

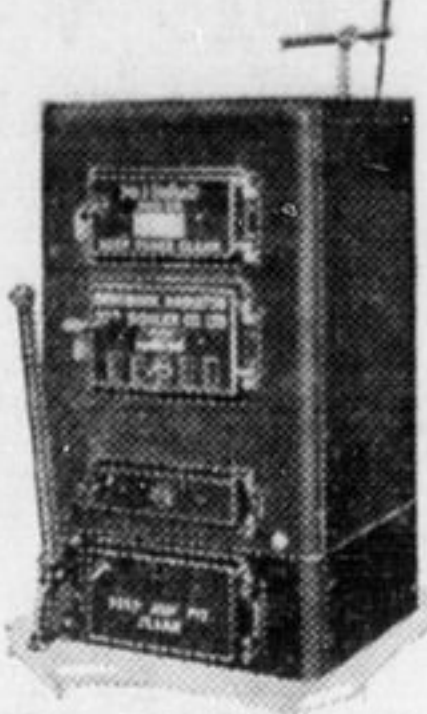
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Report by Rev. Lytle on the "Back-to-the-Land" Movement

Presented by South Porcupine Minister at Recent United Church Conference.

(Presented by Rev. Lytle, with special reference to the "Back-to-the-Land" Movement)

Report of Special Committee on Relief Survey

The Special Committee having made a survey of the adequacy and administration of relief within the bounds of Presbytery, and after careful consideration of the same, would now report its findings:

1. That in the main, the administration was fair and equitable. The relief officers are capable, kindly and humane. However, in some of the crowded centres, relief applicants or recipient were forced to stand in line for a long period at considerable discomfort, or were unable to complete an interview on a given day.

2. The food allowances are still below the standard set by the Medical authorities for proper nutrition of the body, and insufficient for the development of growing children or youth. The clothing allowance is not adequate, and due to its lack children in some instances have been confined to indoor life. Further, it appears that where such deficiency is apparent the authorities, instead of facing the problem, have transferred the matter to the sympathy of the local Church, Club, or even the Community.

3. It is the opinion of the Committee that the "Back-to-the-Land" movement has not been a successful venture. Whilst it is admitted that the lack of qualifications for agricultural work of some who were settled under the scheme defeated its object, yet it is evident that the opportunities for success were sadly lacking. Many being allowed to select their own location found themselves far from any centre where produce could be marketed, or where education and medical facilities were available. The authorities have made little or no effort to promote a spirit of co-operation between the settlers, or to make available for them adequate agricultural implements or equipment which might be shared. The result is that life and effort tend to be individualistic rather than social and co-operative; and where such settlers are, through failure, obliged to seek relief in the presence of hardy pioneers who did not, in their day, have even this advantage, the situation for those settlers is made the more undesirable.

We therefore recommend:

(a) That greater care be exercised in the selection and supervision of relief officers and administrators who should, where possible, be trained social workers.

(b) That more consideration be given to the matter of an adequate food and clothing allowance, and to the local facilities for purchasing the same, and that attention be called to the need of medical facilities within a reasonable distance.

(c) That we heartily commend the Dominion-Provincial Youth Training programme for unemployed young men and men between the ages of 16 and

30, through which nearly 3,000 have benefited in Ontario, of which 415 were on relief. About one-third of these found regular employment.

(d) We recommend to the consideration of the Federal and Provincial government the formation of an entirely new policy with respect to the colonization of the North; that as an experiment one of our best and most favourably situated townships be selected for close and systematic settlement on a co-operative basis, and that a system of housing for acreage cleared be adopted instead of the present system of direct relief which has been so unsatisfactory in its results. Moreover we would point out that such settlement should proceed on the principle of the closest co-operation in the use of implements and facilities made available by the Government.



That Body of Yours

(by James W. Barion, M.D.)

Treatment of Gall Bladder Trouble

You may wonder why a physician in treating gall bladder trouble sends some cases into hospital for operation, treats others by medicine, and still others by cutting a diet to be followed strictly. You have perhaps thought of the gall bladder as a small bag which should be removed if it contains any stones; whereas if all cases of gall stones underwent operation, all surgeons could be kept busy.

