MASTERS OF The Parachute Mail

by PETER BENEDICT

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far than I am, and its only horse-

have a flutter at poker, chemin-de-fer,

pipe of opium, or at still others you can

gerous night-club, mind you, there must

"No, that's honest, There's more real

it a novelty. The craziest things, they

(To be continued.)

Some Odd Characteristics

(By Kate Masterson)

On the stroke of three every after-

noon, William McKinley, then governor

of Ohio, would drop everything that he

Shelley eloped to the Continent with

Switzerland, where he invited his wife

Not long before her death, Mrs

ter declaration: I married for ambition.

Jenny Lind so admired her pianist-

wedding she demanded that all her fu-

ways addressed her as "dear little

Mark Twain was so obedent to his

would deprive myself of sugar in my

coffee if she wished it, or would quit

wearing socks if she thought them im-

his wife because she would NOT talk!

In each of her books, Elizabeth Bar-

rett Browning always wrote her hus-

he sent her 1,095,060,437,082 kisses!

band's name above her own.

Poles started the war.

collapse. Too bad!

Goldschmidt, late Jenny Lind."

has, you know."

Principal characters

PEGGY CALDER: Aged twenty. daughter of an retired army officer eking out an anxious existence on a small holding near Abbott's Ferry Peggy is the "brains" of the "family". mother and sister live there. So do I wish yourself back on the moor. But

rister, from the Public Prosecutor's De- isn't often. We're staying there for to- want pretty soon. Then we shan't be partment. He is working in conjunct. | night. And by to-morrow you will be able to complain of dullness, whatever ion with the police in the fight against | Eleanor Vandeleur, a wealthy and inde- | we have to grumble about." illegal drug trafficing.

ances a highly-respected young woman role I hate, but it enables me to hang | "In the night-clubs." He became of society.

Small, fragile, clever, and an expert one eye on the moneybags. Are you average one you can eat, drink, dance, at all the arts. Music and painting are good at hotels? It's quite easy really, see a cabaret, and be made uncomfortparticularly her hobbies.

LESLIE GRAHAM: In public, a pop- when in doubt just be autocratic." ular man about-town, and Corrie's fiance.

Synopsis of Previous Chapters

tired army officer turned farmer, and of it. It's fairly small, and fright- fact, a dozen sniffs-for a mere matter the "brains" of the family," has planted fully quiet; but those who look upon of say fifty pounds. At a few you can upon her drugs, after she has dis- Park Lane as beneath their dignity go retire into a silken cubicles and smoke a covered accidentally a link in a drug to the Malbro without a qualm. ring, and plans to tell the police.

possession," and is sent for trial at the assizes.

in any way perturbed by this decision, Peter Sherwood Milne independent official investigator into the drug ring who has heard Peggy's story, believes it and considers that she is the best person to assist him in his search, since she has seen two of the people concerned. She is to become a rich American woman, named "Eleanor Vandeleur," who s to show an interest in drugs.

remand home, the car is stopped by Peter, and her place is taken by the draw the crowds. So you see, you set mistake about it. We'll comb London daughter of the prison governor. (Now Read On)

CHAPTER VII "ELEANOR VANDELEUR" ARRIVES | funny business." Peggy stapped out of the car into

Peter's arms.

help it. Come along, we've got to be Government?" out of this. We take no chances.'

She was hustled, almost before she had time to draw a breath, into the that. And if it doesn't come off-well You'll see what I mean. At first it's a she saw little. She had a vague idea that it won't interest us any more. The those we'll have to visit go out of their afterwards that they had passed in Government may have to subscribe to way and spend lots of money to keep the narrow space between the cars, that | a wreath-or two-" a placidly smiling face had beamed "If you're trying to frighten me," do. But after your first plunge into it, upon her, and a plump hand patted her said Peggy, after due consideration, "I it's all exactly the same." shoulder, and a soft voice uttered: shouldn't bother. I don't feel frighten- A queer little silence fell in the car "well, good luck!"

