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Suggest Turkey for Main Course in Sunday Dinner

Domestic Science Expert Touches on Attractive Menus for a Week at This Time of Year. Seasonable Fruits and Vegetables Featured in the Menu.

I am suggesting turkey for the main course, for Sunday dinner, as it is reasonably in price just now, and can be made to serve for several other meals



(By EDITH M. BARBER)

during the week. Of course, there must be cranberry sauce as well. Pumpkins, which will go into pies, are plentiful and cheap. Among the other fruits, we find grapefruit and oranges more plentiful, and bananas, grapes and honeydew melons reasonable. Beets, carrots, cabbage, parsnips and spinach, radishes and salad greens are among the cheapest vegetables.

Sunday—Breakfast
Baked apples

- Sausages with cream gravy
- Griddle cakes. Syrup. Coffee.
- Dinner**
Tomato juice cocktail
Olives Celery
Roast turkey, cranberry sauce
Mashed potatoes Buttered cauliflower
Coffee ice cream, Sponge cake
Coffee
- Supper**
Mixed green salad with shrimps
Brown bread sandwiches
Sliced fruit. Cookies. Tea.
- Monday—Breakfast**
Grapefruit
Cooked cereal
Friedz beef. Hot rolls. Coffee.
- Luncheon**
Omelet with giblet gravy
Lettuce with olive dressing
Cake. Tea.
- Dinner**
Cold sliced turkey, cranberry relish
Potato cakes. Creamed onions.
Rice pudding
Coffee.
- Tuesday—Breakfast**
Stewed fish
Ready-to-eat cereal
Bacon. Bran muffins. Coffee.
- Luncheon**
Turkey hash
Celery salad
Doughnuts. Tea.
- Dinner**
Baked potatoes. Buttered spinach.
Orange pudding. Coffee
- Wednesday—Breakfast**
Orange juice
Cooked cereal
Boiled eggs. Toast. Coffee.

- Luncheon**
Turkey soup
Lettuce salad with cream cheese
Grapes. Tea
- Dinner**
Roast lamb
Browned potatoes. Fried parsnips
Banana cream tart.
Coffee.
- Thursday—Breakfast**
Sew'd prunes
Ready-to-eat cereal
Bacon. English muffins. Coffee.
- Luncheon**
Creamed mushrooms
Cole slaw
Apple sauce. Tea.
- Dinner**
Lamb pie
Baked potatoes. Buttered carrots.
Coffee jelly. Coffee.
- Friday—Breakfast**
Tomato juice
Cooked cereal
Baked eggs. Toast. Coffee.
- Luncheon**
Creamed codfish
Chicory salad with pickle dressing
Hot ginger cake. Tea.
- Dinner**
Baked beans
Brown bread
Raw carrot salada
Cranberry pie. Coffee.
- Saturday—Breakfast**
Sliced bananas
Ready-to-eat cereal
Bacon. Toast. Coffee.
- Luncheon**
Baked bean soup
Vegetable salad
Hot biscuits
Tea. Strawberry jam.
- Dinner**
Meat loaf
Baked sweet potatoes.
String beans in cream
Pineapple upsidedown cake. Coffee.
- Baked Bean Soup**
2 cups baked beans
2 cups water
3 slices onion
1/2 cup minced celery
Few celery leaves
1 1/2 cups tomato juice
1 tablespoon chili sauce
Salt, pepper.
Put beans, water, onion, celery and tomato juice in a saucepan. Bring to the boiling point and simmer thirty minutes. Rub through a sieve, add chili sauce and season to taste with salt and pepper. If the soup is too thick, add more water and heat.

Beauty and You

by PATRICIA LINDSAY



Surely you are planning to be voguish with a purple dress, a plum suit, or a bunch of violets tucked under your chin. And just as surely you will need a polish for your nails to harmonize.

(Picture courtesy of Revlon).

Wearing Purple This Autumn? Watch the Color of Your Nails!

Purple in all shades predominates the fashion scene this season, and is closely followed up by wine reds.

Whatever the reason for this swing to the royal shade—Queen Elizabeth's visit to Paris or the return of court splendor in Milady's dressing—it certainly is a colour rage!

Masses of purple shades! Hats, gowns, dresses, shoes. Bunches of violets pinned high beneath chins, on muffs, and purple bows in the hair.

