

# Homemade Pickles May Include Many Vegetables

### Almost Any Green Vegetable May be Pickled. Some Suggestions Include Bread and Butter, Quick Cucumber and the Mustard Varieties. Also Pepper Relish.

"The French have so much care of their health, that they will not suffer a green cucumber pickled, of any kind to come to their tables. We think that it is the great art of pickling and therefore try at it," says the author of the British Housewife and Gardener's



By EDITH M. BARBER

Companion, who was a famous authority in the 1700's.

She goes on to warn against adding a copper halfpenny, for the sake of giving the green colouring to the pickle, because, so she says it has "entailed diseases upon thousands."

The recipes which Mrs. Bradley offers for pickles are very like those which we follow today. "Choose a dozen handsome large cucumbers before they are too ripe; such as are in perfection for eating, are fittest for this use." She then goes on to give detailed directions for combinations of vegetables, for brining and spicing and finally pickling in hot vinegar. We note the absence of tomatoes in all of these recipes, as of course, at that period, this vegetable was not used for food.

Actually, almost any green vegetable may be pickled. You may originate a combination, if you like, by putting together whatever you find in market and by blending spices to suit your own taste. Many recipes call for brining the vegetables in the salt water, for a period which ranges from a few hours, to three days. After this they are drained and covered with hot or cold vinegar well spiced. Certain recipes call for pre-cooking of some of the vegetables.

There are three large divisions of pickling, if we include the spiced sweet melon and ripe cucumber pickles. First there are the small cucumbers, which are often sold as "pickles," because they are actually grown for this purpose. These are sometimes allowed to soak in lime water before they are brined, in order that crispness may be insured. Then there are innumerable varieties of mixed pickles, which in their simplest form, are merely sliced cucumbers or green tomatoes, combined with onions, spices and vinegar. For some of this type, the vegetables are finely chopped. Most of these pickles are covered with hot vinegar but the exception is the well-liked mustard pickles for which a thick sauce is prepared. Turmeric is always used as a seasoning and incidentally a colouring for this sauce.

Catsup and chili sauce should be called sauces rather than pickles. They are not made as often nowadays, when we can buy for such reasonable prices bottled products of good quality. From my large file of pickle recipes, from many sources, I have chosen today a few of my favourites.

#### Corn and Tomato Relish

- 12 ears of corn, cut from cob.
- 1 quart sliced peeled tomatoes
- 1 quart cucumbers, ground.
- 1 quart onions, ground.
- 3 green sweet peppers, ground.
- 12 ripe sweet peppers, ground.
- 2 large hot peppers, ground.
- 1 pound sugar.
- 2 cups water.
- 1 quart vinegar.
- 1 tablespoon turmeric.
- 2 tablespoons mustard seed.

Mix all ingredients together and cook slowly forty-five minutes. Pour into clean, hot jars and seal.

#### Pepper Relish

- 12 sweet red peppers.
- 12 sweet green peppers.
- 12 onions.
- 2 cups vinegar.
- 2 cups sugar.
- 3 tablespoons salt.

Remove the stems and seeds from the peppers, peel the onions and chop. Cover with boiling water and let them stand for five minutes. Then drain. Add vinegar, sugar and salt and boil five minutes. Pour into hot glass jars and seal.

#### Bread and Butter Pickles

- 10 medium cucumbers.
- 6 onions.
- 1/2 cup salt.
- 2 cups vinegar.
- 2 cups water.
- 1 teaspoon celery seed.
- 1 teaspoon mustard seed.
- 1 1/2 cups sugar.
- 1 teaspoon ginger.
- 1/2 teaspoon turmeric.

Wash and slice cucumbers thin. Peel and slice onions. Combine onions, cucumbers and salt and let stand two hours. Heat vinegar and water with seasonings, sugar and spices to the boiling point. Add the cucumbers and onions and cook slowly until tender. Pack while hot in hot glass jars. Approximately yield: Four one-pint jars.

#### Quick Cucumber Pickles

- 4 quarts cucumbers.
- 1 gallon vinegar.
- 1 cup mustard.
- 1 cup salt.
- 1 cup sugar.

Soak small cucumbers in brine overnight. Drain and soak in lime water if desired. Drain again, wash and place in clean jars. Cover with the vinegar mixed with the other ingredients and seal.

