

Some of the Nice Things to be Done with Molasses

Domestic Science Expert Recalls Fond Memories of Earlier Days—Days When Bread and Molasses Formed One of the Treats for Youngsters.

When I was a little girl I visited some cousins who lived in the country. We spent the first morning in the chestnut searching under the leaves for the prickly burs which Jack Frost had picked from the trees during the

flavor. Our largest use, however, of this product today is as an ingredient of cakes and puddings. What is better than hot ginger cake? Unless it is spiced cake or a steamed pudding. Oh, and then there are molasses cookies which may be thin or thick, crisp or soft. And I wonder if you have ever tried molasses shoo-fly pie? It's a good old-fashioned recipe and worthy of trial.

Molasses Shoo-Fly Pie

- 1/2 cup flour
- 1/2 teaspoon each, nutmeg, ginger and cloves.
- 1/2 teaspoon cinnamon
- 1/2 teaspoon salt
- 1/2 cup brown sugar
- 2 tablespoons shortening
- 1 1/2 teaspoons soda dissolved in 1/2 cup boiling water
- 1/2 cup molasses
- 1 egg yolk, well-beaten

Mix flour with spices, salt and sugar. Rub in shortening. Add water to molasses and mix well. Stir mixture into egg yolk. Line pie plate with pastry. Make alternate layers of flour mixture and molasses in mixture. Top with flour mixture. Bake in a hot oven, 450 degrees F. for ten minutes, reduce heat to moderate, 350 degrees F., and bake until filling is firm, about half an hour.

Prune Steamed Pudding

- 1 cup bread flour
- 1/2 teaspoon salt
- 1/2 teaspoon soda
- 1/2 teaspoon nutmeg
- 1/2 teaspoon cinnamon
- 1/2 teaspoon cloves
- 1/2 teaspoon allspice
- 1 cup bread crumbs
- 1 cup chopped suet
- 1/2 cup butter



(By EDITH M. BARBER)

frosty nights. Appetites sharpened by air and exercise, I remarked that I was hungry. At that my little cousin answered: "It's time for a piece, anyway. We'll go up the house and ask mother." The word "piece" was new to me in this connection, as it is perhaps to you today. What was it? Bread and molasses—fresh bread liberally spread with county butter and covered with golden molasses.

I know a number of persons who demand molasses with griddle cakes, waffles and french toast, and who think there is nothing like its distinctive

- 1 cup prune pulp
 - 1/2 cup brown sugar
 - 1 cup chopped and seeded uncooked prunes
 - 1/2 cup shredded citron
 - 1/2 cup molasses
 - 3 egg yolks
 - 3 egg whites
- Sift flour, salt, soda and spices together. Mix ingredients in order given, folding in the beaten whites of eggs last. Grease the pudding boiler and dredge with flour and pour in mixture. Steam three hours. Serve with hard creamy sauce.
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Shower in Honour of Bride-to-be Here

Miss Antoinette Ayotte the Guest at Charming Event.

Mrs. J. J. Ayotte, Rea Street, was hostess at a charming miscellaneous shower on Tuesday evening, in honour of her daughter, Miss Antoinette Ayotte, a bride-to-be.

The home was appropriately decorated for the occasion, and the guest of honour was the recipient of many beautiful gifts, presented to her in an attractively decorated basket.

