

Some Suggestions About Preparing Bread, Rolls

Hot Oven Needed for the Baking of Rolls. Recipes for Making Parker House Rolls and Cinnamon Buns. Also for White Bread and Standard Rolls.

"There is nothing that I like to do so much in the line of cooking as to make up a batch of rolls," remarked a friend of mine the other day. And then she went on to ask me all sorts of questions in regard to the method of mixing that I preferred, followed by questions as to time or rising, baking—



By EDITH M. BARBER

In fact, there were so many that I immediately decided that it must be time for me to take up this subject in this column.

The recipes below will give you the ingredients and the general methods. And now for the reasons for my choice. Of course, the liquid must be lukewarm before it is combined with yeast. If it is hot, the yeast plants will be killed, and the dough will not rise. If it is cold the time of rising will be increased. The amount of yeast given today is for the quick process which will allow you to have hot rolls for dinner in five hours, from the time the sponge is mixed. You may have this by doubling the amount of yeast, and if you would like to set the bread over night, in the old-fashioned manner, you may use one-fourth cake, instead of a whole cake.

Sugar is added to the recipe for two reasons. A small amount will hasten the rising; a larger amount may slow it slightly but is used for the sake of flavour. When you read the recipes, you will notice that I suggest adding melted shortening last. You may think that it is easier to add it to the liquid. You will find, however, that your bread is much easier to knead and that you will need no more flour, during the process, if the addition of the shortening is deferred.

I suggest putting the kneaded dough into a bowl, and setting this on a rack over hot water which should steam, but not boil. The bowl should be covered with a towel, under which a rack may be placed if you like. The steam will keep the dough soft and you will have no crust to remove or knead into your dough to which it so often will give a poor texture. After the dough has doubled in bulk, it is ready to form into loaves. It is not necessary to knead it much at this time. The second rising should also take place over steam.

Sometimes, you may like to bake a loaf or so of bread and to use the rest of the mixture for sweet, rich rolls. In this case, you may knead in a little softened butter, which has been mixed with sugar, and nuts or raisins, after the first rising. The texture will not be quite so fine, as if you had added the sugar and shortening in the first place but the results will be very acceptable. Instead, you may like to roll some of your dough into a thin sheet, to brush it with butter, sprinkle it with brown sugar and perhaps nuts or raisins, and to roll and cut it. These buns may be placed in muffin pans, or placed close together in a cake pan for the second rising.

From the rich roll mixture, you may

make a variety of fancy breads, merely by changing the shape, and by spreading them with egg yolk or white, by sprinkling them with sugar, or by filling them with a sugar mixture.

Just a word about temperatures for baking. Rolls demand a hot oven throughout the period. Bread may have a hot oven at first and then a lower or moderate temperature throughout the baking.

White Bread

- 1/2 yeast cake
- 2 cups milk, scalded and cooled to lukewarm.
- 2 tablespoons sugar
- 2 teaspoons salt
- 6 to 7 cups flour
- 2 tablespoons melted shortening.

Crumble yeast into a bowl, add milk slowly and stir to dissolve yeast. Stir in sugar and salt. Add about 4 cups of flour and stir vigorously. Add rest of flour gradually and mixed shortening, using just enough flour to form a dough which will not cling to bowl. Turn out on floured board and knead about five minutes until dough is smooth. Put in a bowl and let rise over hot, not boiling water until double in bulk. Cut down, toss on floured board and knead until smooth. Shape and put into baking pans, cover and let rise over hot water until double in bulk. Bake in a hot oven 450 degrees F. for about ten minutes, until surface begins to brown. Reduce temperature to moderate 350 degrees and finish baking. Total time should be about one hour. Takes about six hours for completion.

Standard Rolls

- (Takes about 5 hours)
- 1 cake compressed yeast
- 1 cup milk, scalded and cooled to lukewarm.
- 1/2 cup sugar
- 1/2 teaspoon salt
- 1 egg
- 4 cups flour
- 1-3 cup melted shortening

Crumble yeast into a bowl, add milk slowly and stir to dissolve yeast. Stir in sugar, beaten egg and half the flour. Stir in rest of flour and melted shortening and mix well. Turn out on floured board and knead two or three minutes until you have a smooth dough. Put in a bowl, cover and let rise over hot, not boiling water, until double in bulk. Cut down, toss on floured board and knead until smooth. Shape, place on baking pans, cover and let rise over hot water until double in bulk. Bake in a hot oven 400 degrees F. fifteen to twenty minutes until light brown. Remove from oven and brush tops with melted butter.

