

Not Long Now Until the Jelly Season Commences

Time Approaching for the Making of the Appetizing Jams. Some Advice About the Preserving Business. Recipes for Canned Cherries, Currant Jelly, Some Jams and Conserves.

Once upon a time the jellies and jam seasons were so short that practically all other activities stopped for a day or so when fruits were unavailable. At our house we had year-to-year orders for

cover. When pitted cherries are used, boil 5 minutes in syrup, pack boiling hot and process jars for 5 minutes in boiling water.



By EDITH M. BARBER

fruits when they were in their prime, and we never knew just what day a crate of berries would arrive in the early summer, or a bushel basket of peaches later in the season. If we had guests they were apt to work with all of us to prepare the fruit, and by the end of the day there were dozens and dozens of glasses filled with clear, sparkling jelly and luscious marmalade. Today we take our "preserving" more easily. Bargains are apt to be found at different times during a number of weeks, when supplies are plentiful. We have also found that results are apt to be better when we work with a small quantity of fruit. The juice may be prepared one day, if you like, and made into jelly the next. For old fashioned jelly the fruit must not be too ripe. With most fruit, three-quarters of a cup of sugar to one cup of juice is right. If you use fruit pectin with your juice you will need more sugar, as the latter is merely concentrated fruit juice. In this case the directions which come with the pectin should be followed absolutely.

Marmalades may be made quickly by the use of fruit pectin, if you like the fruit in small particles and a thick jelly with it. Otherwise, berries may be left whole, and other fruits cut whatever size you like, and cooked with sugar. While there is no distinction between the words marmalade and conserve, often the latter term is used to describe those made with several fruits. Jam is generally used to describe products made with crushed fruit, but again there is no cut and dried meaning for this term.

Although sour cherries have not yet come to market, I have already had requests for directions for canning this fruit, which is so convenient in the winter for use in pies and for "preserves". I can never resist making cherry jam, as it is one of my favorites.

The early supply of berries came in sooner than they were expected this year, and we are all hoping that the cold weather in May did not destroy many of the orchard fruits. As the season seems to be unpredictable this year, you may put the recipe which I am giving you today on file, for use as the fruits come in.

CANNED CHERRIES
Cherries may be canned, pitted or unpitted. If used unpitted, prick to prevent shrinkage. Pack in hot jars and cover with boiling syrup, using medium syrup, 1 cup of sugar to 2 cups of water for sweet cherries, and thick syrup, 1 cup sugar to 1 cup of water for sour. Process jars immediately for twenty-five minutes in boiling water to

Pretty Wedding at the Church of the Nativity

Miss Helen Sullivan and Mr. Bernard Barker Married.

A pretty wedding took place at the Church of Nativity on Thursday morning at 7 o'clock when the Rev. Fr. O'Gorman united in marriage Helen, daughter of Mr. and Mrs. Michael Sullivan, and Mr. Bernard Barker, son of Mr. and Mrs. Daniel Barker, of North Bay.

The bride, who was charmingly attired for the occasion was attended by his sister, Miss Eileen Sullivan, while Mr. G. Calismore attended the groom as groomsman.

Mr. and Mrs. Barker will reside in Timmins.

GIRL GUIDES IN TIMMINS



Guides of the 51st I.O.D.E. Company held their regular weekly meeting Thursday, June 8th.

Guides formed in patrols where the attendance was taken followed by inspection.

Horseshoe was formed and the formal opening began. The Union Jack carried by Helen Smith assisted by Bertha Sheridan and Ruby Strongman and the Company flag being carried by Gladys Langman assisted by Eileen Dicker and Florence Gledhill. The "National Anthem" was sung and the Guide Prayer and Laws repeated.

Patrol car ensurers held followed by a game outside.

Campfire then assembled where camp was discussed. Horseshoe was formed and the flags lowered by the colour party and the meeting closed with "Taps."

Captain Wadsworth told us about the trip to Sudbury which everyone enjoyed. They were a little tired but all said they had enjoyed themselves.

There will be a Court of Honour at the home of Miss G. Langman, 158 Mountjoy north on Monday, June 12th, at 7 p.m.

Temperance the Subject at W.M.S. Meeting Here

Mrs. Woods to Represent Society at Presbyterial Meeting.

The women's Missionary Society held its monthly meeting in the United Church on Thursday, June 8th. The president, Mrs. Ramsay, opened the meeting with prayer.