So surely you are planning to have a purple something! And then you are going to find out that orange-red cosmetics clash with your ensemble! Your rose shades and sun-tan nail polishes

must be reserved for other costumes, for only orchidaceous tints will make you regal right down to your finger tips.

There are several delightful shades from which to choose in the new nail tints. One with the right orchid cast harmonizes smartly with "straight purple" and it has a muted, delicate coloring which your hands demand. For the deeper wines and plums wear that divinely right grape-shade to give your hands a blue-veined, shell-like appearance. Look at the counter colour chart before making your purchase, for a bottle of the right colour will give you much joy the next month or two.

Easy to Apply
These newer, cream polishes in the somewhat darker shades are easy to apply. To give your nail an attractive oval shape leave only a spec of a moon and tip showing white. If you are just a social lady, and have no career to demand that your nails be of moderate length, you can afford to let your nails grow quite long. The vogue is for longer nails, but it depends upon your personal taste.

If you haven't yet acquainted yourself with one of the new nail bases by all means do so. They are colorless and you paint them on before applying your polish. Such a base does not only protect the nail somewhat but it keeps your polish from chipping.

Write me if you wish to know the names of the two shades mentioned.
(Copyright 1933, by The Bell Syndicate, Inc.)

Household Hints

By MRS. MARY MORTON

With the tang of autumn in the air, and luscious apples and pears inviting us on every side, few housewives can resist a session with the preserving kettle. Every household, of course, has its own favorite recipe, but it's always a treat to bring out an unexpected jar of something different. Here, then, are some tempting new suggestions in the way of preserving the favourite homely fruits.

Spiced Apples
Spiced apples need firm, select fruit that will not mush in processing. Leave whole or peel, core and cut in eighths, pack in clean jars. Pour in syrup, made of equal parts of water and glycerine, which has been brought to a boil. Have syrup within one and one-half inches from top of jar. Add red vegetable coloring to give desired shade. Flavor with cinnamon to taste. Screw on jar top very tight. Cook in 250 degree F. oven for 75 minutes or in water bath 25 minutes.

Apple Spread
Apple spread de luxe needs six tart apples, one-quarter pound nut meats, one-half pound each seedless raisins and brown sugar, and one-quarter cup glycerine. Pare and slice apples, wash raisins, chop together with nut meats, not too fine. Mix ingredients, place on fire with just enough water to keep from burning and cook slowly for 45 minutes. Add sugar and glycerine and continue cooking until thick. Pour into sterilized jars and seal. It's the nicest apple butter spread we've ever tasted!

Sweet Pickled Pears
Sweet pickled pears call for two quarts pears, one-quarter pound nut meats, one-half pound brown sugar, one-half cup glycerine, one cup vinegar, one ounce stick cinnamon, whole cloves. Boil sugar, vinegar, glycerine and cinnamon 20 minutes. Dip pears quickly in hot water. Stick each pear with four cloves. Put into syrup and cook until soft, using half pears at a time. Pack in tight jars.

Globe and Mail: New Zealand claims the lowest adult and infant death rates in the world. Recent social legislation indicates that the growing-old period will also be fairly satisfactory.

CLEAN ROOMS—BY DAY OR WEEK

VERY REASONABLE RATES

— Quiet Atmosphere —

THE KING EDWARD HOTEL

Corner Spruce St. and Third Avenue, Timmins Phone 324

Report for October of the District Children's Aid

The following is the report for October of the District of Cochrane Children's Aid Society, as presented by Mr. A. G. Carson, local superintendent:

Office interviews	83
Interviews out of office	123
Complaints received	12
Investigations made	13
Children involved	41
Mail received	78
Mail sent out	121
Children in Shelter	11
Children boarding out	50
Wards visited	48
Court attendance	6
Juvenile cases	14
Children on probation to court	26
Wards placed in boarding homes	3
Wards returned to Shelter	3
Children made temporary wards	5
Wards placed in foster homes	1
Adoptions completed	6
Mileage travelled	1,765
Children committed to an industrial school	2
Children given hospital and medical care	1
Children given assistance in their own homes	5
Investigations for other societies	6
Cases under the Unmarried Parents Act	7

Hints On Fashions



Emphasis At the Neck

TURKEY SUPPER AT UNITED CHURCH, SCHUMACHER, NOV. 15

To-morrow (Tuesday) evening there will be a turkey supper held in the church hall from 5 to 7, under the auspices of Trinity United Church, Schumacher. The ladies of the Schumacher United Church have a well-deserved reputation for the best of events of this kind and so the occasion may be safely set down as sure to be an enjoyable and well-attended success.

