Dame des Lourdes church and two in the town hall. An extra clinic to include children not treated in the five others, was begun on December 6.

Tuberculin tests for school children began on December 5. Nurses hope that arrangements may be made to give a child two such tests during the time he is in school.

The Board of Health recommended to the Council that, owing to the lack of space, another room be provided for the clinic.

Due to an increase in population in Timmins and due to the fact that the Medical Officer of Health had so much work to do in schools, the Board of Health recommended that he be given adequate remuneration.

HOT SUPPER AT THE A.Y.P.A. ON WEDNESDAY EVENING

The A.Y.P.A. will hold a hot supper at the St. Matthew's parish hall on Wednesday evening from 5.30 o'clock until 7 o'clock.

Yytle, of South Porcupine. Rev. A. I. Heinonen, minister of the pastoral charge, presided, and Miss Elma Nykanen was elected Recording Steward of the Official Board. After the meeting the members of Official Board and their visitors enjoyed refreshments at the Church.

Committee of Presbytery Visits Finnish Church

At a very profitable meeting of the Official Board of the Timmins Finnish United Church held Wednesday, Dec. 6th, at 7 o'clock in the evening at the Finnish Manse, the Board had the pleasure of a visit from the Visiting Committee of the Presbytery of Cochrane. Matters concerning the welfare of the work of the church within the bounds of the pastoral charge were discussed. All branches of the activities were well represented at this Official Board meeting. The Session was represented by Mrs. A. I. Heinonen and the minister. The Board of Managers was represented by Mr. J. A. Peterson and Mr. Leino Punkari. The Ladies' Aid was represented by the president, Mrs. Heinonen. The Young Peoples' Society was represented by Mr. Helge Hongisto, the president-elect. The War Service Unit of the Ladies' Aid was represented by the president, Mrs. J. Aho. The Y.P.S. Orchestra was represented by the conductor, Miss Elma Nykanen. The Sunday School was represented by the Superintendent, Mr. Ruben Peterson. The Visiting Committee of the Presbytery of Cochrane included the Chairman of the Presbytery, Rev. W. M. Mustard, of Timmins; Rev. R. S. Laidlaw, D.D., of Iroquois Falls, the Convener of Home Mission Committee of the Cochrane Presbytery; Rev. F. J. Bain, of Schumacher, and Rev. J. A.

FREE XMAS OFFER

One 8 x 10 Enlarged Photograph WITH EVERY ORDER OF PORTRAITS AMOUNTING TO \$5.00 OR OVER.

Have your photograph taken early and avoid the rush season. It takes time to finish good photographs.

ROYAL STUDIO

A. TOMKINSON

9 Balsam Street North Phone 417



(By Edith M. Barber)

very cheap. You may look for bargains among spinach, carrots, mushrooms and cabbage, even the red variety.

Sunday Breakfast
Stewed mixed fruit
Baked salt mackerel

Hot rolls Coffee

Dinner
Persimmon and grapefruit canape
Celery Olives

Roast duck Grape jelly

Rice with mushrooms
Buttered string beans

Orange chiffon pie Coffee

Supper
Deviled crabmeat
Escarole salad

Spice cake Tea

Monday Breakfast
Tomato juice
Cooked cereal

Poached eggs on toast Coffee

Luncheon
Casserole of rice and duck gravy
Raw carrots

Dinner
Kidney stew
Baked potatoes

Spinach with lemon butter
Baked custard

Tuesday Breakfast
Orange juice
Ready-to-eat cereal

Bacon Coffee

Luncheon
Spinach soup
Toasted cheese sandwiches

Applesauce Tea

Dinner
Sauerbraten
Mashed potatoes

Buttered red cabbage
Cranberry puffs, Creamy sauce

Wednesday Breakfast
Stewed Flis
Cooked cereal

Scrambled eggs Bran muffins Coffee

Luncheon
Toasted deviled ham sandwiches
Cole slaw

Cookies Tea

Dinner
Casserole of tuna fish
Oven fried potatoes

Fruit jelly Buttered beets Coffee

Thursday Breakfast
Grapefruit
Ready-to-eat cereal

Bacon Coffee

Luncheon
Milk vegetable chowder
Lettuce with chiffonade dressing

Canned cherries Tea

Dinner
Beef and mushroom pie
Baked tomatoes

Anise Coffee

Coffee ice cream Coffee

Friday Breakfast
Orange juice
Cooked cereal

Boiled eggs Toast Coffee

Luncheon
Grilled sardines
Raw carrot salad

Gingercake Tea

Dinner
Baked beans Brown bread
Mixed green salad

Chocolate pudding Coffee

Saturday Breakfast
Stewed prunes
Ready-to-eat cereal

Bacon Coffee

Luncheon
Baked bean soup
Celery salad

Cream cheese Toasted crackers

Tea

Dinner
Roast pork with apples
Baked sweet potatoes

Buttered carrots Coffee

Lime whip Coffee

Casserole of Tuna Fish
4 tablespoons butter
4 tablespoons flour
1/2 teaspoon salt
Pepper
1/2 teaspoon Worcestershire sauce
2 cups milk
2 pimentos
1 thirteen-ounce can tuna fish
Melt butter, stir in flour and seasonings and when well blended, stir in milk

Speaking of Christmas

Here are Some Suggestions

- New Glasses for Mother or Dad.
- New frames or new lenses only.
- Hand polished Goggles, slip-ons or regular style.
- All styles Magnifiers and Hand Readers.
- Handy reasonably priced Field Glasses.
- Also Compasses, Weather Barometers, etc.

REMUS OPTICAL DEPT.

J. M. WATERMAN, R.O.—Optical Specialist

17 PINE STREET NORTH PHONE 139

Christmas Dinner

Cook it THIS Year on an ELECTRIC RANGE

This year, have a finer, tastier Christmas dinner than ever before. Cook it with electricity. You'll be amazed at the speed, economy and coolness of an electric range and even more amazed at the lack of shrinkage in meats.

Electric cooking is sure and easy. You merely put the complete dinner in the oven, set the timer and rest assured that everything will be cooked to a turn. And the cost is only half a cent per meal per person.

Let us tell you how easy it is to own one of these modern time, money and labour-saving electric ranges. A small down payment will put one in your kitchen now or hold it for you until Christmas.

We have a choice of various makes, both all electric and combination. You will be sure to find one to meet your requirements. Easy terms on all models.

An automatic electric roaster—cooks a complete meal for six persons. Uses very little shelf space. Fully insulated, clean and easy to use. Ideal for picnics or summer cottages. A splendid Christmas Gift. Easy terms available.

Canada Northern Power Corporation Limited

Controlling and Operating

NORTHERN ONTARIO POWER COMPANY, LIMITED

NORTHERN QUEBEC POWER COMPANY, LIMITED