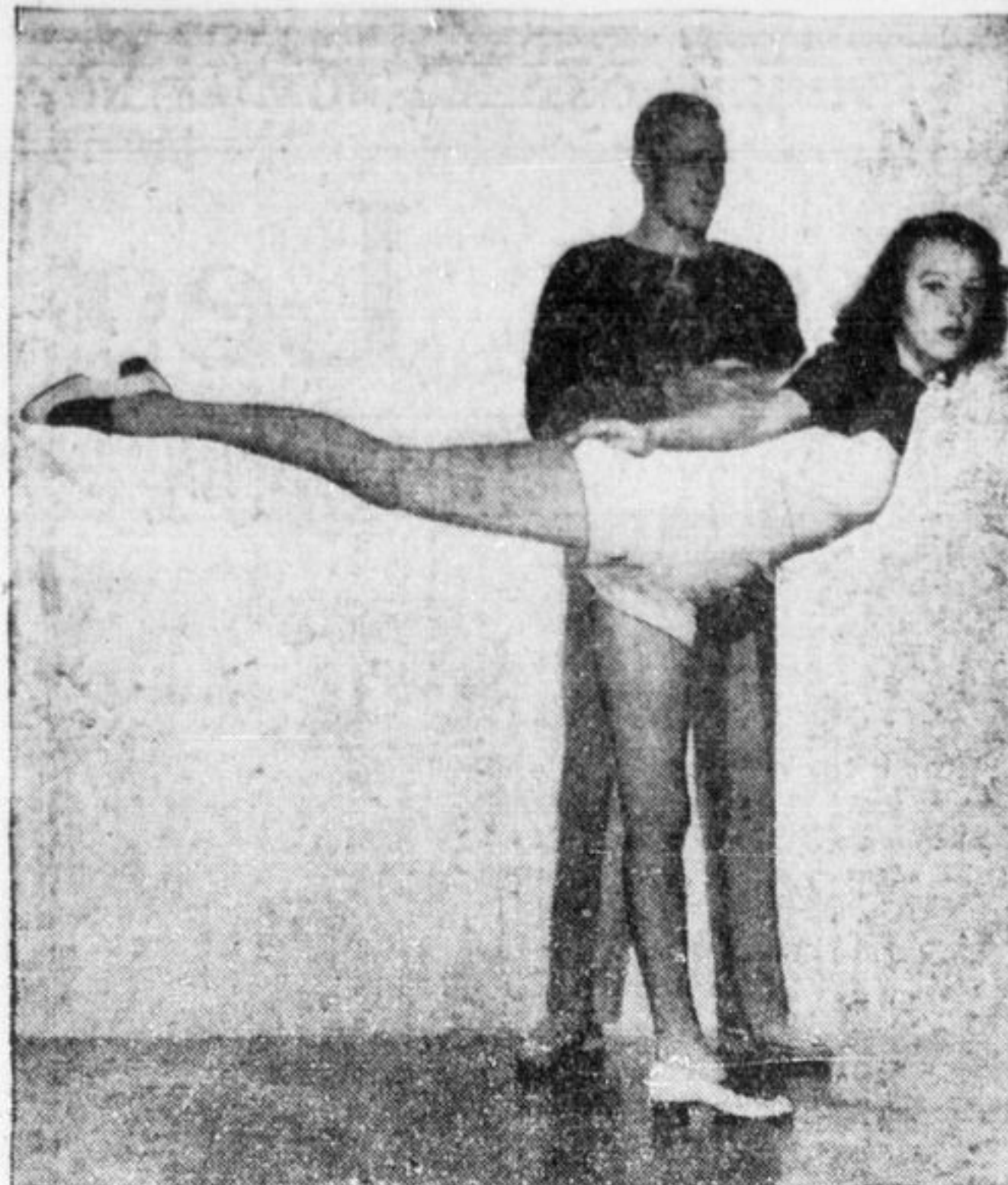
About fifty friends of the bride-to-be were present to wish her much happiness, and to take part in a very well arranged evening of social entertainment. During the evening bingo and other games were played, and community singing was greatly enjoyed. A delicious lunch was served by the hostess.

Miss Antoinette Ayotte will become the bride of Mr. Matthew Coombs, at a double wedding to take place in the Notre Dame des Lourdes Roman Catholic Church on Thursday, January 5th. The other couple who will be married at the time are Miss Helen Ayotte, a sister of Miss Antoinette Ayotte, and Mr. Weidon Orr.

Mason Citizen: Miss Simpson sprained her ankle while going down cellar with a five-gallon jug.

Beauty and You

by PATRICIA LINDSAY



Keep Slimming Your Hips Before Winter Sets In!

VIRGINIA GREY is demonstrating a splendid exercise for hips. Stand with legs together, arms at side. Stretch out arms, level with shoulder line. Swing one leg back, keeping knees straight and toes pointed as high as possible. Swing other leg. Do this for three minutes.

There is only one way to reduce your hip measurement—that is by persistently exercising, walking and dieting sanely. And this late autumn weather is ideal for the job!

I have a leaflet for you which gives you rolling, rubbing and rocking exercises to take the offending inches from your hips. Choose the two or three which seem to be for your specific bulges and be loyal to them daily. Get down on the floor and work away! The pounds gathered only because you were not active enough to use up the energy created by the amount of food you ate. So cut down on your food, do not exercise every day and get out and walk.

If you can, walk as many as five miles a day. Walk steadily for forty-five minutes in easy walking shoes, without a girdle and in loose, comfortable clothing. That is if you can. Otherwise, if you are busily engaged during the day, gradually develop the habit of walking to and from business, or small errands, and just for pleasure. As I told you before, walking has become a fad in New York city. You make it a fad. Get thinking you "want" to walk, not ride. But be sensible and wear appropriate shoes. High spike heels on hard pavements will injure your spine and if you insist upon wearing them, don't walk far. But do exercise more on the floor at home.

