

### Get the Most and Best From Fireplace

#### Fireside Tools Add to the Joy of "Fire Tending."

(From Building in Canada)  
Do your guests walk right over your choicest rug, past your favourite antique, your handmade petit-point, even your most comfortable chair—to rub their hands before the fireplace and exult: "Oh, good, you've got a fire?"  
The fun starts long before you light the fire. There's the fine art of fire-

laying. The important thing is to have sufficient air circulating beneath the fuel. If you burn logs, lay them across a firm pair of andirons. If coal is the fuel, an iron firebasket is necessary.  
Ready for the match? The first eager burst of flame is even more rewarding if you've used one of those colored, over-sized matches. You can get them in gigantic boxes that are exact replicas of the penny size—even to the scratching material on the sides.  
Up climb the flames! Now is the time to pull up the firescreen, lest sparks pop out on the rug. There are all sorts of firecreens. Current favorites are the "antique" plaque, often

hand painted and mounted on a pedestal; and the adjustable screen, a wire mesh hanging from a rod which may be adjusted to fit your fireplace opening.  
And now the joy of "fire tending." Of course you've a fuel supply handy. If not in a fireside pail or basket, in a special fuel closet hidden by a window seat or wall panel.  
The fuel has been chosen for convenient handling, quick ignition, steady burning. If it is coal, least dirt and worry follow the choice of channel coal or briquettes. Or you may have stocked up with the new packaged coal cubes.  
Fireplace wood should be selected for good behaviour rather than heat content. Soft woods, especially the coniferous ones, ignite easily because of a resin content. Apple, elm, linden and maple also are well behaved.

Fireside tools add to the joy of "fire tending." For logs there is the Cape Cod logger, a two-handed affair you can manipulate to grasp the log in metal jaws. To encourage flames and start drafts in the way they should go, a bellows, of course. And to clean up afterward, a hearth brush in any of many sizes, shapes and colors.  
And speaking of sizes, shapes and colors, there is a style in fireside equipment, seemingly, to match every room. Between "endings" there are all sorts of pleasant fireside occupations. Brew tea in a copper kettle hung from a real crane or stood on a fireside trivet. Or toast, pop and roast things to eat. One tool for such purposes begins with a handle, continues with a rod, and ends with the rod going 'round and 'round to form a flat toaster. You can place bread on top of it, or stick frankfurters between the circles.

Then, when you're well fed and sleepy, sprinkle one of the many fireside chemicals over the ashes. The smell of pine forests, the glories of desert sunsets; all yours through a pinch of one of these amazing concoctions. Weird beauty that will carry on into your dreams when finally you do go to bed.

When the wife needs a new bathroom, let her beware! Most certainly she will be confronted with a momentous decision of selection of colour to please "One Man's Family." Father wants a white room (it costs slightly less). Heien wants orchid. Pauline insists upon Tweedsmuir Tweed. Bill can't see anything but black and chrome. And Eud—well—he doesn't care whether you have a bathroom. Sounds disconcerting! Nevertheless—if mother knows what she wants the problem will be solved with diplomacy that brings all to her choice. So to keep peace in the family we offer a few suggestions.

Your bathroom may be as elaborate or as simple as you wish. With all respect for father's reason for choice of white, we must admit that the old, time-honoured white is having a desperate struggle with colour. Wall and floor tiles of Canadian manufacture offer decorative choice from more than fifty colours.

As the bathroom fixtures, walls and floor, are permanently fixed and not readily re-arranged, deliberate and careful planning for utility and decoration is necessary. The size and shape of the room, its plan, location of fixtures, and direction of natural lighting must be taken into consideration. A large room invites the use of the larger size tiles.

The height of the wainscot is determined by the ceiling height. A high wainscot of tile will give the appearance of added head room. The shape of the room will influence the style of cap and cove to be used, and whether these should be of the same depth of colour as the dado, or in contrast.

The intensity of colour will depend upon the lighting to some degree, but is largely a matter of the owner's choice. The colour of the plumbing fixtures is the keynote of the colour scheme. With that established the colour, of the floors, walls and ceiling can be determined. Harmony is essential. The theme should avoid monotony. Accent and rhythm are prominent. Built in towel recesses, soap dishes, grab rails, are essential decorative aids. Does this sound complicated? Not at all! Colour, discord and incongruity is at once evi-

dent to even the least of us and the final result of what you have chosen will be a beautiful room.

### Modern Bathrooms Run Much to Colour

#### About Fixtures, Wainscot, and Other Features.

(From Building in Canada)  
Back in the days of not so long ago, when mother would decide that father's Sunday suit was too shabby for a man of his eminence, they visited the merchant tailor where father gravely announced "My wife needs a new suit of clothes." Hours later, after scrutiny of bundles of cloth samples and ledger sized books of fashion plates, they returned home with the decision dependent upon a choice to harmonize with father's overcoat or hat. And it required days to make that decision. Perhaps times have changed. Dame Fashion now makes our decisions of colour and style for us.

