# Difference in Butter Now and in the Long Ago

Domestic Science Expert Recalls the Old Five-Pound Jar of Butter and Contrasts it With the Modern Pound Print and the Rolled Varieties of To-day.

When I was a little girl, our butter | One egg yolk. supply came to us every week in a five-pound brown jar covered with a salted cloth. In the spring it was almost certain to have a slight garlic



By EDITH M. BARBER

flavor. Even a devotee of that particular savor prefers to choose the time and the place for using it!

The cows, however, did not consider this when they nibbled the fresh young garlic which put forth its tender roots in the spring.

The largest part of our butter supply was once made on individual farms. Today most of it comes from creameries to which the farmers bring their milk. A can of milk which has an odor of cattle are now forbidden the privilege | now of Montreal, made it safer to use, of indulging in this particular spring it was felt that all had been learned

quarts of milk produced on the farms the treatment of other ailment such in this country in a year, almost onehalf is used to supply the cream which (persistent dream state) and others. is turned into butter.

frigeration, most of the butter produced in this country has a consistently good | could be taken by mouth instead of by flavor and quality.

supplies we can count on it for valuable amounts of Vitamin A which we need throughout the year as one of the safeguards of good health. Mocha Butter Frosting

One-third cup butter. Oneand one-half confectioner's sug-



Two Tones, Same Print

By GRACE THORNCLIFFE It is amazing how much style can be found in an apparently simple little print frock. Study the silk model | tect yourself, and save endless worry. two tones of the same print, navy with | Bell Library, 247 West 43rd St., New band and tops the gathered skirt. The mention The Advance, Timmins. dress zipper-closes from the neck to

WITH ROYAL

**FLAVORED** 

TEXTURED

DIGESTIBLE

LIGHTER

MORE

FINER

One tablespoon boiled coffee. One tablespoon cocoa.

Cream butter and add one-half cup of sugar gradually. Combine with beaten egg yolk, salt, coffee and cocoa. Add remaining sugar, working it in well. This amount is sufficient to cover a cake eight inches square. One tablespoon of orange juice and one teaspoon of lemon juice may be substituted for the coffee and cocoa,

Maltre d'Hotel Butter One-quarter cup butter. One-half teaspoon salt. One-eighth teaspoon pepper. One-half tablespoon parsley, chopped. Three-quarters tablespoon, lemon

Cream butter. Add salt, pepper and parsley, then lemon juice very slowly. Use as sauce for fish or meat. (Copyright, 1939, by The Bell Syndicate, Inc.)



Body Dours

That

(by James W. Barton, M.D.) More About the New-Insulin For

Diabetics When Drs. Banting and Best, of Tor-

garlic will be refused and therefore the onto, discovered insulin, and Dr. Collip, about insulin in the treatment of dia-If you like figures you may be inter- betes. Many research workers then ested to know that of the 47,000,000,000 began experimenting with insulin in as lack of appetite, dementia praecox

In the treatment of diabetes, how-Through modern machinery and re- ever, research workers sought to prepare insulin in such a way that it the hypodermic needle three times a hat "a man will admire!" Besides the fuel value which butter day. While no method of preparing insulin so that it will be effectively taken by mouth has been discovered, what is helping the situation to some extent is the new treatment by protamine zink insulin. I have soken before of this treatment and its advantages and disadvantages as recorded by physicians coing special work in diabetes.

> What would, on first sight, be considered a most unfavorable result from the use of this new insulin compound is the apparent increase in the number of cases of diabetes. Dr. E. P. Joslin, skin! Boston, whose name has been assicated with diabetes for many years-long before insulin was discovered-points out in the Michigan State Medical Journal that protamine zinc insulin has probably increased the number of diabetic patients using insulin by 70,000. This is due almost entirely to the fact that the new insulin is injected but once a day whereas the original insulin is injected three times a day, a regulation that many diabetics would not or could not follow.

Dr. Joslin also answers the criticism of some unthinking individuals who state that there are now more diabetics than before the discovery of insulin. The apparent increase in numbers is due to (a) a more systematic search for diabetics and the closer medical supervision of the population in general, (b) many more people now live beyond the age of 40 years when the onset of diabetes is twice as frequent as it is up to the age of 40, and (c) diabetics live longer than they used to.

One of the mistakes made in the use years or more ahead of him and one need not hurry

Dr. Barton's latest booklet entitled "Scourge" with reliable information regarding the two most dreaded social diseases, ginorrhaea and syphilis, is now available. Know the facts, pro-Address your request to Dr. Barton, The York, N.Y., enclosing Ten Cents to cover cost of service and handling, and (Registered in accordance with the

Copyright Act).

MAKE BETTER BREAD

Beauty and You by PATRICIA LINDSAY



Extreme as it is, this Dache model is most becoming to JEAN TENNYSON, Chicago Opera Star, who is a milliner's delight.