Walk Off Those Excess Pounds
One famous physical culture coach once told me—"No exercise is beneficial to you unless you work up a good sweat!" And that is true. You walk to discharge body poisons and to work up a good circulation so excess food will not settle on your hips and elsewhere in excess pounds! So you see, freedom of movement without a girdle, and a couple of warm sweaters, and a skirt which permits a good stride comprise the best walking outfit. Get into them on a week-end and take yourself for a good hike over mountains or down lanes!

And when you return home do not eat everything that is in the ice box. Drink a tall glass of fruit juice or chew on a raw carrot, apple or a stalk of celery.

Also watch your diet. Cut down on fats and starches, no eating between meals and refuse party snacks and alcohol—if you want to keep slim. Concentrating on the hip line will soon make health habits seem very natural to you.

Send a self-addressed, stamped (3-cent) envelope for my leaflet on reducing hip exercises.

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Enjoyable Social by Junior C. W. L.

Cards and Programme Followed by Delicious Lunch.

The Junior C.W.L. were hostesses to a number of their friends at a very enjoyable social evening in the Church of Nativity hall on Thursday evening. During the evening cards and other games were played, the choice of entertainment being optional. A member of the Junior C.W.L. presided at each table, and arranged for the entertainment of the guests.

After the score was found at each table, a draw was held of the highest scores, to decide the winners who were as follows: ladies, Mr. Mrs. Charles McCann; 2nd, Miss Kay Sweet; gentlemen, 1st, Mrs. F. Cotnam (playing as a gentleman); and 2nd, Mr. I. Sullivan.

Following the cards, the members of the Junior C.W.L. presented a short programme, that was greatly enjoyed by all present, and a delicious lunch was served.

The next regular meeting of the C.W.L. will be held on Thursday, December 1st.

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Schumacher A.D.S. Club Whist Event

Other Schumacher and District News.

Schumacher, Nov. 19—(Special to The Advance)—The A.S.D. Club met at the home of Mrs. James Scullion on Thursday night. Whist was played and the winners were: first, Mrs. P. Sherbin; second, Mrs. John Scullion; third, Mrs. James Shirat. After the cards Mrs. Scullion served a nice lunch.

Dr. Weston was called to his home in Weston, Ont., last week on account of his mother being ill.

Mrs. M. Cassidy left last Thursday for Montreal, from where she will sail on the Cunard liner, Anconia, for her home in Scotland. She will also visit in England.

The Consumers' Co-operative held their weekly whist drive in the Crofton hall on Friday night. There were 15 tables of whist. The prize winners were:—first, ladies, Mrs. Proulx; second, Mrs. W. McKenzie; gents, first, Mrs. J. Mathew, playing as first; second, Mr. Alphonse Fournier. After the cards a pleasing lunch was served and the rest of the evening was spent in dancing.

Mrs. Clarence Findell, of Belle Terre, is visiting at the home of her mother, Mrs. Angrignon, Second avenue.

Mr. and Mrs. W. Robinson, of Belle Terre, are visiting at the home of Mrs. Robinson's parents, Mr. and Mrs. Eugene, Second avenue.

Mrs. L. Bouc'e, had the misfortune to fall on the slippery side walk and sprain both her wrists.

District Loses a Valuable Citizen

B. Bridgeman Leaves for England. Was Outstanding Vocalist.

Hosts of friends all through the district will learn with very sincere regret that Mr. B. Bridgeman left last week to take up residence in England. Mr. Bridgeman has accepted a position with the Cammell Laird's Shipbuilding Company. For over eighteen months Mr. Bridgeman had been a resident of Timmins and district, coming here from Noranda. He was a singer of special talent and was generous in giving his services. He was a member of the Timmins United Church choir and also of the United Church male quartette. His services were much in demand as a soloist and his ready and generous response to all calls of this kind made him unusually popular. The Canadian Legion found him a valuable artist at their entertainments and he was in general demand on many occasions. The fact that he was a member of the St. John's Ambulance Brigade and a friend of the Loyal Order of Moose added to his popularity. He will be much missed in many circles, and there was very general regret that he was not able to remain in town. Mr. Bridgeman, who is an expert platemaker, with wide experience and special technical know-

ledge of the trade, will be employed overseas in the making of plates for battleship work and other work connected with Britain's re-armament programme.

Rebekahs Complete Plans for Draw, Tea, Sale of Work

The Gold Nugget Rebekah Lodge held their regular weekly meeting on Thursday evening, with Mrs. A. Borland Jr., in the chair.

