

# Suggesting Cook Books as Gifts for Christmas

### Any Young Housekeeper Will Appreciate a Cook Book. There are Even Men Who Know How to Enjoy Them, Says Domestic Science Expert This Week.

Christmas gifts? Contrary to the theories of the romanticists most wo-



By EDITH M. BARBER

men like useful gifts. In this category should be listed cook books. To the standard list there have been added several books of various types. For the young housekeeper or any other inex-

perienced cook, "The Merry Mixer" by Helen Robertson, published by Frederick A. Stokes Company; "The New Better Homes and Gardens Cook Book," published by the Meredith Publishing Company, Des Moines, and "America's Cook Book," published by Scribner's are also appropriate. The two latter are more comprehensive than the first, which is especially adapted for the beginner. The second is in convenient loose-leaf form.

"The Princess Cook Book," by Jennie Akerstrom, the famous head of a Swedish cooking school and translated and edited by Gudrun Carlson, a well-known American home economist, is published by Albert Bonier. This contains many interesting recipes for smorgasbord, for cooking fish and meat as well as breads, cakes and desserts. "To the Queen's Taste," by Helen Train Hillis, contains a charming collection of the author's favourite dishes. Menus for entertaining are particularly interesting. The author's philosophy may be summed up by the statement: "I will never serve peas and carrots mixed, canned soups without the addition of something, rolls cold, or dry cereals untoasted." Mrs. Hillis is a person whom I would like to know.

Then there is Achmed Abdullah's and

John Kenny's cook book frankly entitled "For Men Only," published by Putnam. Some of your mean friends will appreciate this. It naturally begins with recipes for drinks. It specializes in ho-man meat dishes, but devotes some space to favourite desserts, such as rice pudding, apple pie and shortcake. There are special recipes for dishes for outdoor meals. If you put it in your husband's stocking, he may be induced to take over the responsibility for some of your entertaining. You should know whether you'd've present him with a book like this!

**Cog au Vin**  
(From "To the Queen's Taste," by Helen Train Hillis)

- 1 fowl, cut up.
- Onions, about 12, if tiny.
- Carrots, about 6, in strips.
- 2 potatoes, scooped into balls or in slices.
- 1/2 teaspoon majorum.
- 1 teaspoon parsley, chopped
- Salt to taste.
- Inexpensive dry white wine.

My butcher always looks surprised if I ask him for a rooster, so I content myself with a fowl or even a roasting chicken.

Brown the chicken in butter. Brown the vegetables in the same pan. Transfer the chicken to a casserole. Add salt and majorum. Cover chicken with white wine. Simmer slowly, covered. Add the vegetables the last hour. Before serving, thicken gravy slightly and add chopped parsley or omit.

**Young Rabbit a la Dijon**  
(From "For Men Only," by Achmed Abdullah and John Kenny)

- First catch or purchase 1 young rabbit.
- 1/4 pound sweet butter.
- 1 tablespoon flour
- 1 tumbler Chablis wine.
- Salt, pepper, pinch of mixed spices.

Cut rabbit into pieces convenient for frying, sprinkle with salt and pepper. Melt butter in thick stewpan, add spice and brown rabbit in butter over hot fire for ten minutes. Remove and sprinkle with flour. Add wine to stewpan, put rabbit back and simmer, gently, shaking pan once or twice to prevent sticking. Don't let it boil. After ten minutes more, the sauce should be syrup and the rabbit ready to serve.

The sponsor of this dish says its success depends upon the use of Chablis and sweet butter—and the youth of the rabbit.

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## Beautiful Costumes at Winter Carnival

### Glitter and Glamour Added to "Northern Lights of 1939."

At the ice carnival presented by the McIntyre Porcupine Mines on the opening night, Thursday—and on Friday and Saturday evenings by the Schumacher Lions Club, the Timmins Kiwanis Club, and the Sixth Porcupine Kiwanis Club—the costumes worn by the featured skaters and members of the Granite Club, Toronto, and the Toronto Skating Club, were greatly admired by the audience.

The costumes were varied, each being especially suitable for the number presented. Outstanding in the costumes were those worn by the group presenting "Midnight Blue." These were short, full ballet dresses, made of rainbow shades in net. Each member of the ballet wore a star-shaped silver calot cap, to which was fastened a full flowing veil, in pale blue net. Mrs. Godderham, the premiere danseuse in the group, wore shades of purple, with identical cap and veil.

Miss Margo Coram, Marion Lumbers, and Ruth Paul, were very charming as hat check girls, wearing men's evening attire with silver lapels, and silver trimmed high hats.

The Caley sisters wore pink and blue metallic fitted skating skins, with matching calot caps, and in their "pair" skating, donned military costumes of royal blue satin, with gold trim. In a quartette number, the Misses Dorothy and Hazel Caley were attired in charming gold metallic costumes, with high gold hats.