After a hymn, Mrs. De Millie addressed the meeting, choosing as her subject, "Temperance". She quoted from interesting statistics and reminded the members of the ever present danger of drunken drivers. The speaker urged that women dispense hospitality, so that their homes will be an influence to sobriety in the community.

Mrs. Charbonneau and Mrs. Eagle led the meeting in a devotional period, and Mrs. P. Carson beautifully sang the solo, "In the Garden".

Reports were given by the secretary, Mrs. Wheeler, and the treasurer, Mrs. Jackson.

Mrs. Gordon, literary secretary, reported that two books "The Blue Book" and "Frontiers of Service" are now available at low cost. The secretary of Christian Stewardship, Mrs. Charbonneau, appealed to the members to raise funds during the summer months, and present these funds at the September meeting.

Mrs. A. E. Woods was appointed to represent the society at the Presbyterial meeting at Matheson, on Saturday, June 10th.

Following the business of the meeting the members enjoyed a social half-hour and a dainty lunch was served.

Dr. Routley Appointed National Officer Red Cross

The Central Council of the Canadian Red Cross Society at its recent meeting in Toronto appointed Dr. Fred W. Routley as National Commissioner of the Canadian Red Cross.

Dr. Routley assumed the position of Acting National Commissioner on the death of Dr. J. L. Biggar just a year ago and since that time has visited all the Divisions in Canada.

Dr. Routley has been Director of the Ontario Division of the Canadian Red Cross Society for nearly eighteen years, and, in his capacity as chief executive officer of that Division, has had an important part in the development of its whole peace-time programme. This programme has included such large service developments as the promotion of Public Health Nursing Courses in Ontario Universities; the Outpost Hospital Service in isolated districts of Northern Ontario which is now administering 31 hospitals and nursing stations; Junior Red Cross in the Ontario schools with annual membership now topping 160,000; Disaster Relief, Organization and Administration; Home Nursing and Nutrition Courses; Visiting Housekeeper Service and many services for sick, disabled and needy veterans and dependents.

By arrangement between the National and Ontario Executive Committees, Dr. Routley also continues for the present in direct charge of the work of Red Cross in Ontario.

Beauty and You

by PATRICIA LINDSAY



FLORENCE RICE believes meticulous grooming is more important than facial perfection to feminine allure.

Do Not Permit Slight Physical Imperfection to Destroy Your Poise

Frequently you run across a girl or woman who has permitted a slight physical imperfection to destroy her happiness. She has become too conscious of a blemish, a large nose, graying hair, irregular teeth or some other minor defect. The result being that her poise has been destroyed and her happiness so diminished that people wonder what on earth is the trouble with her.

It would take a great deal of searching to find the physically perfect female—one who has perfect facial features and a figure so glamorous that it would take first prize in a beauty contest!

If you look critically at the women you knew you will come to the conclusion that beauty as such is pretty evenly distributed. Of course some women dramatize their beauty more than others, and there are those exceptions where ill health, accidents, and inheritance have taken a heavy toll of beauty. But by and large you will find that each woman has one definite beauty asset—a lovely skin, soulful eyes, nicely shaped legs, lustrous hair, exquisite hands and so on.

If You Will Have Charm

Each woman should concentrate on her better features and so dim any little imperfection she has. She should consider herself as a whole, not in sections such as head, figure, eyes, hands, etc. It is the whole of YOU which people see. They notice your posture, they hear your voice, they are conscious of the colour of your hair. You are either a blonde, brunette, gray or white headed. You are tall or short, fat or slim. You are either nice to be with or a frightful bore.

Persons meeting you do not scrutinize your face and say "Too bad she has a slight brown discoloration on her left cheek". Or "Her nose is not the prettiest of shapes!" They are more conscious of your poise, your voice, your manners than they are of any physical imperfection.

Primary Rules for Good Impression

Cleanliness, graceful posture, a nicely proportioned figure for your build and age, and a well modulated voice, are the primary assets of attractiveness. It matters little if you have a physical imperfection for which nothing can be done. As long as you strive to make yourself as attractive as possible and keep your health up to par and your personality sparkling, your happiness is pretty much assured. Don't go around with a sour face and a heavy heart because the gods have not endowed you with great beauty!