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### SCOTT'S SCRAP BOOK

By R.J. SCOTT



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### Suggestions About the Ordinary Cold

#### What is the Common Cold? The Cause, Prevention and Cure.

(By J. W. S. McCullough, M.D.)  
If the sum total of suffering, inconvenience, sequelae and economic loss from common colds be obtained, it would at once elevate these infections from the trivial into the rank of the serious diseases. The autumn is the time for colds though they may occur at any time of the year. Many of us have from one to three colds a year. One attack produces little immunity.

**Of What Does a Cold Consist?**  
It is a group of acute infections of the mucous (lining) membranes of the throat and nose, often extending into the windpipe and larger bronchi. The sinuses, that is the hollow spaces adjacent to the nose, are frequently involved. The infection may be confined to the nose when it is called rhinitis; it may affect the throat as in tonsillitis, or as a pharyngitis; the larynx as a laryngitis and the bronchial tubes as a bronchitis.

**Cold and Draughts**  
The popular idea that a cold is due to a draught is scarcely correct. Exposure to draughts, sudden changes of temperature and chilling of the body are predisposing causes of colds, but no cold can originate without the specific micro-organism or bug which is the essential cause.

**The Cause**  
Some say that a common cold is due to a virus, that is a germ so small that it cannot be seen under the microscope. Many different germs seem to be associated with colds. Perhaps the cause is a combination of viruses and germs. Common colds may not be a single disease but rather a group of infections which vary in severity and catchability.

Colds are caught from other persons having colds just as diphtheria is contracted from diphtheria patients. Arctic explorers, exposed to all the conditions popularly supposed to produce colds, do not suffer from these ailments until they return to civilization and become infected by contact with their fellows.

**Prevention and Cure**  
The two really important matters about colds are first, their prevention and second their cure. Prevention may be summed up in the avoidance of those having an infection especially in street cars, offices and other poorly ventilated places. Colds, like other diseases conveyed in the secretions from nose and mouth are often transferred by direct and indirect contact through kissing, the common drinking cup, the roller towel, pipes, toys, pencils, fingers, food and other objects contaminated with the fresh secretions which carry the disease. Vitiated air, draughts, dust, sudden changes of temperature,

exposure to cold and wet, overwork, loss of sleep and improper food all have some effect in causing colds. It must be admitted on the other hand that the most vigorous will contract colds if they receive the infection, while some persons are so immune that they appear to resist attacks of colds year after year.

Persons with colds should at once go to bed and stay there as long as there is any rise of temperature. Methods of cure had best be left to the doctor. Some persons pin their faith, to bed, a hot bath and a drink of whiskey. Others use vaccines. There is one vaccine, namely that prepared by Rosnow, which, taken by mouth in doses of ten drops once a week, is said to prevent the onset of a cold and taken daily in the course of a cold seems to break it up. It is worth trying.

**New Car of Distinctive Type by Ford Motor Co.**  
Windsor, Ont., Oct. 15.—Confirming rumors which have been in circulation for months, Wallace R. Campbell, president of Ford Motor Company of Canada, Limited, has announced that a new car, bearing its own distinctive name, and selling in the lower medium-price range, would be added to the Ford-Lincoln line shortly before the New York Automobile Show.

The new car will be known as the "Mercury 8." It will have a wheelbase of 116 inches, a V-8 engine more powerful than any hitherto marketed by the Ford Company; hydraulic brakes and numerous advanced mechanical features, the announcement said.

Its flowing lines will reflect the hence.

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modern streamlined styling pioneered three years ago by the Lincoln-Zephyr, which, according to current press reports, has inspired to an important degree the design of a number of other new cars now being prepared for the market.

One of the features of the new car is the unusually wide and roomy interior with passenger space equal to that of many cars selling at considerably higher prices. Upholstery and appointments will be luxurious and styled in keeping with the car's modern exterior design.

Mr. Campbell said the new car would be priced in the range between the de luxe Ford V-8 and the V-12 Lincoln-Zephyr, and would enable the Ford Motor Company of Canada, Limited, with five lines of cars, which include also the Ford V-8 and the V-12 Lincoln, to bracket the market in which more than 90 per cent of all cars today are bought.

**HIT-AND-RUN IN 1888**  
Stratford Beacon-Herald: Our sentimental fondness for "the good old times"—currently referred to as "the horse and buggy days"—received something of a shock when we read the subjoined news item in the "50 Years Ago" column on this page on Wednesday: "A man and woman driving on Ontario Street ran over a child causing serious injury. The couple drove right on without stopping to enquire what the injuries were." Evidently human nature hasn't changed with the years. There were odd black peas in the pod in 1888, just as there are in 1938—and doubtless will be a hundred years hence.

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