Take Time to Select Your Hat If You Wish It To Flatter You.

buy a hat and follow certain funda- be minimized! mental rules," claims pretty blonde Jean Tennyson, of the Chicago Opera treme. Company. And I agree with her.

women wearing the wrong headgear have little difficulty in selecting a vantage! chapeau or wearing it smartly, yet she

Here are some of the cues she gives their heart craves for the romantic! women to help them in buying the

Pay Attention, Ladies The width of your cheekbones has a lot to do with the hat selection you make. Your hat must balance them. foundation for a tiny high crown hat! Too narrow cheekbones cannot carry

Unless your face is small, and your

cate in appearance, cannot wear heavy fit and one which flatters your own hats even though Garbo looks devine in | natural coloring.

The middle aged with large figure fads. looks ridiculous in tiny hats that are kittenish. Strive for proper balance of cate, Inc.)

Every woman must take time to hat and YOU so your age and size will

Fluffy types must pass up the ex-Such models will dim your sparkle, whereas a dainty number will Too frequently you see girls and emphasize your attractive vivacity.

If you are tall and commanding, reand their entire appearance is spoiled. member your dignity. A hat should Although Miss Tennyson is as pretty dramatize your poise—a rare quality as a picture herself, and appears to to be cherished and shown off to ad-

Shorter girls, and those inclined to too must watch her P's and Q's when be stocky, must definitely select lines she starts out for a new head ward- in a hat which add height. Picture hats are not for them even though

If you all will take a tip or two from our chic French sister you will learn what hat materials can do to your

Over forty should refuse to wear shiny straw-softer materials such as Too wide cheekbones is no proper fur, felt, dull lacey patterns are much Novelist kinder to the face. Brims are usually too unless you keep your skin attracoff a swooping wide brim and a heavy tively fresh. Veils and flowers are soft- Great New Story Starting

And . . . your hat should be bought skin is young and not wrinkled, keep last. Your hat tops your entire enaway from off the face models. Such semble, it decorates your head, it draws a hat draws attention to your face and attention to You. Buy one which goes well with what you plan to wear and Small featured ladies, and those deli- choose a color to blend with your out-

If your budget is limited avoid the

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## May the Most Important Month for the Gardener

Success or Failure Depends on the Results of the Work Done Now Some Helpful Suggestions for the Work of Gardening. Questions Asked in Regard to Fertilizers.

tural Society) most important month in the year to ately—a general loosening up of joints that in no way seem to relish the opportunity suddenly presented to them to regain their old-time suppleness, and creak less like the hinges on the garden gate. Upon the preparation of a garden for seed or plants at this time depends its success or failure later. The ground should be dug as soon as it is dry enough to be turned over without packing. Barnyard fertlizer should be spread before digging and buried with last year's top-soil. Digging must be carried out methodically, the depth of the spade. It is not enough to merely produce an upheaval in the yard; every spadeful should be carefully turned completely over so that an entirely depleted surface buried. The beds or thoroughly with a hoe and raked smooth. Whether to build your beds high or leave them level with the rest of the ground is a debatable question. A vegetable garden laid out in neat beds raised a foot or so above the surfine arrangement for drainage, but during the hot months of summer conservation of moisture is far more important than anything else, and unless your garden is situated where

be better not to raise your beds high. Among the various inquiries that we be covered about two inches deep. Conreceive, the question of what fertilizer tinuous flowering and the maintenance to use and where to obtain it crops of long stems are due, in a great measup very often. The supply of well- ure, to the health and vigor of the rotted barnyard manure does not ap- plants. Be prepared, therefore, for parently equal the demand and its early spraying against aphids. One cost is very often comparatively equal half-teaspoonful of nicotine sulphate the demand and its cost is very often to a quart of water, with a little pure comparatively high. In some sections castile soap added to make it stick, is of this locality, however, humus is en- an effective spray against aphids, or tirely lacking and some of coarse or- you can use one part of emulsified ganic matter is essential, not only for eucalyptus to forty parts of water. the purpose of building up the soil.

(Contributed by the Timmins Horticul- up a reserve supply of moisture also. This applies especially to those sec-May is undoubtedly the busiest and tions where the subsoil is composed entirely of sand and gravel. Barnyard the gardener, dedicated mainly to the manure is also excellent to help break garden spade and the fresh girding up up heavy clay. Plants need a judicious of loins, or-to express it more accur- balance of both mineral and organic nourishment to thrive. A good artificial fertilizer may therefore be used to supplement the barnyard manure. You need go no further than your local garden supply merchants in your search for a good mineral fertilizer. A combination of 4% nitrogen or ammonia, 10% superphosphates and 8% potash makes an excellent all round fertilizer; twenty-five pounds would probably be sufficient for a small garden, depending, of course, on its state of fertility. Your local store also carries sheep manure; this a safe, reliable and very convenient type of fertilizer; easy to handle and quite harmless to foliage or roots of plants. Sweet peas, garden peas, spinach,

dutch setts, parsnips and lettuce should be sown immediately, if not already in the ground. It is safer not to plant beans, corn, or other tender plants outside until the end of the month. Dwarf Zinnias, Calendula, Cosmos, Eschscholtzia (California Poppy), Calliopsis and Bachelor Button may also be sown in the border. A dwarf, compact type of Bachelor Button may be obtained in Jubilee Gem. Zinnias need protection against frost.