#### Mustard Pickles

- 1 pint whole small cucumbers.
- 1 pint sliced cucumbers.
- 1 pint small whole onions.
- 1 cup string beans.
- 3 sweet green peppers.
- 3 sweet red peppers.
- 1 pint green fig tomatoes or 1 pint cauliflower.
- 1/2 cup flour.
- 1 cup brown sugar.
- 3 tablespoons powdered mustard.
- 1/2 teaspoon turmeric.
- 1 teaspoon celery seed (crushed).
- 1 quart vinegar.

Cut all vegetables before measuring—tomatoes into halves, cucumbers into slices, string beans into one and one-half inch lengths and chop peppers. All vegetables should be tender and the whole cucumbers not longer than two and one-half inches.

Put all the vegetables into brine overnight, then freshen in clear water for two hours. Let these vegetables stand in liquor of one-half vinegar and one-half water for fifteen minutes and then scald in the same liquor.

To make mustard dressing, rub all the dry ingredients together until smooth, then add the hot vinegar slowly, stirring to make smooth. Cook over a pan of water, stirring carefully, until the sauce thickens. Drain the vegetables thoroughly and pour the mustard dressing over them. Pack in hot jars and seal.

(Released by The Bell Syndicate, Inc.)

## Plans Being Prepared for Campaign by the Red Cross

Ottawa, Sept. 12 — Plans for the launching of a nation-wide campaign and for the formation of committees to handle purchasing, transportation, finance and other problems, were completed here to-day by the Canadian Red Cross.

At a meeting in Rideau Hall, at which Lord Tweedsmuir in his capacity as honorary chairman of the National Council, presided, it was decided to inaugurate the drive for funds on Nov. 13, a date which would not conflict with campaigns already launched by many municipal and charitable organizations.

The meeting, which followed several preliminary ones here and in other cities, was attended by representatives from every provincial division and members of the National Council from Vancouver, Edmonton, Calgary, Winnipeg, Toronto, Montreal and elsewhere.

Hon. G. Howard Ferguson was chosen to head the campaign committee which will launch plans for its drive immediately. Committee chairmen named were: Wills MacLachlan, Toronto, purchasing and supplies; Col. J. A. Bishop, Toronto, finance; Col. K. M. Perry, Montreal, transportation, and Mrs. Wallace R. Campbell, Windsor, work.

It also was decided to have a national war council to avoid confusion and overlapping between national organizations seeking to attain the same objectives. It will be formed of the executive members of the Red Cross and one or more members from organizations which will be co-operating in the war work.

As the accredited organization by international law which has direct control with the Army Medical Corps in each nation, it is believed that the Red Cross could serve all organizations in channeling supplies and materials overseas with least delay and trouble.

Winnipeg Tribune:—The democratic nations have a mighty friend in F. D. Roosevelt, and no nation is more fully committed to peaceful settlement as against war-like aggression than the United States. The president has enunciated, from the position of a neutral, the very principles upon which the peace front would be fighting, if war broke out.

## Shower in Honour of Miss Cecile Hoff

### Array of Beautiful Gifts for Popular Bride-to-be.

Misses Lucy Lariviere and Lila Hoff were hostesses on Thursday evening at a miscellaneous shower in honour of Miss Cecile Hoff, bride-to-be, held at the home of Miss Lucy Lariviere, 60 Wende avenue. Many friends of the popular bride-to-be were present to shower her with numerous lovely gifts, and to extend their best wishes.

The home was charmingly decorated for the occasion with tall vases of gladioli, and during the evening the guests enjoyed bingo and a happy social evening with community singing. The hostesses served a delicious lunch. Miss Cecile Hoff will become the bride of Mr. Robert James, the marriage to take place in Timmins on Monday, September 18th.

Among those present were Misses Ruth Jenkins, Audrey Ray, Ethel Hurley, Gwen Bright, Marguerite Therriault, Jean Caron, Leona LaVallee, Bessie Stenclik, Mabel Charbonneau, Dorothy Leach, Mrs. Pat Murphy, Mrs. Fred Charbonneau, Mrs. Brunette, Mrs. Hoff, Mrs. Menard, Mrs. Lariviere, the hostesses (Misses Lariviere and Hoff), and the guest of honour (Miss Cecile Hoff). Friends who sent gifts but were unable to attend included Misses Olive Lafreniere, Rena Pearsall and Dorothy Laidlaw.

Toronto Telegram:—The man who is all the time sticking his nose into other people's business is the one who can seldom see beyond the end of his nose.