Plans were completed for the draw, which will take the form of an afternoon tea, and sale of home baking, sale of aprons and candies, and a mystery box. The event will be held in the Oddfellows' hall on Thursday afternoon, November 24th, and a very entertaining programme has been arranged. Ticket holders are entitled to tea free of charge.

The regular meeting of the Rebekah Lodge will be held that evening, Thursday, November 24th, and plans will be made for future events.

Wedding at Haileybury on Saturday, November 12

(From The Haileyburian)

The home of Mrs. E. B. Whorley and the late Mr. Whorley, Prospect Nursery, Haileybury was the scene of a pretty autumn wedding on Saturday afternoon, November 12th, when Margaret Thompson, daughter of Mrs. Watson and the late Mr. John Watson of Toronto, became the bride of Horace Whorley. The ceremony was performed by Rev. C. H. Geer, Baptist minister at Cobalt, under a floral arch of silver bells, ferns and pink and white chrysanthemums. Mr. Max Crooks presided at the piano and played the wedding march.

The bride, who was given in marriage by her brother, James Thompson of Toronto, looked charming in a gown of tropical blue velvet made on princess lines. She carried a shower bouquet of talisman roses and bouvardia. Mrs. Francis, sister of the groom, was matron of honour and was gowned in black lace with gold accessories and wore a corsage of Joanna roses. Jack Whorley brother of the groom, was best man.

During the signing of the register the groom's father sang, "The Voice That Breached O'er Eden," after which a buffet lunch was served. Mrs. Whorley receiving gowned in aster chiffon velvet, with a corsage of hybrid orchids. Later in the evening the bridal couple left by motor for New York. The bride travelled in a fire opal crepe dress, with steel belt trim, seal coat with silver fox collar and a corsage of talisman roses.

LADIES' AID ANNUAL SALE OF WORK, AND AFTERNOON TEA

The Ladies' Aid of the United Church announce their annual sale of work and afternoon tea, to be held in the basement of the United Church, Timmins, from 3 to 6 p.m. on Saturday, Nov. 26th. There will be candy, home cooking, aprons, fancy work, Christmas novelties and many other special features. There will be a particularly pleasing display of attractive Christmas gifts of an out-of-the-ordinary type.

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Opalescent bowl gives a soft, bright light. Complete with shade and 100 Watt Mazda lamp. Cash... \$6.95 or 70 cents DOWN and 12 monthly payments of \$5 cents.

3 CANDLE TRILIGHT
The shade and bulbs alone are worth \$4.50—we offer the COMPLETE lamp at the unusually low Cash price of... \$9.95 or \$1.00 DOWN and 80c a month for 12 months.

"LIGHT-CONDITION" YOUR HOME
Replace burned-out and blackened bulbs and fill every empty socket with the right size bulb.

Buy them by the carton

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Easy reading requires good light. Your bridge or reading lamp should have a 100-watt bulb. Now low price... 25c

For Table or Study Lamp
Reading, sewing or studying needs good light. Use 75-watt or 100-watt. Now only... 25c

For three light lamps
Light-condition your living room. Your eyes will like it. Get a new 100-200-300 watt bulb for your trilight. Now only... 90c or 40-watt bulbs for the candles are... 20c

For Kitchen
It's easier to work in a light-conditioned kitchen. Use a 150-watt bulb, new low price... 30c

REFLECTOR TABLE LAMP
Guard your children's eyes by using this lamp on desk or study table. COMPLETE with Shade and 100 Watt Mazda lamp. Cash... \$5.95 or 60c DOWN and 48c a month for 12 months.

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you can buy ALL FOUR for only **\$2.70 DOWN**

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ACROSS

1—Verity
2—A chamber
3—An Eskimo domestic tool
4—Symbol for thallium
5—One who heels
7—Whether
8—A storage crib

9—Girl's name
10—Rebuff
11—Perishes
12—Personal pronoun
13—Plant used in salads
14—Contorted knot in wood
15—A cock
16—Away from

23—Some
24—Leader in a child's game
26—Fourth note of the scale
27—Stopped vessel for liquids
31—At hand
32—A spice

34—Affirmative vote
35—To ask alms
37—The knave of clubs in the game of 100
38—River in France (abbr.)
40—Danish (abbr.)
42—Depart

DOWN

1—Attempt
2—A chamber
3—An Eskimo domestic tool
4—Symbol for thallium
5—One who heels
7—Whether
8—A storage crib

9—Girl's name
10—Rebuff
11—Perishes
12—Personal pronoun
13—Plant used in salads
14—Contorted knot in wood
15—A cock
16—Away from

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