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Raw Milk is Poison Says Health Expert

Dr. McCullough Strongly in Favour of Pasteurization.

Toronto, Nov. 30th, 1933
To the Editor of The Advance, Timmins.

Dear Sir:—Arm Chair Science sends forth an article to the effect that raw milk is NOT poison. The article would have been of greater value if it had contained some science and less arm-chair. It might have been written (possibly it was) by a one-cow dairyman intent on the peddling of milk from his tuberculous cow; more likely it was written at the instigation of certified milk producers who are out to advertise and sell their product.

The article is full of mis-statements. It is a tissue of falsehoods from beginning to end. Some Minister of Agriculture is said to have stated, "The human race existed long before pasteurization was heard of." Yes, and human race will probably continue to exist long after the cynical and ignorant Minister of Agriculture is dead and forgotten.

What is the pith of this article? It is that while pasteurization destroys dangerous germs it also kills off harmless and useful germs and at the same time destroys some nutritious constituents. The lactic acid germs are said to be killed and in consequence milk cannot sour and decompose while undesirable germs multiply very quickly.

Rosenau, in his Preventive Medicine referring to lactic acid fermentation says: "It is sometimes alleged that pasteurization does not destroy nature's danger signal—souring. Milk pasteurized at the temperatures recommended (143-145 degrees F.), sours as a result of lactic acid fermentation just as raw milk does, although somewhat more slowly. Nature has no danger signal for infected milk. Milk may be teeming with typhoid bacilli and other disease micro-organisms without its taste, odour or appearance being changed."

The nutritious value of milk is not changed by pasteurization. There have been hundreds of experiments involving the use of pasteurized and raw milk for children at all ages, for calves, pigs, and other animals both in the United States and England. In every single case the children and animals thrived about equally well on raw and pasteurized milk with the scale if at all

tipped to the side of the pasteurized article. It was found, however, in some of these experiments that animals fed on raw milk developed tuberculosis. No tuberculosis resulted in either animals or children using pasteurized milk.

Certainly clean milk is wanted. So is peace among nations. But all milkers are not clean and devoid of disease and all cows are not free from tuberculosis. Pasteurization is designed to prevent the effect of disease and dirt from reaching the user of milk. Its use is analogous to the custom of filtering and chlorination of questionable water supplies and like the latter is a process accepted by science as a solution of the problem of dirty and infected milk.

The claim that heat influences the availability of calcium is generally denied by scientists. Boiled milk with a heat much greater than that of pasteurization is extensively used on the continent of Europe and elsewhere with no ill effects. Many studies, notably that of the U.S. public health service (1932 report) indicate that the growth-promoting property of milk is not injured by heat.

What will undoubtedly appeal to mothers and fathers of families is the established fact that communities where the milk is pasteurized are free from cases of bovine tuberculosis and undulant fever and that many other diseases have had their malign influence materially reduced by the general use of milk scientifically pasteurized.

The Province of Ontario, Canada, has set a good example to the rest of the world and to armchair advocates of the use of raw milk in making pasteurization compulsory. The legislators of Ontario, the majority of them farmers and producers of milk, had reviewed the problem carefully before enacting the pasteurization bill of 1933.

Yours truly,
J. W. S. McCullough, M.D., D.P.H.

Shower in Honour of Miss Rene Laroux

Crystal Shower Presented by Friends of Bride.

South Porcupine, Nov. 30—(Special to The Advance)—A shower was held at the home of Mrs. J. Fell on Tuesday night, when 18 friends of Miss Rene Laroux, of Timmins, who recently became the bride of Mr. Kenneth Wright met and honoured her in this manner. A crystal shower, gift of the eighteen, was presented in a bridal decorated box; and a lovely lunch served.

Table decorations were in pink and white, and pink roses were used. Bingo was played, Mrs. Turner gaining first prize and Mrs. Mann (visitor from Stratford) second.