Parker House Rolls

When dough has risen to double in bulk, roll the dough on a floured board until it is about one-half inch thick. Cut with a small biscuit cutter into rounds. Crease these with the dull side of a knife just a little to one side of the middle. Brush the smaller side with melted butter and fold over the wider side. Place far enough apart to prevent them from touching one another. Let rise until double in bulk. Bake in a hot oven, 400 degrees F., for fifteen to twenty minutes. Remove from oven and brush tops with melted butter.

Cinnamon Buns

Roll dough into long stripes, four inches wide and one-fourth inch thick. Sprinkle with butter creamed with four times as much sugar, seedless raisins, citron cut in small pieces and cinnamon. Roll like jellyroll, cut into small pieces, place in greased muffin pans and sprinkle with brown sugar. Let rise until double. Bake in a moderate oven, 350 degrees F., about twenty minutes.

Nut Sticks

Roll dough one inch thick, cut into strips and fill in chopped nut meats. Place in greased bread stick pan, brush with melted butter and let rise until double. Bake in a hot oven, 425 degrees F., twelve to fifteen minutes. (Released by The Bell Syndicate, Inc.)

Salvation Army Tag Day at Rouyn—Noranda Nets \$327

Last week the Salvation Army held a tag day in Rouyn and Noranda for the Salvation Army war work. A total of \$327 was netted for the day, though the weather was most unfavourable. The amount received was considered as close to a record for a tag day at the Twin Cities.

Toronto Telegram:—Even when the average man's ship does come in it's just a hard-ship.

How the Story of the Corpse in the Taxi Originated

There Wasn't Any Corpse, Officials Say.

Recently a story published by The Northern News about a corpse carried in the back of a taxi created more than passing interest. The Northern News investigated a story current in Kirkland Lake to the effect that a Timmins taxi driver had stopped at a Kirkland Lake service station and that a dead man had been noted in the back of the car. The information gathered by The Northern News in attempting to track down this story was to the effect that a man had died in Timmins and it was desired to bury him in Rouyn, so the service of a taxi had been used as the most convenient and speedy method of conveyance. It was further suggested that a regulation basket for carrying the corpse had been used in the taxi. The Rouyn-Noranda Press last week repeated the explanation made by The Northern News, but added the fact that nothing was known of the case at Rouyn, and that certainly the body was not taken to either of the undertaking establishments at Rouyn. This addition to the explanation left the story in The Northern News as inconclusive.

When the item was noted in The Northern News, The Advance made enquiry into the matter as it did not appear that the transportation of dead bodies by taxi was either lawful or desirable. At Timmins the undertakers had no knowledge of any body being transported in this fashion, and pointed out that special permission would be necessary before this could be done. Indeed, the body could not legally be moved from one district to another without official sanction. The officials knew of no dead person being transported in this way. Further enquiry elicited the fact a Timmins taxi cab, equipped with a regulation basket for the dead, had gone to Rouyn to transport a body from that town to Timmins for interment. The taxi had stopped at a service station at Kirkland Lake on its way to Rouyn, carrying the basket, but with no dead person therein. It was this no doubt, that originated the several stories told about the incident. The stories included one that the taxi carried a man who had met foul play, thus making the story a regular murder mystery. As a matter of fact, however, there had been at no time any dead man in the taxi. Apparently when the taxi reached Rouyn other arrangements had been made in regard to the burial, for the taxi returned from Rouyn without the body. It may have been that this was due to legal difficulties in regard to the transfer of a corpse from one district to another. In any event, The Advance was given to understand that the dead man was buried at Rouyn, and it is certain that no dead body was transported either way in the manner suggested in the stories told.

Beauty and You

by PATRICIA LINDSAY



Brushes, expertly used, bring glamour to eyes. Here Hollywood make-up artist is brushing a little foundation cream into the corner of the eye to add lustre.

"Blinkers" Protect Eyes of Screen Star.

All of us might benefit by the simple but intelligent care Gale Page of Hollywood, gives her eyes.

Because acting under brilliant lights takes its toll on the eyes (as does strong sunlight) she feels her eyes should be especially pampered, for unless they are rested and with natural brightness her movie work would suffer.

Here is Gale's pet formula for healthy orbs! She gets at least eight hours of sleep each night. If she stays up late at night she stays in bed, late the next morning.

If any sort of bright light shines into her room (including moonlight!) she dons black velvet "blinkers" to protect and rest her eyes. These blinkers she carries while travelling too, and they frequently come in handy while resting on a train, or plane, or on deck of a boat!

Ever so often during the day she closes her eyes for the count of one hundred and then opens them and focuses them on some distant object for another count of fifty. This excellent optic exercise has given her much eye comfort and she urges all girls to adopt it.

