

# TEN YEARS AGO IN TIMMINS

From data in the Porcupine Advance Files

At the meeting which took place in the clinic room ten years ago, a letter was read from the head office, Ottawa, advising the committee that a relief nurse to Miss Stevens was available and would be sent to Timmins upon request. Replying to the question if she desired to leave immediately, Miss Stevens said that she had written Ottawa in December to say that it would be agreeable to her to wait until Miss Elliott returned, but word had been received that the latter's return was very problematical, and under such circumstances she would be glad to go as soon as arrangements could conveniently be made. Replying to further questions, Miss Stevens candidly admitted that although she had been well received and had enjoyed her work while in Timmins yet she found that the nervous strain was playing very much on her health. She did not think that at the time two nurses were necessary to carry on, but the time was rapidly approaching when the question would have to be considered.

The funeral of the late Andrew Ailen Raeburn, who died ten years ago at the hospital from typhoid fever took place on Sunday morning, March 3rd, 1929, the body being taken to the 11.40 train for shipment to Bancroft, Ont., the home of Mrs. Raeburn. The Masonic brethren of the town and district attended the funeral in a body in honour of their departed brother.

The general meeting of the Lanca-shire Football Club was held ten years ago in the Hollinger Recreation hall, with a good attendance. Mr. G. Jopson occupied the chair. The Secretary, W. A. Devine, presented the financial report for the season which showed a bank balance of \$77.00, this amount proving satisfactory to the club. The report of the season's activities was also presented, and met with general approval. Some discussion took place with regard to some compensation claims unpaid, and these were held over until after the local league meetings. Owing to this situation the officers for the season were not elected, this being held over until the claims were settled by the committee in charge during the season.

His Honour Judge John Kehoe, first Judge of the District of Sudbury, and father of Frank J. Kehoe, barrister and solicitor, then of Timmins, died at Whitby, Ont., ten years ago, following a brief illness. The late Judge Kehoe was born in Ottawa and was 75 years of age. He had a long and distinguished career at the bar and on the bench. He was an orator of special gifts and was noted as an authority on British jurisprudence and British constitutional law and practice. He was in great demand as a speaker on these subjects, and was also prominent as an accepted authority on mining laws. He received his preliminary education at Ottawa University, this college later recognizing his high standing in his profession and his services to the state by conferring on him the degree of Doctor of Laws.

Wood was received in town ten years ago of the death at Hamilton of Mr. Dan Warren, a former popular resident of Timmins and the Porcupine. No details were given as to the death further than information that the funeral would take place on Tuesday, March 12th, 1929, to Mount Pleasant cemetery, Toronto. The late Dan Warren, who was about 40 years of age, was one of the most popular of the early residents of the camp. He was for many years a salesman with the Northern Canada Supply Company, later becoming manager of the company's store at Timmins. He was at South Porcupine in the early days of the camp and made hosts of friends to whom his death came as a decided shock.

Iroquois Falls senior hockey team, the Eskimos, were champions of the Northern Ontario Hockey Association league, and won the right to go to Toronto for the finals ten years ago. At the Falls they won from Sudbury by the score of 8 to 0, and this big lead gave them the victory in the round. It was expected by many that they would have a much harder battle in the return game at Sudbury, but few thought they would lose the game. This, however, is just what happened, the Wolves on their own Sudbury ice taking the Eskimos into camp for a score of 4 to 1. This made the score 9 to 4 on the round and thus left the Eskimos as champions of the North and contenders for the Ontario honour.

The Timmins Welsh Glee Party and their Welsh friends to the number of about fifty gathered together in the United Church ten years ago, to pay tribute to the memory of the patron saint of Wales, St. David, and to partake of the excellent supper, which was capably served by the ladies of the church. The supper was one that roused the highest praise for its pleasing excellence and for the splendid service. The tables were beautifully decorated for the occasion, the daffodil being prominent in the effective plan of decoration.

Big crowds enjoyed the fourteenth annual Dog Race and Carnival ten years ago. S. Panchoff again won the main race, making a new time record, doing the course in one hour, six minutes and 24 seconds. He won the event in 1926, 1928 and 1929, winning The Porcupine Advance Cup as his personal property. The freight race was won by G. Chornier. There were eleven entries for this race which was held as usual in the morning.