Miss Eleanor O'Mara in a solo number, wore an attractive costume of blue metallic, with buttons and touches of wine-red beautifully inset. Miss Eleanor Wilson was very charming in a white tulle ensemble with red, white and blue trimming, and the costumes worn by Brunet and Joly in the "Crimoline Dance" were exact replicas of eighteenth century style minuet attire.

The materials used in the making of the costumes were all of the type that would glisten in the spotlight, and thus added a great deal to the general glitter and glamour of the performance.

Do Your Christmas Shopping Early.

# Beauty and You

by PATRICIA LINDSAY



The full, nicely formed lips of HEDY LAMARR play an important role in creating the fascination she has for many! If you resemble her type copy their outline and see if your allure rates higher!

## Make Your Lips As Alluring As You Desire

Perhaps we owe it to Hollywood, this radical change of using lip colouring in drawing the size and shape lips you most desire. For no longer need you vainly wish for full lips, if yours are thin, or for cupid's bow if you have none. There are ways and means for having the lips you want!

Of course, in Hollywood, the faces which appear on the screen, little resemble the original models. Eyebrows have been tampered with, eyelashes stuck on, and lips drawn to order. And hairlines frequently plucked to give more glamour. All this is possible because screen make-up, which comes in several shades of nut brown, is thick and dark enough to cover the evidence of remodelling! The girl off screen has no such aid, so she must limit her facial refashioning to less drastic changes, and lip painting.

### Pencils, Brushes, Liquids

For lips, ranging in becoming shades, you now have from which to choose, permanent liquid coloring, pencil coloring, lipsticks, jar paste with camel-hair brushes.

Most common is lipstick, of course. And girls shop madly to find an indelible color so their lip outline will remain intact through a busy day.

Recently growing in favor, is colored indelible liquid which must ever so carefully applied with ethyl's own wool-stick or a pliable brush. These actually stain your lips (charmingly) and requires a special "removal" at the end of the day.

Pencil lip coloring is not new, but heretofore only actresses of stage or screen realized the advantage of painting a lip outline first and then filling in with matching color. But now women everywhere are adopting this method and drawing for themselves the size and shape of lips they feel most attractive.

Jar paste is ancient, but its recent revival in favor is because some women can more easily apply color to their lips with a camel-hair brush, than with lipstick. So when they apply make-up at home they use the paste rouge to carry in their bag, a matching lipstick for reconstruction work!

### Fun in Experimenting

If you are not familiar with all the lip colorings write me your question and I shall try to answer them. Have fun in drawing lips in various sizes and shapes and colors on your face, a choose the outline which gives you the most allure!

## Evergreens Merit Place in the Garden

### Add to Attraction of the Garden all Year Round.

(From Dept. of Agriculture, Ottawa)

To most Canadians all evergreens are "pine" or "fir" trees, states R. W. Oliver, Division of Horticulture, Central Experimental Farm, Ottawa, Ont. The climate of Canada does not allow acquaintance with the broad-leaved evergreens of the United States or the British Isles; knowledge of the large group of native conifers and their garden varieties is so limited that "pine" or "fir" is much the simplest way of conveying the idea that a tree keeps its leaves all winter.

The native conifers and their horticultural varieties deserve a very prominent place in gardens. Because of their dense evergreen foliage they can be used in mass plantings along the boundaries to act as windbreaks and give definite outlines during winter. Because of their definite shapes they may be used as specimens or accent points to bring out the architectural design of the garden throughout the whole year.

The taller native conifers, the various pines and spruces, the balsam, and the hemlock, can be used to advantage only on fairly large properties. Their place is confined to windbreaks, backgrounds for the more brightly coloured garden subjects, or as specimens on large lawns. Here they can be used to provide a suitable year round frame to a view of the house, or from the house, a view of some distant scene. They should never be used as subjects for planting around the foundation of a house as is so often seen. Their nature is to grow into tall trees, and though they will stand proper trimming, this gives too much of an appearance of artificiality.

There are, however, many horticultural varieties of cedar, juniper and yew, which have a very definite usefulness

in small, as well as large gardens. They make excellent subjects for foundation planting around houses of good architectural design where it is desired to bring out the lines of the house. They are not, however, as suitable as deciduous shrubs for softening the lines of the older type of house with their foundation and front verandah. Because they will stand proper trimming cedar, spruce, and even white and red pine all make excellent hedges. The Japanese yew also makes a fine hedge.

Another place where the small evergreens are extremely useful is the rock garden. Here they may be planted as a massed background, used in pockets between the rock where their upright forms will break up the flat monotony of horizontal strata, and the low spreading ones look well at the base of high cliffs.

Flowers give bloom for so short a period in Canadian gardens that it is necessary to rely on the quieter effect secured through good groupings of form and foliage. The evergreens supply this need for twelve months in the year, and should form the backbone design for many gardens which may have hitherto been somewhat bare.

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