## Wedding at the Church of the Nativity on Thursday

A quiet wedding took place at the Church of Nativity on Thursday morning at 8:30 o'clock, when the Rev. Fr. O'Gorman united in marriage Rita, daughter of Mrs. L'Heureux, of 15 Spruce street south, and Mr. Archie Johnson, son of Mr. and Mrs. Fred Johnson, of Timmins.

The bride was becomingly attired for the occasion, and the witnesses were A. Mageau and Mr. Frank Coggins. Mr. and Mrs. Johnson will reside in Timmins.

## Wedding at North Bay Will Reside in Timmins

North Bay, Sept. 16.—Rev. W. W. Jarvis officiated at a lovely September wedding in St. John's Anglican Church Tuesday afternoon at 2 o'clock when Doran Sophia, daughter of Mr. and Mrs. R. Eady of Ferris, became the bride of Walter H. Gigg, of Timmins, son of Mr. and Mrs. William Gigg of North Bay. The church was decorated with hydrangea and various coloured gladioli and the wedding music was played by Mrs. Irma McDermid. During the signing of the register Lorne Rothwell sang "Because."

The bride, who proceeded up the aisle on the arm of her father, looked lovely in a gown of white corded silk fashioned with a full skirt, topped with a quilted jacket that buttoned to the waistline and fashioned with short sleeves. Her veil of white net in fingertip-length was caught with a coronet of white rose buds and lily-of-the-valley. She carried a bouquet of white roses, lily-of-the-valley and fern and wore the gift of the groom, a gold wrist watch. White slippers and gloves completed her bridal outfit.

The bridesmaid was Miss Viola Rutledge, of Ottawa, who wore a gown of cascading blue crepe with robin's egg blue net, and matching turban with shoulder-length veil of net. She carried a bouquet of pink roses and fern. The best man was Cam Elliott and the ushers were Wilfred Gigg and Delbert Eady.

After the ceremony a reception was held at the Ferris United Church where the bride's mother received wearing a black sheer frock over a flowered slip, with large black hat and corsage of red rose buds. The groom's mother, who also received, wore a dress of black crepe with white trim, black hat and corsage of red roses. The church was decorated with pink and white streamers, white wedding bells and bouquets of gladioli and autumn flowers. The waitresses, who were frocked in white, wore deep red carnations, the gift of the bride, and were Mrs. H. Sparling, convener; Mrs. T. Shaw, Mrs. B. Marshall, Mrs. G. Hargrave, Mrs. W. Gedon and Mrs. G. Connelly. Assisting were Mrs. R. D. Adams, Mrs. J. McKay, Mrs. J. Richards and Mrs. H. Setchell.

Later the bride and groom left by motor to Toronto, Buffalo and Ottawa, the bride travelling in a tweed suit of dusk blue with matching cape. She wore a hat of black felt and black accessories. They will reside in Timmins.

Peterborough Examiner:—Detroit motorist bound for home was stopped by an officer in Woodstock and informed he was driving away with his wife's keys in his pocket. He had left his wife to visit in Paris, and she had phoned Woodstock to have her husband stopped. As well as regulating traffic the police have now to conduct some sort of a domestic arrangement bureau as well.

## Suspend Meetings Music and Literary Club During War

### Funds on Hand to be Reserved for Worthy Patriotic Cause.

The Porcupine Women's Music and Literary Club has decided to suspend all meetings of the club for the duration of the war, this decision being reached at a meeting of the executive held at the home of Mrs. Fitzgerald, 5 Seventh avenue, on Thursday afternoon. Mrs. W. G. Heslop was in the chair.

The club will reserve all funds on hand until some especially worthy patriotic cause arises for which the funds may be used. It was decided to canvass the members in the matter of suspending all activity, and there will be no further meetings until such date as will be announced.

This organization has functioned in the camp with great success during the past two years, holding regular meetings twice each month during the fall and winter. Many of the outstanding artists of the camp have appeared at the pleasing programmes presented by the club, and the capable executive has prepared programmes which have aroused keen interest in the society.

When the club was first organized it consisted of only a few members—when the last meeting was held last year, there were over one hundred and twenty-five members enrolled. Those interested in the activity of the club will be sorry to learn that it will not function for some time, but all will realize that this is a wise course to take at this time.