As a matter of fact the gall bladder is removed only when there is a new growth (cancer), excessive stone formation causing frequent attacks of colic, or when the symptoms of indigestion—nausea, vomiting, and painful gas formation—make life hardly worth living. And the results from these operations when the patient follows diet and other instructions afterwards, are, in most cases, very satisfactory.

However, there are some borderline cases, that is when the physician would like to use medical and diet treatment; or diet treatment alone, and thus try to avoid operation, and there are other cases that are severe enough to require operation but for various reasons—bad heart, old age, generally poor condition of the patient, unwillingness to undergo operation—in which diet treatment offers the only help.

The usual symptoms of gall bladder trouble are, "belching, gas pressure, distress in the upper part of the abdomen coming on after the taking of food, biliousness, sometimes nausea and vomiting, occasionally headaches, constipation, and loss of appetite."

To prescribe a diet to prevent or lessen these symptoms requires much thought and knowledge, not only about food but about the patient himself, his surroundings and his likes and dislikes.

The foods to be used are the non-irritating foods—fruits, some of the leafy vegetables, meat and fish once a day—never fried, very little butter, no spiced or smoked meat or fish, plenty of water, dilute fruit juices, milk, buttermilk, and weak tea.

The foods to be avoided are: Cream, salted, canned and preserved meats and

RECORD MADE BY SOUTH PORCUPINE COW



This is one of the cows of T. E. Cahill's herd, South Porcupine. The herd is under the care of Percy Ladd, formerly of the Dominion Experimental Farm at Kapuskasing. In fifteen days this cow yielded 1443 pounds of milk, and dairymen say that this is notable record, pointing out that 49 pounds a day is a fair average. This cow is still producing 100 pounds of milk a day.

fish, cheeses except cottage cheese, corn, cabbage, cauliflower, onions, raw vegetables, gravies, pie, nuts, alcoholics, pastry.

Eating Your Way to Health

Send today for this special booklet entitled "Eating Your Way to Health" (No. 101) by Dr. Barton. It deals with calories, vitamins, minerals, and what and how much to eat. Enclose ten cents to cover cost of service and handling and send your request to The Bell Library, 247 West 43rd St., New York, N.Y., mentioning the name of The Advance, Timmins. Other Barton Booklets available for ten cents are: Why Worry About Your Heart?; Neurosis; The Common Cold; Overweight and Underweight; Food Allergy; Scourge (gonorrhoea and syphilis); and How Is Your Blood Pressure?

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A garden party is scheduled for this afternoon at the British Embassy at Washington. Guests of honour will, of course be the King and Queen. The garden party, said Lady Lindsay, wife of the British Ambassador to the United States, Sir Ronald Lindsay, will be held despite predictions of rain.

Such a statement is typically English. One can well imagine guests at an English garden party (and, of course, at this one they will not all be English) quite calmly chatting and going on with the business of the party, and completely ignoring pouring rain.

If Lady Lindsay has said there is going to be a garden party—there will be one. If the elements interfere, the elements will simply be ignored.

There is a judge in Hamilton, Bermuda, who never heard of Eddie Cantor. Thank God—humanity may yet be saved.

SIFTING THE NEWS

By Hugh Murphy

Britain's King and Queen will be greeted today on their arrival in Washington by the President of the United States and his wife. It is the first time a reigning monarch of Britain and his queen have visited the United States.

Everything is ready for their reception. The White House menus have been prepared and well publicized through Mrs. Roosevelt's syndicated newspaper column; the Vice-President has grudgingly consented to appear in a stiff collar; the struggle for hotel rooms along the line of march is virtually over and ambulances have been placed to take care of those who fall by the wayside in the expected crowd of 600,000 people.

The American reception will be tumultuous. Favourably impressed by lack of "side" and the natural graciousness of the King and Queen, the Americans are ready to let that latent spark of royalism in their bosoms have full sway during the duration of the royal visit.

Even those terribly serious-minded Americans who are gravely warning their compatriots against too friendly a reception least some particle of their democratic rights be forgotten, have for the moment been stilled.