Before she goes to a party at night, particularly if she has had an arduous day, she relaxes her eye muscles with warm compresses and then firms them with chilled astringent-soaked pads.

On dusty days she washes her eyes with a weak solution of boric acid, but she does not wash her eyes daily with this solution.

Regarding Eye Make-up
In making up her eyes, Gale's first

thought is the "frame" for her eyes. She pulls the skin taut below the eyes as she applies her liquid powder base so her powder will go on smoothly and remain smooth. She then covers her lid with a becoming shade of eye-shadow and blends it toward her brows. Her brows retain their natural line which follows the bone structure above her eyes and she simply plucks a straggler hair here and there—she never makes a thin unlovely, pencil line. To make her eyes appear darker she uses mascara on both lashes and brows. Of the same shade. With quick, short strokes she applies it so it will not look too artificial. To offset any drying effect the mascara might have, Gale brushes her brows and lashes with white vaseline each night after cleansing them of colour.

Of course this make-up is for her private social life. When she acts before the camera she allows the studio make-up artist to go the limit of his artistry! "But screen make-up could never be worn off location," says Gale, "and nothing irritates me more than to see a sweet young girl with eyes so heavily made-up one would think she hadn't a mirror in which to see herself as others see her!"

So, girls, let's strive for the healthy eyes. Give yours rest and care and good nourishment. A famous doctor replied to the question, "How can I get rid of dark circles and puffs under my eyes?" "Sleep twice as much as you do now, correct your eating and drinking habits, stop smoking and stop worrying about your age!" (Released by The Bell Syndicate, Inc.)

TO-DAY'S FASHIONS



Black With Red

Black with vivid red is a good colour prescription this season. This ensemble has a thin red wool dress and black fur jacket of Persian lamb. The jacket, which reaches below the waist is collarless. There are two large self-tbuttons at neck and waist.

Woman Dies in Hospital at Noranda from Burns

Reference was made in a recent issue of The Advance to the serious injuries sustained by Mrs. Joseph Landry, 39 years of age, when a stove exploded at her home on the Macmillan road near Rouyn. Mrs. Landry threw gasoline into the stove to get the fire going, believing that it was coal oil that she was using. An explosion followed immediately, flames being thrown across the room. Three of her children in the room at the time escaped any serious injury, but the mother's clothing caught fire. A man passing the house at the time, succeeded in beating out the flames on Mrs. Landry's clothing and also summoned a doctor. The lady was hurried to Youville hospital at Noranda, but her injuries were found to be so serious that little hope was held for her recovery. She died last week at the hospital.

Try The Advance Want Advertisements.

Activities of the South Porcupine Girl Guides

On Wednesday, Oct. 4th, the South Porcupine Guide Company held a meeting at the Parish hall. After Horseshoe and Inspection, the girls were entertained by Mr. Sol Sky, who showed moving pictures of the visit of the King and Queen to Sudbury. Mr. Sky has always been interested in the Guide movement, and once again the girls were the recipients of his kindness. The Guides were highly amused by films of the antics of Mickey Mouse and Crazy Kat. "Taps" brought this meeting to a close.

The 1st South Porcupine Girl Guides met in the Parish hall on Oct. 11th. Horseshoe and Inspection, taken by Miss Wilkins, Mrs. Bessette and Elaine Dogue, were followed by work in Patrol Corners. Dancing and games were next on the programme. After these activities, Campfire was held and "Taps" closed the meeting. During this meeting it was decided that the Rangers would meet on the following Thursday at the home of Mrs. Bessette.

Gives Lindbergh Palm for Imbecility and Stupidity

(From Toronto Telegram)
Reading Colonel Lindbergh's speech on American neutrality, it is hard to decide whether to be most amused by his imbecility or amazed at his impudence. In both qualities he far outshines anyone who has yet contributed to the discussion. The competition has been keen but nobody has compared for fatuous effrontery with this airman who has come forth as an amateur statesman to tell Canada what she should and what she should not do.

Here, boiled down, is his argument, which it is flattering him to treat seriously. President Roosevelt has promised to fight for nations on this continent if they are attacked. In return for this promise, quite unsolicited and based on the interests of the United States, Canada should break away from the Empire lest she involve her neighbour in war. Have Canadians, the Colonel asks, "the right to draw this hemisphere into war simply because they prefer the Crown of England to American independence?"