## Beauty and You

by PATRICIA LINDSAY



Sister gives her skin a good lathering with brush and a soap every morning. Brother goes after annoying blemishes with a medicated acne lotion, before going to bed. W. J. Beattie

### Girls and Boys Swap Skin Care Methods

Sister gives her skin a good lathering with brush and a soap every morning. Brother goes after annoying blemishes with a medicated acne lotion, before going to bed.

Girls and boys in their adolescent years have much in common when it comes to skin care. Few boys are lucky enough to escape the "acne" stage, and few girls can grow to maturity without giving their skin pores some very special attention to keep their skin clear of blemishes, or to correct blemishes which have appeared. And now dermatologists suggest that they swap methods of treatment!

The growing girl finds two very capable friends in a complexion brush and a special soap lather, while her teenage brother takes to treating his face at night with special medicated acne creams or lotions! Both must be faithful to the routine if they wish a clear, attractive complexion.

#### Cleanliness Keynote

One of the prominent Fifth Avenue beauticians has taken a keen interest in the young skin problem and she spends as much time thinking of the boys' as she does the girls'. The keynote of her treatment is cleanliness. She wants to convince all young things that a healthy skin depends upon clean active pores—free from clogging dust and impurities. It should be energetic in order to expel the oily secretions which are usually the cause of clogging, which in turn leads to local infection. She believes that the skin should be thoroughly cleansed with a liquid soap and a small complexion brush—very similar to a boy's shaving brush. This accomplishes two things—it rouses lazy blood vessels to force secretions to the surface and it truly gets the pores clean. Hasty cat-washes have long been the despair of mothers; so perhaps if their offspring get fun in lathering their faces, fewer blemishes will appear.

#### Regularity Important

A blemished skin requires constant attention to be corrected. If you skip the treatment every third or fourth day, you cannot expect to check the local infection which spreads on your face. You must also teach yourself to watch what you use on your face. All face cloths, towels, power puffs must be sterilized. A boy's shaving brush must be sterilized each day after it is used. For any infection spreads quickly and event.

### Assembly President of the Rebekahs to Visit Here Tomorrow

#### Banquet to be Given in Her Honour To-morrow Night

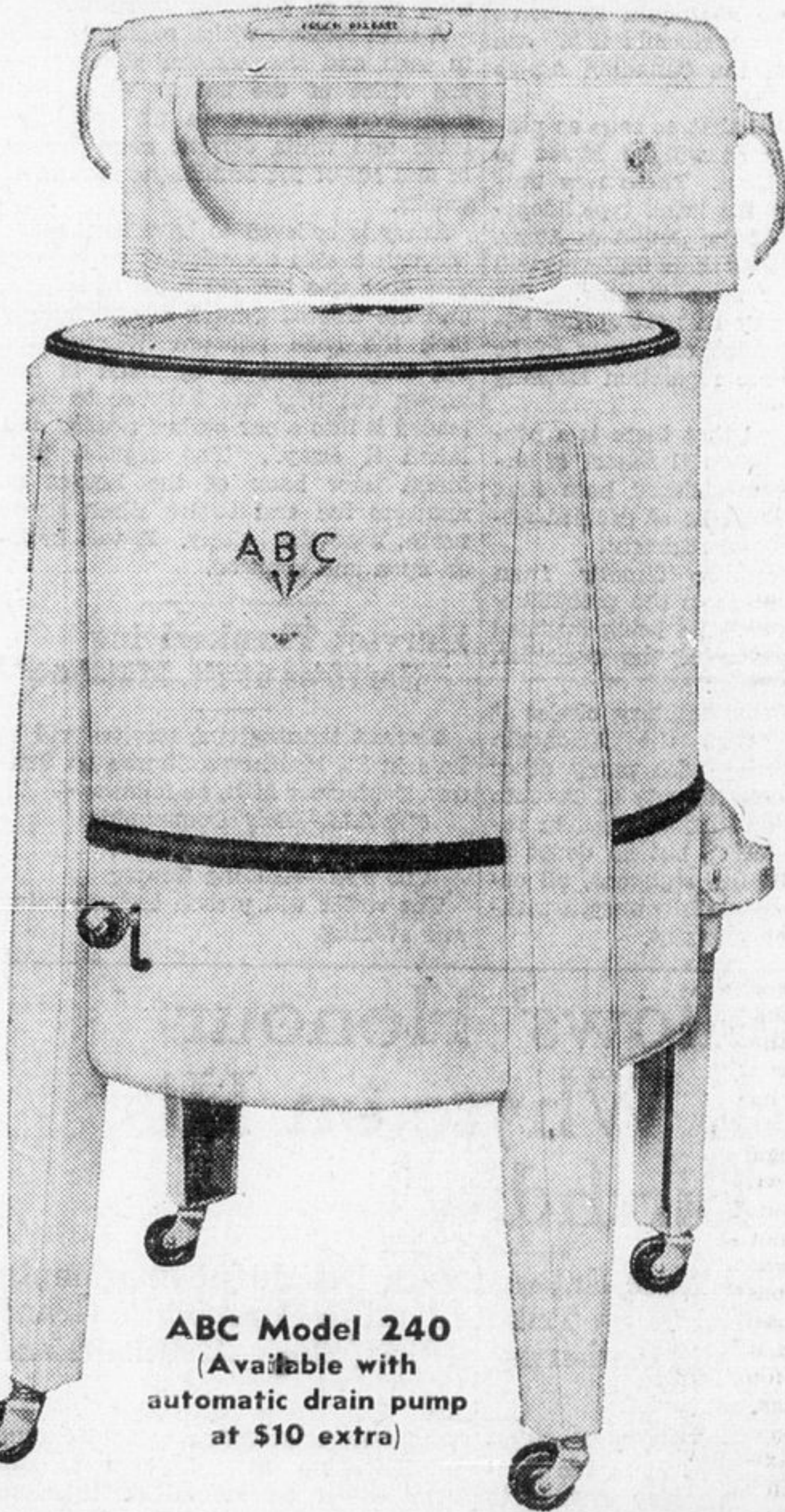
Mrs. Christina Munro, of Owen Sound, Assembly President of the Rebekah Lodge, will visit the Gold Nugget Rebekah Lodge, Timmins, to-morrow (Tuesday) in her official tour of Northern Ontario.