Never a believer in originality in speeches, Herr Hitler recently repeated his charge that Britain and France are trying to "encircle" Germany. The "policy of encirclement" is the same as that which led to the Great War—he said. The difference was that this time the world would find Germany in a better position to fight.

The German Chancellor laid down specifications for German rulers. They must, he maintained, be military men first and foremost. They must lead the simple life of the common soldier and be prompt and unquestioning in their obedience—he particularly stressed the obedience angle.

How the Germans do love to be ordered about! All through their history they have been ordered about and ruled with an iron hand by militaristic groups. Economists and psychologists who take this peculiarity of the German into consideration have said that there is very little danger that Hitler will be overthrown by his own people. If he is able to give them a modicum of sustenance they will be content to obey.

The peculiar temperament of the people seems to make them content to be stepped on by someone above as long as there is someone lower than themselves upon whom they may step. That is probably why the Jews have been chosen to be the outcasts. Everyone in Germany is perfectly entitled to step on the Jew.

Post a letter in Canada on Monday and it will arrive in London on Wednesday—when the new bi-weekly airmail service between Canada and the United Kingdom goes into effect early in July.

Trans-Atlantic passenger flights are expected to start weekly between Montreal and Croydon. Actual flying time of the service is expected to be four hours from Toronto to Montreal and twenty hours from Montreal to Croydon.

Meanwhile, despite the fact that the service has been in operation for only a few months, Canadians are taking trans-Canada airmail for granted. It now is averaging about 1,200 pounds a day.

Winners of Prizes at Cooking School Yesterday

Mrs. Julia Kennedy the Winner of C. G. E. Toastmaster.

Mrs. Julia Kennedy, of 71 Tamarack street, was the lucky lady who won the General-Electric Toastmaster at the Wednesday afternoon cooking school, under the auspices of the General Electric Co. Ltd., held in the Harmony hall, Fourth avenue. The hall was crowded during the afternoon with women from the Porcupine district who have learned to appreciate the work of Mrs. Mary Barrett, home economist of the General Electric Co.

Mrs. Barrett humorously gave several new recipes (contained in her cook book which Mrs. Barrett distributes to her classes) and her manner of preparing a dinner and other delicacies makes cooking a definite pleasure. Naturally, she uses the newest in General-Electric appliances, making the work a great deal easier, and her recipes are ones that become favourites with all her cooking-classes (An account of the cooking-school on Tuesday afternoon is carried elsewhere in this issue.)

Other winners and their prizes are as follows:

Dinner—Mrs. Wm. Caves, 67 Fourth avenue.

Ham—Mrs. V. Street, 43 Messines avenue.

Dessert—Mrs. Peter F. Janklin, 101 Balsam street south.

Cake—Mrs. E. Valenius, 72 Fourth avenue.

Jelly—Miss Jean Warren, 65 Wilson avenue.

Cake—Mrs. J. Holson, 309 Pine street south.

Dates and Cookies—Mrs. F. L. Croteau, 62 Tamarack street

Cookies—Mrs. G. Rondeau, 64 Balsam street, north.

Each of these winners, and the winners of Tuesday afternoon, are allowed to re-enter their cards for the draw for the General Electric Mix-master which will take place at the final day of the cooking school (to-day)

Huntingdon Gazette: As a hard boiled is more satisfactory than a soft one no German housewife (by special decree) can serve eggs to her family which have not been boiled for at least 10 minutes.

Queen Regrets That the North was Not Visited on the Royal Tour

Gracious Sovereign Chats With Schumacher Soldier from Her Own Home Town, Glamis, Scotland. Sergt. David Bennett, D.C.M., a Native of Glamis, Invited to Meet the Queen Again.