The answer to that is that Canadians have the right to decide their own destiny and to resent American impudence. They were in the British Empire long before the Colonel was born, they will be in it long after he is dead, and there is nothing that he or any other of his half-wit school can do about it. He does not, we imagine, suggest that the United States should conquer Canada in order to prove that the republic

is a good neighbor bent only on peace. He says Americans desire friendship with Canadians: "If their country is ever attacked our navy will be defending their seas, our soldiers will fight on their battlefields, our fliers will die in their skies." That is a beautiful declaration, one that would warm the hearts of all Canadians if they did not know that, as the Colonel admitted elsewhere in his speech, America would have to fight for Canada in her own interests.

They know something else which he has failed to see. It is that, while America is sitting back and the Colonel is talking, the British navy is guarding not only Canada but the United States. They know that freedom on this continent is being fought for at this moment on the high seas and in Europe. They know that when America decides to get into the struggle it will not be for love of Canada but because the American people have come to see, what their wisest leaders have already seen, that the British Empire is fighting America's battle, and that if the British Empire is crushed the Monroe Doctrine will have no more weight than a comic strip. It is well bluntly to make this plain, before Americans, forced into war by their own needs, begin to tell us they came solely because of friendship. If the Colonel and his friends do not like it, they may take back their promise of protection. That should be satisfactory to everyone.

Why the Mexican Gardener Adopted a Jewish Child

(From Readers' Digest)
Leo Carrillo has a Mexican gardener on his ranch who recently announced happily to his master that he had adopted a beautiful baby. Carrillo, who takes a patriarchal interest in the lives of his ranch helpers, asked Pedro to bring the baby around for him to see. Pedro proudly produced a beautiful baby indeed—but, to Carrillo's astonishment, one of unmistakably Jewish origin.

"Why Pedro," exclaimed Carrillo, "That's a little Jewish baby, and you're Mexican—didn't you mean to adopt a Mexican baby?"

"Oh, no!" replied Pedro emphatically. "Jewish children take care of their parents when they get old!"

SPRINKLER AND IRONER

A new electric iron holds a pint of water which, when it turns to steam, emerges through small holes near the point of the iron, dampening the material before it presses. It thus eliminates sprinkling before ironing, and the use of a damp cloth in pressing suits; it can also be used to steam velvet, says Popular Science.

INSURANCE

AND REAL ESTATE IN ALL BRANCHES

HOUSES AND LOTS FOR SALE
CONVENIENT TERMS

SIMMS, HOOKER & DREW

13a Pine Street North
Timmins

Phone—Office 112
Residence 135

Investigations in Ore Dressing and Metallurgy

Report Issued on Work Carried on at Ottawa.

The Department of Mines and Resources, Ottawa, in its "Review of Investigations in Ore Dressing and Metallurgy" for the six months ended June, 1938, reports the completion of seventy-five major investigations on metallurgical ores during the period. Forty of the investigations were concerned with ore treatment, while nine embraced special microscopic examinations, and twenty-five were related to metallurgical products or problems. Thirty-five of the investigations involved the treatment of gold ores. The investigations shown in the Review required a total of 8721 chemical and assay determinations, and the preparation and examination in the mineralogical laboratory of 361 polished sections of ores and products.

An increasing amount of correspondence is reaching the ore testing laboratories relative to plant operating problems, treatment process for ores, alloys, chemical and metallurgical problems, and enquiries as to suitable types of equipment for certain mill operations. The chemical laboratories are being frequently requested to provide methods of analysis for the purpose of controlling and determining mill effectiveness.

Activities of the research section as reviewed in the Report show clearly the ever-widening range of work being carried out in the laboratories. Problems arise in connection with individual investigations of ores submitted that require increasing attention as many of such ores are of a definitely refractory character. A combination of infrazising, panning, chemical analysis and microscopic examination employed in an effort to determine the association and mode of occurrence of the refractory gold, has been found to lead to a fairly accurate conclusion on the possibilities of recovery. The utilization of certain natural resources or products for the production of alloys such as chromium steel and uranium steel has been receiving attention.

In an investigation on the use of uranium as an alloying element, high and medium carbon ferro-uranium steel ingots have been cast and others will be made. The difficulty in the manufacture of uranium steel and ferro-uranium lies in the rapid oxidation of the uranium, and the building of a vacuum or atmosphere-controlled melting-furnace has been considered in order that this difficulty may be overcome.

A rapid and accurate method for

the determination of oxygen in pulps has been sought by the industry for better control of milling practice and three methods have already been examined in the laboratories. A study has been made also of methods employed or suggested in the determination of gold in pregnant and barren cyanide solutions.

Copies of the Report (No. 792) may be obtained from the Director, Mines and Geology Branch, Department of Mines and Resources, Ottawa.

Weiner Roast and Social for Girls' Softball Team

An enjoyable weiner roast and social evening in honour of the Timmins Police Athletic Association girls' softball team recently, found a large number of friends and all the members of the team at the T. P. A. gym.