Need 92 Officials for Election December 5th

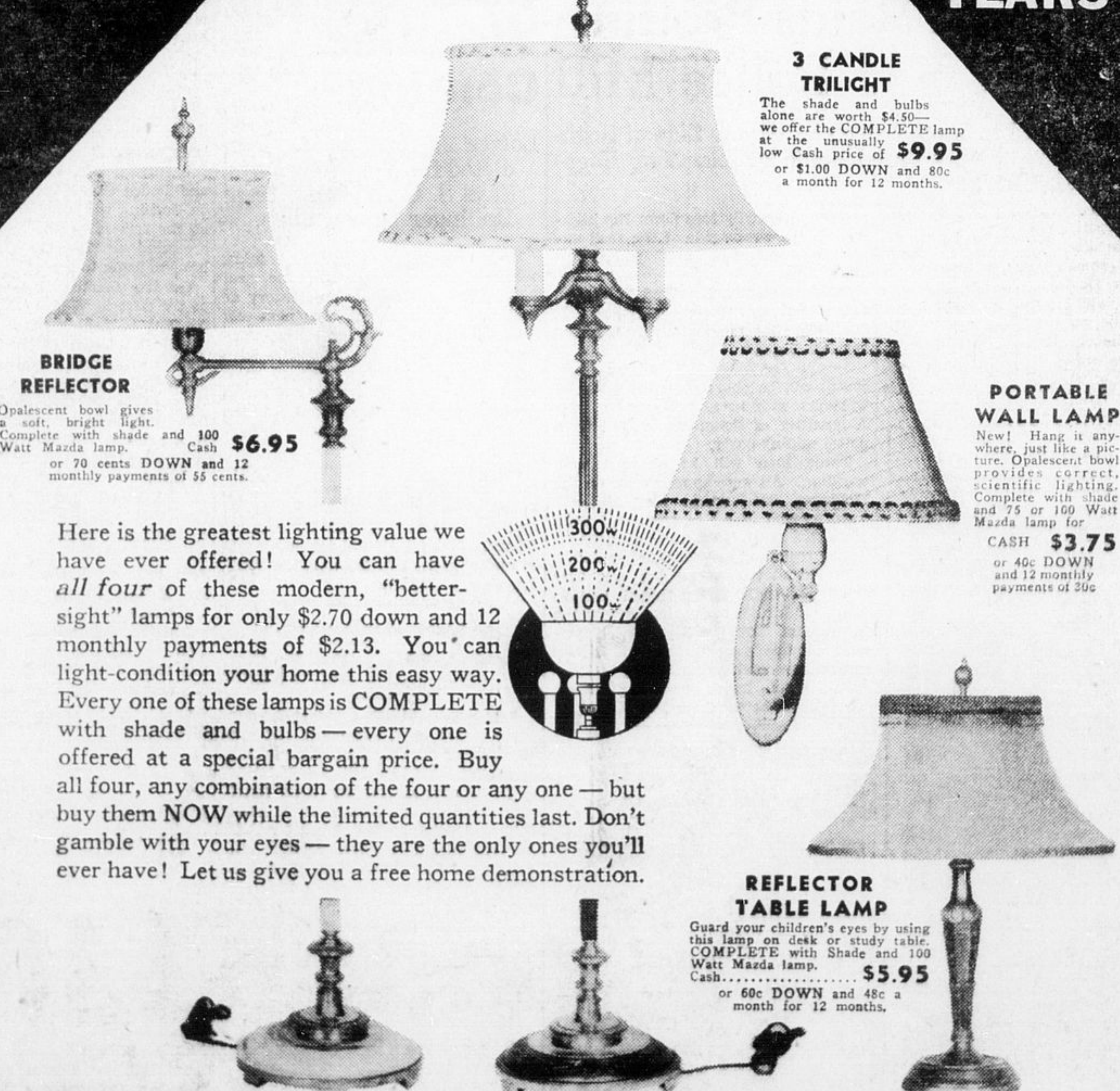
A total of 92 deputy returning officers and poll clerks will be required for this year's municipal election on Monday, December 5, it was announced at a special meeting of council on Thursday afternoon by Town Clerk H. E. Montgomery. Of these only five have been engaged and the clerk was instructed by council to arrange for the complete staff.