Among the happiest and proudest men in the North these days is ex-Sergt. David Bennett, of Schumacher, formerly with the famous Black Watch when his captain was the late Capt. Fergus Bowes-Lyon, brother of Her Majesty the Queen. By special invitation, amounting, indeed, to a royal command, Mr. Bennett, who is now a shift boss at the McIntyre, went to Sudbury this week to meet the Queen. As noted in Monday's issue of The Advance, the mayor of Sudbury had received royal request to arrange to have Mr. Bennett meet the Queen at Sudbury. Mr. Bennett is a native of Glamis, Scotland, the home of the Earl of Strathmore, father of Queen Elizabeth. Mr. Bennett knew the present Queen by sight from her early childhood, and in the years of the war he had the sad duty of telling her how her brother bravely died as he gallantly lived. Mr. Bennett was fighting alongside of Capt. Bowes-Lyon at the Battle of Loos, when the captain lost his life. In 1918 Mr. Bennett was wounded and sent to a Chester war hospital in England, but the Countess of Strathmore (mother of the Queen) had him transferred to her own convalescent home in Glamis Castle.

After the war Mr. Bennett came to Canada and then wandered to New Zealand. When the Duke and Duchess of York visited New Zealand, Mr. Bennett was one of the soldiers in the guard of honour. During inspection the Duchess recognized him and chatted with him about Glamis.

Mr. Bennett arrived home on Tuesday from Sudbury where he had again met Her Majesties. Mr. Bennett was met at the station by the Earl of Airlie who took him to their Majesties. The Queen recognized him at once:—"Hello Bennett," she said with her brilliant smile, adding the question, "How are you?" but not in any formal or perfunctory way but as if she were really interested in his continued good health and good fortune. Next she wanted to know where he was living now, and when he answered "Porcupine" and said that he brought down with him the sincerest loyal hopes of the people here for a safe journey for their Majesties, the Queen in her gracious way thanked him and said they were sorry they had not been able to come North. Then the Queen asked him if he had been home since she last saw him in New Zealand. He answered that he had not but that he expected to take a trip home soon. Then Mr. Bennett ventured a question to Her Majesty. "How is Glamis?" was the question that he asked. The Queen's answer was that she thought that Glamis would always be the same, and that she would convey his good

wishes to the friends at Glamis. Mr. Bennett was awarded the D.C.M. for conspicuous gallantry in the field at the battle of Loos.

Louis Guolla Wins the U. of T. Carswell Prize

Louis Guolla, Timmins man attending the University of Toronto won the Carswell Prize this year when he graduated from an honour arts course. The prize is given annually for study in Federal Constitutional Law.

Entering Osgoode Hall next year, Mr. Guolla will also try to take the necessary subjects to get his Master of Arts degree.

Sudbury Star: The new flexible glass won't be fully developed until a tumbler can be turned inside out for drying.



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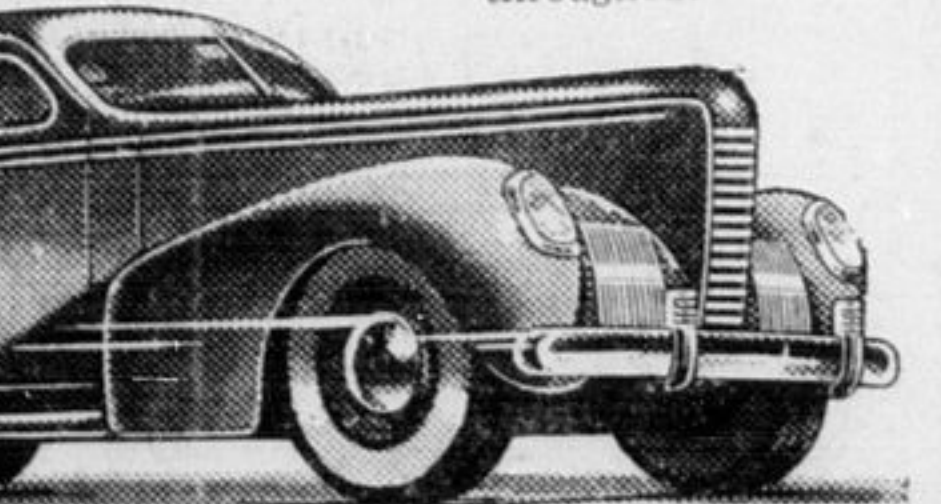


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