A banquet in honour of the visitor will be held at St. Matthew's Anglican Church at 6:30 o'clock, Tuesday evening, following which a meeting will be held at the Oddfellows' Hall.

Special visitors at the event will be the Kirkland Lake Degree Team of the Rebekah Lodge, and it is noted that all members of the Rebekah Lodge visiting in town, are invited to the

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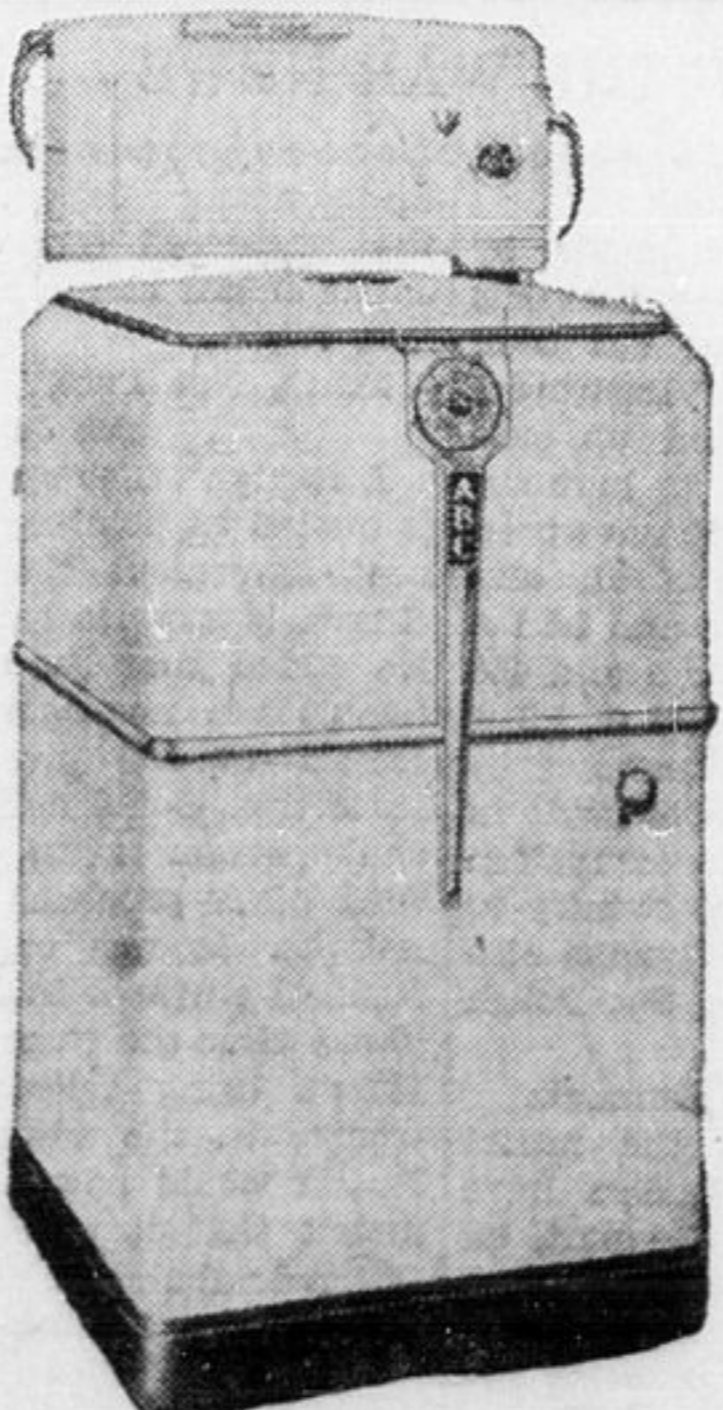