The neckline is a focal point of interest this season, many of the newest and nicest frocks concentrating all their trimming and detail in that direction. Collars, tucks, folds, seamings, piping, bowing, woven-in necklaces—all these are found in the region of the neck. To illustrate this trend, here is a dress from a recent fashion show, the sort of dress that one can live in throughout the day and always appear well and suitably dressed. It is of pebbly crepe with a black suede belt that has a jade and gold buckle. At the neck there is a horizontal, draped section. The square halter-like cut, which forms the draping, is seamed into two wing-like pointed sections which extend out over the arms a bit.

City The Advance Want Advertisements

Get these 4 LAMPS for only \$2.70 DOWN

The BIGGEST LIGHTING VALUE IN YEARS



BRIDGE REFLECTOR
Opalescent bowl gives a soft, bright light. Complete with shade and 100 Watt Mazda lamp. Cash \$6.95 or 70 cents DOWN and 12 monthly payments of 55 cents.

3 CANDLE TRILIGHT
The shade and bulbs alone are worth \$4.50—we offer the COMPLETE lamp at the unusually low Cash price of \$9.95 or \$1.00 DOWN and 80c a month for 12 months.

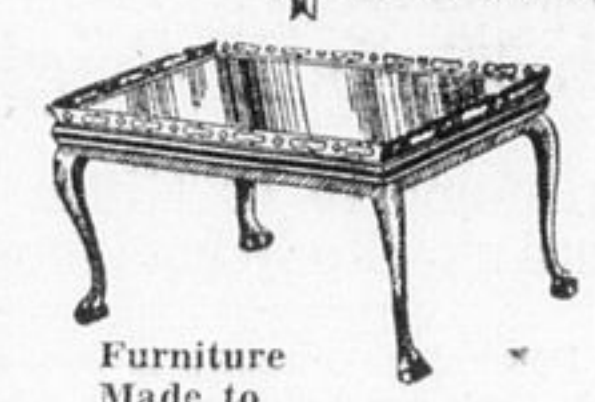
PORTABLE WALL LAMP
New! Hang in any where, just like a picture. Opalescent bowl provides correct, scientific lighting. Complete with shade and 75 or 100 Watt Mazda lamp for CASH \$3.75 or 40c DOWN and 12 monthly payments of 30c

REFLECTOR TABLE LAMP
Guard your children's eyes by using this lamp on desk or study table. COMPLETE with Shade and 100 Watt Mazda lamp. Cash \$5.95 or 60c DOWN and 48c a month for 12 months.

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NEW LARGE PREMISES—63 WILSON AVE. PHONE 975

1	2	3	4	5	6	7	8	9
	10				11			
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17			18					
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29					30			
31					32			

- ACROSS**
- 1—Stouter
 - 6—The frame of a pane of window glass
 - 10—Persia
 - 11—A size of type
 - 12—Express table
 - 14—Communion table
 - 15—Shed feathers
 - 16—An inspired prophet
 - 17—Author of "Annabel Lee"
 - 18—Plump
 - 19—Belief
 - 21—Trace
 - 23—Because
 - 25—Harsh
 - 26—A ridge of sand
 - 27—Leaves out
 - 28—Embraced the opinions of
 - 29—Small tube by which a liquid is conducted
 - 30—A famous Chinese history
 - 31—Initiative of art
 - 32—Agree
- DOWN**
- 1—Dowdy women
 - 2—Designating inscription
 - 3—Allowance for waste
 - 4—Organ of hearing
 - 5—Registered Nurse (abbr.)
 - 6—Spatter
 - 7—Letter H
 - 8—Covered with scales
 - 9—A swift, timid rodent
 - 13—Likewise
 - 14—Acute's crest of a mountain range
 - 16—Kind of tree
 - 18—Exhibits of farm products and wares
 - 19—Fretful
 - 20—Accept as true
 - 21—Hesitate
 - 22—Oust
 - 23—Soft
 - 24—Single unit
 - 25—Sodium bicarbonate
 - 26—Assails with noise
 - 28—Female relation (abbr.)
 - 30—Mother
- COWBOY SLUG**
O A E S C H A R E
N A V E D R E D G E
F R E T S E L E
E N S U S A G E H
R O S N A K E L A
S B O R N E S O U
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