And that was all she saw of her ally. There was no time for the exchange of of being killed. What's different in on the next phase of their journey sentiments which even she, least senti- risking the same finish with, say a Peggy sat up and looked round her with mental of girls, would have liked. The gun? The odds may be shorter, but I interest. Peter had kept to roads where other girl knew her part, Peggy knew think I prefer the method, so it bal- there was no one to see her, of feel any hers, and to play them neatly was their chief concern just at present. After wards they could meet and hold an inquest on the affair at their leisure. sudden discovery looking at her with riding, she was enjoying the drive. to sit. As yet everything remained to like you!"

be done. Peter's car, in the front seat beside him, Malbro? Won't it look fishy if we arand they were rushing back-along the rive by car? I'm an American, newly way by which she had come. She look- arrived. ed back, craning her neck to see through the rear window, and got a last glimpse of the prison car demurely withdrawing in the opposite direction. That was the end of a phrase, and the begining of another. She sat back with a sigh, and found Peter smiling at her along his shoulder. She smiled back

"Well, was it all right?" "The hearing? It was perfect. The Archangel Gabriel himself might have been foregiven for wondeing whether you were a little innocent or a little devil How do you feel about things?" Ready for almost anything. Can we

talk things over now? It would save

time" on the way, because it might be fatal began to investigate?" to let your face be seen until we've changed it a little So now's our time out exactly what we have to do Miss want to know, and I'll try and answer

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"Where are we going now?" she sense I should try to reserve you to asked promptly.

"To a house called Leckingham Top, some pretty awful warts, and I daresay some miles outside of London. My you'll often be so bored that you'll PETER SHERWOOD MILNE: A bar- sometimes-when I have leisure, which | I hope we'll contact the two people we pendent American lady, with Peter | "How and where do you propose to CORRIE COWLE: To all appear- | Sherwood Milne, man-about-town-a find them?' round wealthy woman most of the day mischievously didactic. "You may not LADY COWLE: Corrie's grandmother and night-following you round with know about the night clubs. At the especially for would-be Americans; able in the particular develish idiom

"I'll manage," said Peggy. "To what its trade mark. At some others you can hotel am I supposed to be going?" "Ever heard of the Malbro, Ross roulette, and a few other games not Place? But that's a sill question. Half approved by the staid police. At still PEGGY CALDER, daughter of a re- the people in London have never heard others you can get a sniff of snow-in

He laughed at the face she made, shoot yourself chock full of coke or Instead she is arrested for "being in Not that sort of place, either. More morphia provided you're not shy on the goes on behind the select doors of the money. You can. We can't. Not the Malbro than meets the casual eye. police. Not anyone connected with the But neither Peggy nor her family are Those who want to be inconspicous- police. They can smell official as soon and can afford to pay for the privilege as you enter the place. for it has carefully been arranged by go there. There are various reasons for "Now why, says you, don't we raid wanting to be inconspicuous. Ours is these dangerous places, and shut 'em one. Not that I shall stay there of up? Says I, we do-often-often with course. I have a flat not far from entire negative results For every dan-

Marble Arch. eccentricity seen at the Malbro; they're harmless as the daylight. They come So, while Peggy is being driven to the who want a holiday from publicity. and your job it to spot either the man And nothing ever leaks out from it to or the girl, or both, and to make no a sort of cachet wealth and individual- until we do make a contact. I'm afraid ity upon yourself by going there; and you may find it boring. London hasn't you don't draw a gallery if there's any any real excitements like the country

"And who," asked Peggy interestedly Peggy looked at him doubtfully. as they swung from the main road to "You're making fun of me." But he "You're on time," she said composed- avoid passing near the town, "is sup- was not. His face was quite grave. It posed to be paying for all this exclu- was a face full of changes, each as "I meant to be. There are going to siveness? Do we put it in the column absolute as if he had become a different be no hitches in this game, if I can marked "Expenses" and hand it to the person.