Refreshments were served by Mrs. Frank Devine and Mrs. Doris Dibble, the secretary-treasurer of the baseball league. The weiners put up a good fight but it was a losing battle from the start.

Everyone danced and played ping-pong until midnight, with Charlie Joffe retaining his ping-pong championship.

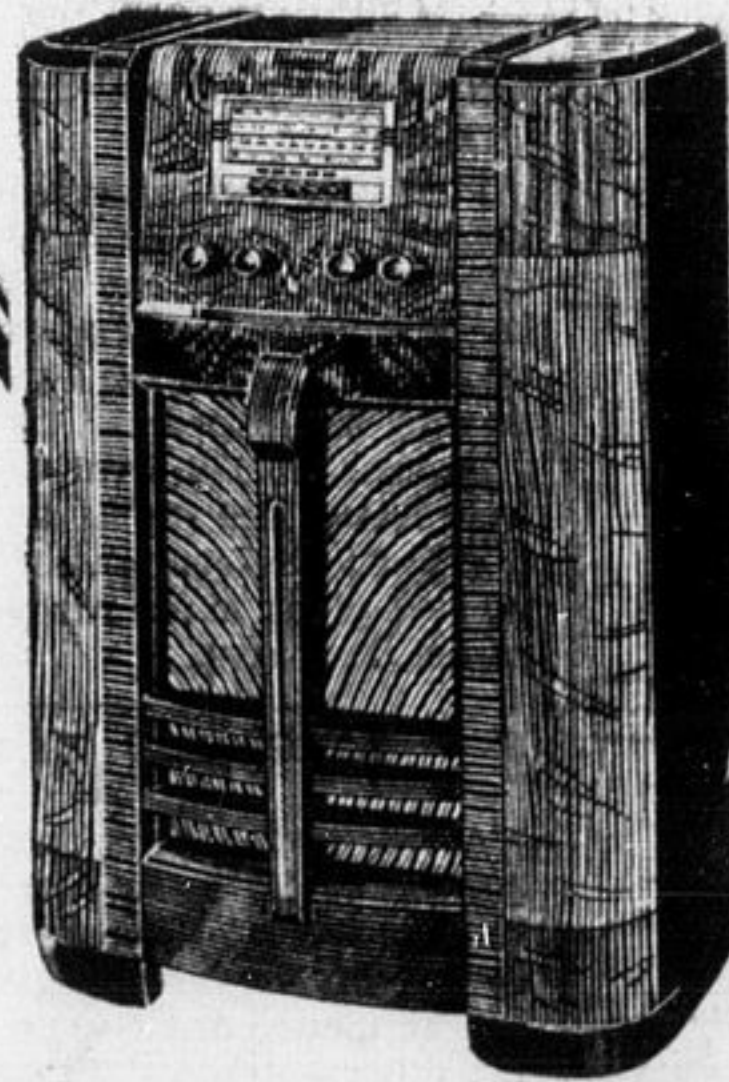
ANOTHER INVENTION

Readers' Digest—To enable him to park his car in tight places without denting fenders or scraping tires, a Rochester, N.Y., watchmaker invented a device which lights a tiny red lamp on the dashboard when front or rear bumper comes too close to another car or the curb. A coil spring, almost as sensitive as an insect's antennae, attached to the bumpers, closes an electric contact and lights the warning light when the car nears an object.



To Keep Young and Healthy and Beautiful

SEE and HEAR this Beautiful New GENERAL ELECTRIC RADIO



You'll hardly believe your own ears when you hear the full, rich natural tone of this year's new G.E. Radios. And you'll scarcely believe your eyes when you see the price tags! Here are really beautiful pieces of furniture and marvellous musical instruments at prices that make buying easy. A small down payment will put one in your home — balance on convenient monthly terms.

Canada Northern Power Corporation, Limited
Controlling and Operating
NORTHERN ONTARIO POWER COMPANY, LIMITED
NORTHERN QUEBEC POWER COMPANY, LIMITED

GENERAL ELECTRIC RADIO

BY HIGHWAY CRUISER!
North Bay to
TORONTO
Lv. NORTH BAY 8.40 a.m.
Ar. TORONTO 4.05 p.m.
9.45
RETURN
5-DAY
EXCURSION
Lv. TORONTO 8.15 a.m.
Ar. NORTH BAY 4.10 p.m.
UNION BUS TERMINAL Phone 101-2-3
NORTH BAY
GRAY COACH LINES!

FOR UNIFORM RESULTS
USE
ROYAL!
ITS AIRTIGHT WRAPPER
KEEPS IT PURE,
• FULL-STRENGTH