Porcupine Business Girls' Club Has Busy Meeting

The Porcupine Business Girls' Club held a special meeting on Thursday evening to make final arrangements for the bazaar and afternoon tea on Saturday afternoon at Bergeron's Studio in the Harmony hall.

It was decided that there would be apron, handkerchief, and bridal booths, and that home-baking would be sold. A fishing-pond would be an added attraction. Refreshing afternoon tea would be served to the guests, and during the afternoon, there would be a draw for the cedar chest, prepared by the members.

The next meeting of the Porcupine Business Girls' Club will be held on Thursday, June 15th, at the home of Miss Lillian Pigeon, Wilson avenue.

Guelf Mercury: A medical magazine warns against "Kissing the babies." All right, most of the boys are willing to wait till they grow up a bit.

Mrs. Goldie, Winner of C.G.E. Mix-Master at Cooking School

Other Prize Winners at the Final Day of Event Here.

A beautiful new General-Electric Mix-master was the major award won by Mrs. Goldie of 125 Toke street, at the final day of the General Electric Cooking school, conducted by Mrs. Mary Barrett, under the auspices of the Northern Ontario Power Company in the Harmony Hall on Thursday. Large numbers of local and district women were present at the school on Tuesday, Wednesday and Thursday, many being winners of the dainty dinners, cakes and desserts which Mrs. Barrett prepared, and on the final day, Thursday, three hundred and nineteen ladies attended the school.

Each day Mrs. Barrett prepared dishes from tested recipes, which have already found favour in many households, and on the final day, Mrs. Barrett distributed cook books to all the ladies present. Other prizes on Thursday were won as follows:—

Meat Loaf—Mrs. Maxwell-Smith, South Porcupine.

Chocolate Cake—Miss Dorothy Dodge, South Porcupine.

Fruit Salad—Mrs. K. H. Stubs, 28 Lakeshore Road, Timmins.

Salmon Loaf—Mrs. Olive Macintosh, South Porcupine.

Chocolate Cake—Mrs. F. Berthel, 73 Birch street south, Timmins.

Vegetable Plate—Mrs. Gordon MacIntosh, 102 Elm Street south, Timmins.

Baked Apples—Mrs. Jack Downey, 49 Preston Street, Timmins.

At the conclusion of the school, Mrs. Wm. Dunkerley of the Timmins Branch Northern Power Co., presented Mrs. Barrett with a large basket of flowers. Turning to her attentive audience, Mrs. Barrett enquired if there was any lady present who had been married for fifty years, or "forty-nine". Mrs. Godin, of 59 Birch street, south, Tim-

mins answered that she had been married for fifty-six years, and Mrs. Barrett presented her with the basket of flowers.

The cooking-school, which has proved very popular with the district women, was started in Timmins seven years ago, with an audience of three women. Last year, when the event was held in the New Empire theatre, over four hundred women attended the school each day. Unfortunately, the theatre is this year being used in the presentation of films, and the Harmony Hall which was used seats only two hundred "people". However, a large number of enthusiastic "students", occupied standing room, and a record attendance for the year was reached on Thursday with three hundred and nineteen ladies in attendance.

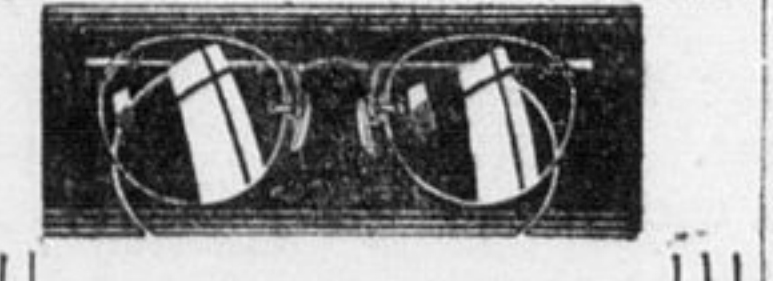
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mins answered that she had been married for fifty-six years, and Mrs. Barrett presented her with the basket of flowers.

Says Castor Oil Not Very Effective as "Fly Dope"

The Penne correspondent of The New Liskeard Speaker last week had the following paragraph in regard to the use of castor oil as a "fly dope":—"Well sir, haven't the flies been a terror these last few nights? I heard and read that castor oil was as good a fly dope as anyone would need, but I'm telling you it's all bunk. It doesn't seem to hold the same terror for them as for humans, for some reason or other."

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