"Yes by George we do if our hunch kick in your smallholding on the moor comes off. They'll owe us more than than there is in the town night-spots. Of the governor's daughter not to deceive you-there is a possibility novelty. The proprietors of places like

> ed. After all, every time you walk They were threading a woodland, miles down a main road you're taking a risk now from Abbotsbridge, headed well out

PEGGY PICKS HOLES

Said Peter, as if he had just made a do with the quest on which they were Always supposing, of course, that there only the hint of his grin twisting the "I shall feel happier," she said sudwas an afterwards, and a body on which corners of his mouth: "You know, I denly, "when I'm really Miss Vandeleur

"Good!" said Peggy. I mean you Who's going to make me up for the Almost before she knew it she was in to. Now go on! How do we get to the part?"

"You have an eye for detail," he said approvingly. "No, it won't look fishy. of the Great and New Great I am your devoted admirer, with an eye on your dollars. What could be more natural than that I should meet you at Southampton, and motor you in-

"And we shall drive into town from was doing and wave his handkerchief the direction of Southampton?"

"We shall. Not that the gang will have any eye upon us, you know. The his second-best bed to his wife, Anne time for real caution is after we contact | Hathaway. them. I hope you don't colour easily. It often gives away a perfectly good Mary Godwin and carried her off to disguise for lots of people."

"I haven't noticed it. When do we Harriet, to join them! make my reservations at the Malbro? Thomas Carlyle summed up her life "Talk away . We have a journey of Not from Leckingham Top? Suppose about three hours, and we daren't stop they got interested in me later on, and with her famous husband in this bit-

"Correct again. It isn't much that Carlyle has exceeded all that my wildest passes by you. No, we book from the hopes ever imagined; and I am miserto sort out our information, and find pub, where we shall have lunch to mor- able." row-on the way up from Southampton. Vandeleur. Ask me whatever you The hotel will be quiet at this season,

oddly enough; it always is." "And when we're there? What's the

programme?" "I shall proceed in my role of fortune-hunter, to show you the sights of London. I shall introduce you to very few people-a last gesture when it's avoidable. That will seem natural enough, because there are fortunehunters in London more attractive by

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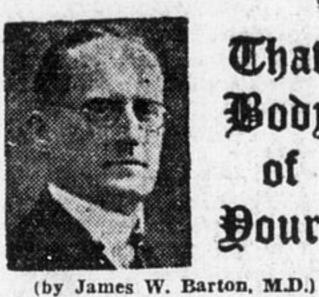
Bishop of Algoma Resigns to Take Other Church Work

Had Had Jurisdiction Over Lower Section of T. & N. O. Territory.

At a meeting of the Executive Committee of the Anglican Diocese of Algoma at Sault Ste. Marie last week, it was announced that a cablegram had been received this week from the Bishop, Right Rev. Roxborough R. Smith, stating that he had been unanimously elected General Secretary of myself. No doubt you'll have to talk to the English Church Union and has accepted. Bishop Smith has been in England this year and had expected to return about Sept. 8, but difficulty in obtaining passage may delay him.

The Bishop has placed his resignation in the hands of the Metropolitan of Ontario, Archbishop Roper, of Ottawa, to take effect at the end of November. Bishop Smith was consecrated Bishop Coadjutor of Algoma in September, 1926 stricted and compact field has kept succeeding the late Archbishop closer touch with its constituency and Thorneloe at Bishop in 1927.

Bishop Roxborough Smith has juris- to changed conditions but to any diction over a number of Anglican emergency conditions that may arise. churches in the T. & N. O. country, As a result-in the West drought that club happens to have invented as including Cobalt, Haileybury, New Lis- areas, for example- the weeklies in keard and Kirkland Lake.



of Dours

Body

SEMI-STARVATION DIET TO REDUCE HIGH BLOOD PRESSURI

treatment of ailments or diseases "No one is ever surprised at my be dozens of merely stupid ones as the knowledge that the use of certain foods or the avoidance of certain too frequent to be so much as noticed and they go. Here to-day and gone to- foods can relieve the symptoms, Thus Millionaires of dubious sanity go there morrow. But into such as are suspected, in epilepsy, avoiding or cutting down scription, and, though short of cash, and very rich and notorious divorcees and still in existence, we two will go, on starch foods-bread, potatoes, sugar would like to keep their paper paid milk, soft and hard drinks-and the eating of more fat foods - butter, to eat, will accept a limited amount of cream, egg yolks-will prevent or greatly lessen the severity of the attacks. In pernicious anaemia the eating of firewood, (if it is clean and dry). Be-