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I was instrumental in the passing of Half-Holiday ten months of the year By-law. If elected I will see that no stores make their employees work behind closed doors on Holidays.

Some like them hot, some like them cold... In short everybody likes fireplaces of some description—whether they're real or artificial. The best decorators approve of fake mantels for two good reasons—first, they give a pleasant focal point to build the room around—second, the hearth is a symbolic centre of family life and so it's right and proper to cherish it. Of course, a real fire is nicest, however, and lucky is the lady who has one... her furnishing problem is half solved.

Don't Show Your Age
But if the fireplace itself doesn't go out of fashion, mantels have a way of getting very dated indeed. So the first thing to think about in planning to do over a room is what to do about the mantel. Far too often we decide to "let it go." Yet it's the centre of the scene and if it's all out of style, the room hasn't a chance, no matter how much you spend on new furniture or fine curtains. In other words, this is the place to begin your rejuvenations. And there is no dearth of ideas—I don't know when I've seen so many really new ways of doing over old mantels. Some are just too, too extreme, but don't show your age by snubbing them. Daring unusual ideas in decoration aren't practical for everybody but they'll jog us out of the ruts we're apt to settle into. If your ideas are young, you'll be tantalized by all that's unexpected and exciting about the new mantels, even if you can't copy them exactly.

The most unusual effect I've seen this fall has a small fire opening in a plain plastered wall with no mantel shelf and not even a molding to outline it. A classic mirror with a gold frame hangs above it—the news is in an amethyst colored drapery that has been painted on the white walls as if it were a looped-back length of taffeta.

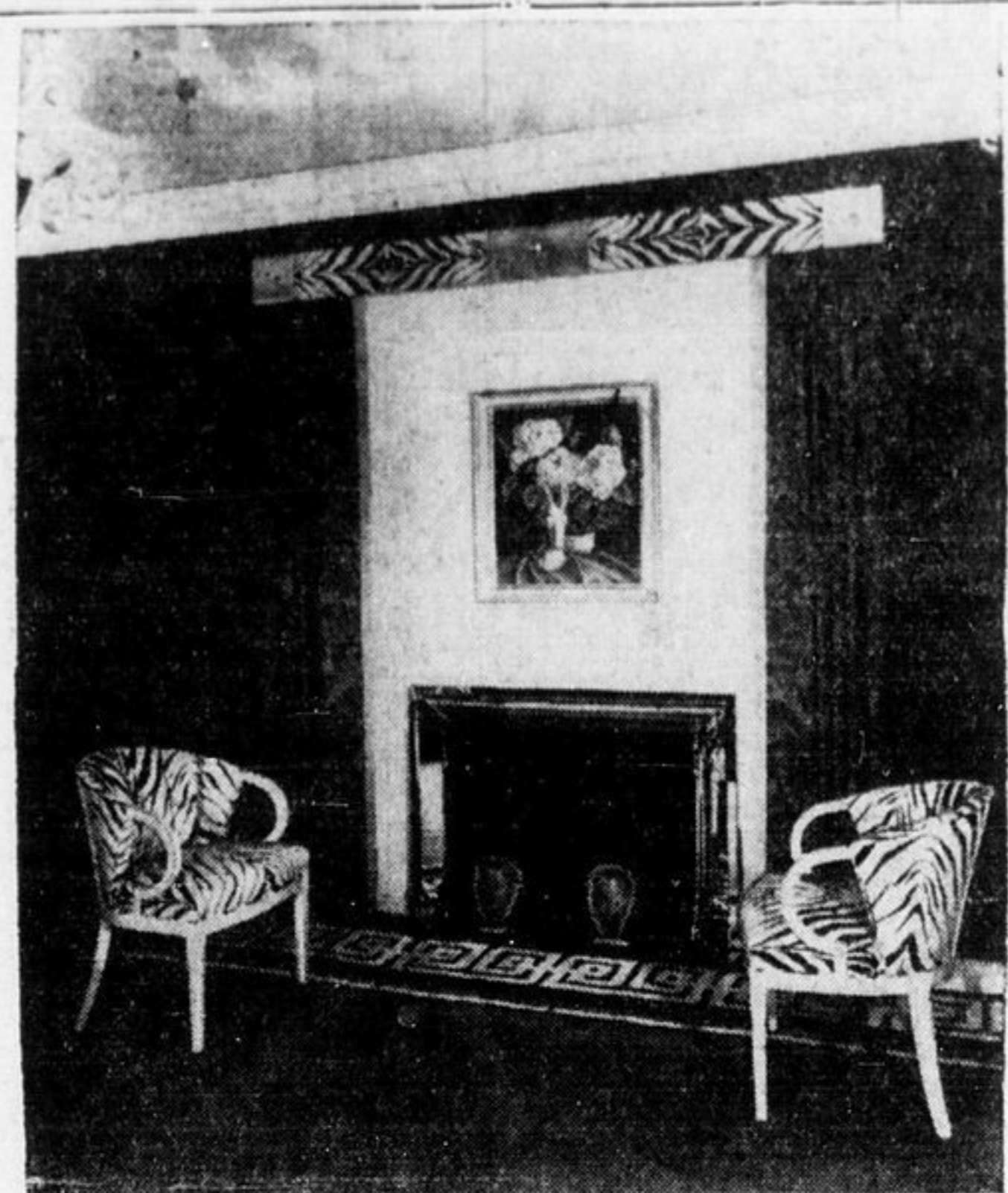
Small fire openings framed with narrow mirror moldings are seen here and there and everywhere. If you do without mantel shelf too but set into a wall that is entirely covered with a mural. If you have an artistic member of the family, why not give him