"Clair Severt, who left Timmins on skis to make the journey to Ottawa in fourteen days," said The Advance ten years ago, "has shown that the trip can be done within the limit set. He left Timmins on Feb. 21st, and arrived in Ottawa on Tuesday, March 5th at 4.45 p.m. less than 13 days from the start. He made the journey, all but some 57 miles from Pembroke to Cobden, by the ski plan. The 57 miles in question were travelled by freight. He was troubled with a feeling around his heart and wisely decided to consult a doctor before proceeding further on skis. The doctor found nothing

serious amiss and the journey was completed from Cobden to Ottawa on skis. As Clair was simply making the trip as a holiday event and for the sport in it and to promote interest in skiing, and as there was no wager or reward concerned, he was free to do as he wished in the matter. In any event he showed that the trip could be made as he said, and that travel by skis was practical for the distance."

A rousing reception greeted the ski contingent from Timmins upon their arrival at Bourkes, ten years ago, and an old veteran member of the P.S.C. reported that he never experienced a more enjoyable time than the trip to Bourkes. The greatest hospitality was shown and everywhere the Timmins skiers were received with open arms. The day of the tournament was soft and slushy, nevertheless a large crowd from Kirkland Lake, Swastika, Matheson, Timmins and other towns in the district had gathered to witness the skill of the ski jumpers. Against stiff competition the Timmins skiers carried off the majority of the prizes, but the battle was hard fought and some tremendous leaping was done.

Among the local items in The Advance ten years ago were: "Mr. Ed Loney, mining editor of The Sudbury Star, formerly of Timmins, was a visitor to Timmins last week." "Mr. and Mrs. A. W. Lang returned from a visit to St. Thomas, Toronto, and other points, on Sunday evening." "Mr. and Mrs. G. H. Gauthier returned on Saturday after a holiday visit to the far south." "Mr. and Mrs. J. Lawrey, formerly of Timmins, now resident at Kirkland Lake, were the guests of their friends in town last week." "Dr. J. Dunn, V.S., of New Liskeard, will be in Timmins this evening for professional business." "Mr. George W. Lee, chairman of the T. & N. O. Railway, was in Timmins Wednesday this week on a trip of inspection of the line, accompanied by other officials of the railway." "Among those from this district in Winnipeg this week for the convention of the Canadian Institute of Mining and Metallurgy are R. E. manager of the Vipond, Mr. S. Bell, of the Dome Mines, and A. L. ... of the Canadian Explosives Co."



(by James W. Barton, M.D.)

## That Body of Yours

### Elastic Adhesive Strapping For Old Leg Ulcers

One of the familiar sights about hospital clinics and the waiting rooms of physicians is that of old people with chronic ulcers of the leg. These ulcers would likely heal in time if the patients could go to bed and remain there for some weeks, but unfortunately many must be on their feet in order to do work in their own or other homes.

Various methods of treatment have been tried including injecting the veins about the ulcer, and by cutting the nerve that supplies this part of the leg, but although there has been improvement and even complete healing in some cases the ulcer returned after a short or long interval.

There has always been the problem of how to treat and cure these old ulcers and yet allow the patient to look after his or her work—that is to remain on their feet. I have spoken before of the method of using an elastic adhesive tape as advocated by Dr. Beverley Douglas in the United States, and Dr. Dickson Wright in Great Britain.

One of the most important factors in healing an ulcer is to contract or draw the tissues together, because the weight of the whole body on the legs naturally spreads or distends the tissues and prevents proper healing. Further, there is often present much swelling and the scars of former healings, both of which interfere with the circulating of the blood. This is why the elastic adhesive bandage is so helpful.

An editorial in the British Medical Journal says:—

"The elastic adhesive bandage of which there are several patterns on the market combines the desirable supporting properties of the old Unna's paste boot, the elastic stocking, gutta percha tissue, and ordinary adhesive strapping, without their disadvantages. It is of course absolutely necessary that, before treatment with the elastic adhesive, underlying causes of the ulcer should be treated—varicose veins injected or removed, anaemia or other condition corrected, and the general health of the patient attended to."

The patient should let the physician apply the bandage the first couple of times before he attempts it himself. Thereafter the bandage is changed every two or three weeks by the patient.

While this treatment is now known to most physicians there may be many patients who have, as yet, not heard of it.

Are you susceptible to colds? Do you

## In Royal Entourage



George F. Steward, press officer at 10 Downing Street, has been chosen as one of the official staff to accompany the King and Queen to Canada. He will act as chief liaison officer.