> prolong life. pressure treating high blood pressure by putting the patient on a starvation or semi-starvation diet has been tried with considerable success. Dr. J. Hartsilver, in the "British Medical Journal," reports the results of treating 48 patients by semi-starvation with the following diet: 8.30 a.m.-one cup of hot water or lemon water and sugar, liquor from stewed or tinned fruit; 9.30-10.00 a.m.-orange or grapefruit juice; 1.00 p.m.-hot vegetable soup (1 pint); 3.00 p.m.-hot water or lemonade and grapes; 5.00 p.m. - orange juice hot or cold; 7.30 p.m.-vegetable

No meat extract and no bones should be used in preparing the vegetable soup Use boiled potato water. Choose any or all of the following for flavoring, using a dessertspoonful of the dried curiosity concerning them both; and in vegetables when fresh are not availan abstract way which had nothing to able: turnip and onion, celery, carrots, peas and shells and beans. Boil, thicken and add soaked dried peas or beans. Strain off solids. Salt and pepper to war-paint and costume all complete.

The patient remains on this diet for six days; on the seventh he eats what he likes. This diet is repeated each week so long as the symptoms improve, until the blood pressure approaches normal or there are signs of increasing weakness. When the patient feels weak, tea or even brandy is permissible. If the pangs of hunger become too hard to bear green vegetables and tomafoes may be given and the soup need not be strained.

Headache and sleeplessness disappear in three days, blood pressure falls to his wife from the executive window. rapidly in 90 per cent of the cases, and Shakespeare, in his will, left only giddiness and breathlessness are commonly relieved by the end of the first week. The average length of time this the patient may ward off severe symp- dishes in 30 seconds. toms for many years.

EATING YOUR WAY TO HEALTH Send today for this special booklet (No. 101) by Dr. Barton, dealing with Vitamins, Minerals, Calories, and What and How Much to Eat. Enclose ten cents to cover service and handling and be sure to give your name and full address. Send your request to The Bell husband that immediately after their Library, in care of The Advance, Timmins, 247 West 43rd Street, New York, ture billings read: "Madame Otto Schiller, in writing to his wife, al-

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wife that he once said in a letter, "I Up-to-Date Newspaper Turns Back to Old Practice

Many years ago it was considered humorous by the city papers to refer John Milton said he separated from to the idea that subscriptions to country weeklies were usually paid in cord-In his letters to his wife, Mozart alwood, butter and eggs, poultry and ways addressed her with a string of other farm produce. There was a affectionate adjectives and in one letter time when such exchange was a common practice, but more modern developments have made the practice a rarity. While the development of the business department of the daily newspaper has been phenomenal in the Sudbury Star:-It will not be surprispast fifty years the progress of the ing to know that Germany claims the country weekly has been even more marked. The chief difference appears to be that the daily has lost touch Kincardine News:-News comes from with the individual subscriber on ac-Italy that Mussolini, though not in good count of the tendency to centre on health, is in no immediate danger of quantity of circulation, the country weekly confining itself to a more re-



so has proved more adaptable not only recent years established on a cash Story of Pidulski and His basis have been able to help their subscribers and maintain their own standing by reverting to the old barter plan in needy cases. In recent years in Ontario there have been a few weeklies that have reverted to the former barter plan in regard to subscriplines. It is an add fact that these few newspapers have been chiefly ones noted for their progressiveness and the good service given the public. One of the latest to meet present untoward conditions by seeking to help country subscribers by accepting a restricted form of the old barter plan is The New Liskeard Speaker—one of the weeklies One of the gratifying findings in the that has the distinct modern touch in all departments. In a front page note

last week The Speaker said: "To our Country Friends who find themselves in arrears with their sub--and also on liquids-tea, coffee, water, up. The Speaker, with several married men on its staff who find it necessary farm produce, such as eggs, potatoes, etc., and can also make use of some liver, beef, kidney, hog's stomach will fore bringing or sending in any goods, just drop us a line so that we may As the eating of food raises the blood know what to expect. The current market prices will be allowed for goods accepted in payment of subscriptions.