Sweet Peas need careful soil preparation to get the best results. Digging a trench about a foot deep and partially packing it with barnyard manure is the water cannot easily escape it might first step in sweet pea culture. Cover this with soil and sow. The seed should

but to provide a medium for storing Try The Advance Want Advertisements

### "Knew She'd Be Back" Says the **Magistrate** of Traffic Violator

Simone Gauthier Makes Second Court Appearance, for Driving While Permit Suspended.

"I knew when I talked to her after her last conviction that she didn't intend to cbey my instructions and that she would be back here," said Magistrate Atkinson of Simone Gauthier, who was charged with driving an automobile while her permit was under suspension. Sentence was the alternative of a fine of \$50 and costs or 30 days in

Constable Amlin said that he and another constable saw Mrs. Gauthier driving on Third Ave. When they stopped the car and went over to she and the the man with her had changed places. However, they sa her move from behind the wheel.

Stewart Hurley was charged and convicted of reckless driving. A fine \$25 and costs with the alternative of 30 days in jail, was imposed. His driving permit was ordered cancelled for three months.

Constable Joseph Gariepy said that Hurley was driving east on Wilson Ave. He was passing cars and cutting in at a speed of 40 or 45 miles an hour. He and the other constable managed to chase of several blocks.

Hurley was driving so fast that the wheels of his car would leave the road when he made a turn, said Constable Roland Munro. A companion in the car with Hurley told police that the accused man "always drives crazy whether he is drinking or not." He said that he warned Hurley that he would horseshoe was formed. The acting Guides, don't forget the time, 1.30 p.m.

He had had a couple of bottles of tine Brown, Vivian Pazzetta, Marian beer earlier in the afternoon admitted McLeod. The Guide Prayer was then Hurley on the witness stand. He was repeated. The following: Beryl Crisdriving at 25 or 30 miles an hour-not over because his car started to "shimmy" at a speed over thirty.

Aime Clement pleaded guilty to mak- 51st Company, who was the guest of ing a dangerous turn from Fourth Ave. the evening. Due to the splendid work to Cedar St., thereby driving recklessly. He said that the turn he made was the they were rewarded with a surprise only alternative to hitting a motorcycle. Fine was \$15 and costs with his driving permit suspended for ten days.

## Serial Feature by Famous English

in The Advance This Issue.

There has been keen interest in each succeeding serial story in The Advance, but the new one commencing in this issue should hold even more than the usual attention. It is "Table Top," by the famous English novelist, Eden Phillpott. Many readers have been delighted with this gifted author's tales of Devonshire, England. In "Table Top" they will find a new set-

# Orange Pekoe Blend

ting but the interest, the thrills, the romance equals the writer's other

charming stories.

"Table Top" starts in Peru and proceeds to an island on the equator. These new locations afford the author wonderful opportunities which he uses with the skill of a great craftsman. It would be absurd to try to tell the story of "Table Top", when the author does it so well in the tale itself. It may be noted, however, that much of the plot hinges round a remarkable parrot of seventy years of age.. The parrot is the repository of the secret on which the story turns-and the parret talks. To learn what it is all about just read the opening chapters in this issue, and follow the story to its thrill-

GIRL TIMMINS

The weekly meeting of the 196th I.O. D.E. Girl Guide Company was held as usual on Monday evening at 7 p.m. After calling the meeting to order hike planned for Saturday afternoon. color party for the evening was Chrispin, Everil Eade, Peggy Lloyd and Helen Rodgers had the honour of being enrolled by Capt. Wadsworth of the they had been doing during the winter party. Games were played and lunch served. There was a good deal of

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discussion over the possibility of going to Sudbury for June 5th to see the King and Queen. It is expected quite a number will arrange to go. Before closing prizes were presented to the four who sold the most tickets for the concert presented May 1st. Marion McLeod came first and received a lovely birthday stone ring; second, Freda Campbell, a pair of hose; third, Erwen Williams, received a Guide purse and pencil; fourth, Helen Rodgers also received a Guide pencil. A happy evening was spent by the Company and all left joyfully, looking forward to the and bring your lunch. Lets' hope 't will be warm; at least fair weather.



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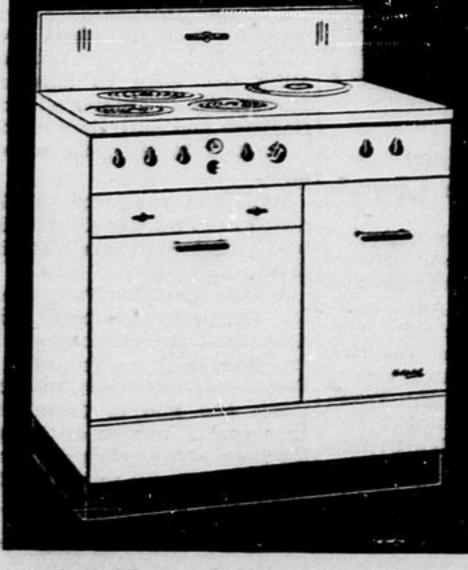
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# Little Lessons in Home Economy!

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