## Toothsome Sweets for St. Patrick's Day

### Shamrock Patties, St. Patrick's Candies, Ice Cream

Whether or not a man has kissed the Blarney stone, St. Patrick's Day merriment is supposed to make sweet words come readily when he wears a lucky shamrock. The wise hostess adds the magic of toothsome sweets to the shamrock's spell, and so guarantees a happy occasion in honour of the merry saint.

A plate of lucky candies can be relied on to add a festive note to the refreshments. They can be made in short order with sweetened condensed milk—and they are so easy that the children can make them, and so take some of the responsibility from older shoulders.

You can form some of the fondant used for the patties into tiny Irish potatoes, and roll them in cinnamon for a brown skin, to add to your candy assortment.

#### Shamrock Patties

- 1/2 cup sweetened condensed milk
- 1/2 teaspoon vanilla
- 1 1/2 cups sifted confectioners' (4x) sugar

Blend sweetened condensed milk and vanilla. Add sifted confectioners' sugar gradually and continue mixing until smooth and creamy. Sprinkle waxed paper lightly with confectioners' sugar. Roll fondant out on waxed paper to about 1/8 inch thickness. Cut with sharp shamrock-shaped cutter or by a stiff paper pattern.

#### St. Patrick's Candies

- 1/2 pound sweet chocolate
  - 1/2 cup sweetened condensed milk
- Melt chocolate in top of double boiler. Remove from fire and add sweetened condensed milk. Stir until mixture thickens. Pat out to a sheet 1/4 inch in thickness on a buttered surface. Chill. Cut small hat and pipe from clean cardboard. Lay on chocolate and cut out with sharp knife, following outline of cardboard. Scraps which remain after hats and pipes have been cut out can be reshaped and patted out as for first batch. If too solid, return to double boiler and warm sufficiently to make it pliable.

It's the luck of Saint Patrick for you and your guests if you serve this good fortune ice cream cake in celebration of the good saint's birthday. For it's covered with shamrocks, symbols of good luck. Besides that, it's so good that it works like magic in promoting a gay party atmosphere. It's a lucky dessert for the hostess, too. Here's a failure proof recipe for ice cream made with sweetened condensed milk. This ice cream is always smooth and creamy, and guaranteed free of ice splinters; yet it needs only one stirring and can be made ready for the refrigerator in five minutes.

#### Magic Vanilla Ice Cream

- (Automatic Refrigerator Method)
- 3/4 cup sweetened condensed milk
- 1/2 cup water
- 1 1/2 teaspoons vanilla
- 1 cup whipping cream

Blend sweetened condensed milk, water and vanilla thoroughly. Chill. Whip cream to custard-like consistency and fold into chilled mixture. Pour into freezing tray. Place in freezing unit. When mixture is about half frozen, remove from refrigerator. Scrape mixture from sides and bottom of tray. Beat until smooth but not melted. Smooth out and replace in freezing unit until frozen for serving. Serves 6.

#### Lucky Shamrock Candies

- 1/2 cup sweetened condensed milk
- 1/2 teaspoon vanilla
- Green vegetable colouring
- 1 1/2 cup sifted confectioners' (4x) sugar

Blend sweetened condensed milk, vanilla and small amount of green vegetable colouring. Add sifted confectioners' sugar gradually and continue mixing until smooth and creamy. Sprinkle waxed paper lightly with confectioners' sugar. Roll fondant out on waxed paper to about 1/8 inch thickness. Cut with sharp shamrock cutter or by a stiff paper pattern.

worry about your heart? Are you overweight or underweight? Does your food agree with you? Do you have to watch your calories, fats, starches, etc.? Do you believe you have an ailment that medical tests do not reveal? The following booklets by Dr. Barton will be helpful to many readers and can be secured by sending ten cents for each one desired, to cover handling and service to The Bell Library, 247 West 43rd Street, New York, N.Y.—The Common Cold; Why Worry About Your Heart?; Overweight and Underweight; Food Allergy; Eating Your Way to Health; Neurosis.

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## Ansonville Reports Five Cases of Scurvy

### Unusual Disease Blamed on Insufficient Nourishment.

Iroquois Falls, March 8—Special to The Advance.