episode in the story of your family. A decorative family tree could be quite something, or an illustrated map. Or if the family is athletic, why not an athletic mural. If there's no one available who's up to the job of painting a mural, there are always unusual wall papers that would do you proud. Patterns that might be just a little overwhelming if used for all four walls would be handsome on just the fireplace wall.

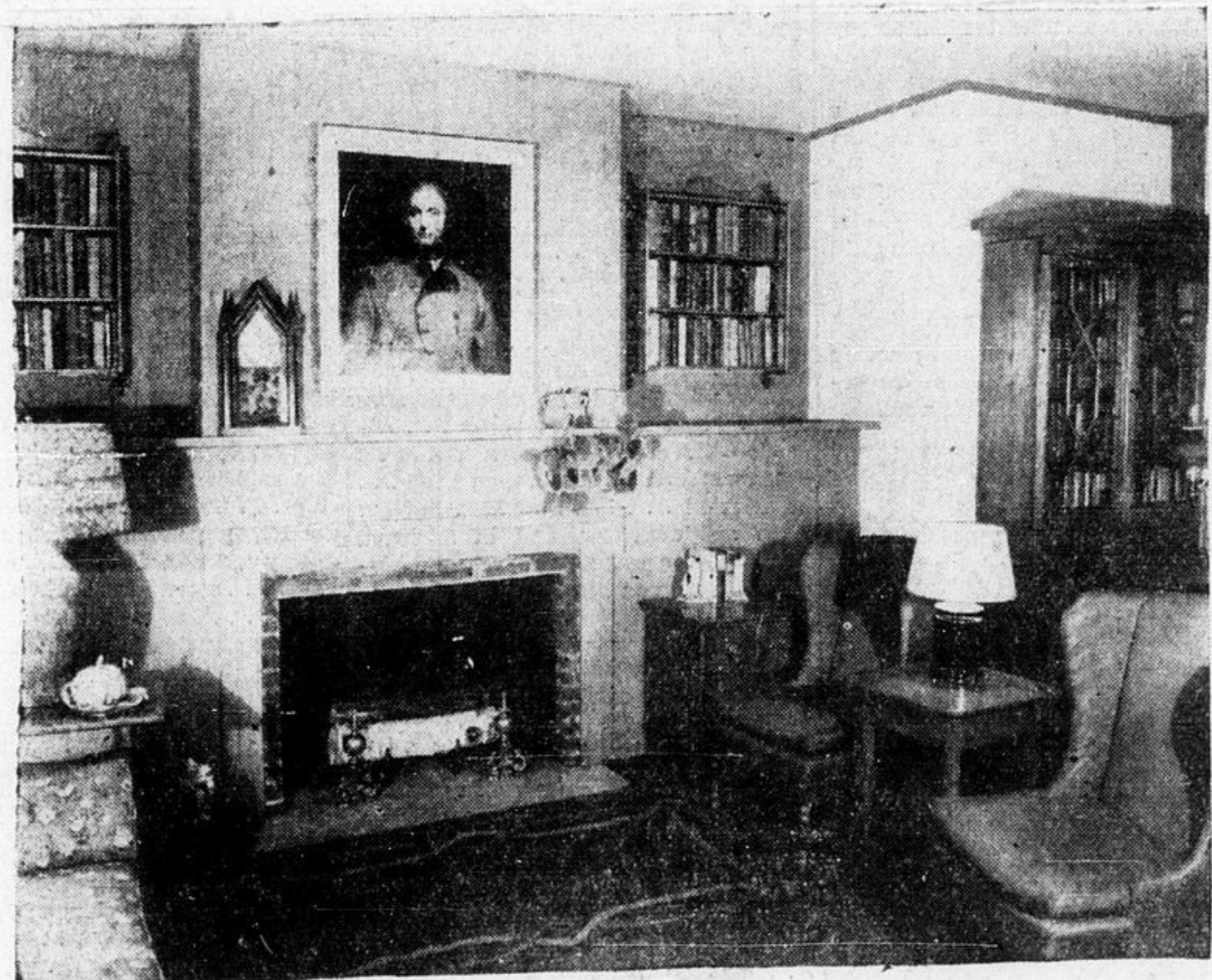
Don't Blame Me
I was pretty startled myself at the mantel in the room with dusky black walls. But yet I rather liked it, when

of the most attractive fireplace designs I've seen for many a moon was in a room with deep green walls. The fireplace panel was white all the way to the ceiling with a group of plaster brackets spaced formally to hold terra cotta figures. Another room with dark green walls had the chimney breast to the ceiling covered with marbled blocks of paper.

Now for a few fire principles. Heavy brick and stone fireplaces are out except for rooms furnished in a rustic sort of way with maple or other provincial styles. The best and cheapest way to make them suitable for use with



Quite the most dramatic new mantel I've seen is this one, faced with mirror, set in a white panel and framed by soft green damask draperies that are finished at the top with a valance covered with zebra striped linen. The other walls of the room are in a gunmetal tone that is really black, the rug is chartreuse with a black and white border and the chairs are covered with zebra striped linen.



The fireplace wall of this room is painted in a soft light grey, while the rest of the walls in the room are in white. The mantel arrangement is interestingly asymmetrical, which is a fresh trend this year and provides a change from the usual symmetrical balance.

(or her) a chance with your fireplace wall. Rip out the old mantel and plaster up all the wall except the small opening and have a mural in a serious or amusing vein. The most interesting mural would be one that depicts early history of your community or an

I got my breath. The mantel with mirror molding set in a panel of the wall that was painted white—a space about the width of double windows and balanced in fact with a window grouping on another wall. The white portion of the wall was framed with dull green damask draperies and finished across the top with a cornice of zebra printed linen and mirror. This, remember, in a room with black walls! But don't blame me—I'm just your reporter describing the news.