Lions Expect to Resume T. B. **Testing Work**

Dr. Russell Says Club Expects to Extend Scope of the Work This Year.

The Lions Club met, as usual, or Thursday night at the Empire Hotel Principal subject under discussion was resumption of the tuberculosis testing work of the club.

Dr. Norman Russell told of the plans to begin the work in the near future He expected to considerably extend its scope this year, he said. Vice-president Bill Wren was in the

chair. There was no formal speaker. The Lions Club bulletin pointed out last week that Adolf Hitler disbanded service clubs in Germany. It read as follows: "At the present time the fate of Europe and the world is in the hands of one man-Hitler; and that same man is the one who disbanded service clubs in his country. It would seem apparent that international peace and understanding which are part of the principles of service clubs are abhorrent to Herr Hitler. We venture to suggest that the other principles held by service clubs in their application by the democracies will eventually be the downfall of this same man.

Calgary Herald:-This new dishdiet is given in severe cases is about washing machines they have invented six to eight weeks. By going on this in Sweden is supposed to wash and semi-starvation diet from time to time dry the average sinkful of dinner

Three Hundred Men Won Against a **Nation of Millions**

Army Recalled.

The following under the heading:-"Three Hundred Men Against a Nation | War Overseas Has Effect on of Millions," is from "War Digest," be- Tourists in Ottawa Valley ing a translation and condensation of tions, though keeping it on restricted an article in "Vu," a French publication issued at Paris, France The article is prefixed with this note:-

"The Nationalism threat Pilsudski created still marches on. Poland's present origin started when Pilsudski went to war against Russia in 1914 with an army of 300 men.

The article translated from "Vu, Paris, is as follows:-

Three Hundred Men Against

a Nation of Millions

With his-300 legionnaires, Pilsudski crossed the frontier and invaded Russia When the Germans marched into Warsaw in 1916, they offered to let Pilsudski fight the Russians under German direction. Pilsudski demanded unqualified independence for Poland. The Germans threw him into prison.

When Germany collapsed in 1918. Pilsudski returned to Warsaw his famous 300 to become the first lead_ than to look sensible. er of the new Poland. He died in 1935, but the legionnaires, still passionately devoted to him and his memory, rule Poland just as he left it.

Hitler may bluff both France and England into staying on the sidelines while he marches on Poland, Certainly he must march on Poland if he is ever to dominate Europe—he dare not move southwest with an armed and independent Poland crouching at his back

But he will never actually conquer Poland, never find room there for crowded German People-for the good reason that Poland produces too many IRVIN ROSNER, R.O. babies, is jam-packed already.

Poland today is the greatest Slavic nation in Europe-except for overlapping Russia, Poland represents a conflict of centuries between the Slavs and the eGrman pciepeosl ethdnATA

and the Germanic peoples. And the Slavs are growing faster than any other people in Europe.

Between 1930 and 1960, the population of Europe will have increased by 100-million people-and at that time, the Slavs will number more than half the continent's population. Hitler, great booster of German birthrates, will be beaten at his own game by the Slavs.

(From Fembroke Standard) What a small world we live in. Who would suppose that an Austrian paper hanger, now Herr Hitler, could affect the tourist traffic on the Ottawa Valley and practically kill it stone dead. Not many days ago the restaurants were crowded, now it is no trouble to get seated. American tourists, who had engaged cabins for two weeks, pulled up and went home where they want to be if a war breaks. The traffic on the Trans-Canada has fallen off rapidly, and all this is not because it will soon be Sept. 1st, but because Herr Hitler has started something, which has got on the nerves of people the world over.

St. Mary's Journal-Argus:-A sensible girl is not so sensible as she looks, because a sensible girl has more sense



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