Scurvy to the extent of five cases, has been discovered in the Town of Ansonville, by the Medical Health Officer, Dr. E. J. Clouthier, who states that they are all the direct result of starvation, and deprivation of the essential foods.

This most unusual disease, which is practically unknown in civilized countries, was first noticed by Dr. Clouthier, as he treated a patient suffering from symptoms of this malady, and he was, at first, skeptical and startled, aghast with realization that such a tragedy could occur in this day and age. Confirmed in his suspicion by finding four more cases, one of which is advanced to a stage which necessitates hospital treatment, the doctor is maintaining a vigilant watch, for further similar outbreaks.

Thorough investigation into the causes of these five cases, revealed that the greatly reduced weekly incomes of the working man during the past year have been prohibitive to the purchases of food other than for bare existence.

For fourteen months, the residents on the operation of the Abitibi Paper Mill in Iroquois Falls here, have been forced to accept the wages of curtailed operations, due to lack of a market of this locality, who depend solely upon newsprint, and as a direct result have been unable to buy the necessary vegetables and fruits, which are the greatest preventatives of this ailment.

Those who are subject to these conditions, are now exhausted of any resistance that they may have possessed, and the first sign of these suffered are greatly accentuated by the scanty clothing, and dire necessity to save on the fuel in the sub-zero weather which prevailed during the first two months of this winter.

The Township of Calvert, for some time bankrupt, and now controlled by the Government, have endeavoured to secure additional quotas for their relief recipients, which might enable them to provide a minimum of the vitamin C, but the requests have been so great during the last while it is almost impossible to expect more. A great majority of the householders in Ansonville are now deriving the dif-

## First Case of Its Kind at Haileybury This Week

Haileybury, March 9—(Special to The Advance)—Said to be the first case of its kind in the North Country, a legal battle is scheduled for later this week in Supreme Court sittings here between an insurance company and the owners of a truck already held responsible to the amount of \$700 and costs as damages in an action brought as a sequel to an automobile accident on the main highway four miles north of here on the evening of October 12 last.

Parties to the action disposed of before Mr. Justice Makins and a civil jury were Dr. W. W. Wallingford, New Liskeard physician, whose car was badly damaged and himself temporarily incapacitated when his machine was struck, he alleged, by a truck owned by D. Vahey, of Dymond township, and driven by his son, Dan Vahey, junior. Evidence disclosed the truck did not stop, and identity of the vehicle was learned when R. L. Perkin, of New Liskeard high school staff, pursued it along the road for more than a mile.

The Canadian Surety Company was added to the issue as third party, and the company is disputing its liability in the circumstances of the accident. This phase of the accident is set down as a jury trial, but W. R. Ramsay, re-

ference between what their earnings are at the Mill, and what they would receive if they were on relief, which makes this figure comparatively high. The ghastly situation is most appalling, with no immediate indications of a change for the better.

Dr. Wallingford, who claimed his right elbow and shoulder were injured so that his practice was affected for nearly three weeks, had sued the Vaheys for \$2,000. In returning a verdict to Mr. Justice Makins the jury apportioned the amount allowed at \$540 for the damaged car and \$160 for loss of practice. No witnesses were called for the defence, W. C. Inch, appearing for Vaheys, addressing the jury on the matter of liability. W. H. Walter represented Dr. Wallingford.

Collingwood Enterprise-Bulletin: Over in our neighbor town some one is advocating spelling it Penetang instead of Penetanguishene. Just another bit of philological vandalism on our euphonious Indian names that should not be permitted. Already too many of them have either been wiped out or so corrupted as to be almost beyond recognition. Spell it the short way if it takes too much time, but officially let it remain in the original form.



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Children of pre-school age (one month to six years) may receive free vaccination against Smallpox on:

**TUESDAY, MARCH 28th**  
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In the Basement of the  
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or

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J. A. McINNIS,  
MEDICAL OFFICER OF HEALTH

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# If you could read Your Future

HOW DIFFERENTLY you would plan your savings programme—if you knew exactly how long you were going to live.

If, for example, you knew that you were destined to live only a few short years, you would endeavour to obtain adequate Life Insurance protection for your family.

Or, if you knew that you were going to live to a ripe old age—then you would be vitally interested in a guaranteed pension.

But lacking any occult power to know the future, your savings programme should accomplish two distinct purposes. First, it should provide financial protection for your loved ones. Secondly, it should guarantee a retirement fund for your own old age.

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