To get more down to earth—one of the pleasantest mantels I've seen gains its distinction by an asymmetric arrangement, that is, by studiously not balancing the various elements in the composition. Thus a fine old clock stood on one side instead of in the exact centre as you'd expect—this takes a fine Italian hand to do just right but lends a lot to smart distinction. This particular room was furnished in a fine honey-toned maple with green and copper tones predominating in the upholstery. The rug was green and the lamps in copper. Picture then how distinguished the fireplace wall looked painted entirely in grey, with the other walls in white.

A Good Substitute
Sometimes a plain paired fireplace wall gains interest if you paint a stencil design of leaves or vines to frame the mantel. Here again—a wall paper border is a good substitute if you're not much of a hand at such work. One

dred years from now they'll be in big demand as antiques but they haven't come into their own yet. On the other hand if you have an able marble mantel, hang on to it for dear life because it's as fashionable as anything. I personally would trade my best Chinese rug for one!
Don't neglect your fireplace tools either. Gleaning brass andirons are half the story, and a nice firescreen is important—my favorite is the metal mesh that swishes back and forth like a curtain. Another thing that always makes a fireplace seem more important is a brass fender, if for nothing else than to rest a high heeled slipper on to call attention to a dainty foot if you happen to have one.
If for all of this and that, you still have to live without a fireplace, real or otherwise, life needn't turn to ashes. My bulletin "The Centre of Interest" has ideas for the room without a fireplace. This bulletin will be sent on receipt of a large stamped, self-addressed envelope.
(Copyright 1933, by Elizabeth MacRae Boykin).

Nature Maintains Balance Among the Birds and Beasts

To the Editor of The Globe and Mail: The remarks of your correspondent A. Chapeau, in the issue of Nov. 17, would lead one to believe that he is acquainted with few, if any, of the excellent books on bird life now available. Certainly, no serious student of natural history would condemn hawks and owls wholesale as "useless marauders."

Careful reading of A. C. Bent's very exhaustive life-history studies of hawks and owls, recently issued by the United States National Museum, and of other standard works on ornithology, make it plain that such conditions as A. Chapeau describes are very definitely an exception to the general rule. No ornithologist of repute has, to my knowledge, described any winged predator as killing birds "just for the killing."

We regard our 400-acre farm in King Township as a bird sanctuary. That is to say, we try to maintain the natural conditions of woodland, swamp holes, fence-lines, etc., so that birds may find adequate cover for nesting and shelter. As for the birds themselves, we leave them alone.
During the past summer two pairs of red-shouldered hawks, one of red-tailed hawks, one of marsh hawks, one or more horned owls and one or two screech owls nested on or near the farm. This is, more or less, the usual state of affairs. In addition to these numerous other hawks and owls are present during migration.

Along with these species we have a normal breeding population of black ducks, ruffed grouse, pheasants and all the other smaller birds that one would expect to find. They have ap-

parently maintained their numbers for the last ten years at least.
Many individuals from the annual surplus produced by the birds have no doubt fallen prey to some of these predators, which have, in their turn, saved many a nest from destruction by keeping down the number of small mammals. They have also saved innumerable small trees from being girdled by mice. Nature will, in her own way, maintain a proper balance if man will only refrain from interfering.
I am convinced, from extensive reading, from the experience of the many naturalists who are among my friends, and from nearly twenty years' study of birds in the field myself, that any one advocating indiscriminate killing of hawks and owls is doing the country at large a very bad turn.
R. D. Usher,
Nancy Lake Farm, King, Ont.


Barrie Examiner: The names of Jehovah and the names of all prophets of the Old Testament have been ordered erased from Protestant churches throughout Germany. Though the misguided people of that country thus trample upon religion and moral and spiritual life associated with it, they will find to their sorrow that the eternal laws of justice and right will yet prevail.

REPENTING



Head bowed on his manacled hands, Herschel Gryzspan, 17-year-old Polish Jew, is led from Paris police station following his arrest for the fatal shooting of Ernst von Rath, German embassy aide.

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