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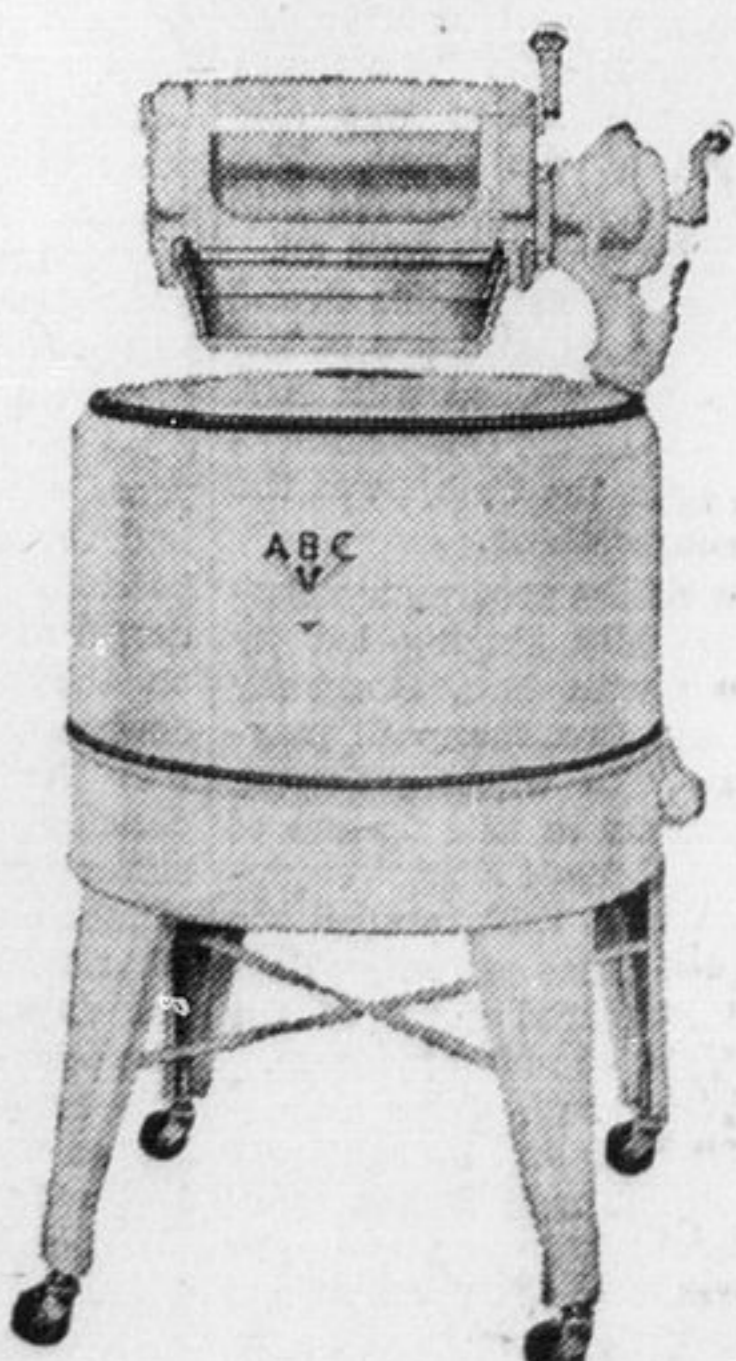
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